



**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

1/10:00am-Knitting Circle  
In Fireside Lounge  
**2:00pm-Tea Time and Greystone Social**  
Wine and Beer available \$4  
In The Tea Atrium

8/ *Daylight Savings Spring Ahead!*  
**10:00am-Knitting Circle**  
In Fireside Lounge  
**10:00am-3:00pm Golden Girls Bake Sale**  
On Main Floor

15/ **Taste of Ireland Buffet Dinner and Show**  
Entertainment by **Suede Dogs**  
1st show: 3:45pm-4:30pm  
2nd show: 5:15-6:00pm  
In the Grand Salon  
Open Seating from 4:30pm-6:30pm

22/10:00am-Knitting Circle  
In Fireside Lounge  
**2:00pm-Tea Time and Greystone Social**  
Wine and Beer available \$4  
In The Tea Atrium

29/ 10:00am-Knitting Circle  
In Fireside Lounge  
**2:00pm-Tea Time and Greystone Social**  
Wine and Beer available \$4  
In The Tea Atrium

2/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**1:30pm-Spirit Bear**  
In Chapel Theatre  
**1:30pm-Cards**  
In Brass Bell Pub

9/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**2:00pm-Medal of Hounor Ceremony for Ron Bath From French Ambassador**  
In Grand Salon

16/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**1:30pm-Great Horned Owl**  
In Chapel Theatre  
**1:30pm-Cards**  
In Brass Bell Pub

23/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**1:30pm-Solitary Wolf**  
In Chapel Theatre  
**1:30pm-Cards**  
In Brass Bell Pub

30/ 10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**1:30pm-Secret life of Cats**  
In Chapel Theatre  
**1:30pm-Food Committee**  
In Private Dinning Room

3/10:00am Save On Foods  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**Wii Bowling**  
1:00pm- Beginners  
2:00pm-Intermediate  
In Grand Salon

10/10:00am Save On Foods  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**Wii Bowling**  
1:00pm- Beginners  
2:00pm-Intermediate  
In Grand Salon

17/10:00am Save On Foods  
**St. Patrick's Day**  
1:00pm  
**Irish Dancing by Sionnaine Irish Dance Academy**  
In Grand Salon

24/10:00am Save On Foods  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**Wii Bowling**  
1:00pm- Beginners  
2:00pm-Intermediate  
In Grand Salon

31/10:00am Save On Foods  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**Wii Bowling**  
1:00pm- Beginners  
2:00pm-Intermediate  
In Grand Salon

4/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**1:30pm-Resident Information Meeting**  
In Grand Salon

11/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**1:30pm-Cards**  
In Brass Bell Pub  
**5:00pm-Dinner & Game**  
In Brass Bell Pub

18/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**1:30pm-Cards**  
In Brass Bell Pub  
**7:00pm-Irish Rovers Youtube Video Mix**  
In Chapel Theatre

25/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**11:00am Fashion Closet**  
In Fireside Lounge  
**5:00pm-Dinner & Movie**  
In Brass Bell Pub



5/ **The Black Sheep**  
**11:00am-Black Sheep Pub**  
In Maple Ridge/\$2  
**2:00pm-The Crown**  
In Chapel Theatre

12/ 10:00am-Chapel Service  
In Chapel Theatre  
**10:30am Olive Garden**  
In Langley/\$2  
**2:00pm-The Crown**  
In Chapel Theatre  
**2:00pm-Men's Club**  
In Brass Bell

19/ 10:15am-Lunch at **Dublin Crossing Pub**  
In Surrey/\$2  
**1:00pm-4:00pm Absolute Hearing**  
In Chapel Theatre

26/9:00am-Sceinic Drive and breakfast at **Rowena's Inn**  
In Harrison Mills/\$2  
**2:00pm-The Crown**  
In Chapel Theatre  
**2:00pm-Men's Club**  
In Brass Bell

6/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**BINGO**  
**1:30pm-BINGO!**  
In The Brass Bell Pub/\$

13/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**BINGO**  
**1:30pm-BINGO!**  
In The Brass Bell Pub/\$

20/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**BINGO**  
**1:30pm-BINGO!**  
In The Brass Bell Pub/\$

27/10:00am-Chair Exercise  
In Grand Salon  
**11:00am Drop in Gym**  
In Fitness Room  
**BINGO**  
**1:30pm-BINGO!**  
In The Brass Bell Pub/\$

Senior Society Meeting  
**Monday March 23rd at 2:30pm**  
In Private Dinning Room

7/ **10:00am-Pool**  
In Basement  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**1:30pm & 7:00pm Movie Time**  
In Chapel Theatre

14/ **10:00am-Pool**  
In Basement  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**1:30pm & 7:00pm Movie Time**  
In Chapel Theatre

21/ **10:00am-Pool**  
In Basement  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**1:30pm & 7:00pm Movie Time**  
In Chapel Theatre

28/ **10:00am-Pool**  
In Basement  
**10:00am-10:15am Blood Pressure Checks**  
In Fireside Lounge  
**1:30pm & 7:00pm Movie Time**  
In Chapel Theatre



[Click here to see our Facebook Page](#)

It has cut off dates for signing up for events & much more!



# Have any ideas for upcoming calendars and Gazettes?

Have some great ideas?  
Come visit Michele in the Recreation Office.



We welcome and appreciate your suggestions & feedback.



## *Recreation & Wellness Events Schedule*

*Many different events & activities to choose from...*



*All residents welcome and encouraged to attend! Some events require pre-registration.*

*Please see the Main Level to register.*

For more information on any of these programs, please see Michele in the Recreation & Wellness Office (on the Lower Main Level). Tel: 604-467-2808