

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AUGUST 2026 CALENDAR OF ACTIVITIES						Balloon Badminton 1 10:00 AM (OB) 11:00 AM (EW) Seniors Sing Along 2:00 PM (PS) 3:00 PM (HS)
It's a Cat-asptrophe! 2 10:00 AM (SP) 11:00 AM (BS) Heritage Day 2:00 PM (NS) 3:00 PM (EW)	No Recreation Programs 3 	10:15 AM Art Connection: 4 <i>Collaboration Squares</i> Drum Circle 2:00 PM (OB) 3:00 PM (HS)	Golf Game Workout 5 10:00 AM (SP)11:00 AM (BS) This Day in History 10:00 AM (BS)10:50 AM (SP) 2:00 PM Bingo (HH)	10:30 AM Catholic Mass 6 (HH) Rhyme Time 10:00 AM (PS)11:00 AM (EW) Reminiscing: Sun Tanning 2:00 PM(OB) 3:00 PM (HS)	7 Knock Down the Cups 2:00 PM (SP) 3:00 PM (HS)	Travelogue: Everglades 8 10:00 AM (PS) 11:00 AM (BS) Patio Time 2:00 PM (SP) 3:00 PM (EW)
10:00 AM Televised Mass 9 (HS) 11:00 AM Hymn Sing by Piano (2 nd FL) 1:30 PM Televised Mass (NS) 2:30 PM Hymn Sing by Piano (1 st FL)	SHELF Categories 10 10:00 AM (OB) 11:00 AM (BS) Garden Giggles 2:00 PM (PS) 3:00 PM (EW) Fruit or Vegetable 2:00 PM (EW) 3:00 PM (PS)	10:15 AM Art Connection: 11 <i>Decorate a Vase</i> Shut the Box 2:00 PM (SP) 3:00 PM (HS)	Dancercise: Run Around Sue 12 10:00 AM (NS) 11:00 AM (BS) 2:00 PM Bingo (HH)	Ball Dart 13 10:00 AM (OB) 11:00 AM (EW) Spa Afternoon 2:00 PM (PS) 3:00 PM (HS)	14 2:00 Social Shake and Bake (HH)	Bean Bag Baseball 15 10:00 AM (NS) 11:00 AM (EW) Dominoes 2:00 PM (OB) 3:00 PM (HS)
Finishing Lines 16 10:00 AM (PS) 11:00 AM (BS) Blurt! 2:00 PM (SP) 3:00 PM (EW)	Balloon Volleyball 17 10:00 AM (NS)11:00 AM (HS) 11:30 AM Lunch Dine In (Must sign up in Harbour Hall) Musical Cups 2:00 PM (OB)3:00 PM(BS)	10:15 AM Art Connection: 18 <i>Flower Garden Collage</i> Music Appreciation: Sunshine Songs 2:00 PM (PS) 3:00 PM (EW)	Seated Yoga 19 10:00 AM (SP) 11:00 AM (HS) 2:00 PM Bingo (HH)	20 10:30 AM Bible Study with Pastor Sieg (HH) 2:00 PM Birthday Party with Elvis (1 st FL Dining)	21 2:00 PM Giant Snakes and Ladders (HH)	22 No Recreation Programs
23 No Recreation Programs	Letterbox Game 24 10:00 AM (NS) 11:00 AM (BS) 1:30 PM Walk Over Trip to A & W (Sign up in HH)	10:15 AM Art Connection: 25 <i>Monet Inspired Water Lillies</i> Brain Fitness 2:00 PM (OB) 3:00 PM (EW)	Chair Swimming 26 10:00 AM (SP) 11:00 AM (HS) 2:00 PM Jackpot Bingo (HH)	27 No Recreation Programs	28 2:00 PM Movie Matinee (HH)	Basketball 29 10:00 AM (NS) 11:00 AM (BS) Buzz Words 2:00 PM (OB) 3:00 PM (EW)
Whiteboard Games 30 10:00 AM (PS) 11:00 AM (HS) Shuffleboard 2:00 PM (SP) 3:00 PM (BS)	10:00 AM Craft (NS) 31 Boom Whackers 10:00 AM (EW)11:00 AM (OB) 1:30 PM Craft (HS) Lemons and Limes Game 2:00 PM (PS) 3:00 PM (BS)	 Legend BS- Bayshore EW-Edgewater HS-Harbourside NS-Northside OB-Oakbay PS-Portside SP-Southport HH-Harbour Hall AT-Atrium 				

PROGRAMS ARE SUBJECT TO CHANGE. PLEASE SEE WHITEBOARDS FOR CHANGES.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 4:00 PM Balloon Volleyball
2 4:00 PM Dominoes	3 No Recreation Programs 	4 4:00 PM Patio Time	5 4:00 PM Dancercise: Runabout Sue	6 10:30 AM Catholic Mass (HH) 4:00 PM Music Appreciation: Wilf carter	7 4:00 PM Millies Memories	8 4:00 PM Travelogue: Everglades
9 4:00 PM Funny Animal Videos	10 4:00 PM Bird Visits	11 4:00 PM Sensory Stimulation	12 4:00 PM Golf Course Workout	13 4:00 PM Music Appreciation: The Mamas & Papas	14 4:00 PM Patio Time	15 4:00 PM Dice Game
16 4:00 PM Montessori Sock Game	17 11:30 AM Lunch Dine In (Must sign up in Harbour Hall) 4:00 PM Bird Visits	18 4:00 PM Patio Time	19 4:00 PM Chair Swimming	20 10:30 AM Bible Study with Pastor Sieg (HH) 2:00 PM Birthday Party with Elvis (1st FL Dining) 4:00 PM Balloon Toss	21 4:00 PM Millies Memories	22 No Recreation Programs
23 No Recreation Programs	24 1:30 PM Walk Over Trip to A & W (Sign up in HH) 4:00 PM Dominoes	25 4:00 PM Sensory Stimulation	26 4:00 PM Dancercise	27 No Recreation Programs	28 4:00 PM Montessori Sock Game	29 4:00 PM Bean Bag Toss
30 4:00 PM Match Game	31 4:00 PM Spa Afternoon					

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