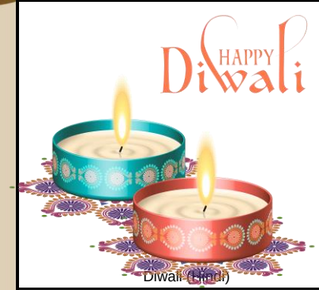
November 2026

Sprucewood Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	**2** 11:00am Devotions (104) 1:30pm Karaoke (DR) **3:00pm Bingo (DR)**	**3** 10:00am Fun & Fitness (201) 11:00am Madlibs (DR) **1:30pm Card Making for Wainwright (301)** 2:30pm Dice Games (301) 3:30pm Name That Tune (DR)	**4** 10:00am Virtual Catholic Mass (DR) 11:00am Word Searches (DR) 1:30pm Music Appreciation (DR) **3:00pm Library (DR)**	**5** 10:00am Word Games (DR) 11:00am Manicures (301) 1:30pm Spiritual Reflection (104) 1:30pm Fun & Fitness (201) **2:30pm Your Voice Home Quality Resident & Family Council Meeting (DR)** 3:30pm 1-1 Visits 3:30pm Card Games (301) 6:30pm Men's Group (DR) 7:15pm Bowling (201)	**6** 1:30pm Bible Reading (104) 2:30pm Ladies Group (104) 3:30pm Singalong (DR) **6:30pm Bingo (DR)** 7:45pm Active Engagement Visits	**7** 1:30pm Baking (104) **2:30pm Remembrance Day Trivia (DR)** **3:30pm Diwali Craft (301)** 6:30pm Jeopardy (DR) 7:15pm Open Activity (DR)
8  Diwali (Hindi)	**9** 1:30pm Karaoke (DR) **2:30pm Remembrance Day Colouring (301)** 3:30pm Fun & Fitness (201) **6:30pm Bingo (DR)** 7:45pm Active Engagement Visits	**10** 1:30pm Devotions (104) 1:30pm Billiards (301) 2:30pm Yahtzee (301) 2:30pm Penne Ante (DR) **3:30pm Remembrance Day Craft (301)** 3:30pm Music Appreciation (DR) 6:30pm Ripley's Believe it or Not (DR) 6:30pm Junk Drawer Detective (301) 7:15pm Trivia (DR) 7:15pm Card Games (301)	**11** 	**12** 1:30pm Spiritual Reflections (104) 2:30pm Axe Throw (201) 3:30pm Jeopardy (DR) 6:30pm Word Games (DR) 7:15pm Documentary (DR)	**13** 1:30pm Bible Reading (104) 1:30pm Fun & Fitness (201) **2:00pm Milestones (DR)** 3:30pm Water Colour Painting (104) 3:30pm Dice Games (301) **6:30pm Bingo (DR)** 6:30pm Word Search (301) 7:15pm Calm Your Mind (104) 7:45pm Active Engagement Visits **WORLD KINDNESS DAY**	**14** 1:30pm Corn Hole (201) **3:00pm Worship Service (DR)** 6:30pm Trivia (DR) 7:15pm Open Activity (DR)
15 10:00am Yahtzee (301) 11:00am Hymn Sing (104) **2:30pm Grey Cup Tailgate Social (DR)** **4:00pm Grey Cup Kick Off (DR)**	**16** 10:00am Remove Window Paint 11:00am 1-1 Visit 1:30pm Karaoke (DR) **3:00pm Bingo (DR)**	**17** 10:00am Window Painting 1:30pm Devotions (104) 2:30pm Fun & Fitness (201) **3:30pm Christmas Choir Practice (301)**	**18** 10:00am Non-Denominational Mass (DR) 11:00am You Be The Judge (301) 1:30pm Ring Toss (201) 2:30pm Jeopardy (DR) 3:30pm Yahtzee (301)	**19** 10:00am News & Views (104) 11:00am Manicures (301) **2:00pm Rock N Roll Party (DR)** 4:00pm Madlibs (DR) 4:00pm Uno (301) **6:30pm International Men's Day Men's Group (DR)** 7:15pm Spiritual Reflections (104)	**20** 1:30pm Bible Reading (104) 2:30pm Fun & Fitness (201) **3:30pm Movember Craft (301)** **6:30pm Bingo (DR)** 7:45pm Active Engagement Visits	**21** 1:30pm Ladies Group (104) 2:30pm Name That Tune (DR) 3:30pm Axe Throw (201) 6:30pm America's Funniest Home Videos (DR) 7:15pm Open Activity (DR)
22 	**23** 1:30pm Karaoke (DR) **2:30pm Armchair Travel - Australia (DR)** 3:30pm Meditative Colouring (104) **6:30pm Bingo (DR)** 7:45pm Active Engagement Visit	**24** 1:30pm Devotions (104) 1:30pm Fun & Fitness (201) 2:30pm Trivia (DR) 2:30pm Jewelry Making (301) 3:30pm Junk Drawer Detective (DR) **3:30pm Christmas Choir Practice (301)** **6:30pm Paint Night Social (DR)** 7:45pm Active Engagement Visit	**25** 1:30pm 1-1 Visits 1:30pm Bible Reading (104) **2:30pm Recreation Focus Group (DR)** 2:30pm Board Games (301) 3:30pm Jeopardy (DR) 3:30pm Word Games (301) **6:30pm Hot Chocolate Social (DR)** 7:15pm Billiards (301) 7:15pm Ripleys Believe it or Not (DR)	**26** **1:30pm Decorate for Christmas** **1:30pm Tuck Shop (104)** 6:30pm Craft (301) 6:30pm Yahtzee (DR) 7:15pm Hymn Sing (104) 7:15pm You Be The Judge (301) Thanksgiving Day (U.S)	**27** 1:30pm Seated Yoga (201) **2:00pm Popcorn Palooza (DR)** 3:30pm Fun & Fitness (201) 3:30pm Spiritual Reflections (104) **6:30pm Bingo (DR)** 6:30pm News & Views (301) 7:15pm Card Games (DR) 7:45pm Active Engagement Visit	**28** 1:30pm Baking (104) **3:00pm Worship Service (DR)** 6:30pm Bowling (201) 7:15pm Open Activity (DR)
29 	**30** 10:00am Fun & Fitness (201) 11:00am Devotions (104) 1:30pm Karaoke (DR) **3:00pm Bingo (DR)**					

Meal Times
First Seating
Breakfast: 8:15-8:55
Lunch: 11:45-12:25
Supper: 4:45-5:25

Second Seating
Breakfast: 9:05-9:45
Lunch: 12:35-1:15
Dinner: 5:35-6:15

Legend
L – Lobby
DR – Dining Room
O – Outside
104, 201, 301 - Rooms

Programs are subject to change, see whiteboards for daily programs*.