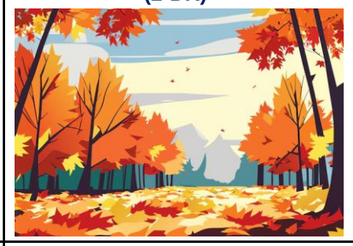
November 2026

Benevolence Care Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	**2** **10:00am 1-1 Communion & Blessing Visits** 9:30am Word Searches (M) 10:30am Sensory - Smells (2) 12:45pm Devotions (3) 1:30pm Seated Yoga (M) **2:15pm Bingo (2)** 3:30pm 1-1 Visits 	**3** 9:30am Ball Toss (M) 10:30am Music Appreciation (2) 12:45pm Mind Joggers (3) **1:30pm Movie Afternoon (2)** 3:30pm 1-1 Visits 	**4** **10:00am Virtual Catholic Mass (2-LRW)** 12:45pm Bits & Pieces (M) 1:30pm Bowling (3) **2:15pm Diwali Craft (2)** 3:30pm Manicures (M) 5:15pm Dice Games (3) 6:15pm Karaoke (M) 7:00pm 1-1 Visits (2) 	HH **5** 9:30am Junk Drawer Detective (3) **10:30am Diwali Craft (M)** 12:45pm Washer Toss (2) 2:15pm Watercolour Painting (M) 3:30pm 1-1 Visits **5:15pm Bingo (M)** 6:15pm Madlibs (3) 7:00pm 1-1 Visits 	**6** 9:30am Fun & Fitness (2) 10:30am Card Games (M) **12:45pm Diwali Craft (3)** 2:00pm Coffee & News (M-DR) 3:30pm 1-1 Visits 	**7** **12:45pm Worship Service (2-DR)** 
8 **Legend:** **LR – Living Room** **FR – Family Room** **DR – Dining Room** **P - Patio** **(3) – 3rd floor** **(2) – 2nd Floor** **(M) – Main floor** Diwali (Hindi)	**9** **10:00am 1-1 Communion & Blessing Visits** 12:45pm Memory Match (M) 1:30pm Seated Yoga (2) **2:15pm Bingo (3)** 3:30pm 1-1 Visits 5:15pm Jeopardy (M) 6:15pm Remembrance Day Biographics (2)	**10** 9:30am Just for Kicks (3) **10:30am Remembrance Day Craft (3)** 12:45pm 1-1 Visits 1:30pm Jeopardy (2) **2:15pm Birthday Party (M)** 3:30pm Remembrance Day Biographics (3) 	**11** **1:30pm Remembrance Day Documentary (M)** **2:15pm Birthday Party (3)** **5:15pm Remembrance Day Craft (2)** 6:15pm Music Appreciation (M) 7:00pm 1-1 Visits  Veterans Day Remembrance Day (Canada)	HH **12** 9:30am Meditative Colouring (3) **10:30am Remembrance Day Craft (M)** 12:45pm Memory Match (2) **2:15pm Bingo (M)** 3:30pm 1-1 Visits 5:15pm Board Games (3) 6:15pm Bean Bag Toss (2) 7:00pm 1-1 Visits	**13** 9:30am Fun & Fitness (M) 10:30am Do You Hear What I Hear? (3) 12:45pm Singalong (2) 1:30pm Rock Paper Scissors & Dice Games (M) **2:15pm Birthday Party (2)** 3:30pm 1-1 Visits 	**14** **12:45pm Worship Service (2-DR)** 9:30am Shuffleboard (2) 10:30am Bits & Pieces (3) 12:45pm 1-1 Visits **1:30pm Baking Group (M)** 3:30pm Bowling (2)
15 **Mealtimes:** **Breakfast:** 8:30am –9:30am **Lunch:** 11:45am – 12:45pm **Dinner:** 4:45pm – 5:45pm	**16** **10:00am 1-1 Communion & Blessing Visits** 9:30am Guided Relaxations (M) 10:30am Madlibs (M) 12:45pm Hymn Sing (M) 1:30pm Seated Yoga (3) **2:15pm Bingo (2)** 3:30pm 1-1 Visits 	**17** 9:30am 1-1 Visits 10:30am Bean Bag Toss (2) 12:45pm Creative Doodle (M) 2:00pm Coffee & News (3-DR) 3:30pm Scattergories (M) 	**18** **10:00am Virtual Catholic Mass (2-LRW)** 12:45pm Name That Tune (3) 1:30pm Manicures (2) **2:15pm Hot Chocolate Social (M)** **2:30pm Resident & Family Council Meeting (FR)** 3:30pm Virtual Tour (3) 5:15pm Famous Faces (M) 6:15pm Ball Toss (2) 7:00pm 1-1 Visits	**19** 9:30am Guided Relaxation (M) 10:30am Washer Toss (3) 12:45pm Board Games (2) **2:15pm International Men's Day Social (3-DR)** 3:30pm 1-1 Visits **5:15pm Bingo (M)** 6:15pm Singalong (3) 7:00pm 1-1 Visits 	**20** 9:30am Fun & Fitness (3) 10:30am Uno Card Game (M) **12:00pm Lunch Club (3-LRW)** 2:00pm 1-1 Visits 3:00pm Watercolour Painting (2) 	**21** **12:45pm Worship Service (2-DR)** 9:30am Balloon Badminton (2) 10:30am Meditative Colouring (M) 12:45pm Madlibs (2) **1:30pm Baking Group (3)** 3:30pm 1-1 Visits 
22 **Ext. 704 – Rec Therapist Benevolence.rectherapy@ppsl.com** **Ext. 705 – Rec aide** **Ext. 706 – Rec aide**	**23** **10:00am 1-1 Communion & Blessing Visits** **10:00am Music Therapy (2-LRW)** 12:45pm Devotions (2) 1:30pm Seated Yoga (2) **2:15pm Bingo (3)** 3:30pm 1-1 Visits 	**24** **Christmas Decorating (All day/All Floors)** **2:15pm Hot Chocolate Social (3)** **3:00pm Rec Department Meeting** 5:15pm Just for Kicks (M) 6:15pm Devotions (3) 7:00pm 1-1 Visits 	**25** 9:30am News & Views (M) 10:30am Music Appreciation (3) 12:45pm Bits & Pieces (2) 1:30pm Trivia (M) 2:00pm Coffee & News (2-DR) 3:30pm 1-1 Visits 	**26** **Winter Window Painting/Christmas Decorating 9:30am (L)** 12:45pm Bowling (M) **2:15pm Bingo (2)** 3:30pm Manicures (3) 5:15pm Seated Yoga (3) 6:15pm Meditative Colouring (2) 7:00pm 1-1 Visits Thanksgiving Day (U.S)	**27** 9:30am Fun & Fitness (M) 10:30am 1-1 Visits 12:45pm Good 'Ol Days (2) **1:30pm Virtual Concert (3)** **2:15pm Hot Chocolate Social (2)** 	**28** **12:45pm Worship Service (2-DR)** 9:30am Seated Yoga (M) 10:30am Shuffleboard (3) 12:45pm Karaoke (M) **1:30pm Baking Group (2)** 3:30pm Famous Faces (3) 
29 	**30** **10:00am 1-1 Communion & Blessing Visits** 9:30am Scattergories (2) 10:30am Sensory - Smells (3) 12:45pm Hymn Sing (M) 1:30pm Seated Yoga (3) **2:15pm Bingo (M)** 3:30pm 1-1 Visits					

Programs are subject to change, please see whiteboards for daily programs.