


Mountain Lake Seniors Community Life Enrichment Calendar ~ Long Term Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Programs are subject to change. Please check the whiteboard for daily updates.</p>				<h1>May 2026</h1>		<p>1 10:30 Art Therapy 1:30 Nelson Christian School Visit 3:00 Sensory Visits</p>
<p>3</p>	<p>4 9:30 Friendly Visits 11:00 Outing: <i>Port 701 Restaurant</i> 2:00 Workshop</p>	<p>5 9:30 Beachview Bingo 1:30 Garden Club 3:00 Threshold Singers</p>	<p>6 10:00 Baking 2:00 Performance by Mountain Time Duo!</p>	<p>7 11:00 Music Therapy  2:00 Armchair Travel to South Korea! 2:15 Alpine Music Therapy 3:00 Bingo</p>	<p>8 Mother's Day Spa Day!  1:30 Nelson Christian School Visit</p>	<p>9</p>
<p>10 HAPPY Mother's DAY </p>	<p>11 9:30 Friendly Visits 11:00 Outing: <i>L&C French Bakery</i> 2:00 Workshop 3:30 Cello Performance with Ari!</p>	<p>12 9:30 Beachview Bingo 1:00 Library Visit 2:00 Anglican Church</p>	<p>13 10:00 Baking 2:00 Performance by Kevin & Friends!</p>	<p>14 11:00 Music Therapy 1:30 Resident & Family Council Meeting 1:30 Spring Crafting 2:15 Alpine Music Therapy 3:00 Bingo</p>	<p>15 Spring Plant, Craft & Bake Faire!  2:00 Birthday Social with the Jubilakers!</p>	<p>16</p>
<p>17</p>	<p>18 9:30 Friendly Visits 10:30 YouTubing with Paola 2:00 Workshop VICTORIA DAY</p>	<p>19 9:30 Beachview Bingo 2:00 Performance by Philip Seagram!</p>	<p>20 10:30 Singersize  2:00 Performance by Grass Fire!</p>	<p>21 11:00 Music Therapy 1:30 Garden Club 2:15 Alpine Music Therapy 3:00 Bingo</p>	<p>22 10:30 Chair Yoga 1:30 Patio Plating Party!</p>	<p>23</p>
<p>24</p>	<p>25 9:30 Friendly Visits 11:00 Outing: <i>Lakeside Park</i> 2:00 Workshop</p>	<p>26 9:30 Beachview Bingo 2:00 First Baptist Church</p>	<p>27 10:30 Singersize 1:30 Performance by Steve Quatrocci! 3:00 Garden Club</p>	<p>28 11:00 Music Therapy 1:30 Reading & Reminiscing 2:15 Alpine Music Therapy 3:00 Bingo</p>	<p>29 10:30 Chair Yoga 1:30 Catholic Mass</p>	<p>30</p>
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Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Programs are subject to change. Please check the whiteboard for daily updates. RR = Rec Room</p> <h1 style="font-size: 4em; margin: 0;">May 2026</h1>					1	2
3	4	5	6	7	8	9
	11:00 Outing: <i>Port 701 Restaurant</i> 2:00 Workshop	11:00 Exercises 1:30 Garden Club 3:00 Threshold Singers	10:00 Baking 2:00 Performance by Mountain Time Duo!	 11:00 Exercises 1:00 Music Therapy 2:00 Armchair Travel to South Korea! ~RR	11:00 Mother's Day Spa Day! 1:30 Nelson Christian School Visit 3:00 Bingo	
10	11	12	13	14	15	16
	11:00 Outing: <i>L&C French Bakery</i> 2:00 Workshop 3:30 Cello Performance with Ari!	11:00 Exercises 2:00 Library Visit 2:00 Anglican Church 2:30 Bingo	10:00 Baking 2:00 Performance by Kevin & Friends!	11:00 Exercises 1:00 Music Therapy	15 Spring Plant, Craft & Bake Faire!  2:00 Birthday Social with the Jubilakers!	
17	18	19	20	21	22	23
	2:00 Workshop VICTORIA DAY	11:00 Exercises 2:00 Performance by Philip Seagram! ~RR	 2:00 Performance by Grass Fire!	11:00 Exercises 1:00 Music Therapy	<i>KCC Massage Visit</i> 10:30 Chair Yoga ~RR 12:30 General Store 1:30 Patio Plating Party! 3:00 Bingo	
24	25	26	27	28	29	30
	11:00 Outing: <i>Lakeside Park</i> 2:00 Workshop	11:00 Exercises 2:00 First Baptist Church 2:30 Bingo	1:30 Performance by Steve Quatrocci! ~RR 3:00 Garden Club	11:00 Exercises 1:00 Music Therapy	10:30 Manicures BBQ Lunch! 1:30 Catholic Mass 2:30 Happy Hour!	
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