

HOW ARE INFECTIONS SPREAD?

1 DIRECT CONTACT
body surface to body surface

2 INDIRECT CONTACT
body surface contact with a contaminated object

3 DROPLET CONTACT
droplets containing microorganisms, from an infected person are propelled through the air

4 AIRBORNE CONTACT
airborne droplets containing microorganisms evaporate and remain suspended in the air

5 COMMON VEHICLE TRANSFER
Common vehicle transfer occurs through contaminated items such as food, water, medications and equipment.

Providing education and information on how to prevent the spread of infection is one of the ways we can provide safe care to you while you are a resident. We will review Infection Control information with you and your family members to be sure you fully understand the measures we take. If you have additional questions, please direct them to your nurse.



REMEMBER:
WASH YOUR
HANDS!

OUR MISSION:

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

OUR VISION:

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "voice and a choice" with dignity, respect and empathy.

Park Place Seniors Living | 1656 West 75 Ave, Vancouver
parkplaceseniorsliving.com



Infection Prevention & Control

Park Place is committed to providing the safest possible care to you while you are a resident in this Care Home



PARK PLACE
SENIORS LIVING
Enriching Lives of Seniors

ROUTINE PRACTICES

Routine practices are designed to reduce the risk of infection. These practices are used when handling all blood or body fluids and secretions. Routine practices include:

- Hand washing and alcohol-based hand rubs
- The use of gowns, gloves and face protection
- Disinfection of equipment and or contaminated surfaces

The risk of becoming infected depends on your health; older people tend to be more vulnerable to infection. Everyone (all staff, residents, families and visitors) have a role in preventing and controlling infections. In order to prevent the spread of germs in the care home we ask that your friends and family not visit you if they are suffering from any infectious illness until they are well. This may include but is not limited to:

- Cough
- Cold or sore throat
- Flu like symptoms
- Diarrhea

PROTECT YOURSELF

The most important thing we can do is wash our hands. Staff members wash their hands with soap and water both before and after contact with you or they use an alcohol-based hand cleaner. If you are not certain they have cleaned their hands, please ask them to do so.

REMEMBER:
WASH YOUR
HANDS!

We encourage you to wash your hands or use the hand cleaner located near or in your room.



COUGH ETIQUETTE

Cough etiquette will help prevent the spread of germs even if you do not have an infection. Covering sneezes and coughs prevents the spread of respiratory secretions into the air. Cough etiquette includes:

- Covering your nose and mouth with disposable tissues when coughing, sneezing, wiping and blowing your nose
- Disposing of tissues in the nearest garbage pail after use
- Coughing or sneezing into your inner elbow rather than your hand if no tissues are available
- Keeping contaminated hands away from your eyes and nose
- Washing your hands after contact with respiratory secretions

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Developed with input from a group of Park Place Family Representatives