



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Happy Mother's Day</p>	<h1>May Calendar</h1> <h2>Courtyard Terrace</h2>			 <p>VICTORIA DAY</p>	1 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 Bingo 2:00	2 CT Book Club Time 10:30 Board Games All day 😊
3 Meditation & Quiet Time 10:30 am	4 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 Bingo 2:00	5 Daily Horoscope 9:15 Residents Council Meeting 10:30 Board Games 11:00 Nail Painting 2:00	6 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 Happy Hour Bingo 2:00	7 Daily Horoscope 9:15 Musical Exercise 9:30 Board Games 10:30 Arts and Craft 2:00	8 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 High Tea Party 2:00	9 CT Book Club Time 10:30 Board Games All Day 😊
10 Hymn Sing with Grace 6:00 pm	11 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 Bingo 2:00	12 Daily Horoscope 9:15 Preparation for the outing 9:30 Walmart Outing 10:30 Arts and Crafts 2:30	13 Daily Horoscope 9:15 Musical exercise 10:30 Trivia 11:00 Bingo 2:00	14 Daily Horoscope 9:15 Musical Exercise 9:30 My Voice Meeting 10:30 Board Games 2:00	15 Daily Horoscope 9:15 Sign Language Class 10:30 Trivia 11:00 Bingo 2:00	16 CT Book Club 10:30 Board Games All Day 😊
17 Free Day 😊	18  <p>HAPPY Victoria DAY</p>	19 Daily Horoscope 9:15 Preparation for the Outing 9:30 Residents Choice Outing 10:30 Board Games 2:30	20 Daily Horoscope 9:15 Life Enrichment Meeting 10:30 Trivia 11:00 Bingo 2:00	21 Daily Horoscope 9:15 CT Holy Mass by Fr. Dieudonne 10:30 Arts & Craft 11:00 Board games 2:00	22 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 Happy Hour Bingo 2:00	23 CT Book Club 10:30 Board Games All Day 😊
24 Hymn Sing with Grace 6:00 pm Free Day 😊	25 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 Bingo 2:00	26 Daily Horoscope 9:15 Preparation for the outing 9:30 Walmart Outing 10:30 Arts and Craft 2:00	27 Daily Horoscope 9:15 Musical Exercise 9:30 Trivia 11:00 Bingo 2:00	28 Daily Horoscope 9:15 Sign Language Class 10:30 Board Games 11:00 Monthly Birthday Celebration 2:00	29 Daily Horoscope 9:15 Dining Committee Meeting 10:30 Trivia 11:00 Bingo 2:00	30 CT Book Club 10:30 Board Games All Day 😊

MAY 2026



Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: www.parkplaceseniorsliving.com T: 604 437 6262

Dear Resident, Family and Staff,

We will be hosting a Mother's Day High Tea on May 8th, 2026 at 2:00pm. If you would like to join your loved one during the celebration, please speak with Cathy.

In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved

NEW & NOTEWORTHY

Our Accreditation Audit has been rescheduled to November 2026 by Accreditation Canada.

While we were prepared for the survey in June, we now have additional time to strengthen our policies and procedures to ensure we are providing the best care possible.



IMPORTANT DATES

DATE – May 8, 2026

High Tea Party
(Mother's Day Celebration)

DATE – May 10, 2026

Mother's Day

DATE – May 18, 2026

Victoria Day

DATE – May 28, 2026

Monthly Birthday Celebration

Our Mission

What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision

Why We Exist

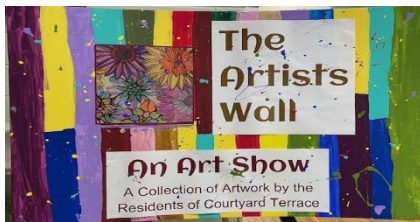
At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity respect and empathy.

COURTYARD TERRACE SNAP SHOTS

Wellness Education Month



Bingo Time



DO YOU KNOW...



Upcoming Events

Resident's Council Meeting

Tuesday, May 5, 2026
(Lounge -10:30 am)

High Tea Party (Mother's Day Celebration)

Friday, May 8, 2026
(Lounge -2:00 pm)

Mother's Day

Sunday, May 10, 2026
(Happy Mother's Day to all mothers 😊)

Walmart Outing

Tuesday, May 12, 2026
(Departure 10:30am–Arrival 2:30 pm)

My Voice Meeting w/ Michelle

Thursday, May 14, 2026
(Dining Area – 10:30 am)

Victoria Day

Monday, May 18, 2026
(Enjoy your day everyone 😊)

Residents Choice of Outing

Tuesday, May 19, 2026
(Departure 10:30am- Arrival 2:30 pm)

Life Enrichment Committee Meeting

Wednesday, May 20, 2026
(Dining Area – 10:30 am)

CT Holy Mass by Fr. Joseph

Thursday, May 21, 2026
(Lounge, 10:30 am)

Walmart Outing

Tuesday, May 26, 2026
(Departure 10:30am- Arrival 2:30 pm)

Monthly Birthday Celebration

Thursday, May 28, 2026
(Lounge – 2:00 pm)

CT Dining Committee Meeting

Friday, May 29, 2026
(Dining Area – 10:30 am)



Courtyard Business Corner

Request: Let's start to keep ourselves busy and enjoy the spring/summer seasons. If you have in mind to try something new this season, please feel free to go the REC office and tell me what is it, and I will be delighted to hear your new ideas.

CT Store: Available between the hours **9:00 – 4:30 pm Monday - Friday**. Recreation will be glad to assist you.

Items Available: Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels, Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

Thank you and Always Stay Healthy with a SMILE 😊

MEET THE TEAM:



Mar



MJ



Stela



Josephine



Irma



Kelly



Simran



Samir



Ariana



Michelle



Poonam



Roxanne



Aman



Jessica



KC



Maribel



Caitlin



Tessa



Marife



Lorie



Yemisi



Cherry



Suki



Sim



Nicole



Elaine



Zyhra



Lesya



Shelby



Cathy

STAFF ANNIVERSARIES

HAPPY Work Anniversary



11 years



How to Reach Us

Michelle 604 437 6262 ex 1 or
MBragg@Simpeq.ca.

Cathy: 604 437 6262 ex 5 or
rec.ct@Simpeq.ca

Jessica 604 437 6262 ex 2 or
ctreception@Simpeq.ca

Marlou: 604 437 6262 ex 3

Shout Outs

I want to take a moment to thank the entire team at Courtyard Terrace. It truly is a pleasure to work with each and every one of you

I am grateful to know that in my absence, the team is able to step up and work together to ensure Courtyard Terrace continues to provide exceptional care.

I enjoy coming to work each day and spending the day with my work family laughing and smiling.

Thank you!



MAY BIRTHSTONE
AND BIRTHFLOWER

May Birthstone

• Emerald •



Thought to improve memory, faith, and intuition, **emeralds** are a symbol for constancy and true affection. Some cultures believe them to grant their owner foresight, good fortune and youth. The name emerald is derived from the Greek word 'smaragdus' meaning 'green'.

may

BIRTH FLOWER

motherhood
chastity
purity
sweetness



LILY of the VALLEY

BIRTHDAYS THIS MONTH

MAY 2026

HAPPY BIRTHDAY



Arthur - 7th



Maggie - 14th



Arzina - 20th



RESIDENTS CORNER


CT Library

We were proud to have Graeme Menzies read from his biography *Bones: The Life & Adventures of Doctor Archibald Menzies*. The reading was sponsored by, not only the Courtyard Library, but also The Residents Council.

Graeme read to us about the exciting life of Doctor Menzies sailing around the world with Captains Cook and Vancouver, as a botanist and Naval Surgeon. There were many questions after the reading.

There are copies of your book *A Collection of Our Reflections for the Year 2025* available in the Library. The book contains all your thoughts, wishes, and intentions which you wrote on the whiteboard in the library over the year of 2025. If there are no books there, let the staff know. We can get you a copy.

More Spring Cleaning! Do you have any Library books that you have finished reading? Now is the time to return them to the Library!


Happy Reading 

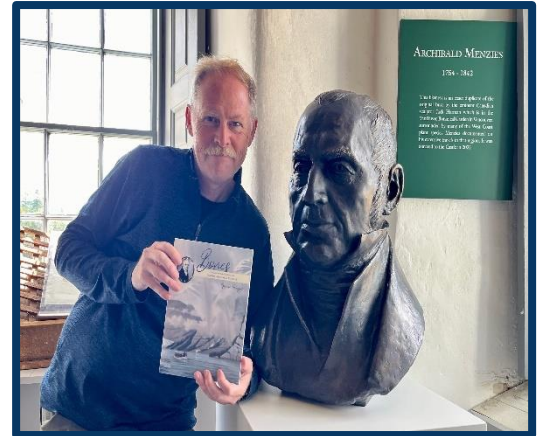
Garden Club

Oh things are popping! The Ajuga is particularly lovely with beautiful deep blue flowers. We have the ever proficient Bluebells and the dainty flowers, but incredible leaves, of the Coral Bells. There are two Azaleas about ready to pop, the red flowers in Dogwood Haven and pink flowers in Serenity Garden.

Waiting for the earth to warm up a bit before planting the veggies. We tried the peas and beans but have seen nothing going on yet.

We still have to remain on the hunt for aphids. We spray them with a combination of dish soap and water. Sometimes we add onion and garlic juice; apparently they do not like that. We had to move some of our sensitive plants, like poppies, to pots because of slugs and cut worms. That is called creative gardening! We always figure it out as we go!

Happy Gardening 



INFECTION PREVENTION AND CONTROL

Audit Findings

The following audits were completed in February with no actionable items:

- Declutter Audit
- Soiled Utility Audit
- Weekly Housekeeping Audit
- Safety and Sanitation Audit
- Communication Audit
- Meal Care Audit
- Kitchen Cleanliness Audit
- Hand Hygiene Audit
- Donning and Doffing audit

We are working hard to reach compliance with the environmental marker audit. We continue to see improvement. I am hopeful that with are continued diligence, we will soon reach compliance,

Copies of the audits will be placed on the What We Are Up To Quality Board located in the east hallway by the entrance to the dining room.

DEPARTMENT UPDATES

On May 13, 2026 Courtyard Terrace will be participating in a WorkSafe BC COR Audit. An auditor will be on site evaluating all things related to occupation health and safety. They will be completing interviews with staff, reviewing policy and observing staff behavior.

Policy Updates

Accreditation is from June 15, 2026 – June 19, 2026.

We have posted more information on Emergency Preparedness. Please take a moment to review it.

If you have any questions regarding anything that is posted in the hallways, please speak with Michelle or any of the LPNs.



OUR FOUR STRATEGIC IMPERATIVES

1. Care Complexity

1. Education and Training
2. Risk Management
3. Care Collaboration and Planning

2. Staffing Stability

1. Retention and Recruitment
2. Education and Training
3. Collaboration with Stakeholders

3. Supportive Infrastructure

1. Procurement Planning
2. Capital and IT Planning
3. Preventative Maintenance

These are the new strategic imperatives.

More to come.



4. Enhanced Communication

1. Task and Time Efficiencies
2. Internal Communication
3. Resident and Family Satisfaction
4. Technology Utilization

Do you think we are doing a great job? Why not leave us a Google review. Just scan the QR code with your phone.



HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

- 1. Talk with the staff on-shift about how your loved one is doing** and update them on changes you see.
- 2. Join or attend a committee or council meeting.** Please come and join us.
- Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
- 4. Provide recreation ideas** that your family would enjoy! Email Cathy at rec.ct@Simpeq.ca
- 5. Volunteer.** Your help matters and is always truly appreciated!
- 6. Submit your ideas and suggestions** on forms available at the What We Are Up To board. We welcome your ideas and suggestions.



PARK PLACE
SENIORS LIVING
Enriching Lives of Seniors

Our Values

Together we STRIVE for Excellence

S Safety & Quality
By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.

T Teamwork & Partnerships
By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

R Responsibility & Stewardship
By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

I Innovation & Creativity
By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

V Voices that are Respected
By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

E Empathy & Trust
By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.



WWW.PARKPLACESENIORSLIVING.COM

Monthly Meetings

The Resident Council meets on the first Tuesday of every month at 10:30am in the dining room.

The My Voice Meeting is held on the second Thursday of the month at 10:30am in the dining room.

The Courtyard Terrace Dining Committee meeting is held on the last Friday of the month at 10:30am in the dining room.

Life Enrichment Committee meeting is held on the third Wednesday of the month at 10:30am in the dining room.

Useful Numbers

Foot Care: Sole Provider Foot Care
Tyffany 604 341 7087

Meet your Resident Council



Co-chair Shea

Meet your Resident Council



Co-chair Michael