










# Recreation Therapy Calendar - March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>DEVONSHIRE</b> SENIORS COMMUNITY <i>A member of the Park Place family</i></p>	<p><b>PLEASE NOTE:</b></p> <p>All programming is subject to last minute changes. Please check the Daily Sheets on each floor for any updates.</p> <p>Please contact the Recreation Department with any questions.</p>	<p>1st Floor Neighbourhoods Avonmore Balmoral Cambridge Dover</p>	<p>2nd Floor Neighbourhoods Ascot Brighton Carlton Doulton Hamptons</p>		<p>1</p> <p>10:00 Budgie Care 10:00 Sit Fit – Dover 10:30 Movement to Music - Brighton 11:00 Sit Fit - Carlton 2:00 Zainab's Kitchen – Carlton – Homemade Banana Pudding 4:15 Afternoon Tea - Avonmore</p>	<p>2</p> <p>10:00 Brain Teasers - Cambridge 11:15 Coffee &amp; Current Events in Activity Room 2:00 Creative Expressions - Activity Room – Greeting Cards 4:15 Sol Club - Ascot</p>
<p>3</p> <p>10:00 Silly Jokes – Ascot 11:00 Hand Massages – Balmoral 2:00 Sunday Tea in Henley Hall 4:15 Sol Club - Brighton</p> 	<p>4</p> <p>10:00 Sit Fit – Avonmore 10:30 Sit Fit- Balmoral 11:00 Movement to Music - Cambridge 2:30 Music Appreciation – Beach songs – Activity Room 4:15 Sol Club - Balmoral</p>	<p>5</p> <p>10:00 – This Day in History - Avonmore 11:00 Humour – Ascot 1:1 visits</p> <p>Spring Cleaning</p> <p>6:30 Social on Second Floor</p>	<p>6</p> <p>10:00 Green Thumbs 10:00 Sit Fit - Ascot/Hampton 10:45 Sit Fit – Doulton/Hampton 2:00 Crafting – Henley Hall – St. Patrick's Day Theme 4:15 Afternoon Tea - Cambridge</p>	<p>7</p> <p>Snoezelen</p> <p>1:15 Reminisce - Avonmore 2:30 Birthday with the Swinging Senior's! Henley Hall 6:30 Bowling in Henley Hall</p>	<p>8</p>  <p>9:45 Budgie Care 10:40 Catholic Mass – Henley Hall 2:00 Selma's Kitchen – Brighton – Apple Brown Betty 4:15 Afternoon Tea – Dover</p>	<p>9</p> <p>10:00 Brain Teasers - Balmoral 11:15 Coffee &amp; Current Events in Activity Room 2:00 Baking in Century Room - Boterkoek 4:15 Sol Club - Doulton</p>
<p>10</p> <p>10:00 Silly Jokes - Cambridge 11:00 Who in the World? - Ascot 2:00 Sunday Tea in Henley Hall 4:15 Sol Club – Avonmore</p> <p>Ramadan Begins</p>	<p>11</p> <p>10:00 Sit Fit – Avonmore 10:30 Sit Fit- Balmoral 11:00 Movement to Music - Cambridge 2:30 Music Appreciation – Classical Favorites – Activity Room 4:15 Sol Club - Ascot</p>	<p>12</p> <p>Snoezelen 4:15 Sol Club – Balmoral 6:30 Paint Night in Henley Hall</p> 	<p>13</p> <p>10:00 Green Thumbs – Choose seeds to plant. 10:00 Fitness - Ascot/Hampton 10:45 Fitness – Doulton/Hampton 2:00 Crafting – Spring Centerpieces 4:15 Afternoon Tea - Brighton</p>	<p>14</p> <p>1:15 Reminisce - Dover 2:30 Neighbourhood Social – Carlton/Doulton/Hampton 4:15 Sol Club - Cambridge 6:30 Bingo in Henley Hall</p> <p>National Pi Day</p>	<p>15</p> <p>10:00 Budgie Care 10:00 Sit Fit – Dover 10:30 Movement to Music - Brighton 11:00 Sit Fit - Carlton 2:00 Zainab's Kitchen – Dover – Mini Rhubarb and Strawberry pies 4:15 Afternoon Tea - Carlton</p>	<p>16</p> <p>10:00 Brain Teasers - Ascot 11:15 Coffee &amp; Current Events in Activity Room 2:00 Creative Expressions- Activity Room – Dance Aerobics 4:15 Sol Club - Dover</p>
<p>17</p> <p>10:30 Hymn Sing in Henley Hall 2:00 St. Patrick's Day Sunday Tea in Henley Hall 4:15 Sol Club - Avonmore</p> 	<p>18</p> <p>10:00 Sit Fit – Avonmore 10:30 Sit Fit- Balmoral 10:30 RFC in Henley Hall 11:00 Movement to Music - Cambridge 2:30 Music Appreciation in Activity Room – Spring Songs 4:15 Sol Club - Doulton</p>	<p>19</p> <p>10:30 Catholic Liturgy 2:30 We Remember – Henley Hall 4:15 Sol Club - Balmoral 6:30 Social on 2<sup>nd</sup> Floor</p> 	<p>20</p> <p>10:00 Green Thumbs – plant the seeds! 10:00 Sit Fit - Ascot/Hampton 10:45 Sit Fit – Doulton/Hampton 2:00 Crafting – Spring Centerpieces – Henley Hall 4:15 Afternoon Tea - Ascot Spring Equinox/Welcome Spring</p>	<p>21</p> <p>Snoezelen 1:15 Reminisce - Brighton 2:30 Pub in Henley Hall with Mike Chenoweth! 6:30 Bowling in Henley Hall</p> <p>Persian New Year</p>	<p>22</p> <p>10:00 Budgie Care 10:00 Sit Fit – Dover 10:30 Movement to Music - Brighton 11:00 Sit Fit - Carlton 2:00 Zainab's Kitchen – Cambridge – Parfaits 4:15 Afternoon Tea - Brighton</p>	<p>23</p> <p>10:00 Brain Teasers - Carlton 11:15 Coffee &amp; Current Events in Activity Room 2:00 Baking in Century Room – Scones 4:15 Sol Club – Dover</p>
<p>24</p> <p>10:00 Silly Jokes – Brighton 11:00 Who in the World? – Dover 2:00 Sunday Tea with Music Semplice Henley Hall 4:15 Sol Club – Carlton</p> <p>Palm Sunday</p>	<p>25</p> <p>10:00 Sit Fit – Avonmore 10:30 Sit Fit- Balmoral 11:00 Movement to Music – Cambridge 2:30 Music Appreciation – Resident Choice 4:15 Sol Club – Avonmore</p> 	<p>26</p> <p>10:30 Catholic Liturgy 2:30 Table Tennis in Henley Hall 4:15 Sol Club – Doulton 6:30 Wine and Cheese with the Old Crusty Minstrels in Henley Hall</p> 	<p>27</p> <p>OUTING TO MUTTART!</p> <p>Space is Limited Please contact the Recreation Team before March 18 to show your interest.</p>	<p>28</p> <p>5:30 pm Resident &amp; Family Spring Supper in Henley Hall - \$25/guest</p> <p>Space is limited. Please Contact Recreation before March 21 to express interest.</p>	<p>29</p> <p>10:00 Budgie Care 10:00 Sit Fit – Dover 10:30 Movement to Music - Brighton 11:00 Sit Fit - Carlton 2:00 Zainab's Kitchen - Ascot 4:15 Afternoon Tea – Cambridge</p> <p>Good Friday</p>	<p>30</p> <p>10:00 Brain Teasers - Doulton 11:15 Coffee &amp; Current Events in Activity Room 2:00 Creative Expressions- Activity Room – Mood drawing/art 4:15 Sol Club - Brighton</p>
<p>31</p> <p>10:00 Silly Jokes – Balmoral 11:00 Who in the World? – Jesus and the 12 Apostles – Activity Room 2:00 Easter Sunday Tea in Henley Hall 4:15 Sol Club – Dover</p> <p>Easter Sunday</p>						