

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|---|---|
|  <p>April 2026 Hilton Villa Care Centre – North</p> | | | 10:30 Resident & Family Council Meeting-F 10:30 Helping Hands Décor. 1:30 Bowling-N1 2:15 Bowling-N2 3:15 Brain Games <small>All Fools' Day Passover Begins</small> | 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 1:30 Helping hands Décor 1:30 Movie 3:00 Room Visits | 10:15 Good Friday Reminiscing 1:30 Walking Club 2:30 Creative Arts-N1 2:30 Montessori-N2 3:45 Kirtan Prayer-N2 | 10:15 Movie-N1 10:15 Balloon toss & Noodle -N2 11:00 Therapeutic Nurturing-N2 2:30 Bingo-N1 2:30 Movie-N2 3:45 Room Visits-N1 |
| 10:15 Catholic Communion 11:00 Easter Reminiscing-N2 2:30 Movie-N1 3:00 Piano Music on Easter w/Brendan-N2 3:45 Room Visits <small>Easter Sunday</small> | 10:15 Chair exercise-N1 10:15 Noodle & Balloon Toss-N2 11:00 Easter Reminiscing 1:30 Walking Club 2:30 Montessori-N1 2:30 Word Games-N2 | 10:15 Sing along OLGc w/Mary N1 &2 1:30 Movie 3:00 Helping Hands Décor removal | 10:15 Chair exercise-N1 10:15 Chair exercise-N2 10:45 Helping hands Décor 2:30 Vaisakhi Celebration 3:45 Room Visits | 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 2:00 Baking Club-N2 w/Evan 4:00 Room Visits | 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits 1:30 Walking Club 2:30 Manicure-N1 2:30 Montessori-N2 | 10:15 Movie-N1 10:15 Balloon toss & Noodle -N2 11:00 Therapeutic Nurturing-N2 2:30 Bingo-N1 2:30 Movie-N2 3:45 Room Visits-N1 |
| 10:15 Catholic Communion 11:00 Trivia-N1 2:30 Movie-N1 2:30 Creative Arts-N2 | 10:15 Chair exercise-N1 10:15 Chair exercise & Balloon toss-N2 11:00 Room Visits 1:30 Walking Club 2:30 Montessori-N1 2:30 Bingo-N2 | 10:15 Basketball-N1 10:45 Basketball-N2 2:00 Happy Hour -SB w/Evan 3:30 Word Games-N1 3:30 Trivia-N2 | 10:15 Bowling-N1 10:45 Bowling-N2 1:30 Movie 3:00 Manicure | 10:15 Movie-N1 10:15 Music w/Jeff-N2 12:00 Lunch Club-F w/Jared 3:00 Men's Club 3:00 Ladies' Club | 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits 1:30 Walking Club 2:30 Bingo-N1 2:30 Montessori-N2 | 10:15 Movie-N1 10:15 Balloon toss & Noodle -N2 11:00 Therapeutic Nurturing-N2 2:30 Montessori-N1 2:30 Movie-N2 3:45 Room Visits-N1 |
| 10:15 Catholic Communion 11:00 Kirtan Prayer-N1 2:30 Bingo-N2 | 10:15 Chair exercise-N1 10:15 Chair exercise & Balloon toss-N2 11:00 Room Visits 1:30 Walking Club 2:30 Montessori-N1 2:30 Table Games-N2 | 10:15 Helping Hands Garden Care North Patio 10:15 Room Visits 1:30 Helping Hands Garden Care North Patio | 10:15 Octaband-N1 10:45 Octaband-N2 2:00 New Resident Welcome Tea-N1 w/Shawn 3:30 Word Games-N1 3:30 Trivia-N2 <small>Earth Day Administrative Professionals Day</small> | 09:30 Scenic Drive 10:15 Music w/Jeff-N2 1:30 Helping Hands Garden Care-S1 3:30 Sunny Stroll | 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits 1:30 Walking Club 2:30 Manicure-N1 2:30 Montessori-N2 <small>Arbor Day</small> | 10:15 Movie-N1 10:15 Armchair Travel -N2 2:30 Bingo-N1 |
| 10:15 Catholic Communion 11:00 Trivia-N2 2:30 Movie-N1 2:30 Creative Arts-N2 | 10:15 Chair exercise-N1 10:15 Chair exercise & Balloon toss-N2 11:00 Room Visits 1:30 Walking Club 2:30 Sing along-N2 | 10:15 Helping Hands Garden Care South Patio 2:00 Resident's Birthday Social-N1 w/Shawn 3:45 Room Visits | 10:30 OLGc Mass-F 1:30 Helping Hands Garden Care South Patio 1:30 Movie | 10:15 Movie-N1 10:15 Music w/Jeff-N2 3:00 Room Visits | All programs are subject to change without prior notice. Please call Recreation Department for update. Tel 604-588-3424 ext. 106  | |


N1- 1st floor North Building.

N2-2nd floor North Building.

F-Family Room Basement North Building.

S1-1st floor South Building.

S2-2nd floor South Building.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---|---|
|  | | | 10:30 Resident & Family Council Meeting-F 10:30 Helping Hands Décor. 1:45 Basketball-S1 2:15 Basketball-S2 5:45 Room Visits <small>All Fools' Day Passover Begins</small> | 10:15 Noodle & Balloon toss-S1 10:45 Noodle & Balloon toss-S2 1:30 Helping hands Décor 5:45 Junk Drawer Detective | 11:30 Room Visits 2:30 Bingo 3:45 Good Friday Reminiscing 5:45 Trivia | 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Word Games |
| 10:15 Catholic Communion 11:00 Easter Reminiscing 1:30 Walking Club 2:30 Piano Music on Easter w/Brendan 3:45 Sensory room <small>Easter Sunday</small> | 10:15 Chair exercise-S2 11:00 Easter Reminiscing 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 | 10:30 OLG Mass 1:30 Movie 3:00 Octaband 5:45 Helping Hands Décor removal | 10:15 Noodle & Balloon toss-S1 10:45 Helping Hands Décor. 2:00 Vaisakhi Celebration 3:45 Room Visits 5:45 Trivia | 10:15 Chair exercise-S1 11:00 Chair exercise-S2 2:00 Baking Club-N2 w/Evan 3:30 Room Visits | 11:30 Room Visits 2:30 Aromatherapy 3:30 Music w/Jeff-S2 5:45 Word Games | 11:30 Room Visits 1:30 Walking Club 2:30 Bingo 5:45 Room Visits |
| 10:15 Catholic Communion 11:00 Room Visits 1:30 Walking Club 2:30 Karaoke 3:45 Kirtan Prayer | 10:15 Noodle & Balloon toss-S2 11:00 Noodle & Balloon toss-S1 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 | 10:15 Chair exercise-S1 11:00 Chair exercise-S2 2:00 Happy Hour -SB w/Evan 3:30 Therapeutic Nurturing 5:45 Table Games | 10:15 Bingo 1:30 Movie 3:00 Bowling 5:45 Montessori | 10:15 Room Visits 12:00 Lunch Club-F w/Jared 3:00 Basketball | 11:30 Room Visits 2:30 Kirtan Prayer 3:30 Music w/Jeff-S1 5:45 Trivia | 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Manicure |
| 10:15 Catholic Communion 11:00 Therapeutic Nurturing 1:30 Walking Club 2:30 Bingo 3:45 Sensory room | 10:15 Chair exercise-S1 11:00 Balloon toss-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 | 10:15 Helping Hands Garden Care North Patio 1:30 Movie 1:30 Helping Hands Garden Care North Patio | 10:15 Creative Arts 2:00 New Resident Welcome Tea-N1 w/Shawn 3:30 Kirtan Prayer 5:45 Word Games <small>Earth Day Administrative Professionals Day</small> | 09:30 Scenic Drive 1:30 Helping Hands Garden Care-S1 3:30 Sunny Stroll 5:45 Trivia | 11:30 Room Visits 2:30 Montessori 3:30 Music w/Jeff-S2 5:45 Table Games <small>Arbor Day</small> | 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Word Games |
| 10:15 Catholic Communion 11:00 Kirtan Prayer 1:30 Walking Club 2:30 Creative Arts 3:45 Sensory room | 10:15 Kickball-S1 11:00 Kickball-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 | 10:15 Helping Hands Garden Care South Patio 2:00 Resident's Birthday Social-N1 w/Shawn 3:30 Room Visits | 10:15 Men's club 10:15 Ladies' club 1:30 Helping Hands Garden Care South Patio 3:45 Room Visits | 10:15 Noodle & Balloon toss-S1 11:00 Noodle & Balloon toss-S2 3:00 Room Visits 5:45 Aromatherapy | All programs are subject to change without prior notice. Please call Recreation Department for update. Tel 604-588-3424 ext. 106  | |

N1- 1st floor North Building.

N2-2nd floor North Building.

F-Family Room Basement North Building.

S1-1st floor South Building.

S2-2nd floor South Building.

April Birthdays

- Darlene L – April 1
- Jane B – April 4
- Carol H – April 9
- Suleiman E – April 10
- Carmelita A- April 10
- Joginder N – April 13
- Pearl R- April 13
- Lan Yan- April 24
- Annie I- April 24
- Christine N- April 27
- Zoly S- April 29

Welcome New Residents

- Gordon A.
- Chidoriko I.
- Joan C.
- Ronald L.
- Helen K.
- Judy L.
- Pargas G.
- My Tran P.
- Dana T.
- Anneliese P.
- John M.



St. Patrick's Celebration



Vaisakhi Celebration
April 8th 2:00 p.m.



Happy Hour
April 14th 2:00 p.m.



Lunch Club
April 16th 12:00 p.m.



New Resident Welcome Tea
April 22nd 2:00 p.m.



Kirtan



Catholic Communion

Hilton Villa Seniors Community

April 2026

Celebrating April

Resident & Family Council Meeting
April 1st 10:30 a.m.

Our Mission: Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision: At Park Place Seniors Living, we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity, respect and empathy.

Our Values: Together we STRIVE for Excellence.

March Moments

OLGC Mass South
April 7th 10:15 a.m.



Active Games



Happy Hour
April 14th 2:00 p.m.



Lunch Club
April 16th 12:00 p.m.



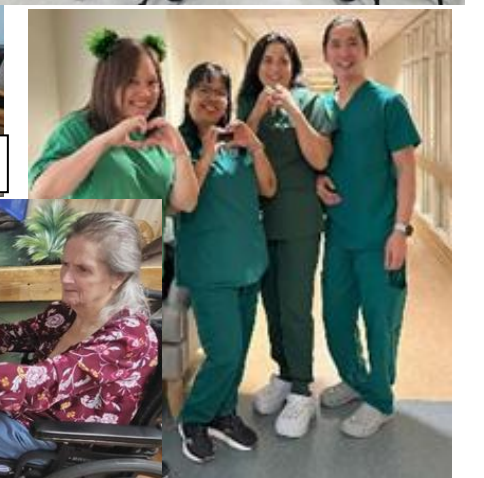
New Resident Welcome Tea
April 22nd 2:00 p.m.



Birthday Party
April 28th 2:00 p.m.



Music Therapy



OLGC Mass North
April 29th 10:30 a.m.



A Message from The Director of Care/Site Leader

Although it's only April, our team has already begun preparing for the upcoming warmer months. As part of our annual planning process, we are initiating our **Heat Risk Assessment** to ensure we are fully ready to roll out our seasonal heat protocols in May.

Proactive planning is essential in long-term care. Warmer temperatures can pose increased health risks for older adults, and early preparation allows us to identify residents who may be more vulnerable to heat-related concerns. Over the coming weeks, our interdisciplinary team will be:

- Reviewing individual resident risk factors
- Updating hydration and comfort plans
- Inspecting cooling equipment and common areas
- Reinforcing staff education on heat-related monitoring
-

By starting early, we can ensure a smooth and coordinated implementation before higher temperatures arrive.

Families can also support this initiative by ensuring residents have appropriate lightweight clothing and clearly labeled personal items for the warmer season.

As always, our priority is the comfort, safety, and well-being of every resident in our home. Thank you for your continued partnership as we prepare for the months ahead.

Joann Paler
 Site Leader/Director of Care
 Email: jpaler@ppls.com Phone: 604-588-3424 Ext. 109



Lunch Club



Happy Hour



HAPPY
Administrative
 Professionals Day

Kirsti: Administrative Assistant!

Sana and Renu: Social workers!



What's New

Department Updates: Spring planting is on Wednesday, May 13th 10am to 4pm. We are accepting plant donations by families and loved ones.
Staff Education: Heat Risk assessment, Prevention & reporting of Resident Abuse and Neglect.
New Staff: HK: Ramandeep K., LPN: Manpreet K., and Gloria L., HCA: Helen K.
Staff Recognition: *Mark M.* is recognized for being a great care aide and happy personality. *Marice/ A.* is recognized for being very helpful and kind.
Family Recognition: Our heartfelt thank you to Olga E's family for donating Christmas decorations!
Monthly Recognition: National Volunteer Week/ Admin Professionals Day/ Easter

Monthly Education

Emergency Response Code: Code Severe Weather (Poster located on information Board).
Park Place Seniors Living Brochure:

- #10 Interested in Volunteering #31 Resident and Family Champion Program.
- Hand Hygiene Audit- 100% (January) PPE Donning & Doffing -100% (January)

Nosocomial Infection Report – January RI 2.6% another Influenza OB started Jan. 16th OB debrief UTI 2%.

Volunteer Opportunities

Are you passionate about spending time with Seniors and giving back to the community? Hilton Villa is seeking enthusiastic volunteers to join our team! If you or someone you know would love to make a difference, please reach out to:
Mong, Recreation Team Lead.
 Email: janevit@excelcarenursingservices.ca

Staff Contact Info: PH: 604-588-3424

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|---|--------------------------|
| Marilou: Care Manager Ext. 110 | North 1 Nurse Ext. 201 |
| Lady Joan: Care Manager Ext. 115 | North 2 Nurse Ext. 205 |
| Caitlyn: Dietitian Ext. 102 | North 3 Nurse Ext. 210 |
| Kelly: Support Services Manager Ext.107 | South A/B Nurse Ext. 214 |
| Renu/Sana: Social Worker Ext. 105 | South C/D Nurst Ext. 220 |
| Komal: Recreation Manager Ext. 106 | |