



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Ball Exercise 1F 1 10:30 Church Service 2F 11:00 Noodles Exercise 2:30 Birthday & Welcoming w/ Jared 2F 6:00 Room Visits <small>Canada Day</small>	9:30 Ball Exercise 1F 2 10:30 Catholic Mass 2F 11:00 Chair Exercise 3F 2:30 Aromatherapy 1 F 3:30 Garden Visits 3F 6:00 Room Visits	9:30 Chair Exercise 1 F3 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 Table Games 1F 3:30 Aromatherapy 2F 6:00 Room Visits	11:00 Chair Exercise 1F4 2:30 Word Games 3F 3:30 Garden Care 3F 4:30 Room Visits <small>Independence Day (U.S.)</small>
9:30 Virtual church service 5 1F 10:30 Virtual church service 2F 2:00 Movie 1F 3:30 hand massage 3F	9:30 Ball Exercise 1F 6 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo 3F 3:30 Trivia 1F 4:30 Room Visits	9:30 Ball Exercise 1F 7 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Active games 2F 3:30 Trivia 3F 4:30 Garden Care 3F 6:00 Room Visits	9:30 Ball Exercise 1F 8 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Joyful Singer 2F 3:30 Trivia 3F 4:30 Garden Visits 3F 6:00 Room Visits	9:30 Ball Exercise 1F 9 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 International Flag Day 2F 3:30 Garden Visits 3F 6:00 Room Visits	9:30 Chair Exercise 1 F10 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 Table Games 2F 3:30 Aromatherapy 3F 6:00 Room Visits	11:00 Chair Exercise 1F11 2:30 Word Games 3F 3:30 Garden Care 3F 4:30 Room Visits
9:30 Virtual church service 12 1F 10:30 Virtual church service 2F 2:00 Movie 3F 3:30 Music therapy 2F	9:30 Ball Exercise 1F 13 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo 3F 3:30 Word Hunting 3F 4:30 Room Visits	9:30 Ball Exercise 1F 14 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Men's Club 3F 3:30 Trivia 3F 4:30 Garden Care 1F 6:00 Room Visits <small>Basin Day</small>	9:30 Ball Exercise 1F 15 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Active games 2F 3:30 Trivia 3F 4:30 Room Visits	9:30 Ball Exercise 1F 16 1:30 Bus outing 6:00 Room Visits	9:30 Chair Exercise 1 F17 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 Table Games 3F 3:30 Aromatherapy 1F 6:00 Room Visits	11:00 Chair Exercise 1F18 2:30 Word Games 3F 3:30 Garden Care 3F 4:30 Room Visits
9:30 Virtual church service 19 1F 10:30 Virtual church service 2F 2:00 Movie 2F 3:30 hand massage 3F	9:30 Ball Exercise 1F 20 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo 3F 3:30 Trivia 3F 4:30 Room Visits	9:30 Ball Exercise 1F 21 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Active games 2F 3:30 Trivia 3F 4:30 Garden Care 2F 6:00 Room Visits	9:30 Ball Exercise 1F 22 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Active games 2F 3:30 Trivia 3F 4:30 Room Visits	9:30 Ball Exercise 1F 23 12:00 Lunch Club 2 F 3:30 Active games 3F 6:00 Room Visits	9:30 Chair Exercise 1 F24 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 Table Games 1F 3:30 Aromatherapy 2F 6:00 Room Visits	11:00 Chair Exercise 1F25 2:30 Word Games 3F 3:30 Garden Care 3F 4:30 Room Visits
9:30 Virtual church service 26 1F 10:30 Virtual church service 2F 2:00 Movie 3F 3:30 Aromatherapy	9:30 Ball Exercise 1F 27 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo 3F 3:30 Word Hunting 3F 4:30 Room Visits	9:30 Ball Exercise 1F 28 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Ladies Club 3F 3:30 Trivia 3F 4:30 Garden Care 3F 6:00 Room Visits	9:30 Ball Exercise 1F 29 10:30 Chair Exercise 2F 11:00 Noodles Exercise 3F 2:30 Active games 2F 3:30 Trivia 3F 4:30 Room Visits	9:30 Ball Exercise 1F 30 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 Family Council Meeting 3F 3:30 Garden Visits 3F 6:00 Room Visits	9:30 Chair Exercise 1 F31 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 Table Games 3F 3:30 Aromatherapy 2F 6:00 Room Visits	Social Wellness Month Love Your Skin Day 

Please Note: Programs subject to change based on staffing / Availability and Unforeseen Circumstances.