

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Hilton Villa Seniors Community North		1 10:00 OLGC Sing along w/Mary-N1 10:30 OLGC Sing along w/Mary-N2 3:00 Room Visits	2 10:30 Resident & Family Council Meeting-F 1:45 Octaband 3:00 Junk Drawer Detective-N1 3:00 Creative Arts-N2	3 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 11:00 Room Visits 11:00 Therapeutic Nurturing 2:00 Birthday Social-N2 w/MV 3:45 Room Visits	4 10:15 Music w/Jeff-N1 10:15 Sing along-N2 11:00 Room Visits-N2 1:30 Walking Club 2:30 Music & popsicle-NP 3:45 Room Visits	5 10:15 Chair exercise & Balloon toss-N2 11:00 Room Visits-N2 2:30 Bingo-N1 3:45 Room Visits-N1
6 10:15 Catholic Communion 11:00 Room Visits-N2 2:30 Bingo-N2 3:45 Word Games	7 10:15 Chair exercise-N1 10:15 Chair exercise-N2 1:30 Walking Club 2:30 Music & popsicle-NP 3:30 Montessori-N1 3:30 Suny Stroll-N2 Labor Day	8 10:15 Garden Care 11:00 Sunny Stroll 3:00 Creative Arts-N1 3:00 Table Games-N2	9 10:15 Room Visits 12:00 Lunch Club-F w/Jared 3:00 Aromatherapy-N1 3:00 Manicure-N2	10 9:30 Scenic Drive 10:15 Music w/Jeff-N2 2:00 Ice-cream cart 3:00 Snoezelen	11 10:15 Music w/Jeff-N1 10:15 Sing along-N2 11:00 Kirtan Prayer 1:30 Walking Club 2:30 Music & popsicle-NP 3:45 Room Visits Rosh Hashanah Begins	12 10:15 Chair exercise & Balloon toss-N2 11:00 Therapeutic Nurturing-N2 2:30 Bingo-N1 3:45 Sunny Stroll-N1
13 10:15 Catholic Communion 11:00 Therapeutic Nurturing-N2 2:30 Piano Music on Grandparents Day-N2 3:15 Sing along-N1 Grandparents Day	14 10:15 Sing along 11:00 Room Visits 1:30 Walking Club 2:30 Word Games-N1 2:30 Bingo-N2	15 10:15 Men's Club 10:15 Ladies' Club 1:45 Movie 3:15 Room Visits	16 10:15 Garden Care 1:45 Ice-cream cart 3:00 Creative Arts-N1 3:00 Junk Drawer Detective-N2	17 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 1:45 Manicure-N1 1:45 Table Games-N2 3:15 Manicure-N2 3:15	18 10:15 Noodle & Balloon toss 11:00 Kirtan Prayer 1:30 Walking Club 2:30 Montessori-N1 2:30 Trivia-N2	19 10:15 Movie 2:30 Bingo-N1 3:45 Sunny Stroll-N1 Oktoberfest Begins
20 10:15 Catholic Communion 11:00 Kirtan Prayer 2:30 Bingo-N2 3:45 Armchair Travel\ Yom Kippur Begins	21 10:15 Chair exercise-N1 10:15 Chair exercise-N2 11:00 Conversation Corner-N2 1:30 Walking Club 2:30 Music & popsicle-NP 3:30 Montessori-N1 3:30 Aromatherapy-N2	22 10:15 Movie 3:00 Bingo-N1 3:00 Table Games-N2 4:00 Room Visits Autumn Begins	23 10:15 Garden Care 2:00 Rodeo Party-SB w/Shawn 3:45 Room Visits	24 10:15 Movie-N1 10:15 Music w/Jeff-N2 3:00 Basketball 4:00 Room Visits	25 10:15 Music w/Jeff-N1 10:15 Sing along-N2 11:00 Kirtan Prayer 1:30 Walking Club 2:30 Music & popsicle-NP 3:30 Word Games Sukkot Begins	26 10:15 Montessori-N2 2:30 Creative Arts-N1 3:45 Therapeutic Nurturing-N2
27 10:15 Catholic Communion 11:00 Kirtan Prayer 2:30 Bingo-N2 3:45 Room Visits	28 10:15 Chair exercise 11:00 Conversation Corner-N1 1:30 Fraser Health Resident Satisfaction Survey-N2 2:30 Fraser Health Resident Satisfaction Survey-N1	29 10:15 Garden Care 1:45 Ice-cream cart 3:00 Creative Arts	30 10:30 OLGC Mass-F 1:45 National Day For Truth and Reconciliation (Reminiscing Program) 3:00 Room Visits	 September 2026		

N1- 1st floor North Building.

N2 – 2nd floor North Building.

F-Family Room Basement North Building.

S1 – 1st floor South Building.

P- Patio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Hilton Villa Seniors Community South						
10:15 Catholic Communion 1:30 Walking Club 2:30 Karaoke 3:45 Room Visits 6	10:15 Chair exercise-S1 10:45 Chair exercise-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 3:45 Therapeutic Nurturing Labor Day 7	10:15 Helping Hands Décor. 10:15 Movie 2:00 Bowling 3:45 Room Visits 5:45 Manicure 8	10:15 Room Visits 12:00 Lunch Club-F 3:00 Aromatherapy 5:45 Trivia 9	10:15 Noodle & balloon toss 10:45 Noodle & balloon toss 2:00 Birthday Social-N2 w/MV 3:45 Sunny Stroll 10	11:30 Room Visits 2:30 Aromatherapy 3:30 Music w/Jeff-S2 5:45 Word Games Rosh Hashanah Begins 11	11:30 Room Visits 1:30 Walking Club 2:30 Bingo 5:45 Montessori 12
10:15 Catholic Communion 1:30 Walking Club 3:00 Piano Music on Grandparents Day-SB 3:45 Therapeutic Nurturing Grandparents Day 13	10:15 Chair exercise-S1 10:45 Chair exercise-S2 11:00 Conversation Corner 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 3:45 Kirtan Prayer 14	10:15 Montessori 1:45 Movie 3:30 Room Visits 5:45 Table Games 15	10:15 Char exercise-S1 10:45 Chair exercise-S2 1:45 Ice-cream cart 3:00 Octaband 5:45 Trivia 16	10:15 Noodle & Balloon toss 1:45 Basketball 3:00 Manicure 3:00 Junk Drawer Detective 5:45 Aromatherapy 17	11:30 Room Visits 2:30 Bingo 3:45 Kirtan Prayer 5:45 Garden Care 18	11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Word Games Oktoberfest Begins 19
10:15 Catholic Communion 1:30 Walking Club 2:30 Men's Club 3:45 Aromatherapy Yom Kippur Begins 20	10:15 Chair exercise-S1 10:45 Chair exercise-S2 2:30 Bingo 3:45 Therapeutic Nurturing 21	10:15 Movie 1:45 Ice-cream cart 3:00 Basketball Autumn Begins 22	10:15 Garden Care 2:00 Rodeo Party -SB w/Shawn 3:45 Room Visits 5:45 Trivia 23	10:15 Chair exercise-S1 10:45 Chair exercise-S2 3:00 Bowling 4:00 Room Visits 5:45 Manicure 24	11:30 Room Visits 2:30 Sensory room 3:30 Music w/Jeff-S2 5:45 Garden Care Sukkot Begins 25	11:30 Room Visits 1:30 Walking Club 2:30 Bingo 5:45 Montessori 26
10:15 Catholic Communion 1:30 Walking Club 2:30 Karaoke 3:45 Kirtan Prayer 27	10:15 Fraser Health Resident Satisfaction Survey 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 3:45 Kirtan Prayer 28	10:15 Garden Care 1:45 Ice-cream cart 3:00 Octaband 5:45 Junk Drawer Detective 29	10:30 OLG Mass-F 1:45 National Day For Truth and Reconciliation (Reminiscing Program) 3:00 Room Visits 30			

N1- 1st floor North Building.

N2 – 2nd floor North Building.

F-Family Room Basement North Building.

S1 – 1st floor South Building.

P- Patio

September Birthdays

Doris L – Sept 2
Carols R – Sept 2
Tracey E – Sept 3
Myung Ja K- Sept 6
Elena A – Sept 7
Abdul M – Sept 8
Vivienne S– Sept 17
Goran M – Sept 17
Lajos N- Sept 24
Diane M- Sept 25
Robert T- Sept 29

Welcome New Residents

Joseph S.
Candace W.



Hilton Villa Seniors Community

September 2026

Celebrating September

OLGC Sing Along
September 1st 10:00 a.m.

Resident & Family Council Meeting
September 2nd 10:30 a.m.

Birthday Social
September 3rd 2:00 p.m.

Lunch Club
September 9th 12:00 p.m.

Scenic Drive
September 10th 9:30 a.m.

Rodeo Party
September 23rd 2:00 p.m.

OLGC Mass
September 30th 10:30 a.m.

National Day for Truth & Reconciliation
September 30th 1:45 p.m.

Our Mission: Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision: At Park Place Seniors Living, we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity, respect and empathy.

Our Values: Together we STRIVE for Excellence.

August Moments



A Message from The Director of Care/Site Leader

As we move into September, it is important to be mindful of the respiratory and flu season. Here are some key updates and reminders to help keep everyone safe and healthy during this time. With the colder months, respiratory illnesses like the flu and other viruses tend to spread more easily. This is a crucial time for our residents who are at higher risk of complications.

To safeguard everyone's health, we strongly encourage our staff to get their vaccinations. Our residents, with their consent and/or family's consent have been vaccinated earlier last month. Vaccinations are one of the most effective ways to present the spread of respiratory infections and reduce severe illness. We are also keeping an eye on any updates regarding regrading public health guidance. We remain in close contact with our health authority to stay informed about any potential updates. We will communicate changes that may impact on our home or visitor guidelines immediately. Now more than ever, it's essential that we all remain vigilant in following Infection Prevention and Control (IPAC) practices. This includes:

- Frequent handwashing or using hand sanitizer.
- Wearing masks where appropriate.
- Covering your mouth and nose when coughing or sneezing.
- Staying home if you feel unwell to prevent the spread of illness.

We are committed to maintaining a safe and healthy environment and doing everything we can to minimize the risk of infection.

Thank you for your continued cooperation and dedication to keeping our care community healthy.

We are also excited to offer families and residents another convenient way to top up their Comfort/Trust Account. In addition to cash, cheques, and account debits, funds can now be added by e-Transfer.

To top up your account by e-Transfer, please send your payment to: trust.hiltonvilla@ppsl.com

To help ensure that funds are always available for personal purchases and expenses, we kindly ask that you maintain a minimum positive balance of \$250.00 in your Comfort/Trust Account.

Thank you for your continued support and cooperation. Together, we can help keep our care community safe, healthy, and well supported throughout the coming months.

Regards,

Joann Paler
Site Leader/Director of Care
Email: jpaler@ppsl.com Phone: 604-588-3424 Ext. 109



Conversation Corner hosted by our social worker, is an extra opportunity for residents to exercise their social and conversation skills in a group setting! Conversation Corner runs once a month for each unit on Mondays at 11am in the dining room.



Resident & Family Council Meeting

Staff Contact Info: PH: 604-588-3424

Marilou: Care Manager Ext. 110	North 1 Nurse Ext. 201
Lady Joan: Care Manager Ext. 115	North 2 Nurse Ext. 205
Caitlyn: Dietitian Ext. 102	North 3 Nurse Ext. 210
Kelly: Support Services Manager Ext.107	South A/B Nurse Ext.214
Renu/Sana: Social Worker Ext. 105	South C/D Nurst Ext. 220
Komal: Recreation Manager Ext. 106	



Thank You
to CDI
Students



Housekeeping
& Maintenance
Services Team

Are you an Indian-origin family caregiver for someone living with dementia (memory loss)?

This UBC study, titled *Caring Across Cultures: Indian-Origin Caregivers of People Living with Dementia in Canada*, aims to understand how caregivers of Indian-origin balance family values, culture, and caregiving roles while living in Canada. Which can help improve culturally responsive dementia support for Indian-origin families in Canada.

Eligibility :

We are looking for people who:

- Are of Indian origin
- Are 18 years of age or older
- Caring/cared for a family member with dementia (memory loss) for more than 6 months in last 4 years.
- Live in the British Columbia
- Are comfortable communicating in english.



As a participant you will:

1. Complete a brief demographic survey.
2. Take part in a individual interview (Online or in-person) (90 minutes)
3. Optionally join a group conversation with other caregivers. (90 minutes)
4. Share your story in a safe, flexible, and respectful space.

Participants will receive a honorarium in appreciation for their time.

For more information, contact, Navaneetha Ravichandran

Email: navrav13@student.ubc.ca

Phone: 778-848-2689

This study is led by principal investigator Dr. Julia Henderson (julia.henderson@ubc.ca)

Ethics ID: H25-02481
V3.1 June 12, 2026



THE UNIVERSITY
OF BRITISH COLUMBIA



Please note that if you like, follow, or comment on this post, the public can see this and might associate you with this study

What's New

Department Updates: Our last scenic drive is on September 10th. Volunteer Appreciation Tea Party is on Tuesday Sept 15th. Fraser Health Resident Satisfaction Survey is held on September 28th.

Staff Education: Dr Nanda Dementia Education, Infection Prevention and Control Practice/Hand Hygiene, Emergency Preparedness and Pandemic Preparedness.

New Staff: Lakhvinder P. (Multi Service Worker)

Staff Recognition: Yolly & Surinder (care staff in South) are recognized by their residents for going above and beyond.

Monthly Recognition: Housekeeping & Maintenance Services Week/ World Alzheimer's Month/ National Day of Reconciliation (Sept 30).

Monthly Education

Emergency Response Code: Purple: Hostage/Weapons (Poster located on information Board).

Park Place Seniors Living Brochure:

- #2 Handwashing Practice #3 Flu or cold? #14 Infection Prevention and Control

June: Hand Hygiene Audit: 100% PPE Donning & Doffing: 93% Nosocomial Infection Report – RI 0% UTI 1.3%

Volunteer Opportunities

Are you passionate about spending time with Seniors and giving back to the community? Hilton Villa is seeking enthusiastic volunteers to join our team! If you or someone you know would love to make a difference, please reach out to:

Mong, Recreation Team Lead. Email: janevit@excelcarenursingservices.ca