

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2026

Maple Court & Willow Place.

 <h1 style="text-align: center;">May 2026</h1> <p style="text-align: center;">Maple Court & Willow Place.</p>						<p>10 Calendar Handout 1 <i>11 Communion Service</i> <i>St. Nicholas Church A</i> 1:30 Card Game C</p>	<p>10 Morning Exercise 2 11 Friendly Visits 1:30 Curling GR 3:30 Gentle Connection</p>
<p>3 10 Target Toss GR 11 Friendly Visits <i>1:30 Hymn Sing A</i> 3:30 Trivia and Coffee</p>	<p>4 10 Morning Exercise GR 11 Friendly Visits 2:00 Bingo C 3:45 Gentle Connection</p>	<p>5 Cinco de Mayo 10 Bean Bag Toss GR 11 Friendly Visits 1:30 Resident & Family Council Meeting GR 3:30 Crazy 8's GR 3:30 LCR Dice Game C</p>	<p>6 10 Gentle Connection GR 11 Friendly Visits <i>1:30 Prayer Group V/GR</i> 3:30 Card Game GR</p>	<p>7 10:00 Bocce GR 11 Friendly Visits 2:00 Bingo C 3:45 Gentle Connection</p>	<p style="text-align: center;">May Day</p> <p>8 10 Outdoor Walks 11 Friendly Visits 1:30 Nail Spa GR 3:30 Card Game GR</p>	<p>9 10 Balloon Ball GR 11 Friendly Visits 1:30 Tuck Shop 3:30 Gentle Connection</p>	
<p>10 Mother's Day 10:30 Mother's Day Tea <i>1:30 Church Service</i> <i>Living Waters A</i> 3:30 Sing Along GR <small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>11 10 Morning Exercise GR 11 Friendly Visits 2:00 Bingo C 3:45 Trivia and Coffee GR</p>	<p>12 10 Curling GR 11 Friendly Visits 1:30 Music with Christine A 3:30 Crazy 8's GR 3:30 LCR Dice Game C</p>	<p>13 10 Target Toss GR 11 Friendly Visits 1:30 Outdoor Walks 3:30 Gentle Connection</p>	<p>14 11 Pacific Academy Students M 2:00 Bingo C 3:45 Gentle Connection</p>	<p>15 <i>11 Rosary Service</i> <i>St. Nicholas Church A</i> 1:30 Intramural Sports (1st floor VS. 2nd Floor) 3:30 Card Game GR</p>	<p>16 10 Morning Exercise GR 11 Friendly Visits 1:30 Sing Along GR 3:30 Gentle Connection <small>Armed Forces Day</small></p>	
<p>17 10 Bean Bag Toss GR 11 Friendly Visits <i>2:00 Church Service</i> <i>Evangelical A</i> 3:30 Nail Spa</p>	<p>18 Victoria Day 11 May Day Parade (Weather Permitting) 2:00 Bingo C 3:45 Friendly Visits <small>Victoria Day (Canada)</small></p>	<p>19 10 Curing GR 11 Friendly Visits 3:30 Crazy 8's GR 3:30 LCR Dice Game C</p>	<p>20 10 Outdoor Walks 11 Friendly Visits <i>1:30 Prayer Group V/GR</i> 3:30 Sing Along GR</p>	<p>21 10 Balloon Ball GR 11 Friendly Visits 2:00 Bingo C 3:45 Gentle Connection <small>Shavuot Begins</small></p>	<p>22 10 Fitness Fun GR 11 Friendly Visits 1:30 Sing Along GR 3:30 Card Game GR</p>	<p>23 10 Outdoor Walks 11 Friendly Visits 1:30 Intermural Sports (1st floor VS. 2nd Floor) 3:30 Card Game GR</p>	
<p>24 10 Outdoor Walks 11 Friendly Visits <i>1:30 Hymn sing</i> 3:30 Bingo C</p>	<p>25 10 Morning Exercise 1:30 Birthday Party with Brian Zalo 3:30 Friendly Visits <small>Memorial Day</small></p>	<p>26 10 Bocce GR 11 Friendly Visits 1:30 Music with Christine A 3:30 Crazy 8's GR 3:30 LCR Dice Game C</p>	<p>27 10 Morning Exercise 11 Friendly Visits 1:30 Target Toss GR 3:30 Sing Along GR</p>	<p>28 10 Curling GR 11 Friendly Visits 2:00 Bingo C 3:45 Trivia and Coffee GR</p>	<p>29 10 Gentle Connection GR 11 Friendly Visits 1:30 Intermural Sports (1st floor VS. 2nd Floor) 3:30 Card Game GR</p>	<p>30 10 Fitness Fun GR 11 Friendly Visits 1:30 Sing Along 3:30 Card Game GR</p>	
<p>31 10 Bocce GR 11 Friendly Visits <i>1:30 Hymn Sing A</i> 3:30 Trivia and Coffee</p>	<p><u>Program Venue</u> M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way</p> 						

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May 2026

Alder Way & Cherry Lane.

				<h1>May 2026</h1> <p>Alder Way & Cherry Lane.</p>				10 Calendar Handout 1 <i>11 Communion Service</i> <i>St. Nicholas Church A</i> 1:30 Card Game C	2 10 Ball Toss A 11 Friendly Visits 1:30 Tuck Shop 3:30 Tabletop Game A
								May Day	10 Sing for your Fitness 8 A 11 One Line Bingo C 1:30 Trivia A 3:30 Card Game GR 3:30 Tabletop Game A
3 10 Coffee Updates & Trivia C 11 Friendly Visits <i>1:30 Hymn Sing A</i> 3:30 Tabletop Game C	4 10 Fitness Fun A 11 Friendly Visits 2:00 Bingo C 3:45 Name that Tune	5 Cinco de Mayo 10 Baking – Churros C 11 Friendly Visits 1:30 Resident & Family Council Meeting GR 3:30 Crazy 8's GR 3:30 LCR Dice Game C	6 10 Morning Fitness A 11 Friendly Visits <i>1:30 Prayer Group V/GR</i> 3:30 Card Game GR 3:30 LCR Dice Game C	7 11 Pacific Academy Students A 2:00 Bingo C 3:45 Gardening	8 10 Sing for your Fitness A 11 One Line Bingo C 1:30 Trivia A 3:30 Card Game GR 3:30 Tabletop Game A	9 10 Bean Bag Toss A 11 Friendly Visits 1:30 Tabletop Game A 3:30 Gardening C			
10 Mother's Day 10:30 Mother's Day Tea <i>1:30 Church Service</i> <i>Living Waters A</i> 3:30 Tabletop Game C <small>Mother's Day National Skilled Nursing Care Week</small>	11 10 Outdoor Walks 11 Friendly Visits 2:00 Bingo C 3:45 Bean Bag Toss C	12 10 Fitness Fun A 11 Friendly Visits 1:30 Music with Christine A 3:30 Crazy 8's GR 3:30 LCR Dice Game C	13 10 Outdoor Walks 11 Friendly Visits 1:30 Nail Spa 3:30 Card Game A	14 10:15 Intermural Sports (1 st floor VS. 2 nd Floor) 2:00 Bingo C 3:45 Aroma Therapy A	15 10 Gardening C <i>11 Rosary Service</i> <i>St. Nicholas Church A</i> 1:30 Intramural Sports (1 st floor VS. 2 nd Floor) 3:30 Card Game GR 3:30 Tabletop Game C	16 10 Sing for you Fitness A 11 Friendly Visits 1:30 Tuck Shop 3:30 LCR Dice Game A <small>Armed Forces Day</small>			
17 10 Coffee Updates & Trivia C 11 Friendly Visits <i>2:00 Church Service</i> <i>Evangelical A</i> 3:30 Tabletop Game C	18 Victoria Day 11 May Day Parade (Weather Permitting) 2:00 Bingo C 3:45 Friendly Visits <small>Victoria Day (Canada)</small>	19 10 Fitness Fun A 11 Friendly Visits 3:30 Crazy 8's GR 3:30 LCR Dice Game C	20 10 Spring Baking C 11 Friendly Visits <i>1:30 Prayer Group V/GR</i> 3:30 Card Game A	21 10 Outdoor Walks 11 Friendly Visits 2:00 Bingo C 3:45 Aroma Therapy A <small>Shavuot Begins</small>	22 10 Gardening C 11 Friendly Visits A 11 One Line Bingo C 1:30 Aroma Therapy C 3:30 Sentimental Journey A 3:30 Card Game GR	23 10 Outdoor Walks with Lemonade C 1:30 Intermural Sports (1 st floor VS. 2 nd Floor) 3:30 Card Game GR 3:30 LCR Dice Game			
24 10 Nail Spa A 11 Friendly Visits C <i>1:30 Hymn Sing A</i> 3:30 Bingo C	25 10 Gardening C 1:30 Birthday Party with Brian Zalo 3:30 Friendly Visits <small>Memorial Day</small>	26 10 Outdoor Walks 11 Friendly Visits 1:30 Music with Christine A 3:30 Crazy 8's GR 3:30 LCR Dice Game C	27 10 Fitness Fun A 11 Friendly Visits 1:30 Nail Spa 3:30 Card Game A	28 11 Pacific Academy Students C 2:00 Bingo 3:45 Trivia in the Courtyard	29 10 Gardening 11 One Line Bingo C 1:30 Intermural Sports (1 st floor VS. 2 nd Floor) 3:30 Card Game GR 3:30 LCR Dice Game C	30 10 Outdoor Walks 1:30 Tuck Shop 3:30 Card Game GR 3:30 Coloring C			
31 10 Coffee Updates & Trivia C 11 Friendly Visits <i>1:30 Hymn Sing A</i> 3:30 Tabletop Game C	<p style="text-align: center;"><u>Program Venue</u> M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way</p>								

The Scoop

Fort Langley Seniors Community



May 2026

By Mikayla Vander Helm, Recreation Manager BTR



WHAT'S NEW

TAKE A LOOK INSIDE

For updates in the community

UPCOMING EVENTS & PHOTOS

Upcoming events and check out photos!

SITE LEADER CORNER

Check-in from our Site Leader - Erick

Table of Contents

Upcoming Events	3
Photos of FLSC	4
Home Updates	5
Site Leaders Corner	6
Contact Information	7
Fun Corner	8
Nurse's Week	9
Other	10

Our Mission

What We Do

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a "voice and a choice" for everyone we serve.

Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: fortlangley.rectherapy@ppsl.com

Upcoming Events:

For the month

- ❖ **Resident & Family Council Meeting** – Tuesday May 5
- ❖ Friday May 1 and 15 at 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Tuesday May 12 and 26 at 1:30 – **Music with Christine**
- ❖ Sunday May 10 and 17 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Thursday May 7, 14 and 28– **Pacific Academy Gr 2 Students** (Rotating neighborhoods every week. See calendar for details)
- ❖ Monday May 25 at 1:45– **Monthly Birthday Party with Brian Zalo** (See page 8 for more details)

Please check the daily activity board in each neighborhood

Recreation & Spiritual Care Programs are scheduled based on staff, clergy or volunteer availability and are subject to change.

Pictures of FLSC



Home Updates

Resident & Family Council Meeting

Join us for our monthly resident and family council meeting.

Tuesday May 5, 2026, at 1:30PM in the Great Room (Second Floor)

Family Monthly Education

Park Place Seniors Living Brochure:

1. What is (RAI-MDS)
2. Your Role in Medication Safety
(Brochures located in Lobby)

Code of the Month: May – Code Green – Evacuation

Acknowledging – World Hygiene Day
May 5, 2026



Alzheimer's Society Resources for Families

The Alzheimer Society offers education, print resources, and direct support through their First Link program, which connects families to information, programs, and local services across BC. We encourage families who may be feeling overwhelmed or unsure where to turn to explore these resources.

Helpful Links:

- Dementia print resources:
<https://alzheimer.ca/bc/en/help-support/programs-services/dementia-resources-bc/print-resources>
- First Link® Dementia Helpline:
<https://alzheimer.ca/bc/en/help-support/find-support-bc/first-link-dementia-helpline>
- First Link® referrals for families:
<https://alzheimer.ca/bc/en/help-support/programs-services/first-linkr-referrals>

Site Leaders Corner

May is here, and with it comes more opportunities to connect, celebrate, and enjoy time together in our community. We look forward to another month filled with special moments together.

We are pleased to welcome back the Pacific Academy students throughout May. Their visits on Thursday, May 7, 14, and 28 bring warmth and joy into our home as they sing, read, and spend time with their “grand friends.” These intergenerational connections continue to be a highlight for many of our residents.

A cherished Fort Langley tradition returns this month with the May Day Parade on Monday, May 18 (Victoria Day) along Glover Road. The parade will run from 11:00 AM to 12:30 PM, offering a wonderful opportunity for residents and families to enjoy the festivities and community spirit together.

We will also be celebrating our residents with our Monthly Birthday Party on Monday, May 25, featuring Brian. This is always a joyful occasion filled with music, laughter, and recognition of the special individuals who make up our community.

As part of our ongoing commitment to supporting residents and families, we encourage you to review page 5 of this newsletter, which highlights valuable Alzheimer’s resources. This section includes educational materials, printed resources, and information about the *First Link* program—an important service that connects families to support, programs, and local services across British Columbia.

In follow-up to our April update, our team continues to actively prepare for our upcoming Accreditation Canada survey. Accreditation plays a key role in ensuring we meet national standards for quality, safety, and resident-centered care. We invite you to stay informed by visiting our Quality Board located by Nursing Station 1, where you can find updates on our progress and initiatives focused on continuous improvement.

As always, our priority remains creating a safe, welcoming, and engaging environment where residents feel valued and supported. We are grateful for the continued involvement of our families, staff, volunteers, and community partners who contribute to making Fort Langley Seniors Community such a special place.

Thank you for being part of our community. We look forward to sharing another meaningful month together.

Erick Bautista, *Site Leader*

Contact Information *Fort Langley Seniors Community 604.888.0711*

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Donald Fleming	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>	Darlene Dela Cruz	Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation & Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	fortlangley.socialworker@ppsl.com <i>Onsite Monday, Thursday, and Fridays</i>
<i>Dietitian</i>	Caitlyn McNeill	Ext. 130	Fortlangley.dietitian@ppsl.com <i>Onsite Tuesday, Wednesday, and alternating Thursdays</i>
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca <i>Onsite Tuesdays and Thursdays</i>
<i>Physiotherapist Temp</i>	Krupa Patel	Ext. 129	krupa.patel@saliusrehab.ca <i>Onsite Tuesdays and Fridays</i>
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	Please call the extension for the correct neighborhood.

Fun Corner & Other

May

BIRTHDAYS

Gina L - May 2
Linda V - May 4
Mary A - May 11
Margaret D - May 11
Jerry p - May 13
Tami C - May 14
Ba V - May 15
Bradley P - May 19
Gretel H - May 22
Margaret P - May 26
Douglas S - May 30

MAY

Birthday PARTY

Monday May 25 at
1:45 with Brian Zalo
in Alder

Happy Mother's Day

You're not just a mother, you're our superhero.
Thank you for everything

Mother's Day Brunch

SUNDAY MAY 10 AT 12:30PM

EGG BENEDICT
HOLLANDAISE
SAUCE
HASHBROWNS &
BACON
FRESH FRUIT

Nurse's Week

May 11 - 17

From **May 11–17, 2026**, we proudly recognize **National Nursing Week in Canada** and extend our heartfelt appreciation to our incredible nursing team.

Our nurses play a vital role in the health, safety, and well-being of our residents every day. Their compassion, clinical expertise, advocacy, and dedication create a foundation of trust and comfort for residents and families alike. Whether providing hands-on care, offering reassurance, or supporting families during challenging moments, our nurses consistently go above and beyond.

During Nursing Week, we pause to say **thank you** for your commitment, resilience, and professionalism. Your work makes a meaningful difference in the lives of those we serve, and we are truly grateful for all that you do - not just this week, but every day.

Happy Nursing Week!



Other

Recreation Department Wishlist

- Individually pre-wrapped snack sized chocolate – For Bingo Prizes
- Vinyl records, for our music cart
- *Take a look at our Amazon Wishlist & order right from Amazon:*
https://www.amazon.ca/hz/wishlist/ls/3HY45HMBVT89J?ref_=wl_share
- Thank you

Appreciation

Employee of the Month:
May – Harveen



Good News Story: A Small Device That Made a Big Difference

Before using the pocket talker, this resident often felt confused and overwhelmed during care. She could not clearly hear what was happening, which made personal care feel unexpected and threatening, leading her to be resistive at times. Since introducing the pocket talker, care aides are now able to explain each step of care as they go, and she can fully hear and understand what is being done. As a result, she feels reassured, safe, and respected, and she is noticeably less resistive to care.

Family visits have also become far more meaningful. The resident can now clearly hear what her family members are saying, allowing her to engage in real conversations rather than simply observing. This has deepened her connection with her loved ones, and her family has shared how much happier they are knowing she can truly participate in their visits and enjoy their time together.

The pocket talker has also transformed her experience during group activities. Previously, she would become very loud because she could not hear instructions or conversations and didn't understand what was going on. Now, with improved hearing and comprehension, she can follow along, participate appropriately, and genuinely enjoy herself. She is more relaxed, engaged, and enthusiastic during activities, showing clear signs of enjoyment and inclusion.

Overall, the pocket talker has greatly improved the resident's quality of life - reducing anxiety, improving communication, and allowing her to feel connected, confident, and happy again.

