

| Sunday                                                                                                                                                 | Monday                                                                                                                                                            | Tuesday                                                                                                            | Wednesday                                                                                                      | Thursday                                                                                                                       | Friday                                                                                                                                                            | Saturday                                                                                               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
|  <h1>August 2026</h1> <h2>Hilton Villa Seniors Community – North</h2> |                                                                                                                                                                   |                                                                                                                    |                                                                                                                |                                                                                                                                |                                                                                                                                                                   | <b>1</b><br>10:15 Movie-N2<br>11:00 Room Visits<br>2:30 Bingo-N1<br>3:45 Sunny Stroll-N1               |
| <b>2</b><br>10:15 Catholic Communion<br>11:00 Room Visits<br>2:30 Karaoke<br>3:45 Kirtan Prayer                                                        | <b>3</b><br>10:15 Chair exercise-N1<br>11:00 Conversation Corner-N1<br>10:15 Balloon toss-N2<br>1:30 Walking Club<br>2:30 Music & popsicle-NP<br>3:30 Room Visits | <b>4</b><br>10:00 OLGC Sing along w/Mary-N1<br>10:30 OLGC Sing along w/Mary-N2<br>3:00 Octaband                    | <b>5</b><br>10:30 Garden Care<br>1:45 Bowling<br>3:00 Trivia-N1<br>3:00 Word Games-N2                          | <b>6</b><br>10:15 Chair exercise-N1<br>10:15 Music w/Jeff-N2<br>1:45 Basketball<br>3:00 Armchair Travel                        | <b>7</b><br>10:15 Music w/Jeff-N1<br>10:15 Sing along-N2<br>11:00 Room Visits<br>1:30 Walking Club<br>2:30 Music & popsicle at North Patio<br>3:30 Room Visits    | <b>8</b><br>10:15 Chair exercise & Balloon toss-N2<br>11:00 Room Visits<br>2:30 Bingo-N1<br>3:45 Movie |
| <b>9</b><br>10:15 Catholic Communion<br>11:00 Movie<br>2:30 Bingo<br>3:45 Room Visits                                                                  | <b>10</b><br>10:15 Movie-N1<br>10:15 Balloon toss-N2<br>11:00 Room Visits<br>1:30 Walking Club<br>2:30 Music & popsicle at North Patio<br>3:00 Room Visits        | <b>11</b><br>10:15 Garden Care North Patio<br>2:30 Music with Elvis-NP<br>3:45 Room Visits                         | <b>12</b><br>10:30 Resident & Family Council Meeting-F<br>2:00 Birthday Social-N2 w/Shawn<br>3:30 Room Visits  | <b>13</b><br>09:30 Scenic Drive<br>10:15 Music w/Jeff-N2<br>2:00 Celebration of Life – N1<br>3:30 Room Visits                  | <b>14</b><br>10:15 Music w/Jeff-N1<br>10:15 Sing along-N2<br>11:00 Room Visits<br>1:30 Walking Club<br>2:30 Music & popsicle at North Patio<br>3:30 Room Visits   | <b>15</b><br>08:00 Room Visits<br>10:15 Balloon toss-N2<br>10:45 Movie<br>2:30 Bingo-N1<br>3:45 Movie  |
| <b>16</b><br>10:15 Catholic Communion<br>11:00 Room Visits<br>2:30 Karaoke<br>3:45 Kirtan Prayer                                                       | <b>17</b><br>10:15 Montessori<br>1:30 Walking Club<br>2:30 Music & popsicle at North Patio<br>3:30 Kirtan Prayer                                                  | <b>18</b><br>10:15 Helping hands Décor.<br>10:15 Creative Arts<br>2:00 Hawaiian Party-SP w/MV.<br>3:30 Room visits | <b>19</b><br>10:15 Movie<br>10:15 Montessori-N1<br>10:15 Manicure-N2<br>2:00 Creative Arts<br>3:00 Room Visits | <b>20</b><br>10:15 Music w/Jeff-N2<br>12:00 Lunch Club-F w/Jared<br>2:00 Manicure-N1<br>2:00 Montessori-N2<br>3:00 Snoezelen-F | <b>21</b><br>10:15 Music w/Jeff-N1<br>10:15 Sing along-N2<br>11:00 Kirtan Prayer<br>1:30 Walking Club<br>2:30 Music & popsicle at North Patio<br>3:30 Room Visits | <b>22</b><br>10:15 Balloon toss-N2<br>11:00 Room Visits<br>2:30 Bingo-N1                               |
| <b>23</b><br>10:15 Catholic Communion<br>11:00 Room Visits<br>2:30 Bingo<br>3:45 Therapeutic Nurturing                                                 | <b>24</b><br>10:15 Chair exercise-N1<br>10:15 Balloon toss-N2<br>1:30 Walking Club<br>2:30 Music & popsicle at North Patio<br>3:30 Kirtan Prayer                  | <b>25</b><br>10:15 Garden Care<br>2:00 Movie<br>3:00 Junk Drawer Detective-N1<br>3:00 Word Gams-N2                 | <b>26</b><br>10:30 OLGC Mass-F<br>1:45 Ice-cream cart<br>3:15 Men's club<br>3:15 Ladies' club                  | <b>27</b><br>10:15 Movie-N1<br>10:15 Music w/Jeff-N2<br>3:00 Word Games-N1<br>3:00 Table Games-N2                              | <b>28</b><br>10:15 Music w/Jeff-N1<br>10:15 Sing along-N2<br>11:00 Trivia<br>1:30 Walking Club<br>2:30 Music & popsicle at North Patio<br>3:30 Room Visits        | <b>29</b><br>10:15 Movie<br>11:00 Room Visits-N2<br>2:30 Bingo-N1<br>3:45 Room Visits-N1               |
| <b>30</b><br>10:15 Catholic Communion<br>11:00 Room Visits<br>2:30 Sing along-N2<br>3:45 Kirtan Prayer                                                 | <b>31</b><br>10:15 Movie<br>11:00 Conversation Corner-N2<br>1:30 Walking Club<br>2:30 Music & popsicle-NP<br>3:00 Room Visits                                     |                                |                                                                                                                |                                                                                                                                |                                                                                                                                                                   |                                                                                                        |

N1-1<sup>st</sup>. floor North Building.

N2-2<sup>nd</sup> floor North Building.

F-Family Room Basement North Building.

S1-1<sup>st</sup> floor South Building.

P- Patio.

S2-2<sup>nd</sup> floor South Building.

| Sunday                                                                                                                                                 | Monday                                                                                                                 | Tuesday                                                                                                                              | Wednesday                                                                                                                                                              | Thursday                                                                                                                           | Friday                                                                                                                       | Saturday                                                                                                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <h1>August 2026</h1> <h2>Hilton Villa Seniors Community – South</h2> |                                                                                                                        |                                                                                                                                      |                                                                                                                                                                        |                                                                                                                                    |                                                                                                                              |  <p>11:30 Room Visits-S1<br/>1:30 Walking Club<br/>2:30 Creative Arts<br/>3:45 Sunny Stroll<br/>5:45 Room Visits-S2</p> |
| <p>2</p> <p>10:15 Catholic Communion<br/>11:00 Room Visits-S1<br/>1:30 Walking Club<br/>2:30 Bingo<br/>3:45 Room Visits-S2</p>                         | <p>3</p> <p>10:15 Chair exercise-S1<br/>10:45 Chair exercise-S2<br/>2:30 Music w/Jeff-S2<br/>3:00 Music w/Jeff-S1</p>  | <p>4</p> <p>10:15 Noodle &amp; Balloon Toss-S1<br/>10:45 Noodle &amp; Balloon Toss-S2<br/>3:00 Bowling<br/>5:45 Garden Care</p>      | <p>5</p> <p>10:30 Garden Care<br/>1:45 Octaband<br/>3:00 Ladies' Club<br/>5:45 Word Games</p>                                                                          | <p>6</p> <p>10:15 Chair exercise-S1<br/>10:45 Chair exercise-S2<br/>1:45 Basketball<br/>3:00 Aromatherapy<br/>5:45 Table Games</p> | <p>7</p> <p>11:30 Room Visits<br/>2:30 Music w/Jeff-S1<br/>3:30 Room Visits<br/>5:45 Trivia</p>                              | <p>8</p> <p>11:30 Room Visits<br/>1:30 Walking Club<br/>2:30 Table Games<br/>3:45 Sunny Stroll<br/>5:45 Movie</p>                                                                                          |
| <p>9</p> <p>10:15 Catholic Communion<br/>11:00 Room Visits<br/>1:30 Walking Club<br/>2:30 Karaoke<br/>3:45 Movie</p>                                   | <p>10</p> <p>10:15 Chair exercise-S1<br/>10:45 Chair exercise-S2<br/>2:30 Music w/Jeff-S2<br/>3:00 Music w/Jeff-S1</p> | <p>11</p> <p>10:00 OLGc Sing along w/Mary-SB<br/>2:30 Music with Elvis-NP<br/>3:45 Room Visits</p>                                   | <p>12</p> <p>10:30 Resident &amp; Family Council Meeting-F<br/>10:30 Kirtan Prayer<br/>2:00 Birthday Social-N2 w/Shawn<br/>3:30 Kirtan Prayer<br/>5:45 Garden Care</p> | <p>13</p> <p>09:30 Scenic Drive<br/>10:30 Manicure<br/>2:00 Celebration of Life – N1<br/>3:30 Room Visits</p>                      | <p>14</p> <p>11:30 Room Visits<br/>2:30 Music w/Jeff-S2<br/>3:30 Movie<br/>5:45 Word Games</p>                               | <p>15</p> <p>09:00 Movie<br/>10:15 Bingo<br/>1:30 Walking Club<br/>2:30 Aromatherapy</p>                                                                                                                   |
| <p>16</p> <p>10:15 Catholic Communion<br/>11:00 Room Visits<br/>1:30 Walking Club<br/>2:30 Montessori<br/>3:45 Kirtan Prayer</p>                       | <p>17</p> <p>10:15 Manicure<br/>11:00 Conversation Corner-SB<br/>2:30 Music w/Jeff-S2<br/>3:00 Music w/Jeff-S1</p>     | <p>18</p> <p>10:15 Kirtan Prayer<br/>2:00 Hawaiian Party-SP w/MV.<br/>3:30 Room visits<br/>5:45 Garden Care</p>                      | <p>19</p> <p>10:15 Movie<br/>10:15 Manicure<br/>2:00 Creative Arts<br/>3:00 Room Visits</p>                                                                            | <p>20</p> <p>10:15 Kirtan Prayer<br/>12:00 Lunch Club-F w/Jared<br/>2:00 Montessori<br/>3:00 Snoezelen-F</p>                       | <p>21</p> <p>11:30 Room Visits-S1<br/>2:30 Music w/Jeff-S1<br/>3:30 Sunny Stroll<br/>5:45 Table Games</p>                    | <p>22</p> <p>11:30 Room Visits<br/>1:30 Walking Club<br/>2:30 Bingo<br/>5:45 Aromatherapy</p>                                                                                                              |
| <p>23</p> <p>10:15 Catholic Communion<br/>1:30 Walking Club<br/>2:30 Room Visits<br/>3:45 Therapeutic Nurturing</p>                                    | <p>24</p> <p>10:15 Men's Club<br/>11:00 Therapeutic Nurturing<br/>2:30 Music w/Jeff-S2<br/>3:00 Music w/Jeff-S1</p>    | <p>25</p> <p>10:15 Noodle &amp; Balloon Toss-S1<br/>10:45 Noodle &amp; Balloon Toss-S2<br/>3:00 Table Games<br/>5:45 Garden Care</p> | <p>26</p> <p>10:30 OLGc Mass-F<br/>1:45 Ice-cream cart<br/>3:15 Octaband</p>                                                                                           | <p>27</p> <p>10:15 Creative Arts<br/>3:00 Basketball<br/>5:45 Aromatherapy</p>                                                     | <p>28</p> <p>11:30 Room Visits<br/>1:30 Walking Club<br/>2:30 Music w/Jeff-S2<br/>3:30 Sunny Stroll<br/>5:45 Table Games</p> | <p>29</p> <p>11:30 Room Visits<br/>2:30 Word Games<br/>3:45 Therapeutic Nurturing<br/>5:45 Trivia</p>                                                                                                      |
| <p>30</p> <p>10:15 Catholic Communion<br/>1:30 Walking Club<br/>3:00 Montessori</p>                                                                    | <p>31</p> <p>10:15 Movie<br/>2:30 Music w/Jeff-S2<br/>3:00 Music w/Jeff-S1<br/>4:00 Room Visits</p>                    |                                                  |                                                                                                                                                                        |                                                                                                                                    |                                                                                                                              |                                                                                                                                                                                                            |

N1-1<sup>st</sup>. floor North Building.

N2-2<sup>nd</sup> floor North Building.

F-Family Room Basement North Building.

S1-1<sup>st</sup> floor South Building.

P- Patio.

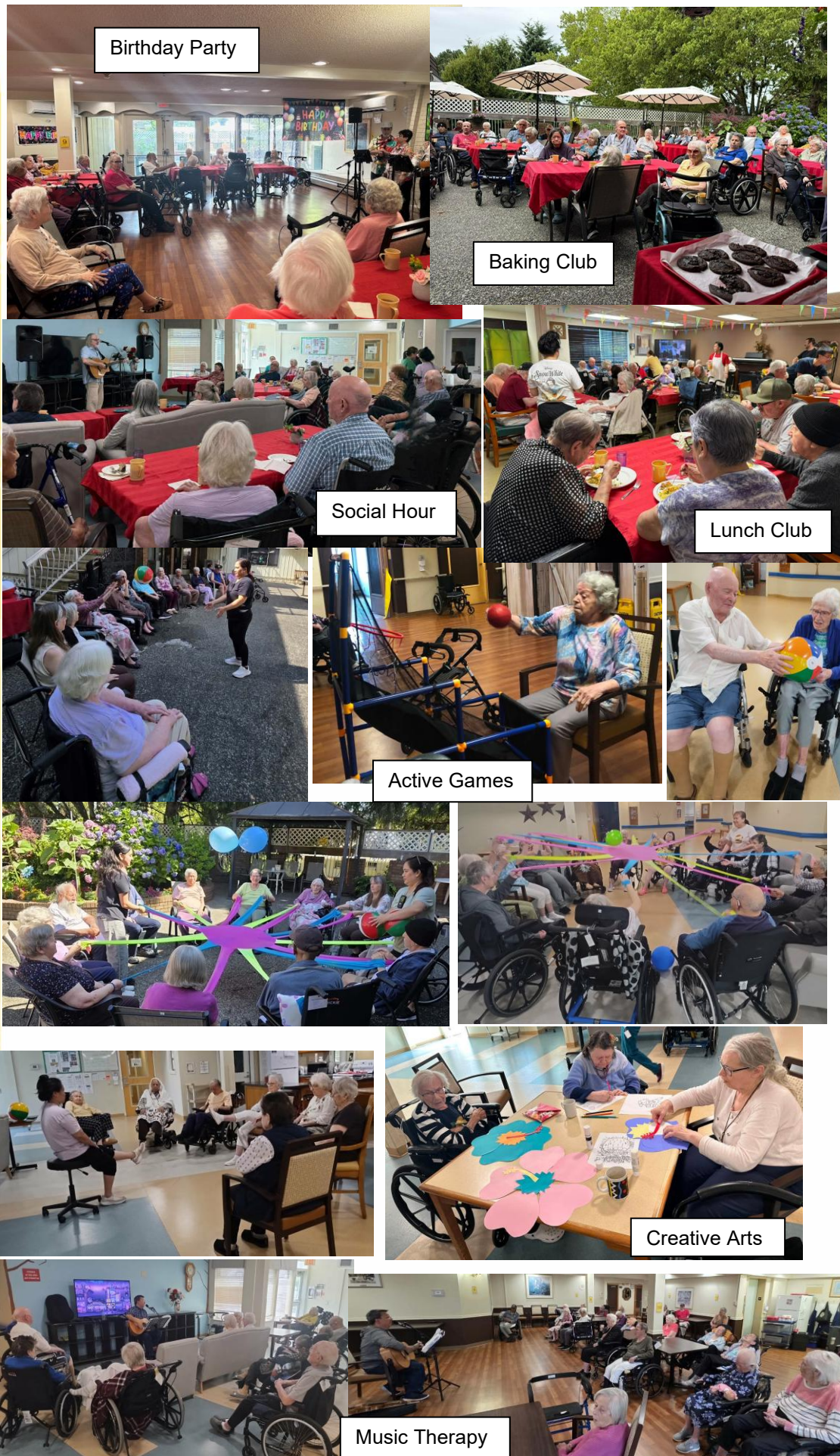
S2-2<sup>nd</sup> floor South Building.

## August Birthdays

Colette C – Aug 3  
Kam C – Aug 3  
Milena Z – Aug 4  
PritPal B- Aug 5  
Dianna P – Aug 11  
Sadhu J – Aug 18  
Gay H – Aug 20  
Shab H – Aug 21  
Walter V- Aug 22  
Arlene C- Aug 29

## Welcome New Residents

Abdul M.  
Diane M.  
Margaret L.



# Hilton Villa Seniors Community

August 2026

## Celebrating August

**Music with Elvis**  
August 11<sup>th</sup> 2:30 p.m.

**Resident & Family Council Meeting**  
August 12<sup>th</sup> 10:30 a.m.

**Birthday Social**  
August 12<sup>th</sup> 2:00 p.m.

**Scenic Drive**  
August 13<sup>th</sup> 9:30 a.m.

**Celebration of Life**  
August 13<sup>th</sup> 2:00 p.m.

**Hawaiian Party**  
August 18<sup>th</sup> 2:00 p.m.

**Lunch Club**  
August 20<sup>th</sup> 12:00 p.m.

**OLGC Mass**  
August 26<sup>th</sup> 10:30 a.m.

Our Mission: Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision: At Park Place Seniors Living, we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity, respect and empathy.

Our Values: Together we STRIVE for Excellence.

## July Moments



**A Message from The Director of Care/Site Leader**

As we welcome August, I'd like to share a few exciting updates from Hilton Villa.

I'm happy to let you know that we have completed the renovation of two resident rooms on North 2. It's always rewarding to see these improvements come to life, creating brighter and more comfortable spaces for our residents to enjoy. This is just the beginning, as we have additional resident room renovations planned in the coming months as part of our ongoing commitment to enhancing our home.

Another exciting project now underway is the upgrade of our security camera system. Throughout August, additional cameras will be installed in our public areas to help improve monitoring and support the safety and security of our residents, families, staff, and visitors. While we hope they're rarely needed, having this enhanced system in place gives us another valuable tool to help keep our community safe.

Thank you for your continued support, patience, and partnership as we make these improvements. Every project, big or small, reflects our commitment to making Hilton Villa a safe, comfortable, and welcoming place. We look forward to sharing more updates with you as our work continues.

Regards,

Joann Paler  
Site Leader/Director of Care  
Email: [jpaler@ppsl.com](mailto:jpaler@ppsl.com) Phone: 604-588-3424 Ext. 109



Spiritual Programs



**Staff Contact Info: PH: 604-588-3424**

|                                         |                          |
|-----------------------------------------|--------------------------|
| Marilou: Care Manager Ext. 110          | North 1 Nurse Ext. 201   |
| Lady Joan: Care Manager Ext. 115        | North 2 Nurse Ext. 205   |
| Caitlyn: Dietitian Ext. 102             | North 3 Nurse Ext. 210   |
| Kelly: Support Services Manager Ext.107 | South A/B Nurse Ext.214  |
| Renu/Sana: Social Worker Ext. 105       | South C/D Nurst Ext. 220 |
| Komal: Recreation Manager Ext. 106      |                          |



Scenic Bus Drive

Patio Relaxation & Ice-Cream

**What's New**

**Department Updates:** CDI students will join recreation from August 10-21.  
**Conversation Corner-** facilitated by our social worker, is an extra opportunity for residents to exercise their social and conversation skills in a group setting! Conversation Corner runs once a month for each unit on Mondays at 11am in the dining room.  
**Staff Education:** Safe Lifts & Transfers, No Lift Policy, Least Restraint, Fall Prevention & Management  
**New Staff:** Support Services: Shyla, HCA: Airavele, Khariz, Dina, FreaH  
**Monthly Recognition:** Civic Holiday

**Monthly Education**

**Emergency Response Code:** Silver: Active Assailant (Poster located on information Board).  
**Park Place Seniors Living Brochure:**

- #5 Finding Balance: Falls Management #17 Hip Protectors are on Your Side #19 Least Restraint #34 Bed Rail Safety

May: Hand Hygiene Audit: 100% PPE Donning & Doffing: 92.3% Nosocomial Infection Report – RI 1.9% UTI 0.6%

**Volunteer Opportunities**

Are you passionate about spending time with Seniors and giving back to the community? Hilton Villa is seeking enthusiastic volunteers to join our team! If you or someone you know would love to make a difference, please reach out to: **Mong, Recreation Team Lead. Email: [janevit@excelcarenursingservices.ca](mailto:janevit@excelcarenursingservices.ca)**