








June 2026 ~Arbours



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  8:45 REC Staff Meeting 10:00 Volleyball 11:00 Sports Review 1:00 Walk The Block 2:00 Resident Council 	2  8:15 Breakfast Buddies 10:00 News & Views 11:00 Tone Chimes 1:00 This Day in History 2:00 Bingo Time 3:00 Fireside Cello	3  8:15 Morning Greetings 9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 Music History	4  8:15 Breakfast Buddies 10:00 Meditation 11:00 Finish The Phrase 1:00 Daily News 2:00 BlackJack 21 3:00 Fireside Cello	5  8:15 Morning Greeting 10:00 Fun & Fitness 11:00 Parachute 1:00 Market Place 2:00 Jam Factory Celebration	6 
7  8:15 Morning Greeting Daily Chronicle 2:00  Sunday Church Nazarene	8  8:15 Morning Greeting 10:00 Volleyball 11:00 Sports Review 1:00 Walk The Block 2:00 Fill in the Blank 3:00 Paul McCartney	9  8:15 Breakfast Buddies 10:15 Trivia Time 11:15 Catholic Mass 1:00 One To One 2:00 Bowling  3:00 Fireside Cello	10  8:15 Morning Greetings 9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 Jukebox Hits	11  8:15 Breakfast Buddies 10:00 Meditation 11:00 Art Walk  1:00 Daily News 2:00 Creative Craft 3:00 Fireside Cello	12  8:15 Morning Greeting 10:00 Fun & Fitness 11:00 Spin To Win 1:00 Market Place 2:00 Ice Cream Social 	13 
14  8:15 Morning Greeting Daily Chronicle 2:00  Sunday Church Presbyterian	15  8:15 Morning Greeting 10:00 Volleyball 11:00 Sports Review 1:00 Walk The Block 2:00 Travelogue 3:00 Easy Bake Oven	16  8:15 Breakfast Buddies 10:00 Reminisce 11:00 Don't Go Over 1:00 This Day in History 2:00 Bingo -a-gogo 3:00 Fireside Cello	17  8:15 Morning Greetings 9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 Dave Gallant	18  8:15 Breakfast Buddies 10:00 Meditation 11:00 Finish The Phrase 1:00 Daily News 2:00 Creative Craft 3:00 Laugh Therapy	19  8:15 Morning Greeting 10:00 Fun & Fitness 11:00 Spin To Win 1:00 Market Place 2:00 Father's Day Social	20 
21 <u>Father's Day</u> 8:15 Morning Greeting Daily Chronicle  2:00  Sunday Church Brae Rd Gospel	22  8:15 Morning Greeting 10:00 Volleyball 11:00 Sports Review 1:00 Walk The Block 2:00 Horse Racing 3:00 Manta Rays	23  8:15 Breakfast Buddies 10:00 News & Views 11:00 Lionel Ritchie 1:00 One To One 2:00 Bocce  3:00 Art Walk 	24  8:15 Morning Greetings 9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 Jolly Trolley	25  8:15 Breakfast Buddies 10:00 Meditation 11:00 Art Walk  1:00 Daily News 2:00 Photo Shoot 3:00 Name That Tune	26  8:15 Morning Greeting 10:00 Fun & Fitness 11:00 Spin To Win 1:00 Market Place 2:00 The Islanders Summer Show	27 
28  Daily Chronicle 2:00  Sunday Church ShareWord Global	29  10:00 Volleyball 11:00 Sports Review 1:00 Walk The Block 2:00 Word Games	30  10:00 Reminisce 11:00 5 Names/Places 1:00 This Day in History 2:00 Bingo Time				31 



June 2026 ~Meadows



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  2:00 Bingo  Bonanza	2  10:00 Chair Yoga 2:00 Music History "Paul McCartney"	3  10:00 Exercise 10:30 Walk The Block 	4  10:00 Chair Yoga  	5  2:00 Memory Lane "Popcorn"	6 
7  2:00 Church Service Nazarene at the Arbours 	8  10:00 Country Drive 2:00 Fresh Baked Cookies	9  9:30 Meadows Breakfast 11:15 Catholic Mass @ Arbours	10  10:00 Exercise 10:30 Walk The Block 2:00 Circle of Friends 	11  10:00 Chair Yoga 2:00 Fill In The Blanks	12  2:00 Wine Time 	13 
14  2:00 Church Service Presbyterian at the Arbours 	15  2:00 Bingo  Bonanza	16  10:00 Chair Yoga 2:00 Music History "Lionel Ritchie"	17  10:00 Exercise 10:30 Walk The Block 2:00 Travelogue 	18  10:00 Chair Yoga  2:00 Trivia Time 	19  2:00 Memory Lane "Apple Pie & Ice Cream"	20 
21 <u>Father's Day</u>  2:00 Church Service Brae Rd Gospel at the Arbours	22  10:00 Country Drive 2:00 Word In A Word 	23  10:00 Chair Yoga 2:00 Bailey's & Ice Cream 	24  10:00 Exercise 10:30 Walk The Block 2:00 Circle of Friends 	25  10:00 Chair Yoga 2:00 Dice Box 	26  2:00 Music With Ken & James & Ice Cream Treats 	27 
28  2:00 Church Service ShareWord Global 	29  2:00 Bingo  Bonanza	30  10:00 Chair Yoga 2:00 Tenant Meeting				31 