



HUMAN RESOURCES MANUAL

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STATEMENT

Park Place Seniors Living (Park Place) will have standardized position descriptions for all workers based on relevant standards of practice and/or provincially-mandated expectations and Park Place policy.

PURPOSE

To provide standardized, specific expectations and role description of every staff member's role and responsibilities.

PROCEDURE

DEPARTMENT: Nursing Services

JOB TITLE: Health Care Aide

REPORTS TO: Nurse

JOB SUMMARY:

The Health Care Aide (HCA) is a valued interdisciplinary team member. Under the direction of the Nurse, the HCA assists residents with the activities of daily living to address personal, social, physical and recreational needs. Performs all duties in a safe, caring manner according to residents' wishes and Park Place policies and procedures. The aim of care is to promote independence and optimal functioning of resident's mind, body and spirit. Treats residents with dignity and demonstrates an attitude of caring. The HCA ensures a commitment to resident safety and to our "culture of safety" as per Park Place Strategic Directions.

TYPICAL DUTIES AND RESPONSIBILITIES:

1. Provides care and support to residents following their individualized care plans (e.g. Resident's Day). When appropriate, encourages resident participation in activities of daily living.
2. Establishes and maintains therapeutic relationships with the resident and their family through the use of respectful communication ensuring resident choice and autonomy in decision-making and care planning.
3. Ensures that residents' rights are maintained and respected, which includes confidentiality.
4. Provides holistic personal care to residents, ensuring that the residents' activities of daily living needs are met as per Park Place policy and procedure.
5. Encourages and assists residents to participate in social, physical, spiritual and recreational activities.
6. Encourages and adheres to the Park Place philosophy of care, recognizing that each individual is capable of, to varying degrees; making decisions about his/her life and is a partner in the decision making.



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7. Provides personal care to residents including but not limited to assisting the resident with bathing, dressing, care of skin, teeth and hair; mobility and transfer needs; assisting with toilet needs; eating and hydration needs and overseeing resident exercise routines.
8. Following individualized resident lift and transfer assessment, safely lifts, transfers and/or positions residents to provide and maintain good body alignment and comfort. Assists residents with ambulation as needed within the Home.
9. Contributes to the development and ongoing changes to the residents' individualized plan of care, including attending and providing input into resident interdisciplinary care plan meetings. Advocates for the interest of the resident and significant others.
10. Administers scheduled oral, rectal and/or topical medications. Under the direction of the nurse administer PRN topical medications in accordance with Park Place policies and procedures.
11. Observes and monitors residents' status, symptoms and behavioural changes and reports observations and all relevant information about care to the nurse.
12. Documents all relevant information on the resident's chart prior to the end of shift.
13. Assists residents with meals by serving and collecting meal trays and feeding designated residents, maintaining intake and output records as required.
14. Performs related clerical duties such as answering the telephone.
15. Assists in the orientation and sharing information with new staff, students, and other members of the interdisciplinary team.
16. Actively Participates in continuous quality improvement and program evaluation activities, education sessions, team conferences, meetings and committees.
17. Maintains a safe environment for residents, significant others and staff by adhering to established safety policies, standards and procedures including emergency procedures and infection control guidelines.
18. Reports unsafe conditions and malfunctioning equipment immediately.
19. Ensures care equipment and supplies are used and stored in safe and efficient manners.
20. Maintains a clean, homelike environment for residents and staff.
21. Performs other related duties as assigned.



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HEALTH AND SAFETY RESPONSIBILITIES:

- Responsible to read, understand and comply with Park Place and provincially-mandated Occupational Health and Safety policies and safe work practices.
- Involved in all aspects of the Health and Safety Program including:
 - ✓ Uses safe work procedures
 - ✓ Promotes health and safety policy and awareness
 - ✓ Makes safety suggestions
 - ✓ Reads OHS minutes posted
- Responsible to take every reasonable precaution to protect the safety of residents, self, other workers and the general public.
- Reports any near miss, injury, and accident or equipment damage to supervisor immediately and completes required reports.
- Corrects and/or reports unsafe conditions.
- Sets a good example.

QUALIFICATIONS:

Graduation from a recognized Health Care Aide program or equivalent.

SKILLS AND ABILITIES:

- Ability to work in a fast paced care environment and have a genuine interest in caring for residents
- Communicate effectively in English, both verbally and in writing
- Demonstrate patience, kindness and compassion
- Highly organized and resourceful
- Operates related equipment
- Works in a team setting
- Collaborates and communicates with others in a respectful manner
- Physical ability to carry out the duties of the position

EQUIPMENT USED:

Computer, facsimile and photocopier

PHYSICAL DEMANDS:

- The Health Care Aide position requires significant amount of lifting, walking, reaching, bending, pushing and sitting.
- In an average day the employee spends 2 to 6 hours standing or walking.
- Lifts a maximum of 50 lbs., frequent lifting and/or carrying of 20 lbs.
- Must be able to manage stressful work situations with dexterity.

HEALTH AND SAFETY RISKS – ENVIRONMENT

- Physical: Strain on shoulder, neck and back, cuts/scrapes/injection
- Environmental: Draught, dust exposure, using equipment with moving parts
- Chemical: Equipment cleaners
- Biological: Exposure to communicable diseases, i.e. colds, influenza, GI.
- Radiation: Light