

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

# April Calendar Courtyard Terrace

1  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Wellness Education Month  
10:30  
Trivia  
11:00  
Bingo  
2:00

2  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Sign Language Class  
10:30  
Trivia  
11:00  
Happy Hour Bingo  
2:00

3  
  
Good Friday  
NO ACTIVITY TODAY

4  
CT Book Club Time  
10:30  
Easter Egg Haunting  
All day 😊

5  
  
Meditation & Quiet  
Time  
10:30 am

6  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00

7  
Daily Horoscope  
9:15  
Residents Council Meeting  
10:30  
Board Games  
11:00  
Nail Painting  
2:00

8  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00

9  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
My Voice Meeting  
10:30  
Board Games  
2:00

10  
Easter Family & Residents  
Dinner  
  
5:00 pm

11  
CT Book Club Time  
10:30  
Board Games  
All Day 😊

12  
  
Hymn Sing with  
Grace  
6:00 pm

13  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00

14  
Daily Horoscope  
9:15  
Preparation for the outing  
9:30  
Walmart Outing  
10:30  
Arts and Crafts  
2:30

15  
Daily Horoscope  
9:15  
Life Enrichment Meeting  
10:30  
Trivia  
11:00  
Happy Hour Bingo  
2:00

16  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
CT Holy Mass by Fr. Joseph  
10:30  
Movie & Popcorn Day  
1:30  
FH Resident Satisfaction Survey  
9:00am -1:00pm

17  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00

18  
CT Book Club  
10:30  
Board Games  
All Day 😊

19  
Free Day 😊

20  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00  
Arts Show (Whole day)

21  
Daily Horoscope  
9:15  
Preparation for the Outing  
9:30  
Residents Choice Outing  
10:30  
Board Games  
2:30  
Arts Show (Whole day)

22  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00  
Arts Show (Whole day)

23  
Daily Horoscope  
9:15  
Sign Language Class  
10:30  
Preparation for the party  
11:00  
Monthly Birthday Celebration  
2:00

24  
Daily Horoscope  
9:15  
Dining Committee Meeting  
10:30  
Trivia  
11:00  
Bingo  
2:00

25  
CT Book Club  
10:30  
Authors Reading Series  
1:00  
Board Games  
All Day 😊

26  
Hymn Sing with  
Grace  
6:00 pm

27  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00

28  
Daily Horoscope  
9:15  
Preparation for the outing  
9:30  
Walmart Outing  
10:30  
Arts and Craft  
2:00

29  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Trivia  
11:00  
Bingo  
2:00

30  
Daily Horoscope  
9:15  
Musical Exercise  
9:30  
Board Games  
10:30  
Arts and Craft  
2:00

  
HAPPY  
EASTER



APRIL 2026

# Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: [www.parkplaceseniorsliving.com](http://www.parkplaceseniorsliving.com) T: 604 437 6262



## IMPORTANT DATES

DATE – April 01, 2026

Wellness Education Month

DATE – April 03, 2026

Good Friday

DATE – April 5, 2026

Easter Sunday

DATE – April 10, 2026

Easter Family & Residents  
Dinner

Dear Resident, Family and Staff,

Our Easter Resident and Family dinner will be held on April 10<sup>th</sup>, 2026 at 5:00pm. If you would like to attend, please speak with myself or Cathy. The cost is \$15.00 per guest.

### In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved

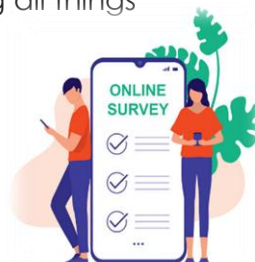
## NEW & NOTEWORTHY

Fraser Health will be onsite completing the annual Resident Satisfaction Survey on April 16<sup>th</sup>, 2026 from 9:00am - 1:00pm.

There will be Fraser Health staff on site to assist residents to complete the survey.

This is your chance to give feedback regarding all things Courtyard Terrace.

Survey link: <https://tinyurl.com/ALCourtyard>



## Our Mission

### What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

## Our Vision

### Why We Exist

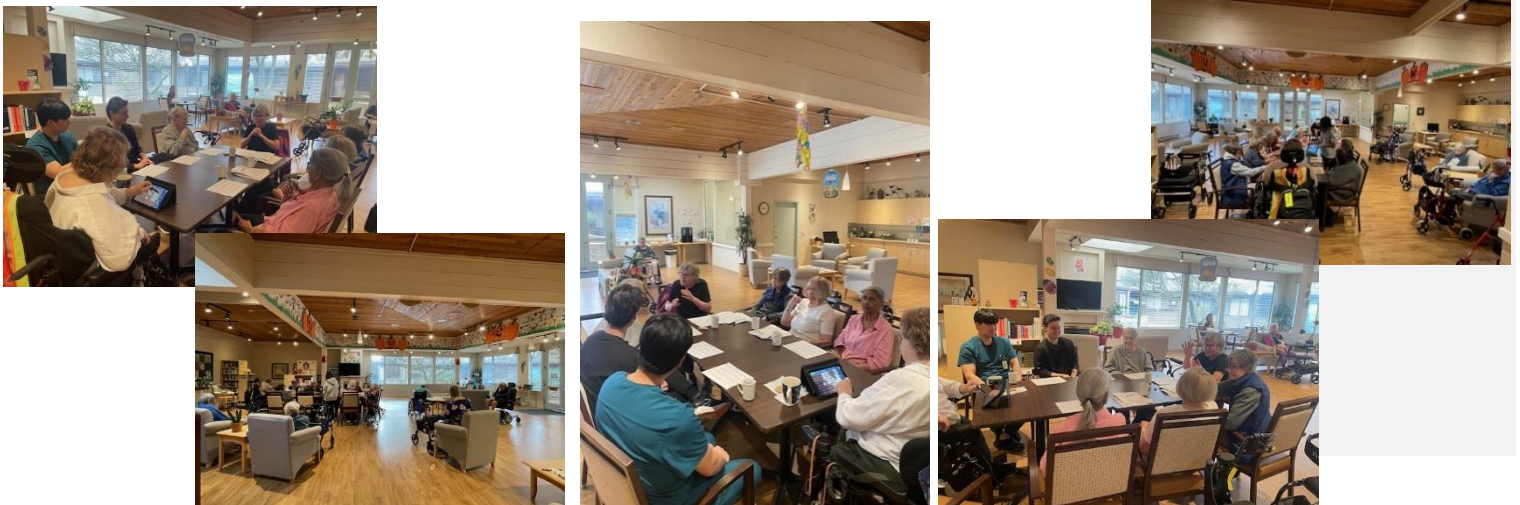
At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a “Voice and a Choice” with dignity respect and empathy.

# COURTYARD TERRACE SNAP SHOTS

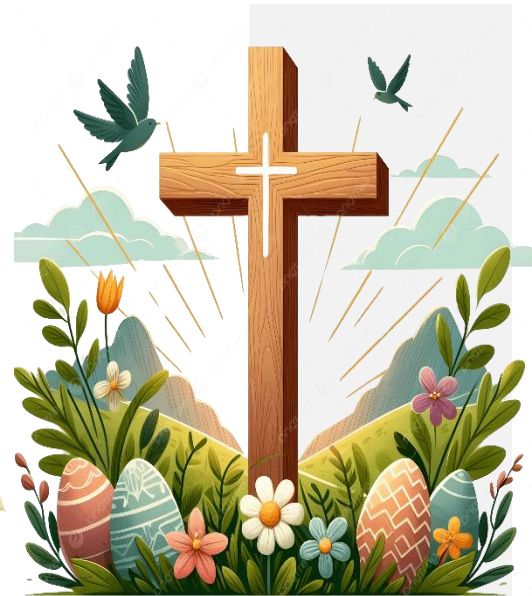
## *Monthly Birthday Celebration*



## *Daily Activities*



# DO YOU KNOW...



## Have a blessed Easter

May your Easter be filled with cheerful moments and lots of joy. May our Lord bless you and your family with peace and prosperity!



wishes1234.com



### EASTER QUICKS FACTS



1

Easter is a Christian holiday that celebrates the resurrection of Jesus Christ.

2

Easter is a holiday that takes place in the Spring. Spring is a symbol of rebirth. Flowers bloom and many animals are born in the Spring.



3

Painting and hunting for eggs is a popular Easter tradition.



Don't forget to leave carrots out for the Easter Bunny!

4

On Easter many children receive a visit from the Easter Bunny. The Easter Bunny usually leaves eggs to hunt for and an Easter Basket full of goodies.



5

Chocolate bunnies, Peeps and Jellybeans are popular Easter candies.



www.kidsplayandcreate.com

## Upcoming Events

### Wellness Education Month

Wednesday, April 1, 2026  
(Lounge -10:30 am)

### Easter Sunday

Sunday, April 5, 2026  
(Happy Easter to everyone 😊)

### Resident's Council Meeting

Tuesday, April 7, 2026  
(Lounge -10:30 am)

### My Voice Meeting w/ Michelle

Thursday, April 9, 2026  
(Dining Area - 10:30 am)

### Good Friday

Friday, April 10, 2026  
(Observance of the Passion of Christ)

### Walmart Outing

Tuesday, April 14, 2026  
(Departure 10:30am-Arrival 2:30 pm)

### Life Enrichment Committee Meeting

Wednesday, April 15, 2026  
(Dining Area - 10:30 am)

### CT Holy Mass by Fr. Joseph

Thursday, April 16, 2026  
(Lounge, 10:30 am)

### Residence Choice Outing

Tuesday, April 24, 2026  
(Departure 10:30am- Arrival 2:30 pm)

### Monthly Birthday Celebration

Thursday, April 23, 2026  
(Lounge - 2:00 pm)

### CT Dining Committee Meeting

Friday, April 23, 2026  
(Dining Area - 10:30 am)

### Walmart Outing

Tuesday, April 28, 2026  
(Departure 10:30am- Arrival 2:30 pm)



## Courtyard Business Corner

**Request:** Let's start to keep ourselves busy and enjoy the spring/summer seasons. If you have in mind to try something new this season, please feel free to go the REC office and tell me what is it, and I will be delighted to hear your new ideas.

**CT Store:** Available between the hours **9:00 - 4:30 pm Monday - Friday**. Recreation will be glad to assist you.

**Items Available:** Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels, Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

**Thank you and Always Stay Healthy with a SMILE 😊**

MEET THE TEAM:



Mar



MJ



Stela



Josephine



Irma



Kelly



Simran



Samir



Ariana



Michelle



Poonam



Roxanne



Aman



Jessica



KC



Maribel



Caitlin



Tessa



Marife



Lorie



Yemisi



Cherry



Suki



Sim



Nicole



Elaine



Zyhra



Lesya



Shelby



Cathy

# STAFF ANNIVERSARIES

## HAPPY Work Anniversary



3 years



5 years



## Happy Birthday



Lorie – 5<sup>th</sup>



Lesya – 3<sup>rd</sup>



Yemisi – 26<sup>th</sup>



Kelly – 5<sup>th</sup>



Roxanne – 23<sup>rd</sup>



Poonam – 7<sup>th</sup>



Elaine – 7<sup>th</sup>



KC – 14<sup>th</sup>

## How to Reach Us

Michelle 604 437 6262 ex 1 or  
[MBragg@Simpeq.ca](mailto:MBragg@Simpeq.ca).

Cathy: 604 437 6262 ex 5 or  
[rec.ct@Simpeq.ca](mailto:rec.ct@Simpeq.ca)

Jessica 604 437 6262 ex 2 or  
[ctreception@Simpeq.ca](mailto:ctreception@Simpeq.ca)

Marlou: 604 437 6262 ex 3

## Shout Outs

I am sad to announce that Caitlin will be leaving Courtyard Terrace mid-April.



We wish her all the best in the next chapter of her nursing career. We will miss her!

She has promised to still pick up the occasional shift at Courtyard and to bring Ben when she does!



APRIL BIRTHSTONE  
AND BIRTHFLOWER

# April Birthstone

• Diamond •

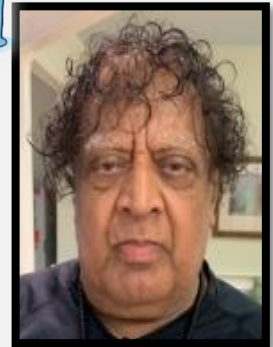


The most coveted gemstone to date, **diamonds** are a symbol of eternal love. They're thought to provide those who wear them with better relationships, balance, clarity, abundance, and an increase in inner strength.



## BIRTHDAYS THIS MONTH

APRIL 2026



Moe - 10<sup>th</sup>




# RESIDENTS CORNER

## CT Library

We hope that you are taking part in the services that the Courtyard Library has to offer: The Saturday Book Club, the Mobile Library, and the upcoming Writers Series.

The Librarians love taking care of the Library, and with your help, we can make sure all the books are easily accessible to everyone. So, when we are finished browsing through a book, we can all make sure to put in the basket.

Happy Reading 




## Garden Club

It has rained so hard in the garden that the dirt has sprayed back up along the stems of the plants. It is an interesting phenomenon and makes the plants look like they are covered in a tiny ant hill. Although the plants are growing anyway, some of the bulbs did not make it.

The clematis in both gardens are growing strong. We may have lost one Oregano, but we do have more. The two Hydrangeas in Serenity Garden are doing really well—one is pinky-purple and the other is yellow.

We have seeds to plant or cast around Serenity Garden again. Each year, more seeds take hold, and soon the whole garden will be filled with colourful flowers. Sometimes building a garden takes patience!

Happy Gardening 



# INFECTION PREVENTION AND CONTROL

## Audit Findings

The following audits were completed in February with no actionable items:

- Declutter Audit
- Soiled Utility Audit
- Weekly Housekeeping Audit
- Safety and Sanitation Audit
- Communication Audit
- Meal Care Audit
- Kitchen Cleanliness Audit
- Hand Hygiene Audit
- Donning and Doffing audit

We continue to work towards compliance with the environmental marker audit. We have seen improvement but have yet to reach compliance.

Copies of the audits will be placed on the What We Are Up To Quality Board located in the east hallway by the entrance to the dining room.

## DEPARTMENT UPDATES

Our new dryers have been installed downstairs in the laundry room.

We have started using PCC. Staff are now using the tablets daily.

The final testing of the generator confirmed our phones, pendants and computers at reception will now work when we lose power.

## Policy Updates

Accreditation is from June 15, 2026 – June 19, 2026.

We have posted more information on Emergency Preparedness. Please take a moment to review it.

If you have any questions regarding anything that is posted in the hallways, please speak with Michelle or any of the LPNs.



# OUR FOUR STRATEGIC IMPERATIVES

## 1. Care Complexity

1. Education and Training
2. Risk Management
3. Care Collaboration and Planning

## 2. Staffing Stability

1. Retention and Recruitment
2. Education and Training
3. Collaboration with Stakeholders

## 3. Supportive Infrastructure

1. Procurement Planning
2. Capital and IT Planning
3. Preventative Maintenance

These are the new strategic imperatives.

More to come.



## 4. Enhanced Communication

1. Task and Time Efficiencies
2. Internal Communication
3. Resident and Family Satisfaction
4. Technology Utilization

Do you think we are doing a great job? Why not leave us a Google review. Just scan the QR code with your phone.



# HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

1. **Talk with the staff on-shift about how your loved one is doing** and update them on changes you see.
2. **Join or attend a committee or council meeting.** Please come and join us.
3. Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
4. **Provide recreation ideas** that your family would enjoy! Email Cathy at [rec.ct@Simpeq.ca](mailto:rec.ct@Simpeq.ca)
5. **Volunteer.** Your help matters and is always truly appreciated!
6. **Submit your ideas and suggestions** on forms available at the What We Are Up To board. We welcome your ideas and suggestions.



**PARK PLACE**  
SENIORS LIVING  
*Enriching Lives of Seniors*

## Our Values

Together we STRIVE for Excellence

**S** Safety & Quality  
By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.

**T** Teamwork & Partnerships  
By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

**R** Responsibility & Stewardship  
By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

**I** Innovation & Creativity  
By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

**V** Voices that are Respected  
By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

**E** Empathy & Trust  
By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.



[WWW.PARKPLACESENIORSLIVING.COM](http://WWW.PARKPLACESENIORSLIVING.COM)

## Monthly Meetings

The Resident Council meets on the first Tuesday of every month at 10:30am in the dining room.

The My Voice Meeting is held on the second Thursday of the month at 10:30am in the dining room.

The Courtyard Terrace Dining Committee meeting is held on the last Friday of the month at 10:30am in the dining room.

Life Enrichment Committee meeting is held on the third Wednesday of the month at 10:30am in the dining room.

## Useful Numbers

Foot Care: Sole Provider Foot Care  
Tyffany 604 341 7087

## Meet your Resident Council



**Co-chair Shea**

## Meet your Resident Council



**Co-chair Michael**