




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Program Venue</i> M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way ALL PROGRAMS ARE SUBJECT TO CHANGE.</p>	<p>Easter Monday & April Fool's Day 10:30 Easter High Tea GR 1:30 April Activity Calendar – Handout 3:30 Bingo M</p> <p><small>All Fools' Day</small></p>	<p>10 Balloon Toss GR 11 Gentle Connection GR 1:30 <i>Sing Along with Nita A</i> 3:30 Leisure Trolley W</p>	<p>10 Coffee & Conversation in Paris M 11 Gentle Connection GR 1:30 Drum Fit GR 3:30 Sing Along w Susie Q GR</p>	<p>10 Scottish Chair Dance GR 11 Gentle Connection 1:30 Hit the Bear! GR 3:30 Bingo C</p>	<p>11 Communion Service - St. Nicholas Church A 1:30 Golf GR 3:30 Karaoke M</p>	<p>10 Bocce GR 11 Pet Visits 1:30 Slap Shot! GR 3:15 Sugar Rush Cart</p>
<p>10 Balloon Toss GR 11 Gentle Connection 1:45 Hymn Sing A 3:30 Crazy 8's GR</p>	<p>10 Scottish Chair Dance GR 11 Sensory GR 1:30 Basketball GR 3:30 Bingo M</p>	<p>10 Bean Bag Toss GR 11 Gentle Connection GR 1:30 Resident & Family Council Meeting GR/V 3:30 Leisure Trolley M</p>	<p>10 Ball Fit 11 Gentle Connection - Aromatherapy GR 1:30 <i>Prayer Group GR/V</i> 2:30 Movie Matinee A</p>	<p>10 Mind & Body GR 11 Gentle Connection 1:30 Scottish Highland Games GR 3:30 Bingo C</p>	<p>10 Tattoos and Tea GR 1:30 Do you Know Your Neighbor? GR 3:30 Karaoke A</p>	<p>10 Weekend Stretch 11 Gentle Connection 1:30 Fill in the Blank GR 3:30 Sugar Rush Cart</p>
<p>10 Ball Fit GR 11 Sensory GR 1:45 Church Services Living Waters A 3:30 Left Right Centre GR</p>	<p>10 Scottish Chair Dance 11 Snoezelen Room 1:30 Hit the Target GR 3:30 Bingo M</p>	<p>10 Chair Zumba C 11 Outdoor Walk A 1:30 <i>Sing Along Nita A</i> 3:30 Leisure Trolley A</p>	<p>10 Outdoor Walks - Courtyard 12:30 Special Birthday Lunch 3:30 Crazy 8's GR</p>	<p>11 Pacific Academy Gr. 2 Students C 1:30 Sing Along with Susie Q GR 3:30 Bingo C</p>	<p>11 Legion of Mary Rosary - St. Nicholas Church A 1:30 Bean Bag Toss GR 3:30 Karaoke M</p>	<p>10 Weekend Stretch 11 Gentle Connection 1:30 Junk Drawer Detective GR 3:15 Sugar Rush Cart</p>
<p>10 Morning Fitness GR 11 Animal Therapy GR 2:00 Church Service Evangelical A 3:30 Crazy 8's GR</p>	<p>10 Down to Earth Exercises GR 11 Gentle Connection GR 1:30 Entertainment with Gregg M 3:30 Bingo M</p> <p><small>Pasover Begins Earth Day</small></p>	<p>10 Seated Yoga GR 11 Baby Therapy GR 1:30 Snakes and Ladders A 3:30 Threepat Dice Game GR</p>	<p>10 Bowling GR 11 Gentle Connection 1:30 <i>Prayer Group GR/V</i> 1:30 Movie Matinee A</p> <p><small>Administrative Professionals Day</small></p>	<p>11 Pacific Academy Gr. 2 Students C 1:30 Manicure & Hand Massage GR 3:30 Bingo C</p>	<p>10:30 Armchair Travel – Scotland GR 3:30 Karaoke A</p> <p><small>Arbor Day</small></p>	<p>10 Weekend Stretch 11 Gentle Connection 1:30 Do You Hear What I Hear? GR 3:15 Sugar Rush Cart</p>
<p>10 Mind & Body GR 11 Sensory GR 1:45 Hymn Sing A 3:30 Roll & Flip GR</p>	<p>10 Moving & Groving GR 11 Gentle Connection GR 1:30 Squid Toss GR 3:30 Bingo M</p>	<p>10 Scottish Chair Dance GR 11 Sensory GR 1:30 Bocce GR 3:30 Spring Social - Cherry Courtyard</p>				

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<p><i>Program Venue</i> A = Alder Way C = Cherry Lane V = Virtual GR = Great Room M= Maple Court W= Willow Place ALL PROGRAMS ARE SUBJECT TO CHANGE.</p> 	<p>Easter Monday & April Fool's Day 1 10:30 Easter High Tea GR 1:30 April Activity Calendar - Handout 3:30 Bingo M</p> <p><small>All Fools' Day</small></p>	<p>2 10 Seated Yoga A 11 Nail Spa C 1:30 <i>Sing Along with Nita A</i> 3:30 Craft – Paper Flower Making C</p>	<p>3 10 Coffee Chatter A (Positive Affirmation Jar) 1:30 Drum Fit C 3:30 Crazy 8's C</p>	<p>4 10 Walker's Club 11 Reader's Club C - National Laugh Week 1:30 National Cordon Bleu Day – Taste Test A 3:30 Bingo C</p>	<p>5 11 Communion Service - St. Nicholas Church A 1:30 Snakes & Ladders GR 3:30 Karaoke M</p>	<p>6 10 Arts & Crafts A 1:30 Crazy 8's C 3:45 Sugar Rush Cart</p>
<p>7 10 Chair Zumba A 11 Discovery Kit C 1:45 Hymn Sing A 3:30 LCR Game C</p>	<p>8 10 Balloon Toss A 11 Gentle Connection C 1:30 Manicure & Hand Massage C 3:30 Bingo M</p>	<p>9 10 Seated Yoga C 11 Hand Massage A 1:30 Resident & Family Council Meeting GR/V 3:30 Craft – Felt Flower Making C</p>	<p>10 10 Coffee Chatter C (Positive Affirmation Jar) 1:30 <i>Prayer Group A/V</i> 3:30 Movie Matinee A</p>	<p>11 10 Walker's Club 11 Reader's Club C 1:30 Reminiscing National Clean - Up Your Pantry Day A 3:30 Bingo C</p>	<p>12 10:30 Tattoos & Tea GR 1:30 Drum fit A 3:30 Karaoke A</p>	<p>13 10 Snoezelen Cart A 11 Snoezelen Cart C 1:30 Arts & Crafts C 3:45 Sugar Rush Cart</p>
<p>14 10 Crafty Flower Art A 1:45 Church Services Living Waters A 3:30 Five Card Bingo C</p>	<p>15 10 Ball Fit A 11 Reminiscing "My Story" C 1:30 Manicure & Hand Massage A 3:30 Bingo M</p>	<p>16 10 Seated Yoga A 11 Nail Spa C 1:30 <i>Sing Along with Nita A</i> 3:30 Let's Talk About Flowers – National Orchid Day C</p>	<p>17 10 Gentle Connection A 12:30 Special Birthday Lunch 3:30 Crazy 8's C</p>	<p>18 10 Green Thumb Corner – Gardening 11 Pacific Academy Gr. 2 Students C 1:30 Readers Club A 3:30 Bingo C</p>	<p>19 11 Legion of Mary Rosary - St. Nicholas Church A 1:30 Seated Yoga 3:30 Karaoke M</p>	<p>20 10 Snoezelen Cart A 11 Snoezelen Cart C 1:30 Arts & Crafts C 3:45 Sugar Rush Cart</p>
<p>21 10 Chair Zumba C 11 Gentle Connection - Aromatherapy A 2:00 Church Service Evangelical A 3:30 Uno C</p>	<p>22 Earth Day 10 Courtyard Gardening 1:30 Entertainment with Gregg M 3:30 Bingo M</p> <p><small>Passover Begins Earth Day</small></p>	<p>23 10 Noodle Hockey C 11 Garden Care 1:30 Snake & Ladder A 3:30 Leisure Trolley C</p>	<p>24 10 Coffee Chatters C (Positive Affirmation Jar) 1:30 <i>Prayer Group A/V</i> 3:30 Movie Matinee A</p> <p><small>Administrative Professionals Day</small></p>	<p>25 10 Green Thumb Corner – Gardening 11 Pacific Academy Gr. 2 Students C 1:30 Reader's Club A 3:30 Bingo C</p>	<p>26 10:30 Armchair Travel - Scotland GR 3:30 Karaoke A</p> <p><small>Arbor Day</small></p>	<p>27 10 Snoezelen Cart A 11 Snoezelen Cart C 1:30 Arts & Crafts C 3:45 Sugar Rush Cart</p>
<p>28 10 Seated Yoga A 11 Peanut Butter & Jelly Word Search C 1:30 Hymn Sing A 3:30 Let's Dance - International Dance Day C</p>	<p>29 10 Bocce Ball C 11 Gentle Connection - Pet Visits A 1:30 Creative Corner - Coloring A 3:30 Bingo M</p>	<p>30 10 Outdoor Walk C 11 Outdoor Walk A 1:30 Sing Along w/ Susie Q A 3:30 Spring Social - Cherry Courtyard</p>	 <p style="text-align: center;">April 2024 Alder Way and Cherry Lane</p> 			

The Scoop

Fort Langley Seniors Community



April

2024



8838 Glover Road, Box 40 Fort Langley, B.C V1M 2R4



Table of Contents

Contents

Upcoming Events/ Mission & Vision.....	3
Photos of FLSC	4
Home Updates.....	5
- Resident & Family Council	
- Education	
- Suggested Visitation Hours	
- Resident/Family Champion	
Site Leaders Corner	6
Resident and Family Satisfaction Survey.....	7
Contact Information.....	8
Fun Corner	9
Other	10



April

UPCOMING
EVENTS

- ❖ Friday April 5 & 19 at 11:00 – **Communion and Rosary Service**
- ❖ April 18 & 25 - **Pacific Academy Student Visits**
- ❖ Tuesday April 9 at 1:30 – **Resident and Family Council Meeting**
- ❖ Sunday April 14 & 21 2:00 – **Church Service**
- ❖ Tuesday April 2 and 16 at 1:30 – **Sing Along with Nita**
- ❖ Wednesday April 17 – **Special Birthday Lunch 12:30PM**
- ❖ Wednesday April 10 & 24 at 1:30 – **Prayer Group**
- ❖ Thursday April 18 and 25 – **Pacific Academy Gr 2 Students at 11am**
- ❖ Monday April 22 – **Earth Day, Entertainment with Gregg at 1:30pm**
- ❖ Friday April 26 – **Armchair Travel to Scotland at 10:30am**

*Please check the daily activity board in each neighbourhood. **Programs are subject to change due to flu season!***

Our Mission What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.



Our Vision Why We Exist

At Park Place Seniors Living we are committed to ensuring a "voice and a choice" for everyone we serve.

Pictures of FLSC



Home Updates

Resident and Family Council

RESIDENT & FAMILY COUNCIL



Please join us for our Monthly Resident and Family Council Meeting!

DATE: Tuesday April 9, 2024
 TIME: 1:30PM
 PLACE: Great Room (2nd Floor) & Teams Meeting

Contact: Mikayla - Recreation & Volunteer Manager if you have any questions:

 fortlangley.rectherapy@ppsl.com



Suggested Visiting Hours

Day	Hours
Daily	9am-5pm

FLSC Monthly Education for Families

Park Place Seniors Living Brochure:

1. Interested in Volunteering
2. Resident and/or Family Council
3. Resident and Family Champion Program
(Brochures located in Lobby)

Code of the Month: Code White – Violence/Aggression

Resident & Family Champion

Fort Langley Seniors Community

RESIDENT & FAMILY CHAMPION



DO YOU WANT TO BE A CHAMPION?



We are still looking for a resident and family member to join our Resident & Family Champion Program here at Fort Langley Seniors Community

WHAT IS A RESIDENT & FAMILY CHAMPION?

- Is a current Resident or Family Member who helps to welcome new Residents and families.
- Answer their questions or concerns.
- Show them around the Home.
- Help them in any way to make them feel more comfortable.

CONTACT: MIKAYLA - RECREATION AND VOLUNTEER MANAGER
 FORTLANGLEY.RECTHERAPY@PPSL.COM

Site Leaders Corner

As the vibrant colors of spring begin to bloom around us, I am delighted to bring you the latest news and updates from our beloved Fort Langley Seniors Community. April is a time of renewal and growth, and here at our community, we continue to foster an environment of warmth, companionship, and support for all our residents. Spring brings with it a plethora of exciting events and activities for our residents to enjoy. Please see our April Calendar for all exciting upcoming events! Please note our Recreation team is working on having our resident and family satisfaction surveying being completed. If you have any questions, please reach out to Mikayla our recreation manager.

While we're seeing positive progress in our fight against the pandemic, it's important to remain vigilant and continue following safety protocols. Let's continue to practice good hygiene, wear masks in communal areas, and stay informed about any updates or changes in guidelines. I am expecting some updates with the respiratory protocols this coming spring so please stay tuned. As always, we will update everyone as soon as we get an official update from our health authority.

Your feedback is invaluable to us as we strive to create an inclusive and fulfilling community for all. If you have any suggestions or ideas for future events or initiatives, please don't hesitate to reach out to me or any member of the leadership team. Your input is greatly appreciated.

As we embrace the beauty of spring and all it has to offer, let's cherish the moments of joy, connection, and growth within our community. Together, we can make this April a month to remember.

Wishing you all a wonderful month ahead!

Erick Bautista, *Site Leader*

Park Place Resident & Family Satisfaction Survey

Dear Resident and or Family Member,

We are committed to providing the highest quality of care and ensuring the well-being and satisfaction of our Residents and their families. To help us achieve this goal, we kindly invite you to share your experiences and feedback through our Resident and Family Satisfaction Survey.

Your insights are invaluable in guiding our continuous quality improvement efforts, helping us to understand what we are doing well and where we can make enhancements. Whether it's about the care received, the Home you live in, our staff, or any other aspect of your experience, we want to hear from you.

The survey should only take a few minutes to complete, and your responses will be kept confidential. Your honest and constructive feedback is crucial for us to foster a supportive and caring environment for all our residents and their families.

Please take a scan the QR code and share your thoughts and experiences:



Survey end date – April 19th, 2024.

Thank you for taking the time to help us improve and for being an integral part of our community. We look forward to your valuable input.

Warm regards,

Fort Langley Seniors Community - Leadership Team

If you have any questions/need assistance with the survey, please reach out to the greeters or Recreation Manager

Contact Information

Fort Langley Seniors Community 604.888.0711

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Mike Harnden	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care - Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>	Komal Garala	Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation & Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	fortlangley.socialworker@ppsl.com <i>Onsite Monday, Thursday, and Fridays</i>
<i>Dietitian</i>	Caitlyn McNeil	Ext. 131	Fortlangley.dietitian@ppsl.com <i>Onsite Tuesday, Wednesday, and Thursdays</i>
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca <i>Onsite Tuesdays and Thursdays</i>
<i>Physiotherapist</i>	Cheri Lecappelain	Ext. 129	<i>Onsite Tuesdays and Fridays</i>
<i>Nurse 1 Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	Please call the extension for the correct neighborhood.

Fun Corner

April
BIRTHDAYS

James J - April 8
Imelda C - April 11
Mary S - April 13
George F - April 16
Lewis G - April 19
Darren P - April 29

April
Birthday Lunch
Menu



Wednesday April 17, 2024

Butter Chicken
Basmati Rice
Naan Bread
Cucumber Salad
Rasmalai - Dumpling made from Ricotta Cheese, soaked in sweetened milk

Courtyards and Backyard

Have you checked out our courtyards or backyard yet? Families and their loved ones can enjoy fresh air and flowers in both the courtyards and backyard. Cherry and Alder have ground access to a courtyard. Families are more than welcome to take their loved ones out! Ask staff for assistance if needed.



Backyard access located on main floor towards Cherry past our Site Leaders office, use door code to access. Ask staff for assistance if needed.

Other

Welcome

Wilhelmina E, Marie C, Bradley P and Jim J

In Loving Memory

George W – March 22, 1941 – March 10, 2024

Valerie T – January 22, 1946 – March 18, 2024

Harold K – June 29, 1939 – March 21, 2024



Recreation Wishlist

Recreation Department Wishlist

- Vintage items, for a reminiscing box (old telephone, iron etc.)
- Individually wrapped snack sized chocolate – For Bingo Prizes
- Glassware – no chips or cracks
- Potting soil

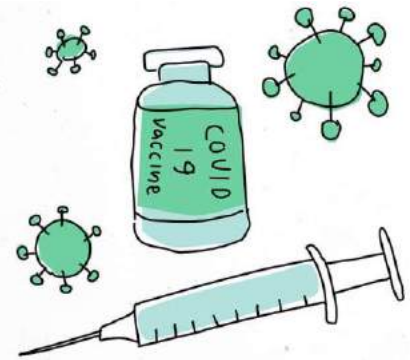


Any donations can be given to the Greeters in the lobby

- Thank you

Covid Vaccine

Next Covid vaccine clinic will be **May10/24**.



Subscribe or Unsubscribe

ATTENTION

Are you receiving our monthly newsletter via email?
If not, and you would like to please email:
fortlangley.rectherapy@ppsl.com

Our Values

Together we **STRIVE** for Excellence

S

Safety & Quality

By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.

T

Teamwork & Partnerships

By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

R

Responsibility & Stewardship

By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

I

Innovation & Creativity

By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

V

Voices that are Respected

By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

E

Empathy & Trust

By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.

Mikayla Vander Helm, BTR, Recreation & Volunteer Manager
8838 Glover Road, Box 40 Fort Langley, B.C V1M 2R4
Recreation Department 604 888 0711 ext. 126
Fortlangley.rectherapy@ppsl.com

