

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

Sprucewood Place

July 2026 Sprucewood Place			 Canada Day	6:30pm Bingo (DR) 8:00pm Karaoke (DR)		
	10:00am Spiritual Reflections (104) 1:30pm Karaoke (DR) 2:30pm Bingo (DR)	11:00am Word Search (DR) 1:30pm Singalong (DR) 2:30pm Yahtzee (301)	10:00am Virtual Catholic Mass (DR) 1:30pm Fun & Fitness (201) 2:30pm Music Appreciation (DR)	10:30am Manicures (301) 6:30pm Bingo (DR) 8:00pm Dice Games (DR)	11:00am Bible Readings (104) 2:00pm Milestones (DR) 	
	10:00am Devotions (104) 1:30pm Craft (301) 2:30pm Bingo (DR)	11:30am BBQ Lunch Group (104) 1:30pm Outdoor Walk (O) 2:30pm Music Appreciation (DR) Bastille Day	10:00am Non-Denominational Church (DR) 1:15 pm Karaoke (DR)  2:30pm Your Voice Home Quality Resident Council Meeting (DR)	11:00am Meditative Colouring (104) 1:30pm Fun & Fitness (201) 2:30pm Singalong (DR) 6:30pm Bingo (DR) 8:00pm Humour Group (L)	2:00pm Ice Cream Social (DR) 	
	10:00am Bible Readings (104) 1:30pm Singalong (DR) 2:30pm Bingo (DR)	10:00am Fun & Fitness (201) 11:00am Meditative Colouring (104) 	10:00am Virtual Catholic Mass (DR) 1:15pm Recreation Focus Group (DR) 2:30pm Music Appreciation (DR)	10:00am Outdoor Walk (O) 11:00am Water Colour Painting (301)	1:30pm Karaoke (DR) 2:30pm Bingo (DR)	
	10:00am Spiritual Reflections (104) 11:00am Word Search (DR) 2:00pm Summer Sizzler (DR) 4:00pm 1-1 visits	10:00am Devotions (104) 11:00am Outdoor Walk (O) 1:30pm Singalong (DR) 3:00pm Bingo (DR)	10:00am Non-Denominational Church (DR) 11:00am Fun & Fitness (201) 1:30pm Tuck Shop (DR) 1:30pm Jewelry Making (301) 2:30pm Music Appreciation (DR) 3:30pm Craft (301)	10:00am 1-1 visits 11:00am Manicures (301) 1:30pm Karaoke (DR) 3:00pm Bingo (DR)	 Legend L – Lobby DR – Dining Room O – Outside 104, 201, 301 - Rooms Meal Times First Seating Breakfast: 8:15-8:55 Lunch: 11:45-12:25 Supper: 4:45-5:25 Second Seating Breakfast: 9:05-9:45 Lunch: 12:35-1:15 Dinner: 5:35-6:15	

Programs are subject to change, please see whiteboards for daily activities.