

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Camellia				9:30 Morning Stretch 10:00 Bean Bag Toss 10:30 Walking Program 2:30 Helping Hands 3:00 Therapy Pet	9:30 Morning Stretch 10:00 Baking: Mini Apple Pies  10:30 Walking Program 2:30 Helping Hands 3:00 Friday Social Hour	9:30 Morning Stretch 10:00 Walking Program 10:30 Tea Cart 2:30 Helping Hands 3:00 Snoezelen Therapy Simchat Torah Begins
9:30 Morning Stretch 10:00 Hymn Sing 10:30 Walking Program 2:30 Ring Toss 3:30 Hand Spa	9:30 Ball Toss 10:00 Bingo 2:30 Helping Hands 2:30 Oktoberfest Party with The Bavarian Boys (2nd Floor)  3:00 Pet & Doll Therapy	8:50 Music with Jeff 9:45 Morning Stretch 10:30 Hymn Sing 2:30 Helping Hands 3:00 Snoezelen Therapy	9:30 Morning Stretch 10:00 Sing a long 10:30 Walking Program 2:30 Hand Spa 4:00 Calls with Family	8:30 Breakfast Club (By Invite)  10:00 Morning Stretch 10:30 Walking Program 2:30 Helping Hands 3:00 Therapy Pet	9:30 Morning Stretch 10:00 Good News 10:30 Walking Program 10:30 Thankful Tree 2:30 Helping Hands 3:00 Friday Social Hour	9:30 Morning Stretch 10:00 Walking Program 10:30 Tea Cart 2:30 Helping Hands 2:30 Fiji Independence Day Social 
9:30 Morning Stretch 10:00 Hymn Sing 10:30 Walking Program 2:30 Ring Toss 3:30 Hand Spa	9:30 Ball Toss 10:00 Bingo 2:30 Helping Hands 2:30 Thanksgiving Party with Brian Flanagan (2nd Floor) 	8:50 Music with Jeff 9:45 Morning Stretch 10:30 Hymn Sing 2:30 Helping Hands 3:00 Snoezelen Therapy	9:30 Morning Stretch 10:00 Sensory Program 10:30 Walking Program 2:30 Hand Spa 4:00 Calls with Family	9:30 Morning Stretch 10:00 Bean Bag Toss 10:30 Walking Program 2:30 Resident & Family Council (2nd Floor)  2:30 Helping Hands 3:00 Therapy Pet	9:30 Morning Stretch 10:00 Baking: Mini Spiced Banana Bread  10:30 Walking Program 2:30 Helping Hands 3:00 Friday Social Hour	9:30 Morning Stretch 10:00 Walking Program 10:30 Tea Cart 10:30 Voting Station 2:30 Helping Hands 3:00 Snoezelen Therapy 
9:30 Morning Stretch 10:00 Hymn Sing 10:30 Walking Program 2:30 Ring Toss 3:30 Hand Spa	9:30 Ball Toss 10:00 Halloween Bingo 2:30 Helping Hands 3:00 Karaoke Sing-along 	8:50 Music with Jeff 9:45 Morning Stretch 10:30 Hymn Sing 2:30 Helping Hands 3:00 Snoezelen Therapy	9:30 Morning Stretch 10:00 Sing a long 10:30 Walking Program 2:30 Hand Spa 4:00 Calls with Family	9:30 Morning Stretch 10:00 Bean Bag Toss 10:30 Walking Program 2:30 Resident Birthday Party with Sue Breton (2nd Floor)  3:00 Therapy Pet	9:30 Morning Stretch 10:00 Good News 10:30 Walking Program 2:30 Helping Hands 3:00 Friday Social Hour	9:30 Morning Stretch 10:00 Walking Program 10:30 Tea Cart 2:30 Helping Hands 3:00 Snoezelen Therapy
9:30 Morning Stretch 10:00 Hymn Sing 10:30 Walking Program 2:30 Ring Toss 3:30 Hand Spa	9:30 Ball Toss 10:00 Bingo 2:30 Java Music Club (By Invite) (2nd Floor) 2:30 Helping Hands 3:00 Karaoke Sing-a-long	8:50 Music with Jeff 9:45 Morning Stretch 10:30 Hymn Sing & Communion 2:30 Helping Hands 3:00 Snoezelen Therapy	9:30 Morning Stretch 10:00 Sensory Program 10:30 Walking Program 2:30 Hand Spa 4:00 Calls with Family	9:30 Morning Stretch 10:00 Bean Bag Toss 10:30 Walking Program 2:30 Helping Hands 2:30 Halloween Party with Wayne Usselman (2nd Floor)  3:00 Pet Therapy	9:30 Morning Stretch 10:00 Good News 10:30 Walking Program 2:30 Helping Hands 3:00 Dress up Spooky Social Hour 	9:30 Morning Stretch 10:00 Walking Program 10:30 Tea Cart 12:00 South Asian Luncheon (By Invite)  2:30 Helping Hands 3:00 Snoezelen Therapy Halloween

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Dogwood / Trillium				9:30 Morning Stretch 10:30 Word Game Active Game 11:00 Walking Program 2:30 Active Game 3:00 Room Visits	9:30 Morning Stretch 10:30 Baking: Mini Apple Pies  10:30 Hand Spa 11:00 Walking Program 11:00 Cultural Program 2:30 Friday Social Hour 3:30 Room Visits	9:30 Morning Stretch 10:00 Sing a Long 10:30 Walking Program 2:30 Bingo 3:30 Room Visits Simchat Torah Begins
9:30 Morning Stretch 10:30 Pretzel Pins Craft 11:00 Walking Program 11:00 Calls with Family 2:30 Church Service 3:30 Room Visits 	9:30 Morning Exercise 10:30 News & Views 11:00 Sensory Cart 11:30 Cultural Program 2:30 Oktoberfest Party with The Bavarian Boys 3:00 Room Visits 	9:30 Morning Stretch 10:10 Music with Jeff 11:15 Hymn Sing 2:30 Tea and Talk Visits 3:00 Ring Toss	9:30 Morning Exercise 10:30 Sikh Prayer 10:30 Bingo 2:30 Pumpkin Turkey Craft 3:00 Walking Program 	8:30 Breakfast Club (By Invite) 10:00 Morning Stretch 11:00 Walking Program 2:30 Movie Matinee 	9:30 Morning Stretch 10:30 Thankful Tree 10:30 Hand Spa 11:00 Walking Program 11:00 Cultural Program 2:30 Friday Social Hour 3:30 Room Visits	9:30 Morning Stretch 10:00 Thanksgiving Trivia 10:30 Walking Program 2:30 Fiji Independence Day Social 3:30 Room Visits 
9:30 Morning Stretch 10:30 Sikh Prayer Service (Meeting Centre) 11:00 Walking Program 2:30 Church Service 3:30 Room Visits	9:30 Morning Exercise 10:30 News & Views 11:00 Sensory Cart 11:30 Cultural Program 2:30 Thanksgiving Party with Brian Flanagan 3:00 Room Visits 	9:30 Morning Stretch 10:10 Music with Jeff 11:15 Hymn Sing 2:30 Tea and Talk Visits 2:30 Corn Hole	9:30 Morning Exercise 10:30 Sikh Prayer 10:30 Bingo 2:30 Active Games 3:00 Walking Program	9:30 Morning Stretch 10:30 Golden Memories 11:00 Walking Program 2:30 Resident & Family Council 3:00 Room Visits 	9:30 Morning Stretch 10:30 Hand Spa 11:00 Walking Program 11:00 Cultural Program 2:30 Friday Social Hour 3:30 Room Visits	9:30 Morning Stretch 10:00 Table Games 10:30-3:00 Voting Station 10:30 Walking Program 2:30 Bingo 3:30 Room Visits 
9:30 Morning Stretch 10:30 Word Games 11:00 Walking Program 11:00 Calls with Family 2:30 Catholic Service (2nd Floor) 3:30 Room Visits	9:30 Morning Exercise 10:30 News & Views 11:00 Sensory Cart 11:30 Cultural Program 2:30 Travel-Tales: Munich, Germany: Oktoberfest- Rick Steves Guide to Europe 3:00 Room Visits	9:30 Morning Stretch 10:10 Music with Jeff 11:15 Hymn Sing 2:30 Tea and Talk Visits 2:30 Silky Spiderwebs Painting 	9:30 Morning Exercise 10:30 Sikh Prayer 10:30 Bingo 2:30 Family Feud 3:00 Walking Program 	9:30 Morning Stretch 10:30 Show and Tell 11:00 Walking Program 2:30 Resident Birthday Party with Sue Breton 3:00 Room Visits 	9:30 Morning Stretch 10:15 Baking: Mini Spiced Banana Bread  10:30 Hand Spa 11:00 Walking Program 11:00 Cultural Program 2:30 Friday Social Hour 3:30 Room Visits	9:30 Morning Stretch 10:00 Sing a Long 10:30 Walking Program 2:30 Bingo 3:30 Room Visits
9:30 Morning Stretch 10:30 Pumpkin Decorating 11:00 Walking Program 11:00 Calls with Family 2:30 Church Service 3:30 Room Visits	9:30 Morning Exercise 10:30 News & Views 11:00 Sensory Cart 11:30 Cultural Program 2:30 Java Music Club 3:00 Room Visits	9:30 Morning Stretch 10:10 Music with Jeff 11:15 Hymn Sing & Communion 2:30 Tea and Talk Visits 3:00 Bowling	9:30 Morning Exercise 10:30 Sikh Prayer 10:30 Halloween Bingo 2:30 Active Game 3:00 Walking Program 	9:30 Morning Stretch 10:30 11:00 Walking Program 2:30 Halloween Party with Wayne Usselman 3:00 Room Visits 	9:30 Morning Stretch 10:30 Hand Spa 11:00 Walking Program 11:00 Cultural Program 2:30 Dress up Spooky Social Hour 3:30 Room visits 	10:00 Morning Stretch 10:30 Walking Program 12:00 South Asian Luncheon (by Invite) 2:30 Bingo 3:30 Room Visits 
						Halloween

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Primrose				9:30 Morning Exercise 1 10:30 Table Games 11:00 Walking Program 2:30 Active Games 3:30 Room Visits	9:30 Morning Exercise 2 10:15 Word Games 11:00 Walking Program 2:30 Friday Social Hour 3:30 Room Visits	9:30 Morning Stretch 3 10:00 Table Games 10:30 Baking- Mini Apple Pies 2:30 Active Games 3:30 Room Visits 
9:30 Morning Stretch 4 10:30 Pretzel Pin Craft 11:00 Walking Program 2:30 Church Service (2nd Floor) 3:00 Room Visits 	9:30 Morning Exercise 5 10:00 Nail Spa 10:30 Oktoberfest Trivia 11:00 Walking Program 2:30 Oktoberfest Party with the Bavarian Boys (2nd Floor) 3:30 Room Visits 	9:30 Music with Jeff 6 10:30 Morning Stretch 11:15 Hymn Sing (2nd Floor) 2:30 Active Game 3:30 Walking Program	9:30 Morning Exercise 7 10:00 Sikh Prayer 10:00 What Came first Game 10:30 Walking Program 2:30 Bingo 3:30 Room Visits	8:30 Breakfast Club 8 (By Invite) 10:30 Morning Exercise 11:00 Walking Program 2:30 Movie and Popcorn 	9:30 Morning Exercise 9 10:15 Thankful Tree 11:00 Walking Program 2:30 Friday Social Hour 3:30 Room Visits 	9:30 Morning Stretch 10 10:00 Pumpkin Turkey craft 2:30 Fiji Independence Day Social 3:30 Room Visits 
9:30 Morning Stretch 11 10:30 Golden Memories 10:30 Sikh Prayer (Meeting Room) 11:00 Walking Program 2:30 Church Service (2nd Floor) 3:00 Room Visits	9:30 Morning Exercise 12 10:00 Nail Spa 10:30 Thanksgiving Trivia 11:00 Walking Program 2:30 Thanksgiving Party with Brian Flanagan (2nd Floor) 3:00 Room Visits 	9:30 Music with Jeff 13 10:30 Morning Stretch 11:15 Hymn Sing (2nd Floor) 2:30 Active Game 3:30 Walking Program	9:30 Morning Exercise 14 10:00 Sikh Prayer 10:00 Ball Toss 10:30 Walking Program 2:30 Bingo 3:30 Room Visits	9:30 Morning Exercise 15 10:30 Word Games 2:30 Resident & Family Council (2nd Floor) 3:15 Walking Program 	9:30 Morning Exercise 16 10:15 Giant Scrabble 11:00 Walking Program 2:30 Friday Social Hour 3:30 Room Visits	9:30 Morning Stretch 17 10:00 Sing a long 10:30 Voting Station 2:30 Baking- Mini Spiced Banana Loaf 3:30 Room Visits 
9:30 Morning Stretch 18 10:30 Silky Spiderwebs Painting 11:00 Walking Program 2:30 Active Game 2:30 Catholic Service (2nd Floor) 3:00 Room Visits 	9:30 Morning Exercise 19 10:00 Nail Spa 10:30 Travel-Tales Munich, Germany: Oktoberfest- Rick Steves Guide to Europe 11:00 Walking Program 2:30 Family Feud Game 3:30 Room Visits 	9:30 Music with Jeff 20 10:30 Morning Stretch 11:15 Hymn Sing (2nd Floor) 2:30 Active Game 3:30 Walking Program	9:30 Morning Exercise 21 10:00 Sikh Prayer 10:00 October Word Games 10:30 Walking Program 2:30 Bingo 3:30 Room Visits	9:30 Morning Exercise 22 10:30 Walking Program 2:30 Resident Birthday Party with Sue Breton (2nd Floor) 3:00 Room Visits 	9:30 Morning Exercise 23 10:15 Table Games 11:00 Walking Program 2:30 Friday Social Hour 3:30 Room Visits	9:30 Morning Stretch 24 10:00 Table Games 10:30 Walking Program 2:30 Active Game 3:30 Room Visits
9:30 Morning Stretch 25 10:30 Reminiscing 11:00 Walking Program 2:30 Church Service (2nd Floor) 3:00 Room Visits	9:30 Morning Exercise 26 10:00 Nail Spa 10:30 Travel-Tales An overlooked Eden/ Full Documentary (Destination Wild: Wild Islands) 11:00 Walking Program 2:30 Active Games 3:30 Room Visits	9:30 Music with Jeff 27 10:30 Morning Stretch 11:15 Hymn Sing & Communion (2nd Floor) 2:30 Active Game 3:30 Walking Program	9:30 Morning Exercise 28 10:00 Sikh Prayer 10:00 Pumpkin Decorating 10:30 Walking Program 2:30 Halloween Bingo 3:30 Room Visits 	9:30 Morning Exercise 29 10:30 Bean Bag Toss 2:30 Halloween Party with Wayne Usselman(2nd Floor) 3:00 Room Visits 	9:30 Morning Exercise 30 10:15 Halloween Letter Scramble 11:00 Walking Program 2:30 Dress up Spooky Social Hour 3:30 Room Visits 	9:30 Morning Stretch 31 10:00 Ring Toss 12:00 South Asian Luncheon (by invite only) 2:30 Active Game 3:30 Room Visits 