

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June Celebration:</b> <i>National Safety Month</i> <i>Father's Day</i> <i>Seniors Week</i> <i>Indigenous Awareness.</i> 	9:30 Chair Exercise 1F <b>1</b> 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo Club 3F 3:30 Trivia 3F	9:30 Balloons Exercise <b>2</b> 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Find a Word 3F 3:30 Active Games 1F 6:00 Room Visit	9:30 Chair Exercise 1F <b>3</b> 10:30 Church Service 2F 11:00 Chair Exercise 3F 2:30 Word Games 2 F 4:00 Garden Visits 2 F	9:30 Chair Exercise 1F <b>4</b> 10:30 Catholic Mass 2F 11:00 Chair Exercise 3F 2:30 <b>June Birthday &amp; Welcoming Celebration W/ Hal Copeland</b> 3:30 Arts & Crafts 1 F	11:00 Chair Exercise <b>5</b> 3F 2:30 Table Games 2F 6:00 Snoezelen 1F	11:00 Chair Exercise <b>6</b> 2:00 Arts and Crafts 2F 3:30 Word Game 2F 6:00 Room Visit 3F
9:30 Church Service 1F <b>7</b> 10:30 Church service 2F and 3 F 2:30 Hand Massage 3:30 Room Visit	9:30 Chair Exercise 1F <b>8</b> 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo Club 3F 3:30 Trivia 3F	9:30 Balloons Exercise <b>9</b> 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Find a Word 3F 3:30 Active Games 1F 6:00 Room Visit	9:30 Chair Exercise 1F <b>10</b> 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 <b>Waffle Day</b> 4:00 Garden Visits 2 F	9:30 Balloons Exercise <b>11</b> 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Find a Word 3F 3:30 Active Games 1F 6:00 Room Visit	11:00 Chair Exercise <b>12</b> 3F 2:30 Table Games 2F 6:00 Snoezelen 1F	11:00 Chair Exercise <b>13</b> 2:00 Arts and Crafts 2F 3:30 Word Game 2F 6:00 Room Visit 3F
9:30 Church Service 1F <b>14</b> 10:30 Church service 2F and 3 F 2:30 Hand Massage 3:30 Room Visit  Flag Day (U.S.)	9:30 Chair Exercise 1F <b>15</b> 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo Club 3F 3:30 Trivia 3F	9:30 Balloons Exercise <b>16</b> 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Find a Word 3F 3:30 Active Games 1F 6:00 Room Visit	9:30 Chair Exercise 1F <b>17</b> 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 <b>Joyful Singer 2F</b> 4:00 Garden Visits 2 F	9:30 Balloons Exercise <b>18</b> 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 <b>Family Council</b> 3:30 Active Games 1F 6:00 Room Visit	11:00 Chair Exercise <b>19</b> 3F 2:30 Table Games 2F 6:00 Snoezelen 1F  Juneteenth	11:00 Chair Exercise <b>20</b> 2:00 Arts and Crafts 2F 3:30 Word Game 2F 6:00 Room Visit 3F
9:30 Church Service 1F <b>21</b> 10:30 Church service 2F and 3 F 2:30 Hand Massage 3:30 Room Visit  Father's Day Summer Begins	9:30 Chair Exercise 1F <b>22</b> 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo Club 3F 3:30 Trivia 3F	9:30 Balloons Exercise <b>23</b> 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 <b>Father's Day Celebration w/ Peter Tam 2F</b>	9:30 Chair Exercise 1F <b>24</b> 12:00 <b>Canada Day Celebration with BBQ with Entertainment</b>	9:30 Balloons Exercise <b>25</b> 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 <b>Bus Outing</b> 3:30 Active Games 1F 6:00 Room Visit	11:00 Chair Exercise <b>26</b> 3F 2:30 Table Games 2F 6:00 Snoezelen 1F	11:00 Chair Exercise <b>27</b> 2:00 Arts and Crafts 2F 3:30 Word Game 2F 6:00 Room Visit 3F
9:30 Church Service 1F <b>28</b> 10:30 Church service 2F and 3 F 2:30 Hand Massage 3:30 Room Visit	9:30 Chair Exercise 1F <b>29</b> 10:30 Communion 2F 10:30 Hand Therapy w/ Laura 3F 2:30 Bingo Club 3F 3:30 Trivia 3F	9:30 Balloons Exercise <b>30</b> 1F 12:00 <b>Lunch Club</b> 3:30 Active Games 1F 6:00 Room Visit				

PLEASE NOTE: Programs Subject to change based on staffing / availability/ unforeseen circumstances:

# THE NEIGHBOURHOOD

**Cartier House Care Centre**

**JUNE**

**1419 Cartier Ave, Coquitlam**

**BC V3K 2C6 (604) 939-4654**

**2026**



# UPCOMING EVENTS

**JUNE'S**  
*Birthday Celebrants*

Jean S.	June 4
Eileen K.	June 4
Yuet N.	June 9
June H.	June 11
Edward S.	June 17
Chanan G.	June 20
Ruth H.	June 22
Roxy R.	June 25

HAVE A WONDERFUL BIRTHDAY  
FULL OF JOY AND LAUGHTER!!!

June 4 at 2<sup>nd</sup> Floor Dining Room

**HAPPY BIRTHDAY**

JUNE 04, 2026

BIRTHDAY PARTY  
AND WELCOMING  
CELEBRATION

**Waffle Special**

June 10, 2026

2<sup>ND</sup> FLOOR DINNING ROOM

**Family Council Meeting**

June 18, 2026 at 2:30 PM  
3<sup>rd</sup> Floor Lounge Cartier House

**HAPPY Father's Day Celebration**

To the best father in the world, your love means a lot to me. Happy Father's Day  
June 23, 2026

**CANADA DAY BARBECUE CELEBRATION WITH LIVE ENTERTAINMENT**

JUNE 24, 2026 12:00 NOON

RESIDENTS AND FAMILY ARE ENCOURAGED TO WEAR RED AND WHITE TO CELEBRATE CANADA DAY!

COME ALONG FOR THE RIDE

**BUS OUTING**

THIS COMING  
JUNE 25, 2026

JUNE 30, 2026

**LUNCH CLUB**

*Enjoy Your Lunch*

3<sup>RD</sup> FLOOR LOUNGE CARTIER HOUSE

# BROCHURES & CODE OF THE MONTH

**Fire Protection & Safety**

## Safety Is Our Top Priority

It is important that you and your family understand that the safety of our Residents is our number one priority. Every Park Place Home has proper planning, training, and practice involving all employees to ensure your safety in the event of a fire.

We know that implementing fire protection and safety measures, training our employees to properly respond to fire emergencies, and practicing evacuation procedures frequently, will go a long way toward keeping our Residents and everyone in the Home safe.

**What you need to know about our planning**

1. Every Park Place Home has written fire procedures that are practiced by all employees.
2. Everyone is responsible for knowing and carrying out their part of the plan. That includes, nursing employees, kitchen employees, housekeeping and laundry employees, maintenance, volunteers, family members and other visitors.
3. **CODE RED** is the agreed upon phrase used to alert you, your family and all other employees, in the event of fire or when practicing the fire plan with a fire drill in the Home.

**OUR MISSION:**  
Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

**OUR VISION:**  
At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a voice and a choice with dignity, respect and empathy.

Park Place Seniors Living | 1656 West 75 Ave, Vancouver  
parkplaceseniorsliving.com

**PARK PLACE SENIORS LIVING**  
Enriching Lives of Seniors

**Fire Protection & Safety**

## Park Place Fire Safety Training

**1** All Park Place Homes conduct regular fire drills to test and evaluate the efficiency, knowledge, and response of our employees in the event of a fire.

**2** We schedule fire drills on a random basis at least once every month.

**3** This sometimes includes activating the fire bells.

**FAST FACT**  
Practice does make perfect... Research shows that having regular fire drills, does prepare people so that they can perform correctly if an emergency did happen.

**Quick Response**  
In the event of a fire drill or an actual fire, quick response is expected from everyone. If you see smoke or flames remember to:

Call out "CODE RED" to alert employees  
Follow R.E.A.C.T which includes these steps:

- R** Remove those in immediate danger to a safe area
- E** Ensure the room door containing the fire is closed
- A** Activate the fire alarm pull station
- C** Call 911 the employee acting as the fire marshal will do this
- T** Try to extinguish or control the fire, but only if it is safe

Please make yourself familiar with the Park Place fire safety strategies to help you prepare for a fire emergency. Always follow the direction of our trained employees.

Reviewed by a group of Park Place Family Representatives

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**Safety First**

## Safety First

At Park Place Seniors Living, we work hard to ensure that you feel safe and have confidence in the quality of our care and services. Being a Resident means putting your trust in the care and service provided by your team.

As a Resident, you and your family also have a role to play in making your care safe by becoming an active, involved and informed member of your team. We urge Residents and their families to get involved and to speak up about any concerns or questions they may have.

To help you remember how you can help make your experience as positive as possible, use this simple motto:

**SAFETY FIRST!**

**FAST FACT**  
As an organization Park Place Seniors Living believes that a culture of safety is fundamental to the delivery of quality care and service

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**Safety First**

## Safety First Includes:

**IDENTIFICATION**  
We will take your picture when you move into the Home. This picture helps employees get to know you, is critical to your safety, and verifies that you are the Resident that the team should be caring for. You can also expect everyone involved in your care to introduce themselves by name, and to wear a name badge.

**CALL SYSTEM**  
Your room and bathroom are equipped with call devices. Your nurse will show you how to use the call device.

**SMOKE-FREE HOME**  
To ensure everyone's safety, this Home is a smoke-free building. This means no smoking is allowed inside the building.

**EQUIPMENT**  
Help us to keep our environment safe. If you notice a piece of equipment that is not working properly please tell us so that we can have it repaired as soon as possible and that no one gets injured.

**HAND WASHING**  
It is important for everyone to practice, including Residents, families and friends. You and your loved ones should feel comfortable asking your care team members, if they washed their hands before having direct contact with you.

**MEDICATION SAFETY**  
Make sure you and/or your family ask questions about your medications, if you have any concerns about your medications, ask your nurse about them. Make sure to tell your nurse if you think you are about to receive the wrong medication or if something does not seem right.

**PRIVACY & CONFIDENTIALITY**  
We treat all information about you as "CONFIDENTIAL". Protecting your privacy is uppermost in our minds, however in the event of an accident or incident such as a fall your family member or contact person will be notified.

**FIRE SAFETY**  
Fire drills are held monthly and it is very important that everyone (including Residents and families) know their role and responsibilities.

Reviewed by a group of Park Place Family Representatives

Please tell us if you have a concern about Resident Safety or the quality of your care while you are a Resident in this Home. Your team is available to assist you and your family with any questions or concerns you may have.

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➤ *This month, our team reviewed important safety and educational brochures to strengthen our knowledge and preparedness in the workplace. Topics include Fire Safety, Residents Safety, Diversity, Equity and Inclusion, and Severe Weather Procedures. These resources ensure that we continue to provide a safe, respectful, and supportive environment for our Residents, families, Staff, and visitors. Staying informed and prepared is an important part of maintaining excellent in care and safety every day.*

**Diversity, Equity & Inclusion**

## Diversity, Equity and Inclusion at Park Place Seniors Living

At Park Place Seniors Living, we embrace diversity and value each person's unique qualities. Our Homes are inclusive environments where people of different genders, national backgrounds, and sexual orientations are welcomed. We strive to ensure that all Residents, families, visitors, and employees feel safe and included.

Diversity, equity, and inclusion are interconnected concepts, but they are not identical. It is essential for both diversity and equity to be present in our interactions to foster an environment where everyone feels included and has a sense of belonging.

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Enriching Lives of Seniors

**Diversity, Equity & Inclusion**

## Diversity

When we talk about diversity, we refer to the wide range of unique qualities and characteristics that each of us possesses. These include aspects such as personality, age, gender, sexual orientation, culture, personal habits, appearance, and religious beliefs. In essence, we are all diverse!

**Equity**  
Providing every person with fair and equal treatment while striving to identify and eliminate barriers that prevent full participation. Improving equity requires increasing justice and fairness within the policies, procedures, practices, and distribution of resources within an institution or system.

**Inclusion**  
Inclusion is a practice that values and responds to the various dimensions of diversity. It encompasses our behaviours and how we treat each other. By embodying these principles, we foster an environment and culture that embraces, respects, accepts, and values our differences. Developing inclusive approaches starts with self-awareness and the courage to uncover and address the hidden prejudices we all possess.

**The Canadian Human Rights Act**  
The Canadian Human Rights Act, enacted by the Parliament of Canada in 1977, guarantees everyone's right to be treated with dignity, respect, and freedom from discrimination. This Act outlines legally prohibited areas of discrimination, including sexual orientation, gender identity, race, religious beliefs, colour, physical disability, mental disability, age, ancestry, place of origin, marital status, source of income, and family status.

**What Role Do You Play?**  
Diversity, equity, and inclusion thrive when each of us actively participates every day. We all have a role in creating a safer and more welcoming home environment, including respecting each person's uniqueness, ensuring our behaviours do not limit others' inclusion, practicing inclusive and welcoming behaviours, and communicating respectfully and professionally by:

1. RESPECTING THE UNIQUENESS OF EACH PERSON
2. ENSURING YOUR BEHAVIOURS DO NOT LIMIT THE INCLUSION OF OTHERS
3. PRACTICING INCLUSIVE AND WELCOMING BEHAVIOURS
4. COMMUNICATING RESPECTFULLY AND PROFESSIONALLY

Reviewed by a group of Park Place Family Representatives

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PAIS PLACE  
EMERGENCY RESPONSE: SEVERE WEATHER

## CODE OF THE MONTH SEVERE WEATHER

**What does it mean?**  
The Severe Weather Response Plan details the actions to be taken by staff and physicians to ensure the safety of themselves, Residents/ patients, and visitors in the event of a severe weather event.

**What do I do?**

- Severe thunderstorm/ wind
  - Get inside until severe weather passes
  - Close/ secure windows
  - Stay away from windows
- Extreme Cold (-40° C)
  - Stay inside
  - Dress appropriately
  - Travel with emergency supplies
- Extreme Heat (32° C)
  - Identify Residents at risk/ increase hydration
  - Use air conditioned/ cool rooms
  - Close blinds/ drapes
- Imminent Tornado threat
  - Get inside a sturdy building/ hallway or room
  - Get down to lowest floor of the building
  - Get covered with pillows, blankets, mattresses

**Learn more about the Severe Weather Plan**

- Refer to your sites Emergency Preparedness & Response Manual
- Refer to your facility's Emergency Response Codes

Date: June 2023  
Current Version Date: January 2020  
Page 1 of 1

EPRM 09-15-02

- Staff reviewed the Severe Weather Emergency Plan, including procedures to follow during extreme weather conditions to ensure the safety and well-being of all Residents and team members. Preparedness and teamwork help us respond effectively during emergencies.

# MONTHLY GAZETTE OF THE MONTH

June 2026

## THE MONTHLY GAZETTE

*"June brings tulips, lilies, roses, fills the children's hands with posies."*  
- Sara Coleridge

**Animal of the Month – Monarch Butterfly**

Monarch butterflies are migratory insects that travel southward for a yearly 3,000-mile journey from Canada and the United States to winter in Mexico and California. These gorgeous creatures transform from eggs to caterpillars to pupae to stunning butterflies that wow with their bright orange, black, and white wings. This metamorphosis from egg to adult butterfly lasts about four weeks. In caterpillar form, they feast on milkweed, which makes them toxic to predators. As butterflies, they dine on flower nectar and can fly close to 25 miles per hour. Monarch eggs, which hatch in three to four days, are laid on milkweed plants, giving them a ready source of food. A group of butterflies is called—you guessed it—a flutter (or kaleidoscope). Most monarchs survive only a few weeks, but those that migrate can live for about nine months. Habitat loss, pesticides, and climate change are harmful to these iconic insects.

**Special Days**

- Global Day of Parents June 1
- D-Day June 6
- Best Friends Day June 8
- Flag Day June 14
- Juneteenth June 19
- Summer Solstice June 21
- Father's Day June 21

**Flower – Rose**

The flower for the month of June is the rose, which signifies purity, courage, and love. The rose has been called "the queen of flowers." Its name comes from the Latin word *rosa*, which means "rose." Since primitive times, the rose has been used in perfumes, medicines, and even foods. Archaeologists have found fossils of wild roses over 34 million years old. The common name for the sharp points along a rose stem is *thorns*, however, they are officially known as *prickles*.

**Birthstone – Pearl**

The birthstone for June, the pearl, is unlike most gemstones because it has an organic origin. A pearl forms when a parasite or a tiny piece of the oyster's own mantle tissue becomes trapped inside an oyster or clam. This irritates the mollusk, and it coats the foreign material with layers of shell material. Pearls come in all shapes and sizes. Pearls are most commonly white, but they also come in shades of black, cream, gray, blue, yellow, lavender, green, and mauve. Pearls symbolize protection, wealth, love, and luck.

Monthly Gazette June 2026

**Show Your Birthday Colors**

- June 1-7: Magenta**  
You are competitive and athletic, you don't like rainy days, and you are known for your cheerful demeanor. You are outgoing, but you don't fall in love easily. You always find a way to make others smile, and you have a great mind for facts and numbers.
- June 8-15: Silver**  
You love social activity and are always on the go. You are expressive and know what to say and the right time to say it. Friendly and upbeat, you have a good sense of humor, and your fashionable wardrobe turns heads.
- June 16-23: Orange**  
You are very thoughtful, wise, and caring. People tend to reach out to you for advice, and animals are also drawn to you. You are patient and a loyal friend, and you take pride in going the extra mile. Your laughter is contagious.
- June 24-30: Sky Blue**  
Your lovable, kind spirit draws others to you. You are also a perfectionist who doesn't give up until everything is just so. People count on you, and you don't disappoint. You are in sync with nature and love to spend time outside.

**Got Milk?**  
June is Dairy Month, making it the perfect time to indulge in a scoop or two of your favorite ice cream, snack on cheese and crackers, or enjoy a cold glass of milk. Dairy is delicious as well as a great source of nutrients.

**June Zodiacs**

- Gemini (The Twins) June 1-20
- Cancer (The Crab) June 21-30

**June** is the sixth month of the year in the Julian and Gregorian calendars. Does it seem like everyone gets married in June? Some claim June is named for Juno, the Roman goddess of marriage and protector of all things female, and consider it good luck to be married during this month. Others claim the month gets its name from the Latin *iuniores*, meaning "younger ones." This makes sense since the name *May* comes from the word *maiores*, or "elders."

**A Month of Floral Splendor**

June is known for its abundance of gorgeous flowers, making it a floral arranger's dream. Some of the posies that bloom in June include jasmine, poppies, violas, lilies, peonies, philadelphus, and, of course, roses. While many flowers have sweet fragrances, some smell terrible, such as the aptly named *Titan arum*, or "corpse flower." Interestingly, flowers began to appear about 140 million years ago.

**June Birthdays**

- Thomas Hardy (novelist) – June 2, 1840
- Josephine Baker (entertainer) – June 3, 1906
- Diego Velázquez (artist) – June 6, 1599
- Paul Gauguin (painter) – June 7, 1848
- Robert Munsch (writer) – June 11, 1945
- Christo (artist) – June 13, 1935
- Ruth Wakefield (inventor) – June 17, 1903
- Zoe Saldana (actress) – June 19, 1978
- Lionel Richie (singer) – June 20, 1949
- Octavia Butler (author) – June 22, 1947
- June Carter Cash (singer) – June 23, 1929
- George Orwell (novelist) – June 25, 1903
- Vera Wang (fashion designer) – June 27, 1949
- Joan Davis (comedian) – June 29, 1907/1912

**What's Lucky in June?**

- Lucky Color: Fuchsia
- Lucky Animal: Lizard
- Lucky Letters: P and T
- Lucky Day: Wednesday
- Lucky Plant: Strawberry

- This month, Residents enjoyed reading The Monthly Gazette, Filled with interesting facts, special dates, birthdays, fun trivia, and seasonal highlights. The June edition featured the Monarch Butterfly as the Animal of the Month, the rose as the flower of the Month, and the Pearl as June's Birthstone. Residents also learned about June celebrations, Zodiac signs, lucky charms, and notable birthdays. The Gazette continues to be wonderful way to promote learning, spark conversations, and keep everyone connected with the world around them.

## BIRTHDAY CELEBRATIONS



### May Birthday Celebration:

- We were delighted to celebrate our Residents born in the month of May! The afternoon was filled with smiles, warm wishes, delicious birthday treats, and joyful moments shared with friends and staff. It was a wonderful opportunity to recognize and honor our birthday celebrations, making them feel extra special on their special day. We wish all our May celebrants happiness, good health, and many more birthdays to come.

# MOTHER'S DAY CELEBRATION



➤ Cartier House was filled with love, laughter, and appreciation as we celebrated Mother's Day with our wonderful Residents. The event featured beautiful decorations, music, special recognition, and memorable photo opportunities to honor the amazing mothers in our community. Residents enjoyed spending time together, sharing stories, and celebrating the love, strength, and kindness that mothers bring to our lives. Thank you to everyone who helped make this celebration so meaningful and special.

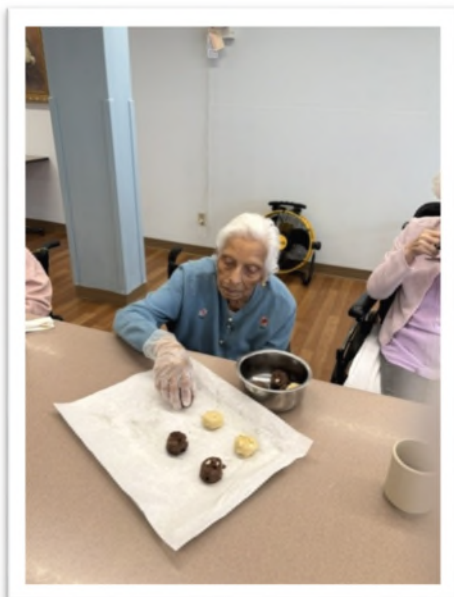
**“Happy Mother's Day to all the incredible mothers and mother figures! Your love, wisdom, and care continue to inspire us everyday.”**

# WAFFLE & COOKIE BAKING DAY

*Waffle Making:*



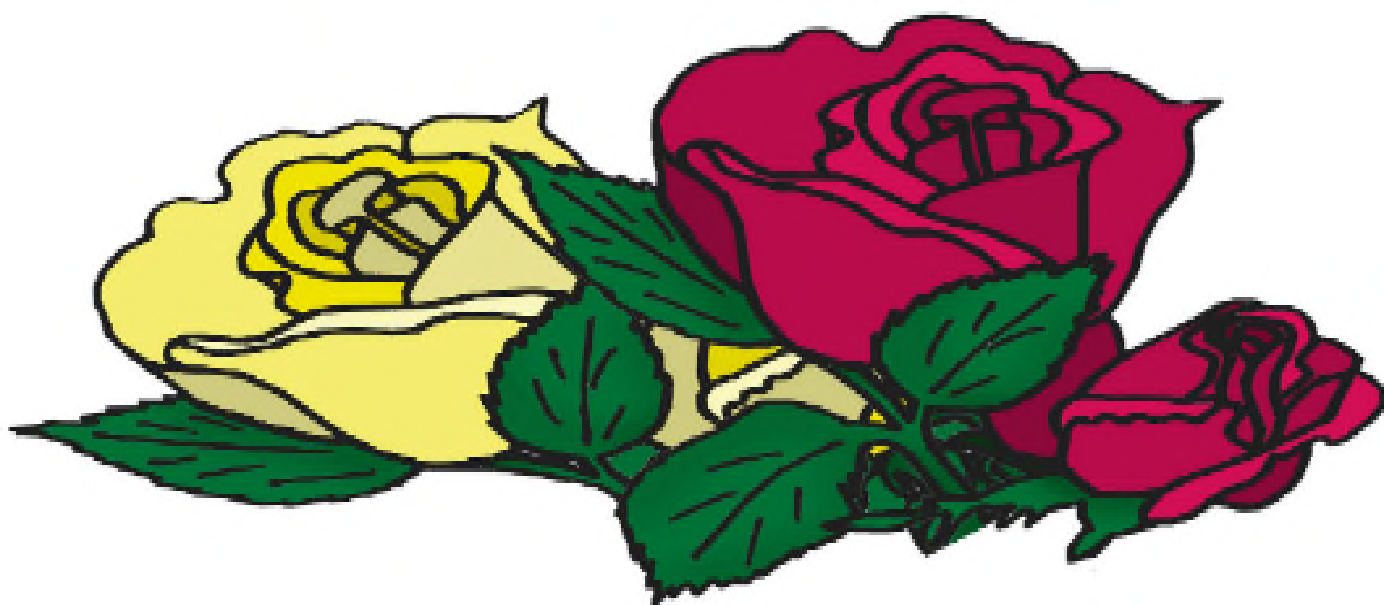
*Cookie Baking:*



➤ WAFFLE DAY & COOKIE BAKING:

Our Residents enjoyed a fun- filled day of cooking and baking as they participated in **Waffle and Cookie Baking Day**. Everyone had the opportunity to mix ingredients., stir batter, shape cookies, and take part in the baking process.

The Residents did hand hygiene and proper IPC measures were in place during the entire baking activity.



# WORLD HAND HYGIENE DAY



Our Residents, families and our team came together to celebrate **WORLD HAND HYGIENE**, learning the importance of proper handwashing and infection prevention in a fun and engaging way. Through an interactive presentation and group discussion, Resident were reminded that clean hands help everyone safe and healthy. Thank you to everyone who participated and supported this meaningful health awareness event. Together, we continue to promote a healthy and caring community at Cartier House.



# VICTORIA DAY, NURSES WEEK, ADMIN & VOLUNTEER DAY

## CELEBRATIONS



During **Nursing Week**, we took time to recognize and celebrate the dedication, compassion, and hard work of our nursing team. Residents joined in expressing their appreciation to the nurses who provide exceptional care, comfort, and support each day. The celebration was filled with gratitude, smiles, and heartfelt recognition of the important role our nurses play in creating a safe, caring and welcoming home and the difference they make everyday.



## Volunteer Appreciation:

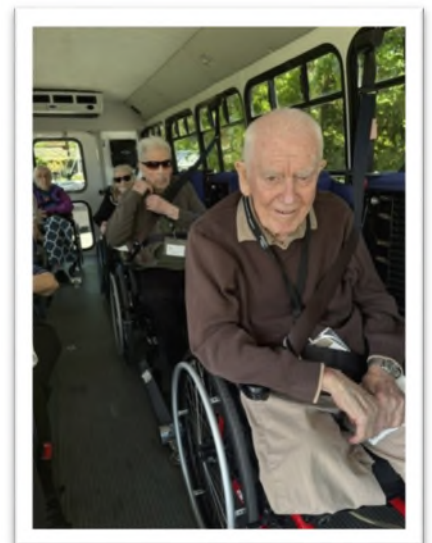


- We are grateful for the dedication, kindness, and generosity of our volunteers who share their time and talents with our Residents. During our **Volunteer Appreciation Celebrations**, we recognized and thanked these outstanding individuals for the positive impact they make in our community. Their support, compassion, and commitment help create meaningful experiences and brighten the lives of those we serve. Thank you all our volunteers for making a difference every day!



## BUS OUTING

### Scenic Drive to Stanley Park:



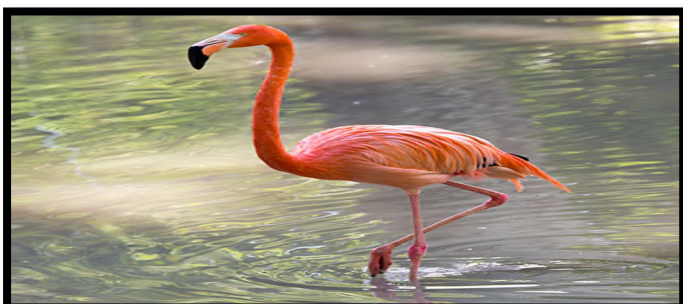
- Resident enjoyed a wonderful **scenic drive to Stanley Park**, Taking in the beautiful views, fresh air, and sunshine along the way. The outing provided an opportunity for Residents to socialize, relax and experience the natural beauty of Vancouver. Smiles, laughter, and great company made this community adventure a memorable experience for everyone.



## LUNCH CLUB



➤ Residents gathered for another enjoyable **Lunch Club**, sharing a delicious meal, meaningful conversation, and plenty of laughter. The welcoming atmosphere provided an opportunity to connect with friends, enjoy good food and create lasting memories together. Events like these continue to promote social engagement, companionship, and strong sense of community at Cartier House.



## LADIES CLUB



- The **Ladies Club** gathered for a delightful afternoon filled with friendship, conversation, and relaxation. Residents enjoyed spending time together over refreshments while sharing stories, laughter, and meaningful connections. This special gathering provided a warm and welcoming environment where everyone felt valued, engaged, and celebrated.



## MESSAGE FROM DEPARTMENT

Dear Residents, Families, and team members,

As we welcome the warmth and sunshine of June, we look forward to celebrating the special moments that bring our community together. This month, we are pleased to recognize Father's Day and honor all the fathers, grandfathers, and father figures whose love, wisdom, and guidance have enriched the lives of those around them. "We wish you a very Happy Father's Day and thank you for the lasting impact you continue to make within our community".

June also brings our much-anticipated Annual BBQ and Canada Day Celebration on June 24<sup>th</sup>, a wonderful opportunity for Residents, families, staff, and volunteers to gather, share a meal, and enjoy the spirit of togetherness. These celebrations remind us of the importance of connection, friendship, and creating meaningful memories together. We recognize the rich history, diversity, and spirit of our country. We look forward to honoring what makes Canada such a special place to call it home.

As we enter the summer season, Residents' safety and well-being remain our highest priority. With warmer temperatures ahead, our team will be actively implementing our Heat Preparedness Plan to help ensure everyone remains safe and comfortable. We encourage Residents and visitors to stay hydrated, wear light clothing, seek shaded or air-conditioned areas when possible, and notify staff if they experience any symptoms related to heat exposure.

Our care team will continue to monitor Residents closely during periods of elevated temperatures and take appropriate measures to promote comfort and prevent heat-related illness. We appreciate the support of families and visitors in helping us maintain a safe environment while enjoying all that summer has to offer.

Thank you for your ongoing trust, partnership, and commitment to our home. Together, we can celebrate the joys of the season while ensuring the health and safety of everyone in our community.

Wishing you a wonderful June filled with sunshine, laughter, and cherished moments with loved ones.

Sincerely,

**Carolina D. Reyes**

Site Leader/Director of Care | Cartier House Care Centre  
Park Place Seniors Living



## HOW TO GET INVOLVED

Join us for our Resident & Family Council meeting!  
The meeting is held 8 times per year; either in person or via Teams.

This gives both Residents & Families a chance to express concerns, provide ideas and suggestions, and stay up to date on the workings of Cartier House.

***Teams Link sent via email***

Resident & Family Council Meeting Date & Invite to follow – check your emails! If you don't receive an invite, please email:

[cartier.recreation@ppsl.com](mailto:cartier.recreation@ppsl.com)

## VOLUNTEER OPPORTUNITIES

Cartier House is looking for volunteers to join our team!  
Do you or anyone you know enjoy spending time with seniors or want to give back to your community?

If **YES**, kindly email [cartier.recreation@ppsl.com](mailto:cartier.recreation@ppsl.com) or call **604- 939- 4654 Extension 130** for more information!

Reported By:

Leo Bingcang, Recreation Assistant

**1419 Cartier Ave, Coquitlam, BC V3K 2C6**  
**(604) 939 - 4654**

