

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Benevolence Care Centre

Legend:
 LR – Living Room
 FR – Family Room
 DR – Dining Room
 P – Patio
 (3) – 3rd Floor
 (2) – 2nd Floor
 (M) – Main Floor

Mealtimes:
Breakfast:
 8:30am – 9:30am
Lunch:
 11:45am – 12:45pm
Dinner:
 4:45pm – 5:45pm

Ext. 704 – Rec Therapist
 Benevolence.rectherapy
 @ppsl.com
 Ext. 705 – Rec Aide
 Ext. 706 – Rec Aide



				9:30am Garden Cleanup (M-P) 1 12:45pm Bits & Pieces (M) 1:30pm Balloon Badminton (3) 2:15pm Mind Joggers (2) 3:30pm Karaoke (3) 4:00pm 1-1 Visits 5:15pm Bingo (M) 6:15pm Dice Games (3) 7:00pm Singalong (2)	9:30am Fun & Fitness (3) 2 10:30am Do You Hear What I Hear? (M) 12:45pm Watercolour Painting (2) 2:00pm Coffee & News (M-DR) 3:30pm 1-1 Visits	12:45pm Worship Service (2-DR) 3 9:30am Shuffleboard (2) 10:30am Sensory - Smells (3) 12:45pm 1-1 Visits 1:30pm Virtual Concert (2) 3:30pm Meditative Colouring (2)
4	10:00am 1-1 Communion & Blessing Visits 5 9:30am Word Searches (M) 10:30am Music Appreciation (2) 12:45pm Devotions (3) 1:30pm Seated Yoga (M) 2:15pm Bingo (2) 3:30pm 1-1 Visits	6 9:30am Memory Match (M) 10:30am Name that Tune (3) 1:30pm Movie Afternoon (M) 3:30pm 1-1 Visits	7 9:30am Gratitude Tree (3) 10:30am Do You Hear What I Hear (M) Fall Party ft. Logan Klaus 2:00pm (M-DR) 3:30pm Word Searches (2) 5:00pm 1-1 Visits	8 9:30am Junk Drawer Detective (3) 10:30am Washer Toss (M) 12:00pm Lunch Club (3-LRW) 1:30pm Gratitude Tree (2) 2:15pm Bingo (3) 3:30pm Manicures (3) 5:15pm Karaoke (M)	9 9:30am Fun & Fitness (M) 10:30am Card Games (3) 12:45pm Sing-Along (2) 1:30pm Gratitude Tree (M) 3:30pm 1-1 Visits	12:45pm Worship Service (2-DR) 10
11	12 Happy Thanksgiving Thanksgiving Day (Canada)	13 9:30am Just for Kicks (3) 10:30am Rock Paper Scissors & Dice Games (M) 12:45pm 1-1 Visits 1:00pm Bean Bag Toss (2) 2:00pm Gratitude Tree (3) 3:30pm Manicures (3) 5:15pm Famous Faces (M) 6:00pm Hymn Sing (2) 7:00pm 1-1 Visits	14 10:00am Virtual Catholic Mass (2-LRW) 12:45pm Name That Country Tune (2) 1:30pm Watercolour Painting (M) 2:15pm Birthday Party (3) 3:30pm 1-1 Visits	15 MOBILE VOTING STATION 9am-12pm 12:45pm Country Jeopardy (3) 2:15pm Birthday Party (2) 3:30pm 1-1 Visits 5:15pm Bingo (M) 6:15pm Memory Match (2) 7:00pm 1-1 Visits	16 9:30am Fun & Fitness (2) 10:30am Bits & Pieces (3) 12:45pm Puzzles (M) 1:30pm Mind Joggers (2) 2:15pm Birthday Party (M) 3:30pm 1-1 Visits	17 12:45pm Worship Service (2-DR) 9:30am Balloon Badminton (2) 10:30am Meditative Colouring (3) 12:45pm Dice Games (M) 2:00pm Coffee & News (3-DR) 3:30pm 1-1 Visits
18	19 10:00am 1-1 Communion & Blessing Visits 10:00am Music Therapy (2) 12:45pm Hymn Sing (M) 1:30pm Seated Yoga (2) 2:15pm Bingo (3) 3:30pm 1-1 Visits	20 9:30am 1-1 Visits 10:30am Manicures (M) 12:45pm News & Views (3) 1:30pm Pumpkin Pie Baking (2) 3:30pm Junk Drawer Detective (2)	21 10:30am Sensory – Smells (M) 1:00pm Shuffleboard (2) 2:30pm Pumpkin Pie Baking (M) 2:30pm Resident & Family Council Meeting (FR) 5:15pm Penny Ante (2) 6:15pm Country Sing-Along (M) 7:00pm 1-1 Visits	22 9:30am Bits & Pieces (2) 10:30am Hymn Sing (3) 12:45pm Board Games (M) 2:15pm Watercolour Painting (M) 3:30pm 1-1 Visits 5:15pm Bingo (2) 6:15pm Famous Faces (M) 7:15pm Singalong (3)	23 9:30am Fun & Fitness (3) 10:30am Snakes & Ladders (M) 12:45pm Pumpkin Pie Baking (3) 3:30pm Watercolour Painting (2)	24 12:45pm Worship Service (2-DR) 9:30am Seated Yoga (M) 10:30am Shuffleboard (3) 12:45pm Pumpkin Craft (M) 2:00pm Coffee & News (2-DR) 3:30pm Famous Faces (3)
25	26 10:00am 1-1 Communion & Blessing Visits 9:30am Guided Relaxations (2) 10:30am Devotions (3) 12:45pm Board Games (M) 1:30pm Seated Yoga (3) 2:15pm Bingo (M) 3:30pm 1-1 Visits	27 9:30am Spooky Short Stories (2) 10:30am Halloween Colouring (M) 12:45pm Mind Joggers (3) Halloween Party ft. Matt Grier 2pm (M-DR) 5:15pm Just for Kicks (M) 6:00pm Devotions (3) 7:15pm 1-1 Visits	28 9:30am News & Views (M) 10:30am Halloween Music Appreciation (3) 12:45pm Bits & Pieces (2) 1:30pm Halloween Trivia (M) 2:15pm Pumpkin Pie Social (3-DR) 3:30pm 1-1 Visits	29 9:30am Board Games (3) 10:30am Just for Kicks (2) 12:45pm Pumpkin Craft (3) 2:15pm Bingo (2) 3:30pm 1-1 Visits 5:15pm Seated Yoga (3) 6:15pm Meditative Colouring (2) 7:00pm Spooky Short Stories (M)	30 9:30am Halloween Dancercise (M) 10:30am Pumpkin Craft (2) 1:15pm Kids Halloween Parade (all floors) 2:15pm Halloween Movie (3)	31 12:45pm Worship Service (2-DR) Happy Halloween

Programs are subject to change, please see whiteboards for daily programs.