

July



SUN	MON	TUES	WED	THURS	FRI	SAT
			 HAPPY CANADA DAY!  NO ACTIVITY TODAY	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Painting Nails - 2:00 	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Trivia - 11:00 Bingo - 2:00	CT Book Club - 10:30  Board Games - All day
FREE DAY	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Trivia - 11:00 Bingo - 2:00	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Arts & Craft - 2:00	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Trivia - 11:00 Bingo - 2:00	Daily Horoscope - 9:15 Musical Exercise - 9:30 My Voice Meeting - 10:30  Arts & Craft - 2:00	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Trivia - 11:00 Bingo - 2:00	CT Book Club - 10:30  Board Games - All day
Hymn Sing with Grace 6:30	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Trivia - 11:00 Bingo - 2:00	Daily Horoscope - 9:15 Prep for outing - 9:30 Walmart Outing - 10:30  Arts & Craft - 2:00	Daily Horoscope - 9:15 Life Enrichment Meeting - 10:30  Board Games - 10:30 Trivia - 11:00 Bingo - 2:00	Daily Horoscope - 9:15 Musical Exercise - 9:30 CT Holy Mass By Fr. Joseph - 10:30  Movie&Popcorn - 1:30 	Daily Horoscope - 9:15 Musical Exercise - 9:30 Board Games - 10:30 Trivia - 11:00 Bingo - 2:00	CT Book Club - 10:30  Board Games - All day
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JULY 2026



Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: www.parkplaceseniorsliving.com T: 604 437 6262

Dear Resident, Family and Staff,

We want to share some exciting news about our care team here at Courtyard Terrace. Starting July 16, 2026, our care services will be transitioning to a new provider, ProVita Care Management.

We know that news of any organizational change can bring up questions, so we want to reassure you right away: your daily routines, care, and schedules will not change at all.

The absolute best part of Courtyard Terrace is the incredible staff who look after you every day. Their friendly faces and the dedicated care they provide will remain exactly the same - they will simply be transitioning to ProVita as their new employer. SimpeQ's final day on-site will be July 15, and ProVita will step in seamlessly the very next morning.

In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved
-

NEW & NOTEWORTHY



IMPORTANT DATES

DATE – July 01, 2026

Canada Day

DATE – July 09, 2026

My Voice Meeting

DATE – July 15, 2026

Life Enrichment Meeting

DATE – July 23, 2026

Monthly Birthday Celebration

Our Mission

What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision

Why We Exist

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity respect and empathy.

COURTYARD TERRACE SNAP SHOTS

Monthly Birthday Celebration



Daily Activities



Bingo Time



DID YOU KNOW...



Today let us look back and we would know that we have really far, we have had a beautiful journey full of challenges and opportunities, growth and prosperity. Congratulations to Canada and to everyone on the occasion of Canada Day.

Happy
Canada Day!

LATESTLY

foodfor**tots**

CANADA DAY Fun Facts

Canada is celebrating her 148th birthday today! In honour of Canada's birthday, we put together this *Fun Facts* for you and the children at the centre. Let's see how much we know about this country we call HOME!



Canada has approximately
THREE MILLION LAKES
across the country.



Out of world's 25,000 polar bear,
15,500
of them live in **Canada**.



Its **TRUE**...
license plates in the North-west Territories are shaped like **polar bears**.



Prince Edward Island produces most of **Canada's Potatoes**



Canadians consume more **MACARONI & CHEESE** than any other nation on Earth.



APPLES are **Canada's** largest fruit crop in terms of weight and food produced.



did you know...
Food for Tots serves over **17,800 apples every week**. That's enough to stack the height of **TWO** CN Towers!

Santa is a **Canadian** too.
You get a letter back from Santa if you send a piece of mail to **North Pole, HOH OHO**



In 1915, a bear cub named Winnipeg was exported from **Canada** to the London Zoo. A little boy named Christopher Robin Milne loved to visit Winnipeg and his love for the bear inspired the stories written by his father, A.A. Milne. This famous children's literature, is **Winnie the Pooh**.



Canada's official languages: French and English, but our geese have their own language: scientists believe that **Canadian Geese** have as many as **13 different calls** from greetings and warnings to happiness.

Number of points on the **Canadian** flag's maple leaf.

11



Our \$100 bills are rumoured to smell of maple - the Bank of Canada denies this.



Our purple \$10 bill features a portrait of **Canada's First Prime Minister, Sir John A. MacDonald**.

Upcoming Events

Canada Day

Wednesday, July 1, 2026
(Enjoy your day 😊)

My Voice Meeting w/ Michelle

Thursday, July 9, 2026
(Dining Area – 10:30 am)

Walmart Outing

Tuesday, July 14, 2026
(Departure 10:30am–Arrival 2:30 pm)

Life Enrichment Committee Meeting

Wednesday, July 15, 2026
(Dining Area – 10:30 am)

CT Holy Mass by Fr. Joseph

Thursday, July 16, 2026
(Lounge, 10:30 am)

Residents Choice of Outing

Tuesday, July 21, 2026
(Departure 10:30am- Arrival 2:30 pm)

Monthly Birthday Celebration

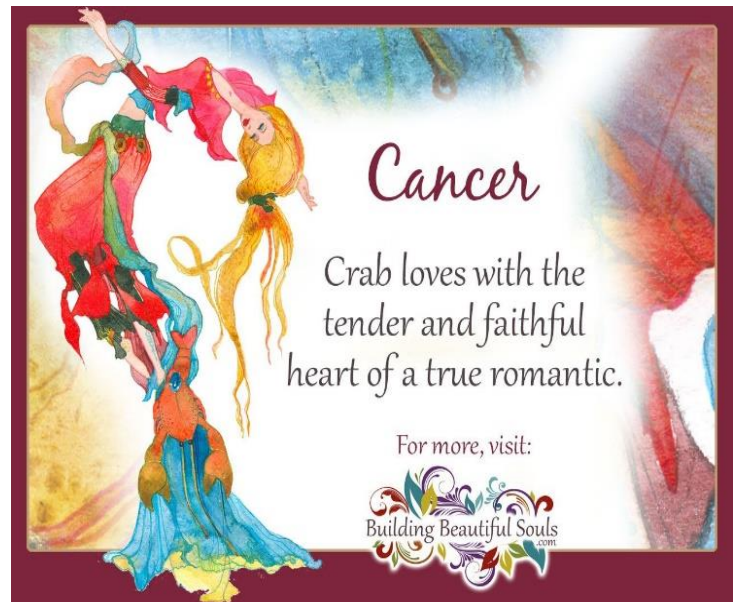
Thursday, July 23, 2026
(Lounge – 2:00 pm)

Walmart Outing

Tuesday, July 28, 2026
(Departure 10:30am- Arrival 2:30 pm)

CT Dining Committee Meeting

Friday, July 31, 2026
(Dining Area – 10:30 am)



Courtyard Business Corner

Request: Let's start to keep ourselves busy and enjoy the spring/summer seasons. If you have in mind to try something new this season, please feel free to go the REC office and tell me what is it, and I will be delighted to hear your new ideas.

CT Store: Available between the hours **9:00 – 4:30 pm Monday - Friday**. Recreation will be glad to assist you.

Items Available: Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

Thank you and Always Stay Healthy with a SMILE 😊

MEET THE TEAM:



Mar



MJ



Stela



Josephine



Irma



Kelly



Simran



Samir



Ariana



Michelle



Poonam



Roxanne



Aman



Jessica



KC



Maribel



Caitlin



Tessa



Aneesa



Lorie



Yemisi



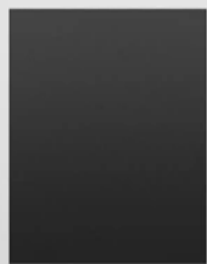
Cherry



Suki



Sim



Coming Soon



Elaine



Zyhra



Lesya



Shelby



Cathy

STAFF ANNIVERSARIES



1 year



3 years



How to Reach Us

Michelle 604 437 6262 ex 1 or
MBragg@Simpeq.ca.

Cathy: 604 437 6262 ex 5 or
rec.ct@Simpeq.ca

Jessica 604 437 6262 ex 2 or
ctreception@Simpeq.ca

Marlou: 604 437 6262 ex 3

Shout Outs



Welcome to Aneesa who joins us as an LPN. She brings 9 years of knowledge and experience and is a welcome addition to our team.

STAFF BIRTHDAY



HAPPY BIRTHDAY



July 4



July 27



JULY BIRTHSTONE AND BIRTHFLOWER

July Birthstone

• Ruby •



A **ruby** provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.

July

BIRTH FLOWER

positivity
open heart
dignity
grace
first love



LARKSPUR

BIRTHDAYS THIS MONTH

JULY 2026



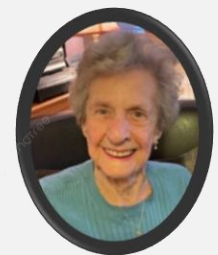
Xiao – 7th



Kim – 19th



Michael – 24th



Doreen – 25th



RESIDENTS CORNER

CT Library

We still have a lot of seeds for sale. Just ask at Reception.

Author Marie-Claud Arnott's reading has been moved to September. She will read from her book *Biography of a Friendship*.

"*Quotes of a Friendship* is a deeply personal memoir about two women bound by a lifelong friendship and the journey they share when one is diagnosed with pancreatic cancer." (Tule non-Fiction).

Sponsored by the Courtyard Library and the Residents Council.

The Book Club has started on a new book, *The Mother Tongue*, by Bill Bryson.

"Only Bill Bryson could make a book about the English language so entertaining. With his boundless enthusiasm and relentless eye for the absurd, this is his astonishing tour of English." (goodreads.com)

Please come and join us Saturdays, 10:30 am in Room 145.

Happy Reading

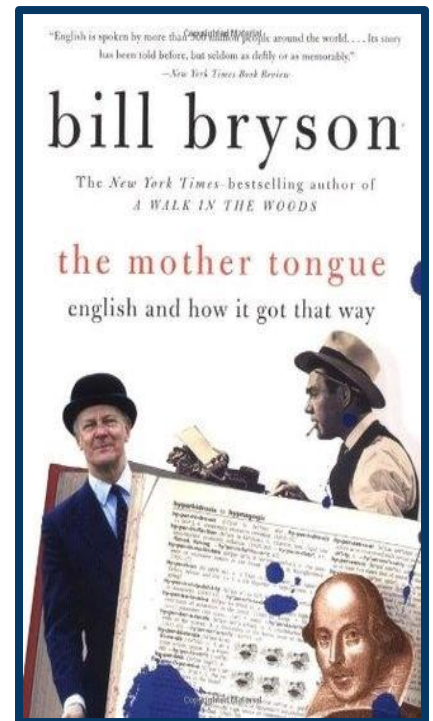


Garden Club

Serenity Garden is abound with pink, red, and white Sweet William, dark purple Clematis and purple and white Canterbury Bells. The Daylilies are opening in pale pink and yellow and the Hosta is shooting forth white bell flowers. The beautiful Hydrangea is starting to open with so many bundles of purple. The red flowers of the Astilbe match the red flowers of the Daylily at the other end of the garden. To top it off are the Tea Roses in various shades of reds and so many buds!

Serenity Garden is the peaceful garden off the dining room. It has an electric door for easy access. If the door is locked, ask a staff member to open it for you.

Happy Gardening



INFECTION PREVENTION AND CONTROL

Audit Findings

The following audits were completed in June with no actionable items:

Declutter Audit
Soiled Utility Audit
Weekly Housekeeping Audit
Safety and Sanitation Audit
Communication Audit
Meal Care Audit
Kitchen Cleanliness Audit
Hand Hygiene Audit
Donning and Doffing audit
Environmental Audit

Copies of the audits will be placed on the What We Are Up To Quality Board located in the east hallway by the entrance to the dining room.

DEPARTMENT UPDATES

Park Place Senior Living has updated their branding guideline. Be on the look out for beautiful new signage throughout the building.

The dining room has already been updated with the new signage. Check out the new table numbers, table menus, wall menus and weekly menus and let us know what you think.

Policy Updates

Accreditation is now rescheduled to November 1-6, 2026.

If you have any questions regarding anything that is posted in the hallways, please speak with Michelle or any of the LPNs.



OUR FOUR STRATEGIC IMPERATIVES

1. Care Complexity

1. Education and Training
2. Risk Management
3. Care Collaboration and Planning

2. Staffing Stability

1. Retention and Recruitment
2. Education and Training
3. Collaboration with Stakeholders

3. Supportive Infrastructure

1. Procurement Planning
2. Capital and IT Planning
3. Preventative Maintenance

We will be working on our Home Goals for 2026 – 2027 in the coming months. Be sure to attend the My Voice Meetings to have your voice heard and provide input into shaping the future of Courtyard Terrace

4. Enhanced Communication

1. Task and Time Efficiencies
2. Internal Communication
3. Resident and Family Satisfaction
4. Technology Utilization

Do you think we are doing a great job? Why not leave us a Google review. Just scan the QR code with your phone.



HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

1. **Talk with the staff on-shift about how your loved one is doing** and update them on changes you see.
2. **Join or attend a committee or council meeting.** Please come and join us.
3. Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
4. **Provide recreation ideas** that your family would enjoy! Email Cathy at rec.ct@Simpeq.ca
5. **Volunteer.** Your help matters and is always truly appreciated!
6. **Submit your ideas and suggestions** on forms available at the What We Are Up To board. We welcome your ideas and suggestions.



PARK PLACE
SENIORS LIVING
Enriching Lives of Seniors

Our Values

Together we STRIVE for Excellence

S **Safety & Quality**
By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.

T **Teamwork & Partnerships**
By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

R **Responsibility & Stewardship**
By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

I **Innovation & Creativity**
By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

V **Voices that are Respected**
By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

E **Empathy & Trust**
By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.



WWW.PARKPLACESENIORSLIVING.COM

Monthly Meetings

The Resident Council meets on the first Tuesday of every month at 10:30am in the dining room.

The My Voice Meeting is held on the second Thursday of the month at 10:30am in the dining room.

The Courtyard Terrace Dining Committee meeting is held on the last Friday of the month at 10:30am in the dining room.

Life Enrichment Committee meeting is held on the third Wednesday of the month at 10:30am in the dining room.

Useful Numbers

Foot Care: Sole Provider Foot Care
Tyffany 604 341 7087

Meet your Resident Council



Co-chair Shea

Meet your Resident Council



Co-chair Michael