

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Program Venue</b> M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way	<b>1</b> 10 Gentle Connection GR 11 Friendly Visits 2:00 Bingo C 3:45 Calendar/Newsletter Handout	<b>2</b> 10 Chair Fit GR <b>1:30 Resident &amp; Family Council Meeting GR</b> 3:30 Crazy 8's GR 3:30 LCR Dice Game C	<b>3</b> 10 Sit & Be Fit GR 10:30 Trivia GR 1:30 Beanbag Toss GR 3:30 Mini Manicures	<b>4</b> 10 Mind & Body Fitness 10:30 Outdoor Walks 2:00 Bingo C 3:45 Coloring Pages GR	<b>5</b> 10 Outdoor Walks <b>11 Communion Service St. Nicholas Church A</b> 1:30 Glamour on the Go 3:30 Cards GR	<b>6</b> 10 Morning Stretch GR 11 Friendly Visits 1:30 Willow Connection 3:30 Tuck Shop
<b>7</b> 10 Coffee and Fresh Cookies GR 11 Friendly Visits <b>1:45 Hymn Sing A</b> 3:30 Card Game GR	<b>8</b> 10 Sit & Be Fit GR 10:30 Helping Hands 2:00 Bingo C 3:45 Hand Massages	<b>9</b> 10 Balloon Ball 11 Friendly Visits 1:30 Boggle 3:30 Crazy 8's GR 3:30 LCR Dice Game C	<b>10</b> 10 Exercise GR 10:30 Word Game GR <b>1:30 Prayer Group GR/V</b> 3:30 Outdoor Visits	<b>11</b> 10 Outdoor Walks 10:30 Summer Trivia 2:00 Bingo C 3:45 Focused Visits	<b>12</b> 10 Fun & Fit GR 11 Friendly Visits 2:00 Tea Social GR	<b>13</b> 10 Willow Connection GR 11 Friendly Visits 1:30 Sing Along 3:30 Tuck Shop
<b>14</b> 10 Gentle Connection <b>1:30 Church Service Living Waters A</b> 3:30 Card Game GR  <small>Flag Day (U.S.)</small>	<b>15</b> 10 Morning Stretches 10:30 Word Game 2:00 Bingo C 3:45 Manicures	<b>16</b> 10 Active Game GR 11 Friendly Visits <b>1:30 Sing Along With Christine A</b> 3:30 Card Game GR	<b>17</b> 10 Gentle Connection GR 11 Friendly Visits 1:30 Balloon Ball GR 3:45 Sing Along GR	<b>18</b> 10 Gentle Stretches GR 11 Friendly Visits 2:00 Bingo C 3:45 Reading Group	<b>19</b> 10 Fun Fitness GR <b>11 Rosary Service St. Nicholas Church A</b> 1:30 Lemonade Social 3:30 Cards GR  <small>Juneteenth</small>	<b>20</b> 11 Outdoor Walks 1:30 Card Game GR <b>3:30 Ukulele Students A</b>
<b>Father's Day 21</b> 10 Father's Day Coffee & Donuts GR <b>2:00 Church Service Evangelical A</b> 3:45 Sing Along GR  <small>Father's Day Summer Begins</small>	<b>22</b> 10 Fitness Fun 11 Friendly Visits <b>1:45 Entertainment with Hal Copeland</b> 3:30 Glamour on the Go	<b>23</b> 10 Sit and Be Fit GR 11 Friendly Visits 2:00 Bingo C 3:45 Garden Care	<b>24</b> 10 Coffee Corner GR <b>1:30 Prayer Group GR/V</b> 3:30 Cards GR	<b>25</b> 10 Mind and Body Exercise GR 11 Helping Hands 2:00 Bingo C 3:45 Garden Care	<b>26</b> 10 Balloon Ball GR 11 Friendly Visits 1:30 Trivia GR 3:30 Cards GR 3:30 Manicures	<b>27</b> 10 Gentle Connection GR 11 Friendly Visits 1:30 Target Toss GR 3:30 Sing Along GR
<b>28</b> 10 Outdoor Walks 2:00 Bingo C 3:45 Sing Along GR	<b>29</b> 10 Gentle Connection GR 11 Friendly Visits <b>1:45 Birthday Party With Gregg G A</b> 3:30 Summer Trivia GR	<b>30</b> 10 Active Game GR 11 Friendly Visits <b>1:30 Sing Along With Christine A</b> 3:30 Card Game GR	 <h1>June 2026</h1> <p>Maple Court &amp; Willow Place.</p>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Program Venue</b> M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way	<b>1</b> 10 Choose to Move & Iced Tea A 11 Friendly Visits 2:00 Bingo C 3:45 Calendar/Newsletter Handout	<b>2</b> 10 Musical Stretches & Lemonade A 11 Friendly Visits 1:30 Musical Crossword Puzzle A <b>1:30 Resident &amp; Family Council Meeting GR</b> 3:30 Crazy 8's GR 3:30 LCR Dice Game C	<b>3</b> 10 Fitness Fun A 11 Friendly Visits 1:30 Trivia C 3:30 Card Game GR	<b>4</b> 10 Outdoor Walks 2:00 Bingo C 3:45 Nail Spa	<b>5</b> 10 Friendly Visits C <b>11 Communion Service St. Nicholas Church A</b> 1:30 Aroma Therapy C 3:30 Card Game GR 3:30 Karaoke A	<b>6</b> 10 Choose to Move & Iced Tea A 11 Friendly Visits 2:00 Tuck Shop 3:45 Hand Massage
<b>7</b> 10 Coffee Update and Trivia C <b>1:45 Hymn Sing A</b> 3:30 Card Game GR 3:30 Aroma Therapy C	<b>8</b> 10 Choose to Move & Iced Tea A 11 Friendly Visits C 2:00 Bingo C 3:45 Arts & Crafts A	<b>9</b> 10 Musical Stretches & Lemonade A 11 Friendly Visits 1:30 Musical Crossword Puzzle A 3:30 Crazy 8's GR 3:30 LCR Dice Game C	<b>10</b> 10 Fitness Fun A 11 Friendly Visits <b>1:30 Prayer Group GR/V</b> 3:30 Card Game GR	<b>11</b> 10 Outdoor Walks 2:00 Bingo C 3:45 Name that Tune A	<b>12</b> 11 One Line Bingo C 12 Canada vs Bosnia FIFA World Cup Watch Party 3:30 Card Game A	<b>13</b> 10 Choose to Move & Lemonade - Backyard 3:30 Philippine Independence Day Post Celebration GR
<b>14</b> 10 Baking – Banana Muffins C <b>1:30 Church Service Living Waters A</b> 3:30 Card Game GR 3:30 Aroma Therapy C <small>Flag Day (U.S.)</small>	<b>15</b> 10 Choose to Move & Iced Tea A 11 Friendly Visits 2:00 Bingo C 3:45 Aroma Therapy C	<b>16</b> 10 Table Balloon and Lemonade A 11 Friendly Visits <b>1:30 Sing Along With Christine A</b> 3:30 LCR Dice Game C 3:30 Card Game GR	<b>17</b> 10 Choose to Move & Iced Tea A 11 Friendly Visits 1:30 Musical Crossword Puzzle A 3:30 Arts & Crafts – Pasta Fower	<b>18</b> 10 Back Gaden Bocce 2:00 Bingo C 3:45 Afternoon Trivia in the Courtyard	<b>19</b> 10 Fitness Fun A <b>11 Rosary Service St. Nicholas Church A</b> 1:30 Glamour on the Go 3:30 Card Game GR <small>Juneteenth</small>	<b>20</b> 10 Choose to Move & Iced Tea A 1:30 Card Game GR 2:00 Tuck Shop <b>3:30 Ukulele Students A</b>
<b>Father's Day 21</b> 10 Father's Day Coffee & Donut GR <b>2:00 Church Service Evangelical A</b> 3:45 Aroma Therapy C <small>Father's Day Summer Begins</small>	<b>22</b> 10 Choose to Move & Iced Tea A 11 Friendly Visits <b>1:45 Entertainment with Hal Copeland</b> 3:35 Nail Spa C	<b>23</b> 10 Musical Stretches & Lemonade A 11 Friendly Visits CV 2:00 Bingo C 3:45 Nail Spa A	<b>24</b> 10 Choose to Move & Iced Tea A 11 Friendly Visits C <b>1:30 Prayer Group GR/V</b> 3:30 Cards GR	<b>25</b> 10 Outdoor Wals 2:00 Bingo C 3:45 Friendly Visits	<b>26</b> 10 Back Garden Bocce 1:30 Ice Cream Social C 3:30 Card Game GR	<b>27</b> 10 Fun and Fitness A 11 Friendly Visits 1:30 Card Game C 3:30 Tuck Shop
<b>28</b> 10 Coffee Update & Trivia C 2:00 Bingo 3:45 Hand Massage	<b>29</b> 10 Choose to Move A 11 Friendly Visits <b>1:45 Birthday Party With Gregg G A</b> 3:45 Aroma Therapy C	<b>30</b> 10 Musical Stretches 11 Friendly Visits C <b>1:30 Sing Along With Christine A</b> 3:30 Card Game GR 3:30 Sentimental Journey C	 <h1>June 2026</h1> <p>Alder Way &amp; Cherry Lane.</p>			

# The Scoop

Fort Langley Seniors Community

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## June 2026

By Mikayla Vander Helm, Recreation Manager BTR



### WHAT'S NEW

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#### TAKE A LOOK INSIDE

For updates in the community

#### UPCOMING EVENTS & PHOTOS

Upcoming events and check out photos!

#### SITE LEADER CORNER

Check-in from our Site Leader - Erick

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## Our Mission

### *What We Do*

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



## Our Vision

### *Why We Exist*

At Park Place Seniors Living we are committed to ensuring a "voice and a choice" for everyone we serve.

## Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: [fortlangley.rectherapy@ppsl.com](mailto:fortlangley.rectherapy@ppsl.com)

# Upcoming Events:

For the month

- ❖ **Resident & Family Council Meeting** – Tuesday June 2
- ❖ Friday June 5 & 19 at 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Tuesday June 16 and 30 at 1:30 – **Music with Christine**
- ❖ Sunday June 14 & 21 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Saturday June 20 at 3:00 – **Ukulele performance from Fun and Music School**
- ❖ Monday June 22 at 1:45 – **Entertainment with Hal Copeland**
- ❖ Monday May 25 at 1:45– **Monthly Birthday Party with Brian Zalo** (See page 8 for more details)

*Please check the daily activity board in each neighborhood*

***Recreation & Spiritual Care Programs are scheduled based on staff, clergy or volunteer availability and are subject to change.***

# Pictures of FLSC



# Home Updates

## Resident & Family Council Meeting

Join us for our monthly resident and family council meeting.

Tuesday June 2, 2026, at 1:30PM in the Great Room (Second Floor)

## Family Monthly Education

*Code of the Month:* June – Code Grey – Infrastructure Disruption

*Park Place Seniors Living Brochure:*

1. Fire protection & Safety Measure
2. Safety First
3. Diversity, Equity and Inclusion

## Alzheimer's Society Resources for Families

The Alzheimer Society offers education, print resources, and direct support through their First Link program, which connects families to information, programs, and local services across BC. We encourage families who may be feeling overwhelmed or unsure where to turn to explore these resources.

Helpful Links:

- Dementia print resources:  
<https://alzheimer.ca/bc/en/help-support/programs-services/dementia-resources-bc/print-resources>
- First Link® Dementia Helpline:  
<https://alzheimer.ca/bc/en/help-support/find-support-bc/first-link-dementia-helpline>
- First Link® referrals for families:  
<https://alzheimer.ca/bc/en/help-support/programs-services/first-linkr-referrals>

# Site Leaders Corner

June has arrived, bringing with it longer days, warmer weather, and many meaningful opportunities to come together as a community. We look forward to a vibrant month filled with celebration, music, and connection.

We begin the month by recognizing Seniors Week from June 1–7, a special time dedicated to celebrating the contributions, wisdom, and experiences of older adults. Throughout the week, we will take time to acknowledge and appreciate the incredible individuals who make our community so special.

On June 13, we are excited to host our Philippine Independence Day Celebration. This will be a wonderful opportunity to recognize Filipino culture and heritage through shared experiences, music, and community spirit.

Music continues to be a highlight this month as we welcome back Hal Copeland on June 22. Hal brings energy and joy through a wide variety of songs, including pop, dance, and country favorites. His performances are always engaging, and we encourage everyone to come out and enjoy the entertainment.

We are also delighted to welcome a Ukulele School performance on Saturday, June 20. These performances are always uplifting, and we look forward to the smiles and connection that come from sharing music across generations.

To close out the month, we will celebrate our residents with our Monthly Birthday Party on June 29, featuring Gregg Gorrie on the guitar. These gatherings are a cherished tradition, filled with music, laughter, and recognition of the wonderful individuals in our community.

As we enter the summer season, we encourage everyone to take simple steps to stay safe in the heat. Staying hydrated, keeping cool indoor environments, wearing light clothing, and limiting time outdoors during peak temperatures can help prevent heat-related illness. Please also watch for symptoms such as dizziness, nausea, or confusion, and seek immediate medical attention if severe symptoms occur.

As always, our focus remains on creating a warm, engaging, and supportive environment for all residents. We are grateful for the continued involvement of our families, staff, volunteers, and community partners who help make Fort Langley Seniors Community such a welcoming place.

Thank you for being part of our community. We look forward to sharing another memorable month together.

**Erick Bautista**, *Site Leader*

# Contact Information Fort Langley Seniors Community 604.888.0711

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Donald Fleming	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>	Darlene Dela Cruz	Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation &amp; Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	fortlangley.socialworker@ppsl.com <i>Onsite Monday, Thursday, and Fridays</i>
<i>Dietitian</i>	Caitlyn McNeill	Ext. 130	Fortlangley.dietitian@ppsl.com <i>Onsite Tuesday, Wednesday, and alternating Thursdays</i>
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca <i>Onsite Tuesdays and Thursdays</i>
<i>Physiotherapist Temp</i>	Khushbu Mistri	Ext. 129	khushbu.mistri@saliusrehab.ca <i>Onsite Tuesdays and Fridays</i>
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	<b>Please call the extension for the correct neighborhood.</b>

# Fun Corner & Other

*June*

## **BIRTHDAYS**

June L - June 2

Liliane D - June 6

Joan D - June 7

Geoffery S - June 7

Mary C - June 9

Sam N - June 11

Judy N - June 15

Terry C - June 20

Sheila T - June 22

Janet T - June 27

Robin P - June 29



JUNE

## *Birthday* PARTY

Monday June 29 at  
1:45 with Gregg  
Gorrie in Alder



## FATHER'S DAY MENU

**SUNDAY JUNE 21, 12:30PM**

Chicken Souvlaki

Greek Salad

Pita Bread

Tiramisu Cake





# Fort Langley Seniors Community Share a Good News Story

We are excited to introduce a new feature in our monthly newsletter: **the Good News Story** segment. This initiative is an opportunity to celebrate and highlight the meaningful moments, successes, and positive experiences happening throughout our home. These stories help showcase the impact of care, connection, and community in our day-to-day lives. We invite residents, families, and staff to participate. If you have experienced or witnessed something meaningful, exciting, or an “aha” moment, we would love to hear from you.

How to participate:

- **Write down your story**
- **Place it in the Good News collection box**
- **Or email your submission to [fortlangley.rectherapy@ppsl.com](mailto:fortlangley.rectherapy@ppsl.com) with the subject line **Good News Story****

One story will be selected each month and featured in our newsletter.

Thank you for helping us recognize and celebrate the special moments that make our community so meaningful.

# Other

## Recreation Department Wishlist

- Individually pre-wrapped snack sized chocolate – For Bingo Prizes
- Vinyl records, for our music cart
- *Take a look at our Amazon Wishlist & order right from Amazon:*  
[https://www.amazon.ca/hz/wishlist/ls/3HY45HMBVT89J?ref\\_=wl\\_share](https://www.amazon.ca/hz/wishlist/ls/3HY45HMBVT89J?ref_=wl_share)  
- Thank you

## Appreciation

Employee of the Month:  
May – Harveen



## Seniors Week

*June 1 - 7*

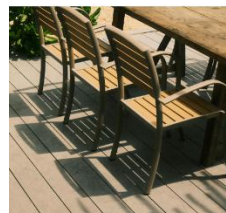
We are excited to celebrate Seniors Week from June 1–7, a special time dedicated to recognizing and honoring the contributions, stories, and spirit of older adults in our community.

The theme is Strawberries! A symbol of sweetness, warmth, and the joy of the summer season. Throughout the week, we will be embracing this theme with a variety of fun, engaging, and meaningful activities designed for residents to enjoy and families to share in when possible.

Seniors Week is not only about celebrating - it's about recognizing the rich experiences, resilience, and contributions of the seniors we are so fortunate to care for and learn from every day.

We warmly invite families to join us in celebrating this special week - whether by attending a program, spending extra time visiting, or simply sharing a smile and conversation.

Let's make this Seniors Week a sweet and memorable celebration for everyone.



## DONATIONS NEEDED!

We are currently seeking gently used **patio chair and table sets**, as well as **bar stools** in good condition. Your donations help enhance our outdoor and social spaces for our staff and residents to enjoy. Thank you for your ongoing support!

Fort Langley Seniors Community