

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Program Venue M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way		1	2	3	4	5
		10 Gentle Connection GR 11 Friendly Visits 1:30 Table Talks GR 3:30 Calendar Handout	10 Gentle Connection GR 11 Friendly Visits 1:30 Sing Along GR 3:30 Gardening	10 Outdoor Walks 11 Friendly Visits 2:00 Bingo C 3:45 Gardening	10 Friendly Visits <i>11 Communion Service St. Nicholas Church A</i> 1:30 Sing Along GR 3:30 Card Game GR	10 Baking cookies and Trivia GR 1:30 Tuck Cart 3:30 Card Game GR
	6	7	8	9	10	11
	10 Gentle Connection GR 11 Friendly Visits <i>1:45 Hymn Sing A</i> 3:30 Outdoor Walks	Labour Day 10 Balloon Ball GR 11 Friendly Visits 2:00 Bingo C 3:45 Gardening Labor Day	10 Gentle Connection GR 11 Friendly Visits 1:30 Sing Along GR 3:30 Card Game GR	10 Outdoor Walks 1:30 Bocce Ball GR 3:30 Card Game GR	10 Morning Fitness GR 11 Friendly Visits 2:00 Bingo C 3:45 Helping Hands W	10 Gentle Connection GR 11 Friendly Visits 1:30 Floor Curling GR 3:30 Card Game GR Rosh Hashanah Begins
	13	14	15	16	17	18
Grandparents Day 10 Honoring Grandparents A <i>1:30 Church Service Living Waters A</i> 3:30 Helping Hands W Grandparents Day	10 Gentle Connection GR 11 Friendly Visits 2:00 Bingo C 3:45 Sing Along GR	10 Gentle Connection GR 11 Friendly Visits 1:30 Sing Along with Christine A 3:45 Gardening	10 Morning Fitness GR 11 Friendly Visits <i>1:30 Prayer Group V/GR</i> 3:30 Card Game C	10 Coffee Chatter GR 11 Friendly Visits 2:00 Bingo C 3:45 Gentle Connection	10 Fitness Fun GR <i>11 Rosary Service St. Nicholas Church A</i> 1:30 Curling GR 1:30 Sing Along GR	10 Trivia C 11 Friendly Visits 1:30 Sing A Long A 3:30 Tuck Cart Oktoberfest Begins
20	21	22	23	24	25	26
10 Terry Fox Walk <i>2:00 Church Service Evangelical A</i> 3:45 Table Talk Social Yom Kippur Begins	10 Gentle Connection GR 11 Friendly Visits 2:00 Bingo C 3:45 Helping Hands W	First day of Fall 10 Target Toss GR 11 Friendly Visits 1:30 Sing Along GR 3:30 Triva GR Autumn Begins	10 Gentle Connection GR 11 Friendly Visits 1:30 Balloon Ball GR 3:30 Card Game GR	10 Morning Fitness GR 11 Friendly Visits 2:00 Bingo C 3:45 Helping Hands W	10 Coffee Chatter GR 1:30 Sing Along with Christine A 3:30 Gentle Connection GR Sukkot Begins	10 Baking Cookies 1:30 Balloon Badminton GR 3:30 Tuck Cart
27	28	29	30	 September 2026 Maple Court & Willow Place		
10 Gentle Connection GR 11 Friendly Visits <i>1:45 Hymn Sing A</i> 3:30 Card Game GR	10 Morning Fitness GR 11 Friendly Visits 2:00 Bingo C 3:45 Helping Hands W	10 Target Toss GR 11 Friendly Visits 1:45 Birthday Party with Gregg G A 3:45 Gentle Connection GR	National Day for Truth and Reconciliation 10 Reminiscing GR 11 Friendly Visits <i>1:30 Prayer Group V/GR</i> 3:30 Card Game GR			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Program Venue M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way		1	2	3	4	5
		10 Fitness Fun A 11 Friendly Visits 1:30 Glamour on the Go 3:30 Calendar Handout	10 Outdoor Walks 11 Friendly Visits 1:30 Balloon Badminton 3:45 Courtyard Social C	10 Table Balloon Toss A 11 Friendly Visits C 2:00 Bingo C 3:45 Aroma Therapy A	10 Friendly Visits <i>11 Communion Service St. Nicholas Church A</i> 1:30 Child Matters Craft C 3:45 Helping Hands A	10 Building Blocks A 11 Friendly Visits C 2:00 Tuck Cart 3:45 Card Game C
	6	7	8	9	10	11
	10 Robotic Pet Visits A&C <i>1:45 Hymn Sing A</i> 3:30 Horse Race Craft C	Labour Day 10 Celebrating International Rice Month C (Basmati) 2:00 Bingo C 3:30 Trivia – Labour Day A Labor Day	10 Fitness Fun A 11 Friendly Visits 1:30 Trivia in the Courtyard C 3:30 Card Game GR	10 Balloon Badminton A 11 Friendly Visits 1:30 Name that Tune C 3:30 Card Game GR	10 Fitness Fun A 11 Friendly Visits 2:00 Bingo C 3:45 Gardening	10 Horse Race A 11 Friendly Visits C 1:30 October Month Painting/Colouring A 3:30 Card Game GR/C Rosh Hashanah Begins
	12					
13	14	15	16	17	18	19
Grandparents Day 10 Honoring Grandparents A <i>1:30 Church Service Living Waters A</i> 3:30 Sing Along C Grandparents Day	10 Morning Fitness A 11 Friendly Visits 2:00 Bingo C 3:45 Triva A	10 Balloon Ball C 11 Friendly Visits 1:30 Sing Along with Christine A 3:30 Colouring C	10 Fitness Fun A 11 Friendly Visits <i>1:30 Prayer Group V/GR</i> 3:30 Card Game C	10 Beauty Bistro GR 2:00 Bingo C 3:45 Afternoon Trivia C	10 Morning Fitness C <i>11 Rosary Service St. Nicholas Church A</i> 1:30 Friendly Visits 3:30 Table Talks A	10 Outdoor Walks 1:30 Nail Spa A 3:30 Sing Along C Oktoberfest Begins
20	21	22	23	24	25	26
10 Terry Fox Walk <i>2:00 Church Service Evangelical A</i> 3:45 Nail Spa A Yom Kippur Begins	10 Musical Fitness A 11 Friendly Visits C 2:00 Bingo C 3:45 Garden Visits and Music (weather Permitting) A	First day of Fall 10 Welcoming Fall with Pumpkin Pie & Hot Apple Cider C 1:30 Trivia A 3:30 Card Game C Autumn Begins	10 Fall Baking C 1:30 Floor Curling A 3:45 Card Game GR	10 Fitness Fun A 11 Friendly Visits 2:00 Bingo C 3:45 Fall Coloring A	10 Morning Fitness 11 Friendly Visits 1:30 Sing Along with Christine A 3:30 Card Game A Sukkot Begins	10 Musical Fitness A 11 Friendly Visits C 1:30 Aroma Therapy A 3:30 Card Game C
27	28	29	30	 September 2026 Alder Way & Cherry Lane		
10 Coffee Chatter and Trivia C <i>1:45 Hymn Sing A</i> 3:30 Nail Spa C	10 Musical Fitness A 11 Friendly Visits C 2:00 Bingo C 3:45 Child Matters Decoration	10 Musical Fitness A 11 Friendly Visits C 1:45 Birthday Party with Gregg G A 3:35 Helping Hands C	National Day for Truth and Reconciliation 10 Trivia – Reconciliation <i>1:30 Prayer Group V/GR</i> 3:30 Card Game C			

The Scoop

Fort Langley Seniors Community



September 2026

By Mikayla Vander Helm, Recreation Manager BTR



WHAT'S NEW

TAKE A LOOK INSIDE

For updates in the community

UPCOMING EVENTS & PHOTOS

Upcoming events and check out photos!

SITE LEADER CORNER

Check-in from our Site Leader

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Our Mission

What We Do

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a "voice and a choice" for everyone we serve.

Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: fortlangley.rectherapy@ppsl.com

Upcoming Events:

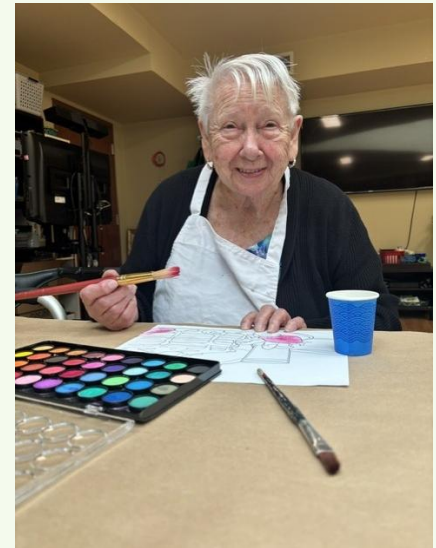
For the month

- ❖ Monday September 7 – **Labour Day**
- ❖ **Resident & Family Council Meeting** – No meeting this month!
- ❖ Friday September 4 and 18 at 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Tuesday September 15 and Friday September 25 at 1:30 – **Sing Along with Christine**
- ❖ Sunday September 13 and 20 – **Church Service with Evangelical** (Check activity calendar for service times)
 - ❖ Special Sunday September 13 service to celebrate Grandparents Day!
- ❖ Sunday September 20 – **Terry Fox Walk**
- ❖ Tuesday September 29 - **Monthly Birthday Party Gregg Gorrie** (See page 8 for more details)

Please check the daily activity board in each neighborhood

Recreation & Spiritual Care Programs are scheduled based on staff, clergy or volunteer availability and are subject to change.

Pictures of FLSC



Home Updates

Resident & Family Council Meeting

Join us for our monthly resident and family council meeting.

No meeting in September! Check bulletin board by admin office for updates.

Family Monthly Education

Code of the Month: September – Code Red Purple: Hostage/Weapon

Park Place Seniors Living Brochure:

1. Good Handwashing Practice
2. Flu or Cold?
3. Infection Prevention and Control

Alzheimer's Society Resources for Families

The Alzheimer Society offers education, print resources, and direct support through their First Link program, which connects families to information, programs, and local services across BC. We encourage families who may be feeling overwhelmed or unsure where to turn to explore these resources.

Helpful Links:

- Dementia print resources:
<https://alzheimer.ca/bc/en/help-support/programs-services/dementia-resources-bc/print-resources>
- First Link® Dementia Helpline:
<https://alzheimer.ca/bc/en/help-support/find-support-bc/first-link-dementia-helpline>
- First Link® referrals for families:
<https://alzheimer.ca/bc/en/help-support/programs-services/first-link-referrals>

Site Leaders Corner

I would like to share that I will be stepping away from my role at Fort Langley Seniors Community, with my final day being September 18, 2026.

It has been a true privilege to be part of this community. Supporting our residents, connecting with families, and working alongside such a dedicated team has been incredibly meaningful. I am so grateful for the trust, collaboration, and relationships that have been built during my time here.

Fort Langley Seniors Community is a special place because of the people within it - our residents, families, and staff. The compassion, commitment, and sense of community you bring each day creates a strong and supportive environment that I am proud to have been part of. The team remains committed to providing high-quality care and ensuring the well-being and comfort of all residents.

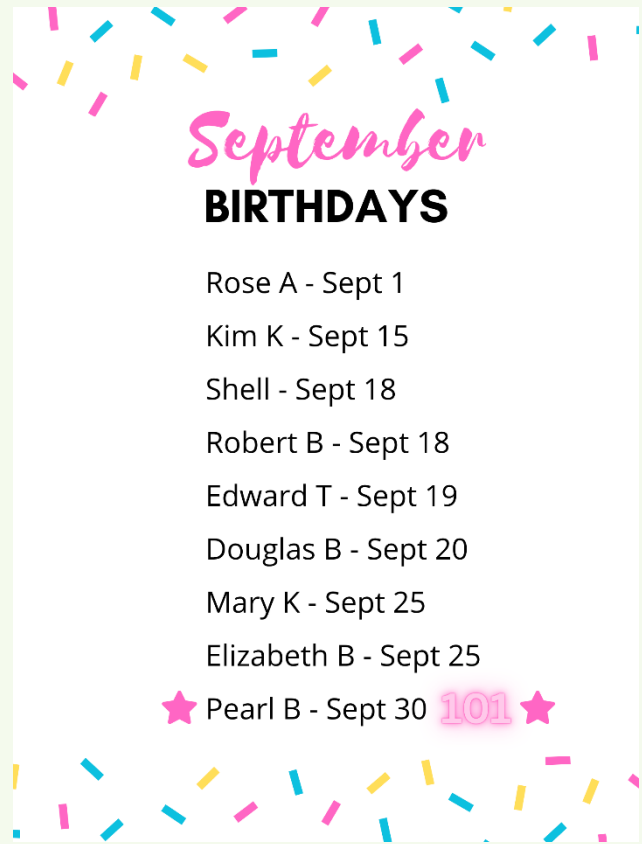
Thank you for the opportunity to be part of this community, it is something I will always value

Erick Bautista, *Site Leader*

Contact Information *Fort Langley Seniors Community 604.888.0711*

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com Onsite Monday – Friday, 9:00am – 5:00pm
<i>Maintenance</i>	Donald Fleming	Ext. 124	fortlangley.maintenance@ppsl.com Onsite Monday – Friday, 8:00am – 4:30pm
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com Onsite Monday – Friday, 9:00am – 5:00pm
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com Onsite Monday – Friday, 7:00am – 3:00pm
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com Onsite Monday – Friday, 8:00am – 4:00pm
<i>HR Coordinator</i>	Darlene Dela Cruz	Ext. 123	fortlangley.hr@ppsl.com Onsite Monday – Friday, 8:30am – 4:30pm
<i>Recreation & Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com Onsite Monday – Friday, 7:30am – 3:30pm
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com Onsite Monday – Friday 7:00am – 3:00pm
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	fortlangley.socialworker@ppsl.com Onsite Monday, Thursday, and Fridays, 9:00am – 5:00pm
<i>Dietitian</i>	Caitlyn McNeill	Ext. 130	Fortlangley.dietitian@ppsl.com Onsite Tuesday, Thursday and Fridays, 7:30am – 3:00pm
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca Onsite Tuesdays and Thursdays
<i>Physiotherapist Temp</i>	Khushbu Mistri	Ext. 129	khushbu.mistri@saliusrehab.ca Onsite Tuesdays and Fridays
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	Please call the extension for the correct neighborhood.

Fun Corner & Other



Good News Story:

We recently received a heartfelt message from a resident's spouse who wished to share their gratitude for one of our care aides:

"I would like to express my appreciation for a member of your care team who has recently become my husband's primary care aide. I am very pleased with the care she provides. She has previously assisted my husband with bathing, and her attention to detail has always been exceptional.

She is respectful yet appropriately firm, and her warm personality truly lights up the room when she enters. You can tell she loves her job.

P.S In my opinion, she would be an excellent mentor for those new to the role."

We are so proud of our team and grateful to receive such kind feedback!

The Good News Story Segment

Want to share a story like the one above? Join us in the **Good News Story** segment!

This is an opportunity to celebrate meaningful moments and positive experiences in our home. We invite residents, families, and staff to share their stories.

How to participate:

1. Write down your story
2. Place it in the Good News box, located in the lobby
3. Or email: fortlangley.rectherapy@ppsl.com (subject: Good News Story)

One story will be featured each month. Thank you for helping us celebrate our community!

Other

Donation Wishlist

- Individually pre-wrapped snack sized chocolate – For Bingo Prizes!!
- Vinyl records, for our music cart
- *Take a look at our Amazon Wishlist & order right from Amazon:*
https://www.amazon.ca/hz/wishlist/ls/3HY45HMBVT89J?ref_=wl_share
– Thank you

Update:

Kind reminder that families are encouraged to bring any care-related questions or concerns directly to the nurse. Our care aides are often engaged in providing resident care and may not be immediately available to address concerns.

Thank you for your understanding and support.

Appreciation

Employee of the Month:
August – Marlo

