


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|---|
|  | | | 1 <u>10:30</u> – Fitness with Bev – 2 nd Floor <u>2:00pm</u> – Resident Town Hall Meeting & Popsicles - Dining Room <small>All Fools' Day Passover Begins</small> | 2 <u>10am</u> - Food Committee Meeting-Dining Room <u>1:30</u> - Shopping Trip to Woodgrove Center *Sign up list at reception | 3 <u>2pm</u> – Games Hour - 2 nd Floor  | 4 Saturday Ideas To Do  |
| 5 <u>2:30</u> - CRIB & CARDS - PDR <small>Easter Sunday</small> | 6  | 7 <u>10:15</u> – Brain Games - PDR Deck/Berm Prep | 8 <u>10:30</u> Fitness with Bev – 2 nd Floor <u>2pm</u> – Birthday Tea with Marty – IL Dining Room  | 9 <u>9:45</u> Brunch Outing to Smitty's Restaurant *Sign up list at reception <u>2pm</u> - Bean Bag Toss - 2 nd Floor | 10 <u>10:15</u> – News & Views with Shawn – 2 nd Floor <u>2pm</u> - Happy Hour☺ - Dining Room | 11 SCRABBLE PUZZLES LIBRARY |
| 12 <u>2:30</u> - CRIB & CARDS - PDR | 13 <u>10:30</u> – Sit & Be Fit – 2 nd Floor <u>2pm</u> – BINGO! – 2 nd Floor | 14 <u>9:45-2:30</u> Legion Social Bus Trip -Coffee, Games, Lunch & Guest Speaker *Sign up list at reception | 15 <u>10:30</u> – Fitness with Bev – 2 nd Floor <u>2pm</u> - Brechin Church Hymn Sing - Chapel | 16 <u>10:15</u> – Spring Walk - with Shawn <u>2pm</u> - Movie Trivia with Jeff - PDR | 17 <u>10:15</u> Trivia - PDR <u>2pm</u> Ice Cream Social Dining Room | 18 WALKS CARDS BLUE JAY BASEBALL |
| 19 <u>2:30</u> - CRIB & CARDS - PDR | 20 <u>10:30</u> – Sit & Be Fit – 2 nd Floor <u>2pm</u> – BINGO! – 2 nd Floor | 21 <u>10:15</u> – Brain Games - PDR <u>2:00</u> – Rick Steve's “Istanbul” - Dining Room | 22 <u>10:30</u> – Fitness with Bev – 2 nd Floor <u>2pm</u> - Giant Crossword - PDR <small>Earth Day Administrative Professionals Day</small> | 23 <u>12:30</u> Avalon Theatre “Grease” *Sign up list at reception | 24 <u>10:15</u> – News & Views with Shawn – 2 nd Floor <u>2pm</u> - Happy Hour☺ - Dining Room <small>Arbor Day</small> | 25  |
| 26 <u>2:30</u> - CRIB & CARDS - PDR | 27 <u>10:30</u> – Sit & Be Fit – 2 nd Floor <u>2pm</u> – BINGO! – 2 nd Floor | 28 <u>10:15</u> – Brain Games - PDR <u>2pm</u> – Crib Tournament - Dining Room | 29 <u>10:30</u> – Fitness with Bev – 2 nd Floor <u>2pm</u> – Nanaimo History Chat – 2 nd Floor | 30 <u>2pm</u> – BINGO! – 2 nd Floor <u>4:30</u> – Dinner Outing to Zougla's Restaurant *Sign up list at reception |  | |

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



10:15 Bingo **1**

5:45 Armchair Travel
All Fools' Day
Passover Begins

2
10:15 Easter Stories/Craft
11:00 Music Therapy


3
10:15 Stories
11:15 News on the Go
1:30 Bingo

3:00 Coffee and Connection

4
11:00 News on the Go
1:30 Chair Exercises
2:00 Tuck Shop
4:00 Friendly Visits

5

3:00 Easter Celebration
Easter Egg Hunt
Easter Treats and Drinks
Easter Sunday

6
10:00 Chair Exercise
11:15 Tuck Shop & Walks
5:45 Armchair Travel

7
10:00 Brain Games
11:15 News on the Go
5:45 Armchair Travel

8
10:15 Bingo

11:15 News on the Go
5:45 Armchair Travel

9
10:30 Catholic Mass
10:15 Chair Chi

10
10:15 Reminiscing
11:30 Tuck Shop
1:30 Bingo

3:00 News on The Go

11
11:00 News on the Go
1:30 Hot Chocolate Social
3:00 Walking
4:00 Friendly Visits

12
11:15 Tuck Shop & Walks
3:00 Bingo

4:15 Friendly Visits

13
10:00 Balloons and Tunes
11:30 Friendly Walks
5:45 Armchair Travel

14
10:00 Sing Along
11:15 News on the Go
5:45 Armchair Travel

15
10:15 Bingo

11:15 News on the Go
5:45 Armchair Travel

16
10:15 Reminiscing
11:00 Resident Council

17
10:15 Chair Chi
1:00 Sing a long
2:00 Billiards
4:00 Chair Exercise

18
11:00 News on the Go
1:15 Spa Day
4:00 Friendly Visits

19
11:15 Tuck Shop & Walks
2:30 Bunko
3:30 Armchair Travel


20
10:00 Brain Games
2:00 Birthday


5:45 Armchair Travel

21
10:00 Chair Exercise
11:15 News on the Go
5:45 Armchair Travel


22
10:15 Bingo


11:15 News on the Go
5:45 Armchair Travel
Earth Day
Administrative Professionals Day

23
10:15 Exercise
11:00 Music Therapy



24
10:15 Stories
11:15 News on the Go
2:00 Music with Keith

Arbor Day

25
11:00 News on the Go
1:30 Active Games
2:30 News on the Go
3:30 Bingo


26
11:15 Tuck Shop & Walks
1:30 Bingo

4:00 Tuck Shop

27
10:15 Baking

5:45 Armchair Travel

28
10:00 Sing Along
11:15 News on the Go
5:45 Armchair Travel

29
10:15 Bingo

11:15 News on the Go
5:45 Armchair Travel

30
10:15 Chair Chi



Programs subject to change.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




1
12:30 Spa Day C1
1:45 Active Games C2
4:00 Chair Exercise C3

All Fools' Day
Passover Begins

2
11:00 Easter Stories
1:15 News on the Go

3
11:00 Stories
1:15 News on the Go

4
9:45 News on the Go
12:30 Tuck shop C1
1:45 Walking C2
4:00 Easter Painting C3

5

Morning
Easter Egg Hunt

Easter Sunday

6
12:30 Chair Yoga C1
1:45 Active Games C2
4:00 Bingo C3

7
12:30 Flower Arranging C1
1:45 Tuck shop C2
4:00 Active Games C3

8
12:30 Spa Day C1
1:45 Active Games C2
4:00 Chair Exercise C3

9
11:00 Chair Chi
1:15 News on the Go

10
11:00 Reminiscing
1:15 News on the Go

11
9:45 News on the Go
12:30 Tuck shop C1
1:45 Walking C2
4:00 Painting C3

12
1:30 Exercise
3:15 Walking

13
12:30 Chair Yoga C1
1:45 Active Games C2
4:00 Bingo C3

14
12:30 Flower Arranging C1
1:45 Tuck shop C2
4:00 Active Games C3

15
12:30 Spa Day C1
1:45 Active Games C2
4:00 Chair Exercise C3

16
10:00 Music Therapy
11:00 Reminiscing
1:15 News on the Go

17
11:00 Exercise
1:15 News on the Go

18
9:45 News on the Go
12:30 Tuck shop C1
1:45 Walking C2
4:00 Painting C3

19
1:30 Stories
3:15 Active Games

20
11:15 Walking C2
12:30 Chair Yoga C1
4:00 Bingo C3

21
12:30 Flower Arranging C1
1:45 Tuck shop C2
4:00 Active Games C3

22
12:30 Spa Day C1
1:45 Active Games C2
4:00 Chair Exercise C3

Earth Day
Administrative Professionals Day

23
11:00 Chair Chi
1:15 News on the Go

24
11:00 Stories
1:15 News on the Go

Arbor Day

25
Birthday Social
1:00-3:00


26
1:30 Walking
3:15 Hymn Sing

27
12:30 Chair Yoga C1
1:45 Gardening C2
4:00 Bingo C3

28
12:30 Flower Arranging C1
1:45 Tuck shop C2
4:00 Active Games C3

29
12:30 Spa Day C1
1:45 Active Games C2
4:00 Chair Exercise C3

30
10:00 Music Therapy
Music with Keith
1:00-3:00


Wexford Creek Cottages

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
10:00 Active Games
11:00 News on the Go

1:30 April Fools Jokes
3:00 Sing Along

All Fools' Day
Passover Begins

2
10:00 Music Therapy
10:15 Chair Exercise
11:15 News on the Go

1:30 Reminiscing
3:00 Bingo
4:15 Friendly Visits

3
10:00 Active Games
11:00 News on the Go

1:30 Colouring
3:00 Armchair travel
4:15 Friendly Visits

4
10:00 Chair Exercises
11:00 News on the Go
11:15 Billiards

2:00 Bingo
3:30 Spa
5:30 Armchair Travel

5

1:30 Easter Celebration
Easter Egg Hunt
Easter Treats and Drinks

Easter Sunday

6
10:00 Reminiscing
11:00 News on the Go

1:30 Hot Chocolate Social
2:30 Friendly Visits

7
10:00 Chair Exercise
11:00 News on the Go

1:30 Flower Arranging
3:00 Brain Games
4:15 Friendly Visits

8
10:00 Active Games
11:00 News on the Go

1:30 Reminiscing
3:00 Sing Along
4:15 Spa

9
10:30 Chair Exercise
10:30 Catholic Mass

1:30 Reading Short Stories
3:00 Bingo
4:15 Friendly Visits

10
10:00 Memory Games
11:00 News on the Go

2:00 Music with Otto

4:00 Colouring

11
10:00 Chair Exercises
11:00 News on the Go
11:15 Billiards

4:00 Friendly Visits
5:30 Armchair Travel

12
10:00 Hymn Sing

1:30 Bingo
4:15 Friendly Visits

13
10:00 Bunko
11:00 News on the Go
11:15 Tuck Shop & Walks

1:30 Hot Chocolate Social
2:30 Friendly Visits

14
10:00 Chair Exercise
11:00 News on the Go

1:30 Flower Arranging
3:00 Brain Games
4:15 Friendly Visits

15
10:00 Active Games
11:00 News on the Go

1:30 Reading Short Stories
3:00 Sing Along
4:15 Spa

16
10:30 Resident Council
11:15 News on the Go

1:30 Discovery Box
3:00 Bingo
4:15 Friendly Visits

17
10:00 Sensory Box
11:00 News on the Go

1:30 Active Games
2:30 Armchair travel
4:00 Billiards

18
10:00 Chair Exercises
11:00 News on the Go
11:15 Billiards

2:00 Birthday Social

5:30 Armchair Travel

19
10:00 Hymn Sing

1:15 Armchair Travel
4:15 Friendly Visits

20
10:00 Reminiscing
11:00 News on the Go
11:15 Tuck Shop & Walks

3:00 Friendly Visits
5:30 Armchair Travel

21
10:00 Chair Exercise
11:00 News on the Go

1:30 Flower Arranging
3:00 Arts & Crafts
4:15 Friendly Visits

22
10:00 Active Games
11:00 News on the Go

1:30 Sing Along
3:00 Armchair Travel
4:15 Spa

Earth Day
Administrative Professionals Day

23
10:00 Music Therapy
10:15 Chair Exercise
11:15 News on the Go

1:30 Tuck Shop
3:00 Bingo
4:15 Friendly Visits

24
10:00 Ballons and Tunes
11:00 News on the Go

1:30 Reading Short Stories
2:30 Sing a long
4:00 Billiards

Arbor Day

25
10:00 Chair Exercises
11:00 News on the Go
11:15 Billiards

5:30 Armchair Travel

26
10:00 Hymn Sing

2:30 Armchair travel
4:15 Friendly Visits

27
11:15 Tuck Shop & Walks

1:30 Social
2:30 News on the Go
3:00 Friendly Visits

28
10:00 Chair Exercise
11:00 News on the Go

1:30 Flower Arranging
3:00 Spring History Social
4:15 Friendly Visits

29
10:00 Active Games
11:00 News on the Go

1:30 Sing Along
3:00 Armchair Travel
4:15 Spa

30
10:15 Chair Exercise
11:15 News on the Go

1:30 Tuck Shop
3:00 Bingo



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