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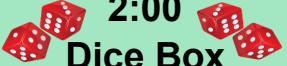










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy Easter!</p>			<p>1 April Fool's 😊</p> <p>9:15 Walk The Block 10:00 Sit & Dance 11:00 April 1 Mad Lib 1:00 Market Place 2:00 Larry Sings</p>	<p>2 🌀</p> <p>8:15 Breakfast Buddies 10:00 Meditation 11:00 Piano in Elm 1:00 Daily News 2:00 Creative Craft</p>	<p>3 Good Friday</p> <p>10:00 Fun & Fitness 11:00 Fact or Foolery 1:00 Market Place 2:00 Neighbourhood Visits</p>	
<p>5 Easter</p> <p>8:15 Morning Greeting Daily Chronicle</p> <p>2:00  Sunday Church Presbyterian</p>	<p>6 🌀</p> <p>8:45 REC Staff Meeting 10:00 Volleyball 11:00 Sports Review 1:00 One To One 2:00 Resident Council </p>	<p>7</p> <p>8:15 Breakfast Buddies 10:00 NYT Games 11:15 Catholic Mass 1:00 This Day in History 2:00 Coastal Singers 3:00 Piano in Elm</p>	<p>8 🌀</p> <p>8:15 Morning Greetings 9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 Bingo-agogo</p>	<p>9</p> <p>8:15 Breakfast Buddies 10:00 Meditation 11:00 Art Walk 1:00 Daily News 2:00 Black Jack 21 3:00 Name That Tune</p>	<p>10 🌀</p> <p>8:15 Morning Greeting 10:00 Fun & Fitness 11:00 Parachute 1:00 Market Place 2:00 Jukebox Jive 3:00 Cards in Dahlia</p>	
<p>12 🌀</p> <p>8:15 Morning Greeting Daily Chronicle</p> <p>2:00  Sunday Church New Life</p>	<p>13</p> <p>8:15 Morning Greeting 10:00 Volleyball  11:00 Sports Review 1:00 Walk The Block 2:00 Crosswords 3:00 Coin Flipper</p>	<p>14 🌀</p> <p>8:15 Breakfast Buddies 10:00 News & Views 11:00 Tone Chimes 1:00 One To One 2:00 Bunny Races  3:00 Art Walk</p>	<p>15</p> <p>8:15 Morning Greetings 9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 K Tones Play</p>	<p>16 🌀</p> <p>8:15 Breakfast Buddies 10:00 Meditation 11:00 Piano in Elm 1:00 Daily News 2:00 Target Shoot 3:00 April Jokes</p>	<p>17</p> <p>8:15 Morning Greeting 10:00 Fun & Fitness 11:00 What Tree am I 1:00 Market Place 2:00 Ice Cream Social </p>	
<p>19</p> <p>8:15 Morning Greeting Daily Chronicle</p> <p>2:00  Sunday Church Presbyterian</p>	<p>20 🌀</p> <p>8:15 Morning Greeting 10:00 Volleyball 11:00 Sports Review 1:00 One To One 2:00 Travelogue 3:00 Easy Bake</p>	<p>21 </p> <p>8:15 Breakfast Buddies 10:00 Reminisce 11:00 Hail Mary Dice 1:00 This Day in History 2:00 Bingo  3:00 Piano in Elm</p>	<p>22 Earth Day 🌍</p> <p>8:15 Morning Greetings 9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 Just Jim Sings</p>	<p>23</p> <p>8:15 Breakfast Buddies 10:00 Meditation 11:00 Art Walk 1:00 Daily News 2:00 Photoshoot 3:00 Wind Down Willie</p>	<p>24 🌀</p> <p>8:15 Morning Greeting 10:00 Fun & Fitness 11:00 Flamingos 1:00 Market Place 2:00 Music Bingo 3:00 Cards in Dahlia</p>	
<p>26 🌀</p> <p>8:15 Morning Greeting Daily Chronicle</p> <p>2:00  Sunday Church ShareWord Global</p>	<p>27</p> <p>8:15 Morning Greetings 10:00 Volleyball  11:00 Sports Review 1:00 Walk The Block 2:00 Rhyme Time 3:00 Famous Poems</p>	<p>28 🌀</p> <p>8:15 Breakfast Buddies 10:00 News & Views 11:00 Tone Chimes 1:00 One To One 2:00 Bowling  3:00 Art Walk</p>	<p>29</p> <p>9:15 Walk The Block 10:00 Sit & Dance 11:00 Read The Stars 1:00 Market Place 2:00 Volunteer Tea</p>	<p>30 🌀</p> <p>8:15 Breakfast Buddies 10:00 Meditation 11:00 Piano in Elm 1:00 Daily News 2:00 Trivia Time  3:00 Finish the Phrase</p>		



April 2026 ~Meadows



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy Easter!</p>			<p>1 <u>April Fool's</u> 😊</p> <p>10:00 Exercise 2:00 Larry Sings At the Arbours</p>	<p>2</p>  <p>10:00 Chair Yoga</p>	<p>3 <u>Good Friday</u></p> <p>2:00 Left/Right Centre Game</p>	<p>4</p> 
<p>5 <u>Easter</u></p> <p>2:00 Church Service Presbyterian at the Arbours</p>	<p>6</p>  <p>2:00 Bunny Bingo</p> 	<p>7</p> <p>9:30 Breakfast 11:15 Catholic Mass @ Arbours 2:00 Word In A Word</p>	<p>8</p>  <p>10:00 Friends Of Fitness</p>	<p>9</p>  <p>10:00 Chair Yoga</p> <p>🎵 2:00 🎵 Music Bingo</p>	<p>10</p>  <p>2:00 Wine Time With Jan Matthews</p> 	<p>11</p> 
<p>12</p>  <p>2:00 Church Service New Life at the Arbours</p>	<p>13</p> <p>10:00 Country Drive 2:00 Balloon Volleyball</p> 	<p>14</p>  <p>10:00 Chair Yoga 2:00 Coffee & Cookies</p> 	<p>15</p> <p>10:00 Exercise 2:00 Travelogue</p>	<p>16</p>  <p>10:00 Chair Yoga 2:00 Dice Box</p> 	<p>17</p> <p>2:00 Music With Dennis</p> 	<p>18</p> 
<p>19</p> <p>2:00 Church Service Presbyterian at the Arbours</p>	<p>20</p>  <p>2:00 Bingo Bonanza</p> 	<p>21</p> <p>10:00 Chair Yoga</p> 	<p>22</p>  <p>10:00 Friends Of Fitness 2:00 Earth Day Craft</p> 	<p>23</p> <p>10:00 Chair Yoga 🎵 2:00 🎵 Music Bingo</p>	<p>24</p>  <p>2:00 Music With Ken & James</p> 	<p>25</p> 
<p>26</p>  <p>2:00  Church Service ShareWord Global at the Arbours</p>	<p>27</p> <p>10:00  Country Drive 2:00 Bailey's & Ice Cream</p>	<p>28</p>  <p>10:00 Chair Yoga 2:00 Target Shoot</p> 	<p>29</p> <p>10:00 Gentle Stretch 2:00 Tenant Meeting</p>	<p>30</p>  <p>10:00 Chair Yoga</p>	