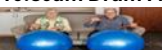


| River Ridge Seniors Village, Supportive Living                                                                                         |                                                                                                                                                                             |                                                                                                                                                                                                                                    | AUGUST 2026                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                 | Activities May Change due to Staffing or Unforeseen.                                                                                                                                                                                                               |                                                                                                                                                                        |
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|                                                                                                                                        | Monday                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                 | Thursday                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                             | Saturday                                                                                                                                                               |
|                                                                                                                                        |                                                                                            |                                                                                                                                                                                                                                    |                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                    | 1, 1:00pm<br>Afternoon Movie –<br>Andre Rieu Falling in<br>Love<br><b>1:30pm Pool Game</b>                                                                             |
| Reminder<br>-Monday, August 3 <sup>rd</sup><br>is a Statutory<br>Holiday so NO<br>PROGRAMS                                             | 3,<br><br><b>STAT Holiday</b>                                                                                                                                               | 4,<br>10:30am Chair Yoga in<br>Theatre<br>10:30am Undecorating<br>1:30pm Undecorating<br>3:30pm Resident Social<br>                               | 5,<br>9:00am Cardio Exercises in GR<br>10:30am Decorating<br>1:30pm Nerf Target Practice<br>3:30pm Slide Card Bingo<br><b>6:30pm Live Entertainment –<br/>Rodi &amp; The Guys</b>                                         | 6,<br>10:30am Walks Outside<br>1:30pm Decorating<br>3:30pm Slide Card Bingo<br>                                                                                              | 7,<br>10:30am Tai Chi in Theatre<br>10:30am Decorating<br>1:30pm Decorating<br>3:30pm Resident Social<br>                                                                       | 8, 1:00pm<br>Afternoon Movie –<br>The Sound of Music<br><b>1:30pm Card Game</b><br> |
| Reminder<br>-August 12 <sup>th</sup> @<br>1:30pm is Disco<br>Party Social with<br>Mark Flannigan<br>Music                              | 10,<br>9:00am Cardio Exercises in<br>GR<br>10:30am Cubii Exercises in<br>Theatre<br>1:15pm Elvis Concert DVD<br>in GR<br>3:30pm Slide Card Bingo                            | 11,<br>10:30am Chair Yoga in<br>Theatre<br>1:30pm A Stich in Time<br>(Knitting & Crocheting) with<br>Cookie Tasting<br>3:30pm Resident Social<br> | 12,<br>9:00am Cardio Exercises in GR<br>10:30am Decorating<br><b>1:30pm Disco Party Social –<br/>Mark Flannigan Music</b>                                                                                                 | 13,<br>10:30am Drum Fit in Theatre<br><br>1:30pm Nail Care<br>3:30pm Slide Card Bingo<br> | 14, <b>Flo's Bakesale</b><br>10:30am Tai Chi in Theatre<br>10:30am Horse Race Game<br>in GR<br><b>1:30pm Live Entertainment –<br/>Rough Draft</b><br>3:30pm Resident Social<br> | 15, 1:00pm<br>Afternoon Movie –<br>Elvis Movie<br><b>1:30pm Pool Game</b><br>       |
| Reminder<br>-August 14 <sup>th</sup> is Flo's<br>Bakesale in Bistro<br>-August 18 <sup>th</sup> Rolled<br>Ice Cream Truck is<br>coming | 17,<br>9:00am Cardio Exercises in<br>GR<br>10:30am Memorial Service<br>Prep<br>1:30pm ABBA Concert DVD in<br>Theatre<br>3:30pm Slide Card Bingo                             | 18,<br>10:30am Chair Yoga in<br>Theatre<br><b>10:30am-2:30pm Rolled Ice<br/>Cream Truck</b><br>3:30pm Resident Social                                                                                                              | 19,<br>9:00am Cardio Exercises in GR<br>10:30am Memorial Service<br>Preparation<br>10:30am Resident & Family<br>Council Meeting in GR<br>1:30pm Armchair Travel in<br>Theatre<br>3:30pm Slide Card Bingo                  | 20,<br>10:30am Drum Fit in Theatre<br><br><b>1:30pm Smares Campfire<br/>Social – Wally Garrioch<br/>Outside GR</b>                                                           | 21,<br>10:30am Tai Chi in Theatre<br>10:30am Undecorating<br><b>1:30pm Live Entertainment –<br/>Phil Marleau</b><br>3:30pm Resident Social<br>                                 | 22, 1:00pm<br>Afternoon Movie –<br>Kindergarten Cop<br><b>1:30pm Card Game</b><br> |
| Reminder<br>-August 20 <sup>th</sup> @ 1:30<br>is Smares Campfire<br>Social with Wally                                                 | 24,<br>9:00am Cardio Exercises in<br>GR<br><b>10:30am – 2:30pm Medicine<br/>Hat Mall Bus Outing</b><br>3:30pm Undecorating                                                  | 25,<br>10:30am Chair Yoga in<br>Theatre<br>10:30am Memorial Service<br>Preparation<br>1:30pm Connect Four Ball<br>Toss in GR<br>3:30pm Resident Social                                                                             | 26,<br>9:00am Cardio Exercises in<br>GR<br>10:30am Drum Fit in Theatre<br><br><b>1:30pm Birthday Social with<br/>Triple Shot Band</b> | 27,<br>10:30am Memorial Service<br>Prep<br>1:00pm Movie and Popcorn<br>in GR – “Uncle Buck”<br>3:30pm Slide Card Bingo<br>                                                 | 28,<br>10:30am Tai Chi in Theatre<br>10:30am Memorial Service<br>Preparation<br><b>1:30pm Live Entertainment<br/>– Russell Scherer</b><br>3:30pm Resident Social                                                                                                   | 29, 1:00pm<br>Afternoon Movie –<br>Mona Lisa Smile<br><b>1:30pm Pool Game</b><br> |
| Reminder<br>-August 24 <sup>th</sup> is<br>Medicine Hat Mall<br>Bus Outing                                                             | 31, <b>Deliver Calendars</b><br>9:00am Cardio Exercises in<br>GR<br>10:30am Recreation Meeting-<br>Staff Only in Theatre<br>1:00pm Clean up Time<br>3:30pm Slide Card Bingo |                                                                                                                                                                                                                                    |                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                    |                                                                                                                                                                        |

| River Ridge Seniors Village, Long Term Care                                                                                   |                                                                                                                                      | AUGUST 2026                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                    | Activities May Change due to Staffing or Unforeseen.                                                                                                                                                                                        |                                                                                                                                                                                                                        |                                                                                                                    |
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|                                                                                                                               | Monday                                                                                                                               | Tuesday                                                                                                                                                                                                           | Wednesday                                                                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                 | Saturday                                                                                                           |
|                                                                                                                               |                                                     |                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                             |                                                                                                                                                                                                                        | 1, 1:30pm One on One Visits                                                                                        |
| Reminder<br>-Monday, August 3 <sup>rd</sup> is a Statutory Holiday so NO PROGRAMS                                             | 3,<br><b>STAT Holiday</b>                                                                                                            | 4,<br>10:30am Undecorating<br>1:30pm Undecorating<br>3:30pm Resident Social<br>                                                  | 5,<br>10:30am Decorating<br>1:30pm Nerf Target Practice<br>3:30pm Slide Card Bingo<br><br>6:30pm Live Entertainment – Rodi & The Guys                                            | 6,<br>10:30am Artistic Art<br>1:30pm Decorating<br>3:30pm Slide Card Bingo<br>                                                                           | 7,<br>10:30am Decorating<br>1:30pm Decorating<br>3:30pm Resident Social<br>                                                         | 8, 1:30pm One on One Visits                                                                                        |
| Reminder<br>-August 12 <sup>th</sup> @ 1:30pm is Disco Party Social with Mark Flannigan Music                                 | 10,<br>11:15am Cubii Exercises in Theatre<br>1:15pm Elvis Concert DVD in GR<br>3:30pm Slide Card Bingo                               | 11,<br>10:30am Walks Outside<br>1:30pm A Stich in Time (Knitting & Crocheting) with Cookie Tasting<br>3:30pm Resident Social<br> | 12,<br>10:30am Decorating<br>1:30pm Disco Party Social – Mark Flannigan Music                                                                                                                                                                                      | 13,<br>11:15am Drum Fit in Theatre<br><br>3:30pm Slide Card Bingo<br> | 14, <b>Flo's Bakesale</b><br>10:30am Horse Race Game in GR<br>1:30pm Live Entertainment - Rough Draft<br>3:30pm Resident Social<br> | 15, 1:30pm One on One Visits                                                                                       |
| Reminder<br>-August 14 <sup>th</sup> is Flo's Bakesale in Bistro<br>-August 18 <sup>th</sup> Rolled Ice Cream Truck is coming | 17,<br>10:30am Memorial Service Prep<br>1:30pm ABBA Concert DVD in Theatre<br>3:30pm Slide Card Bingo                                | 18,<br>1:30pm <b>Rolled Ice Cream Truck</b><br>3:30pm Resident Social<br>                                                       | 19,<br>10:30pm Balloon Volleyball<br>10:30am Resident & Family Council Meeting in GR<br>1:30pm Armchair Travel in Theatre<br>3:30pm Slide Card Bingo<br>                       | 20,<br>11:15am Drum Fit in Theatre<br><br>1:30pm Smores Campfire Social – Wally Garrioch Outside GR                                                      | 21,<br>10:30am Undecorating<br>1:30pm Live Entertainment - Phil Marleau<br>3:30pm Resident Social<br>                              | 22, 1:30pm One on One Visits                                                                                       |
| Reminder<br>-August 20 <sup>th</sup> @ 1:30 is Smores Campfire Social with Wally                                              | 24,<br>10:30am One on Ones<br>3:30pm Undecorating                                                                                    | 25,<br>10:30am Nail Care<br>1:30pm Connect Four Ball Toss in GR<br>3:30pm Resident Social<br>                                  | 26,<br>11:15am Drum Fit in theatre<br><br>1:30pm Birthday Social with Triple Shot Band<br> | 27,<br>10:30am Memorial Service Prep<br>1:00pm Movie and Popcorn in GR – “Uncle Buck”<br>3:30pm Slide Card Bingo<br>                                   | 28,<br>10:30am Memorial Service Preparation<br>1:30pm Live Entertainment - Russell Scherer<br>3:30pm Resident Social<br>          | 29, 2:00pm Ice Cream Cart<br> |
|                                                                                                                               | 31, <b>Deliver Calendars</b><br>10:30am Recreation Meeting- Staff Only in Theatre<br>1:00pm Clean up Time<br>3:30pm Slide Card Bingo |                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                             |                                                                                                                                                                                                                        |                                                                                                                    |

| River Ridge Seniors Village, Paradise Lane                                                                                    |                                                                                                                                                                                              | AUGUST 2026                                                                                                                                                                                                |                                                                                                                                                                                                                                                                 | Activities May Change due to Staffing or Unforeseen.                                                                                                                                                                                                         |                                                                                                                                                                                                                        |                                                                                                                    |
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|                                                                                                                               | Monday                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                       | Thursday                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                 | Saturday                                                                                                           |
|                                                                                                                               |                                                                                                             |                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                        | 1,<br>2:30pm One on One Visits                                                                                     |
| Reminder<br>-Monday, August 3 <sup>rd</sup> is a Statutory Holiday so NO PROGRAMS                                             | 3,<br><b>STAT Holiday</b>                                                                                                                                                                    | 4,<br>10:30am Undecorating<br>1:30pm Undecorating<br>3:30pm Resident Social<br>                                           | 5,<br>10:30am Decorating<br>1:30pm Nerf Target Practice<br>3:30pm Slide Card Bingo<br>6:30pm Live Entertainment – Rodi & The Guys<br>                                         | 6,<br>10:30am Outdoor Walks<br>1:30pm Decorating<br>3:30pm Slide Card Bingo<br>                                                                                           | 7,<br>10:30am Decorating<br>1:30pm Decorating<br>3:30pm Resident Social<br>                                                         | 8, 2:30pm One on One Visits                                                                                        |
| Reminder<br>-August 12 <sup>th</sup> @ 1:30pm is Disco Party Social with Mark Flannigan Music                                 | 10,<br>11:15am Cubii Exercises in Theatre<br>1:15pm Elvis Concert DVD in GR<br>3:30pm Slide Card Bingo<br>  | 11,<br>10:30am Trivia<br>1:30pm A Stich in Time (Knitting & Crocheting) with Cookie Tasting<br>3:30pm Resident Social<br> | 12,<br>10:30am Decorating<br>1:30pm Disco Party Social – Mark Flannigan Music                                                                                                                                                                                   | 13,<br>11:15am Drum Fit in Theatre<br> 1:30pm Nail Care<br>3:30pm Slide Card Bingo<br> | 14, <b>Flo's Bakesale</b><br>10:30am Horse Race Game in GR<br>1:30pm Live Entertainment - Rough Draft<br>3:30pm Resident Social<br> | 15, 2:30pm One on One Visits                                                                                       |
| Reminder<br>-August 14 <sup>th</sup> is Flo's Bakesale in Bistro<br>-August 18 <sup>th</sup> Rolled Ice Cream Truck is coming | 17,<br>10:30am Memorial Service Prep<br>1:30pm ABBA Concert DVD in Theatre<br>3:30pm Slide Card Bingo<br> | 18,<br>10:30am Rolled Ice Cream Truck<br>3:30pm Resident Social<br>                                                      | 19,<br>10:30am Resident & Family Council Meeting in GR<br>11:15am Balloon Volleyball on LTC<br>1:30pm Armchair Travel in Theatre<br>3:30pm Slide Card Bingo                                                                                                     | 20,<br>11:15am Drum Fit in Theatre<br> 1:30pm Smores Campfire Social – Wally Garrioch Outside GR                                                                          | 21,<br>10:30am Undecorating<br>1:30pm Live Entertainment - Phil Marleau<br>3:30pm Resident Social<br>                              | 22, 2:30pm One on One Visits                                                                                       |
| Reminder<br>-August 20 <sup>th</sup> @ 1:30 is Smores Campfire Social with Wally                                              | 24,<br>9:15am One on Ones<br>3:30pm Undecorating                                                                                                                                             | 25,<br>10:30am Memorial Service Preparation<br>1:30pm Connect Four Ball Toss in GR<br>3:30pm Resident Social                                                                                               | 26,<br>11:15am Drum Fit in Theatre<br> 1:30pm Birthday Social with Triple Shot Band<br> | 27,<br>10:30am Memorial Service Prep<br>1:00pm Movie and Popcorn in GR – “Uncle Buck”<br>3:30pm Slide Card Bingo<br>                                                    | 28,<br>10:30am Memorial Service Preparation<br>1:30pm Live Entertainment - Russell Scherer<br>3:30pm Resident Social<br>          | 29, 1:30pm Ice Cream Cart<br> |
|                                                                                                                               | 31, <b>Deliver Calendars</b><br>10:30am Recreation Meeting- Staff Only in Theatre<br>1:00pm Clean up Time<br>3:30pm Slide Card Bingo                                                         |                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                        |                                                                                                                    |

