COURTYARD TERRACE
SENIORS COMMUNITY
A member of the Park Place family

November

SUN	MON	TUES	WED	THURS	FRI	SAT
1 **FREE DAY** 8	2 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Bingo – 2:00 9	3 Daily Horoscope – 9:15 Covid-Flu Shot– 9:00 Residents Council Meeting– 10:30 Board Games – 2:00 1	4 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Bingo – 2:00 2	5 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games– 10:30 Painting Nails – 2:00 3	6 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Bingo – 2:00 4	7 CT Book Club – 10:.30 Board Games – All day 5
8 **Hymn Sing with Grace 6:30** 6	9 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Bingo – 2:00 7	10 Daily Horoscope – 9:15 Prep for outing– 9:30 Walmart Outing – 10:30 Board Games – 2:00 8	11 **REMEMBRANCE DAY** No Activity Today 9	12 Daily Horoscope – 9:15 Arts & Craft – 9:30 My Voice Meeting– 10:30 Board Games – 2:00 1	13 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Happy Hour Bingo – 2:00 2	14 CT Book Club – 10:.30 Board Games – All day 3
15 **FREE DAY** 4	16 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Bingo – 2:00 5	17 Daily Horoscope – 9:15 Prep for outing– 9:30 Lunch Outing – 10:30 Board Games – 2:00 6	18 Daily Horoscope – 9:15 Musical Exercise – 9:30 Life Enrichment Meeting – 10:30 Bingo – 2:00 7	19 Daily Horoscope – 9:15 Musical Exercise – 9:30 CT Holy Mass by Fr Joseph – 10:30 Movie & Popcorn Day – 2:00 8	20 Daily Horoscope – 9:15 Musical Exercise– 9:30 Board Games– 10:30 Trivia – 11:00 Bingo – 2:00 9	21 CT Book Club – 10:.30 Board Games – All day 1
22 **Hymn Sing With Grace** 6:30 2	23 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Bingo – 2:00 3	24 Daily Horoscope – 9:15 Prep for outing – 9:30 Walmart Outing – 10:30 Board Games – 2:00 4	25 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Happy Hour Bingo – 2:00 5	26 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Talents Show – 2:00 6	27 Daily Horoscope – 9:15 Board Games – 9:30 Dining Committee Meeting– 10:30 Monthly Birthday Celebration– 2:00 7	28 CT Book Club – 10:.30 Board Games – All day 8
29 **FREE DAY** 9	30 Daily Horoscope – 9:15 Musical Exercise – 9:30 Board Games – 10:30 Trivia – 11:00 Bingo – 2:00 1					

Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: www.parkplaceseniorsliving.com T: 604 437 6262

Dear Resident, Family and Staff,

Our Flu Clinic is scheduled for November 3, 2026, from 9:00am – 1:00pm. Shoppers Drug Mart will once again be hosting the clinic. Covid vaccines and Flu vaccines will be available for residents.

In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved

NEW & NOTEWORTHY

I want to thank Cathy and Mar for a FABULOUS Thanksgiving dinner. The food was delicious, the entertainment was great and Cathy was a fabulous host!

It was our biggest event to date. Over 60 guests attended. That's more guests than we have residents!

I would also like to thank all the staff and volunteers that help make the event as successful as it was.

Thank you everyone!



IMPORTANT DATES

DATE – November 03, 2026
Covid-Flu Shot Clinic

DATE – November 11, 2026
Remembrance Day

DATE – November 12, 2026
My Voice Meeting

DATE – November 27, 2026
Monthly Birthday Celebration

Our Mission
What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision
Why We Exist

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity respect and empathy.

COURTYARD TERRACE SNAP SHOTS

Family & Residents Thanksgiving Dinner



Halloween Dressed Up Party



DID YOU KNOW…



Remembrance Day

What is Remembrance Day?



Remembrance Day is a day to remember all who fought in World War I.

It has also become a day to honour veterans and soldiers who are still serving for their country.

Poppies are worn on Remembrance Day as they are the flowers that grew on the battlefields when World War I ended. The poppies are also symbolic of the blood spilt during World War I.



When is Remembrance Day?

Remembrance Day is on the 11th hour of the 11th day of the 11th month of each year.

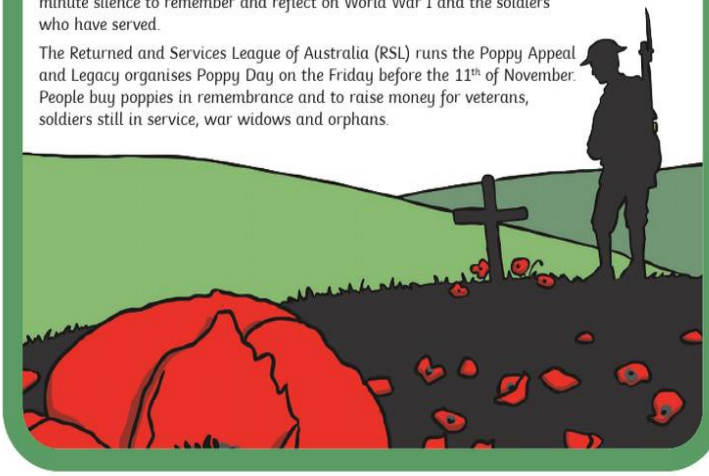
This is when World War I officially ended in 1918. Remembrance Day was first held in 1919, a year after World War I ended, and it was initially known as Armistice Day.

Where is Remembrance Day?

Remembrance Day is acknowledged all over the world for all the soldiers who died for their countries.

All over Australia, at 11am on the 11th of November, people observe a 1 minute silence to remember and reflect on World War I and the soldiers who have served.

The Returned and Services League of Australia (RSL) runs the Poppy Appeal and Legacy organises Poppy Day on the Friday before the 11th of November. People buy poppies in remembrance and to raise money for veterans, soldiers still in service, war widows and orphans.



Memorial Day Trivia Quiz

1.What was Memorial Day originally called?
a. Soldiers Day b. War Day c. Decoration Day

2.When is Memorial Day commemorated in the USA?
a. Last Monday in May b. 3rd Monday in May c. 24th May

3.Which flowers are associated with Memorial Day?
a. Red Roses b. Red Poppies c. Red Lilies

4.Memorial Day initially only honored the fallen from which war?
a. The Revolutionary War b. Mexican - American War c. The American Civil War

5.What city is known as the birthplace of Memorial Day?
a. Waterloo, New York b. Cincinnati, Ohio c. Romney, West Virginia

6.On Memorial Day, what song is played at 3:00 pm to remember all fallen American soldiers?
a. Taps b. American Soldier c. Only in America

7.What is the name of the largest national cemetery?
a. Golden Gate National Cemetery, Californi b. Arlington National Cemetery, Virginia
c. Calverton National Cemetery, New York

8.Which year did the Civil War end?
a. 1866 b. 1865 c. 1864

9.Which of the following is commonly used to decorate graves on Memorial Day?
a. Balloons and Lights b. Flowers, Wreaths and Flags c. Candles and Handwritten Notes

10.What is the top Memorial Day weekend destination?
a. New York b. Washington D.C. c. Orlando

11.There is something unusual at the Arlington national cemetery. What is it?
a. The Tomb of the Unknown Soldier b. The Statue of the Unknown Soldier
b. A Big US Flag

12.Many Americans treat Memorial Day as the beginning of which season?
a. Shopping b. Games c. Summer

www.MyPartyGames.com

UPCOMING EVENTS

Covid Flu Shots Clinic
Tuesday, November 3, 2026
(Lounge – 9:00 am)

Walmart Outing
Tuesday, November 10, 2026
(Departure – 10:30 am)

Remembrance Day
Wednesday, November 11, 2026
(Enjoy your day 😊)

My Voice Meeting w/ Michelle
Tuesday, November 12, 2026
(Dining Area – 10:30 am)

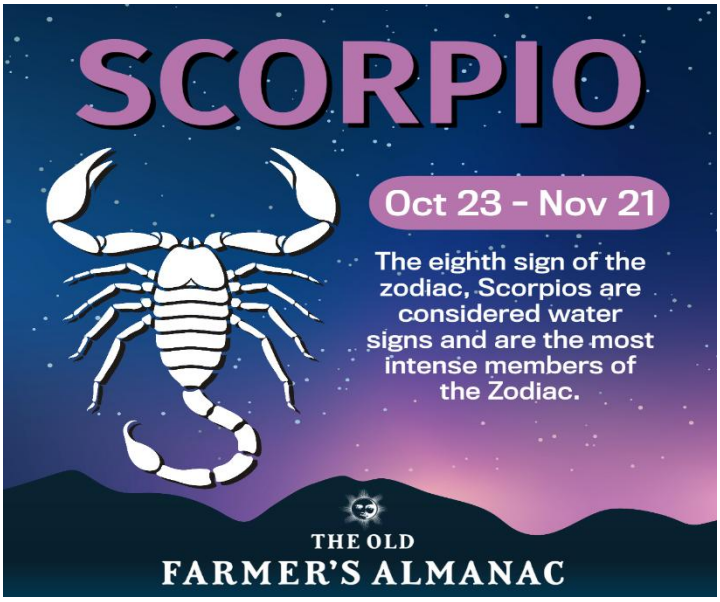
Lunch Outing
Tuesday, November 17, 2026
(Departure – 10:30 am)

Life Enrichment Committee Meeting
Wednesday, November 18, 2026
(Dining Area – 10:30 am)

Walmart Outing
Tuesday, November 24, 2026
(Departure – 10:30 am)

Monthly Birthday Celebration
Friday, November 27, 2026
(Lounge – 2:00 pm)

CT Dining Committee Meeting
Friday, November 27, 2026
(Dining Area – 10:30 am)



COURTYARD BUSINESS CENTER

Request: Let's start to keep ourselves busy and enjoy the Fall and Winter seasons. If you have something in mind to try something this season, please feel free to go to the REC office and please let the Rec person what is it, and she will be delighted to hear your new ideas.

CT Store: Available between the hours **9:00 – 4:30 pm Monday - Friday**. Recreation will be glad to assist you.

Items Available: Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

Thank you and Always Stay Healthy with a SMILE 😊

MEET THE TEAM:


Mar


MJ


Stela


Josephine


Irma


Kelly


Simran


Samir


Elaine


Michelle


Poonam


Roxanne


Lesya


Jessica


KC


Maribel


Cathy


Tessa


Aneesa


Lorie


Yemisi


Cherry


Suki


Sim


Zyhra


Shelby


Julius

STAFF ANNIVERSARIES



Poonam 15 years



MJ 7 Years





Josephine 8 years



Lesya 6 years



STAFF BIRTHDAY





Happy unbirthday to everyone



How to Reach Us

Michelle 604 437 6262 ex 1 or courtyard@provita.ca

Cathy: 604 437 6262 ex 5 or couryard-rec@provita.ca

Jessica 604 437 6262 ex 2 or courtyard-reception@provita.ca

Marlou: 604 437 6262 ex 3

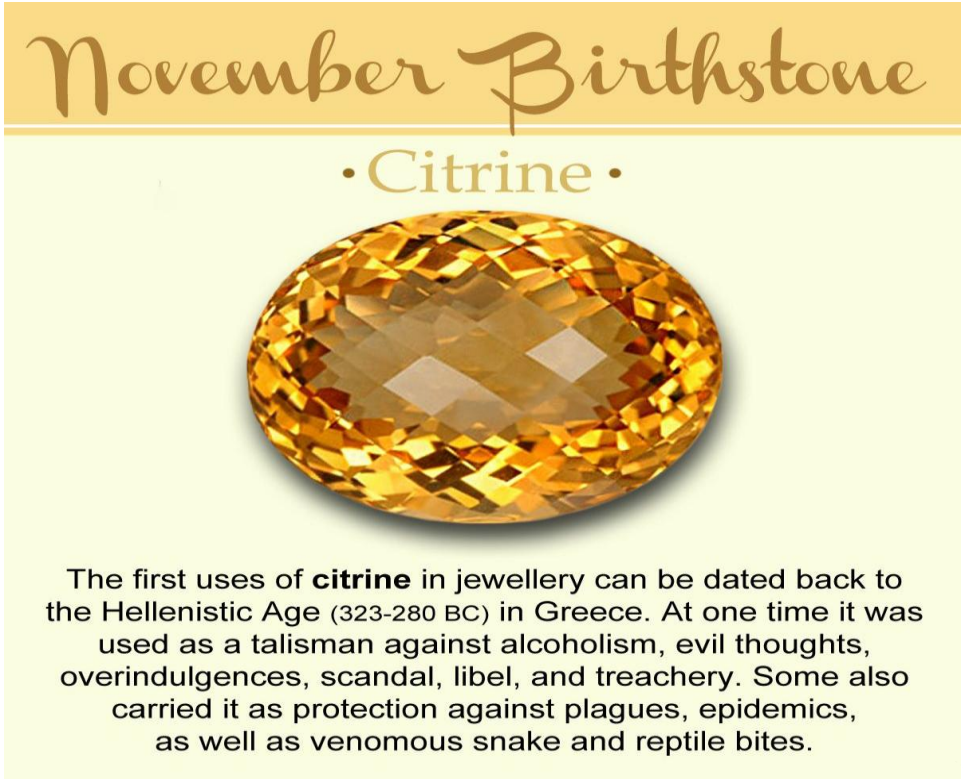
Shout Outs

A very big welcome to Julius who has joined our team as a cook. He will be working on Sundays and Mondays.

Rumor has it, he trained in Greece.



NOVEMBER BIRTHSTONE & BIRTHFLOWER





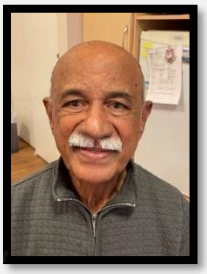
BIRTHDAYS THIS MONTH

NOVEMBER 2026





John – 7th



Zarouk – 25th



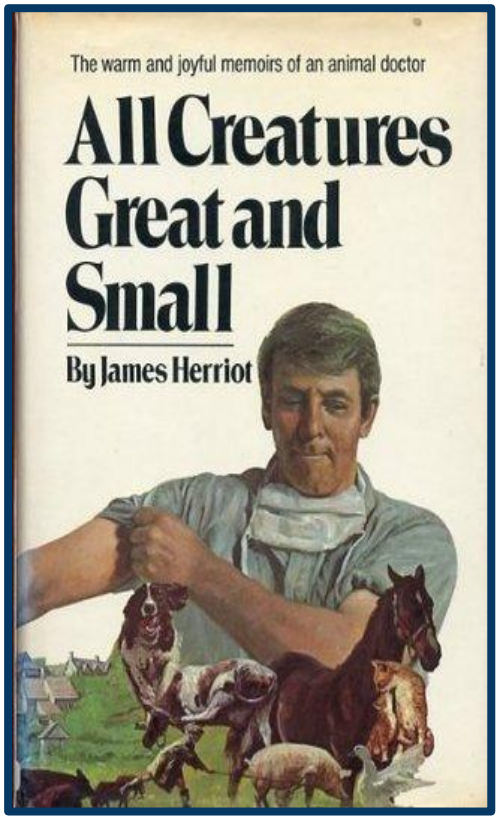
Maureen – 27th



RESIDENTS CORNER

CT Library

Take a walk through the library, because we have received donations of new books. Come explore the shelves. Thank you to the donator/s!

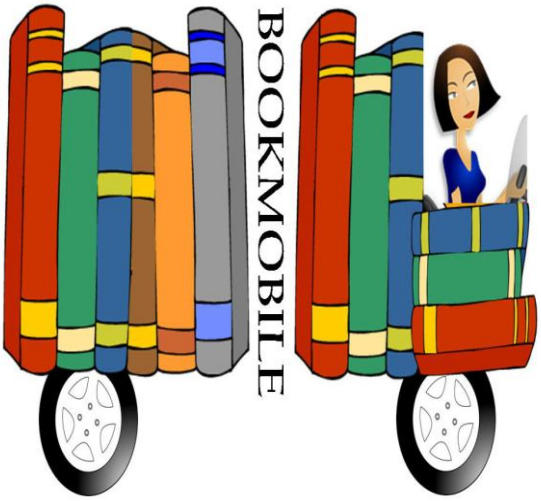


We are looking forward to a new Authors Reading Series in 2027. We will put out the invitation to BC authors, asking them to come join us for morning or afternoon pleasure. We will keep you posted.

The Book Club is starting a new book by James Harriet. The first book in his series *All Creatures Great and Small* is also a PBS series beloved by people of all ages.

> "In *All Creatures Great and Small,* we meet young Herriot as he takes up his calling and discovers that the realities of veterinary practice in rural Yorkshire are very different from the sterile setting of veterinary school.
>
> Herriot discovers the wonderous variety and never-ending challenges of veterinary practice as his humor, compassion, and love of the animal world shine forth." (goodreads.com)

Join us every Saturday at 10:30 am, in the old hairdresser room.



Do not forget the Mobile Library. If you are feeling under the weather, the Mobile Library can bring you some books to enjoy as you get better. Just let the Staff know.

Happy Reading! 

INFECTION PREVENTION AND CONTROL

Audit Findings

We completed the following audits in October with actionable items:

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- Hand Hygiene
- Donning and Doffing
- Basic Care Audit
- Narcotic Audit
- Environmental Audit

Copies of the audits will be placed on our Quality Board located in the east hallway by the entrance to the dining room.

DEPARTMENT UPDATES

We working towards having an auto door installed on the public washroom door. This will provide easy access to the washroom for everyone.

Thank youto the Resident Council for bringing this concern forward.

Policy Updates

Our Accreditation Canada Audit is scheduled for **Wednesday November 4th – Thursday November 5th, 2026**.

We are being audited on the following:

- Infection Prevention and Control
- Resident and Family Engagement Survey
- Service Excellence
- Resident Care Experience
- Medication Management
- Emergency and Disaster Management

I will provide an update on how our survey went in the December Newsletter.

Stay tuned.

OUR FOUR STRATEGIC IMPERATIVES

1. Care Complexity

1. Education and Training
2. Risk Management
3. Care Collaboration and Planning

2. Staffing Stability

1. Retention and Recruitment
2. Education and Training
3. Collaboration with Stakeholders

3. Supportive Infrastructure

1. Procurement Planning
2. Capital and IT Planning
3. Preventative Maintenance

4. Enhanced Communication

1. Task and Time Efficiencies
2. Internal Communication
3. Resident and Family Satisfaction
4. Technology Utilization

We have completed our Home Goals for 2026- 2027.

1. Implementaaiotn of approved PPSL policies and procedures.
2. Ensure audits and actions plans are completed.
3. Participate in education sessions for all staff
4. Increase resident satisfaction survey response rates
5. Quality board will be kept up to date.

Do you think we are doing a great job? Why not leave us a Google review. Just scan the QR code with your phone.

HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

1. **Talk with the staff on-shift about how your loved one is doing** and update them on changes you see.
2. **Join or attend a committee or council meeting.** Please come and join us.
3. Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
4. **Provide recreation ideas** that your family would enjoy! Email Cathy at courtyard-rec@provita.ca
5. **Volunteer**. Your help matters and is always truly appreciated!
6. **Submit your ideas and suggestions** The forms are available on the Quality board. We welcome your ideas and suggestions.



COURTYARD TERRACE RESIDENT COUNCIL NEWS

RESIDENT COUNCIL EVENTS

The Resident Council meets on the first Tuesday of every month at 10:30am in the lounge.

The Courtyard Terrace Book Club is held every Saturdays at 10:30am in the old hairdressing room.

Courtyard Terrace Annual Talent Show is being held on November 26, 2026, at 2:00pm in the Lounge Area.

The Residents Council Christmas Toy Drive. As of November 1st, the residents will collect unwrapped toys for the Burnaby Christmas Bureau's Angel Project. We, our families, and friends can make this happy Christmas for children from low-income families in Burnaby. Information to follow.

Here is the link for The Residents Council to view more information.

https://hey.cafe/@residentscouncil

Meet your Resident Council



Co-chair Thea

Meet your Resident Council



Co-chair Sylva