

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Benevolence Care Centre



9:30pm Fun & Fitness (2)
2:15pm Bingo (M)
 3:30pm Ball Toss (3)
 Mental Health Week Sale
 1:30pm-2:30pm (Lobby)
 May Day

12:45pm **Worship Service (2-DR)**

Legend:
 LR – Living Room
 FR – Family Room
 DR – Dining Room
 P - Patio
 W – West
 E – East
 (3) – 3rd floor
 (2) – 2nd Floor
 (M) – Main floor

3
10:00am 1-1 Communion & Blessing Visits
 Mental Health Week Sale
 9:30am-11:30am (Lobby)
 12:45pm Devotions (M)
 1:30pm Star Wars Trivia (3)
 2:30pm Star Wars Movie (2)
 3:30pm Star Wars Colouring (M)
 Star Wars Day

4
 9:30am Guided Relaxation (3)
10:30am Cinco De Mayo Craft (2)
 12:45pm Mental Health Trivia (M)
1:30pm Hand Hygiene Education (DR – all floors)
2:15pm Bingo (3)
 3:30pm 1-1 Visits
 World Hand Hygiene Day
 Cinco de Mayo

5
 9:30am Manicures (M)
10:30am Cinco De Mayo Craft (3)
 12:45pm Mental Health Word Search (2)
 "Get Loud" for Mental Health Party ft. live music 2pm (M-DR)
 3:30pm 1-1 Visits

6
 9:30am Relaxation Yoga (2)
 10:30am Mental Health Word Search (M)
 12:45pm Indoor Gardening (3)
 1:30pm Do You Hear What I Hear? (3)
2:15pm Cinco De Mayo Craft (M)
 3:30pm Watercolour Paint (2)

7
 9:30am Fun & Fitness (M)
 10:30am Card Games (3)
 12:45pm 1-1 Visits
 1:30pm Outdoor Walks (M)
2:15pm Bingo (2)
 3:30pm Guided Relaxation (3)

8
 12:45pm **Worship Service (2-DR)**

10

 Mother's Day
 National Skilled Nursing Care Week

11
10:00am 1-1 Communion & Blessing Visits
 9:30am Colouring (2)
 10:30am Memory Match (M)
 12:45pm Devotions (3)
 1:30pm Seated Yoga (2)
2:30pm Mother's Day Ladies Tea (M-DR)
 3:30pm 1-1 Visits

12
 9:30am Indoor Gardening (M)
10:00am Food Committee (FR)
 10:30am Watercolour Painting (2)
1:00pm Elementary School Visit (DR - all floors)
2:15pm Bingo (3)
 3:30pm Outdoor Walks (2)
 5:00pm Famous Faces (3)
6:00pm Bible Study Group (2-DR)
 7:00pm 1-1 Visits

13
10:00am Virtual Catholic Mass (M – LR)
 12:45pm Name that Tune (3)
 1:30pm Rock Paper Scissors (2)
 2:15pm Penny Ante (M)
 3:30pm Balloon Volleyball (2)

14
 9:30am Meditative Colouring (3)
 10:30am Coffee on the Patio (M)
 12:45pm Penny Ante (2)
 1:30pm Ring Toss (3)
2:15pm Bingo (M)
 3:30pm Jeopardy (2)
 4:00pm 1-1 Visits
 5:00pm Rock Paper Scissors (3)
 6:00pm Devotions (M)
 7:00pm Name that Tune (2)

15
 9:30am Fun & Fitness (3)
 10:30am Manicures (2)
 12:45pm Seated Yoga (M)
 1:30pm Hymn Sing (3)
 2:30pm Gratitude Journaling (2)
 3:30pm 1-1 Visits

16
 12:45pm **Worship Service (2-DR)**
 10:30am Dice Games (2)
 12:45pm Balloon Badminton (M)
1:30pm Baking Group (3)
 2:30pm 1-1 Visits
 Armed Forces Day

17
Mealtimes:
Breakfast:
 8:30am – 9:30am
Lunch:
 11:45am – 12:45pm
Dinner:
 4:45pm – 5:45pm

18

19
 9:30am Devotions (M)
 10:30am Dancercise (2)
 12:45pm Manicures (3)
2:15pm Birthday Party (2)
 3:30pm Outdoor Walks (M)

20
 9:30am Colouring (M)
10:30am Bingo (2)
 12:45pm Name that Tune (2)
 1:00pm Ladder Golf (3)
 1:30pm Famous Faces (M)
2:15pm Birthday Party (3)
 3:30pm Washer Toss (2)

21
 9:30am Coffee on the Patio (2)
 10:30am Healing Sounds (M)
 12:45pm Indoor Gardening (2)
 1:30pm Jeopardy (3)
2:15pm Birthday Party (M)
 3:30pm 1-1 Visits
 5:00pm Dice Games (2)
 6:00pm Ring Toss (3)
 7:00pm Music Appreciation (M)
 Shavuot Begins

22
 9:30am Fun & Fitness (2)
 10:30am Board Games (M)
12:00pm Lunch Club (3-LRW)
 1:30pm Outdoor Walks (M)
2:15pm Bingo (3)
 3:30pm 1-1 Visits

23
 12:45pm **Worship Service (2-DR)**

24
 Ext. 704 – Rec Therapist Benevolence.rectherapy@ppsl.com
 Ext. 705 – Rec aide
 Ext. 706 – Rec aide

25
10:00am 1-1 Communion & Blessing visits
 9:30am Just for Kicks (3)
 10:30am 1-1 Visits
 12:45pm Devotions (2)
 1:30pm Seated Yoga (3)
2:15pm Bingo (M)
 3:30pm Penny Ante
 Memorial Day

26
 9:30am Watercolour Painting (3)
 10:30am Trivia (2)
 12:45pm Sensory - Smells (M)
 1:00pm Just for Kicks (3)
 1:30pm Outdoor Walks (2)
 2:00pm Hymn Sing (M)
 2:30pm Balloon Volleyball (M)
 5:00pm Cribbage (3)
6:00pm Bible Study Group (2-DR)
 7:00pm 1-1 Visits

27
10:00am Virtual Catholic Mass (M – LR)
 12:45pm Penny Ante (2)
 2:15pm Men's Coffee Group (3)
2:30pm Resident & Family Council Meeting (FR)
 3:30pm Virtual Concert (M)

28
 9:30am Puzzling Group (3)
 10:30am Coffee on the Patio (M)
 12:45pm Jeopardy (2)
 1:30pm Bowling (3)
2:15pm Bingo (2)
 4:00pm 1-1 Visits
 5:00pm Seated Yoga (M)
 6:00pm Card Playing (3)
 7:00pm Meditative Colouring (2)

29
 9:30am Fun & Fitness (M)
 10:30am Coffee on the Patio (3)
 12:45pm Manicures (M)
2:15pm Painting Group (3)
 3:30pm Indoor Gardening (2)

30
 12:45pm **Worship Service (2-DR)**
 9:30am Seated Yoga (M)
 10:30am Card Games (2)
 12:45pm 1-1 Visits
2:00pm Music Therapy (2)
 3:30pm Washer Toss (3)

31

