

Mountain Lake Seniors Community Life Enrichment Calendar ~ Long Term Care

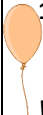
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Beachview Bingo 2:00 United Church 3:00 Threshold Singers	2 10:30 Bocce Ball 2:00 Parking Lot Performance: <i>Dallas Wolbaum!</i>	3 11:00 Music Therapy 2:00 Patio Performance: <i>Mountain Time Duo!</i> 6:00 Campfire Sing-along!	4 10:00 Art Therapy 1:30 Travelling Ice Cream Cart! 3:00 Casino Games	5
6	7 9:30 Garden Visits 2:00 Workshop <i>LABOUR DAY</i>	8 9:30 Beachview Bingo 1:00 Library Visit 2:00 Anglican Church	9 10:30 Bocce Ball <i>Falcon Ridge BBQ Lunch</i> 2:00 Patio Performance: <i>Kevin & Friends!</i>	10 11:00 Music Therapy 1:30 Performance by Thabi! 2:15 Alpine Music Therapy 3:00 Bingo	11  10:30 Kootenay Kids Preschool Visit 2:00 Birthday Social with The Jubilakers!	12 5pm-6pm Road Kings Poker Run and Car Parade!
13	14 9:30 Alpine Visits 11:00 Outing: <i>Lakeside Park</i> 2:00 Workshop	15 9:30 Beachview Bingo  2:00 Patio Performance: <i>Philip Seagram!</i>	16 10:30 Bocce Ball <i>Evergreen BBQ Lunch</i> 2:00 Hymn Sing with Joyful Sound	17 11:00 Music Therapy 1:30 Resident & Family Council Meeting 2:15 Alpine Music Therapy 3:00 Bingo	18 11:00 Celebration of Life Service 1:30 Armchair Travel: <i>Paris, France</i>  3:00 Rubber Ducky Races	19
20	21 9:30 Garden Visits <i>Lunch Club</i> 2:00 Workshop	22 9:30 Beachview Bingo 2:00 First Baptist Church <i>FIRST DAY OF FALL</i>	23 10:00 Singersize 11:45 Outing: <i>Baker Street Farmers Market</i>	24 11:00 Music Therapy 1:30 Reading & Reminiscing 2:15 Alpine Music Therapy 3:00 Bingo	25 10:30 Kootenay Kids Preschool Visit 1:30 Catholic Mass 3:00 Crossword Puzzle	26
27	28 9:30 Alpine Visits 11:00 Outing: <i>Granite Pointe Golf Course</i> 2:00 Workshop	29 9:30 Beachview Bingo 1:30 Gospel Songs with Sunday Best	30  10:30 Bocce Ball 2:00 YouTubing with Paola <i>NATIONAL DAY OF TRUTH AND RECONCILIATION</i>	September 2026		

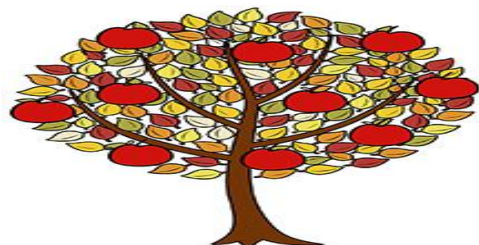
Happy Birthday to our Friends celebrating in September!

September 9th: Johnathon T, Trish P & Sid S
September 18th: Johanna H
September 22nd: Maureen P
September 24th: Jeanne M, Raven R, Sharon S
September 26th: Gail S
September 27th: Linda H



Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 11:00 Exercises 2:00 United Church 3:00 Threshold Singers	2 10:30 Bocce Ball 2:00 Parking Lot Performance: <i>Dallas Wolbaum!</i>	3 11:00 Exercises 1:00 Music Therapy 2:00 Patio Performance: <i>Mountain Time Duo!</i> 6:00 Campfire Sing-along!	4 10:00 Art Therapy ~RR 12:30 General Store 2:00 Happy Hour!	5
6	7 2:00 Workshop 2:45 Bingo <i>LABOUR DAY</i>	8 11:00 Exercises 1:00 Library Visit ~RR 2:00 Anglican Church	9 10:30 Bocce Ball 2:00 Patio Performance: <i>Kevin & Friends!</i>	10 11:00 Exercises 1:00 Music Therapy 1:30 Performance by Thabi! ~RR	11  10:30 Kootenay Kids Preschool Visit ~RR 2:00 Birthday Social With The Jubilakers!	12 5pm-6pm Road Kings Poker Run and Car Parade!
13	14 11:00 Resident & Family Council Meeting 2:00 Workshop 2:45 Bingo	15 11:00 Exercises  2:00 Patio Performance: Philip Seagram!	16 10:30 Bocce Ball 2:00 Hymn Sing with Joyful Sound ~RR	17 11:00 Exercises 1:00 Music Therapy	18 11:00 Celebration of Life Service 12:30 General Store 1:30 Armchair Travel: <i>Paris, France ~RR</i>	19
20	21 2:00 Workshop 2:45 Bingo	22 11:00 Exercises 2:00 First Baptist Church <i>FIRST DAY OF FALL</i>	23 11:45 Outing: <i>Baker Street Farmers Market</i>	24 11:00 Exercises 1:00 Music Therapy	25 10:30 Kootenay Kids Preschool Visit ~RR BBQ Lunch! 1:30 Catholic Mass 3:00 Ice Cream Social!	26
27	28 11:00 Outing: <i>Granite Pointe Golf Course</i> 2:00 Workshop 2:45 Bingo	29 11:00 Exercises 1:30 Gospel Songs with Sunday Best	30  10:30 Bocce Ball 2:00 YouTubing with Paola <i>NATIONAL DAY OF TRUTH AND RECONCILIATION</i>	September 2026		



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