

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 Catholic Communion N1 & N2 10:45 Helping hands 2:30 Bingo 3:45 Room Visits	2 10:15 Chair exercise 11:00 Purim history & Trivia 1:30 Walking Club 2:30 Montessori-N1 2:30 Armchair Travel-N2 <small>Purim Begins</small>	3 10:15 OLGc sing along w/Mary-N1 10:45 OLGc sin along w/Mary-N2 1:30 Movie 3:00 Basketball-N1 3:30 Basketball-N2	4 10:15 Resident & Family Council Meeting-F 10:30 News & Views 1:45 Creative Arts-N1 1:45 Sing along-N2 3:00 Octaband-N1 3:30 Octaband-N2	5 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 2:00 Baking Club 3:30 Kirtan Prayer	6 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits-N2 1:30 Walking Club 2:30 Creative Arts-N1 2:30 Montessori-N2	7 10:15 Chair exercise-N2 11:00 Therapeutic Nurturing-N2 2:30 Bingo-N1 3:45 Kirtan Prayer-N1
8 10:15 Catholic Communion N1 & N2 10:45 Trivia-N2 2:30 Creative Arts-N2 3:45 Therapeutic Nurturing -N1 <small>Daylight Saving Time Begins</small>	9 10:15 Chair exercise 11:00 Room Visits 1:30 Walking Club 2:30 Montessori-N1 2:30 Word Games-N2	10 10:15 Chair exercise 11:00 News & Views 2:00 Bowling-N1 2:30 Bowling-N2 3:30 Kirtan Prayer	11 10:15 Chair exercise & Balloon toss-N1 & N2 11:00 Kirtan Prayer-N1 1:45 Helping hands Décor 3:00 Room Visits	12 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 2:00 Birthday Social-N1 w/Evan 3:30 Room Visits	13 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits 1:30 Walking Club 2:30 Trivia-N1 2:30 Montessori-N2	14 10:15 Chair exercise-N2 10:45 Therapeutic Nurturing-N2 2:30 Bingo-N1 3:45 Room Visits
15 10:15 Catholic Communion N1 & N2 10:45 Room Visits 2:30 Bingo-N2 3:45 Kirtan Praye-N1	16 10:15 Chair exercise 11:00 Room Visits 1:30 Walking Club 2:30 Montessori-N1 2:30 Manicure-N2	17 10:15 Kickball 11:00 Aromatherapy 2:00 St. Patrick's Day Celebration-SB w/Evan 3:30 Helping Hands <small>St. Patrick's Day</small>	18 10:15 Basketball-N1 10:45 Basketball-N2 2:00 Men's club 2:00 Ladies' club 3:15 Junk Drawer Detective-N1 3:15 Word Games-N2	19 10:15 Room Visits-N1 10:15 Music w/Jeff-N2 12:00 Lunch club-F w/Jared 2:00 Manicure 3:00 Table Games	20 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits-N2 1:30 Walking Club 2:30 Creative Arts-N1 2:30 Montessori-N2 <small>Spring Begins</small>	21 10:15 Chair exercise-N2 10:15 Therapeutic Nurturing-N2 2:30 Bingo-N1 3:45 Room Visits
22 10:15 Catholic Communion N1 & N2 10:45 Word Games-N2 2:30 Creative Arts-N2 3:45 Kirtan Prayer-N1	23 10:15 Balloon toss-N2 10:45 Chair exercise-N1 11:00 Room Visits 1:30 Walking Club 2:30 Montessori-N1 2:30 Table Games-N2	24 10:15 Bowling-N1 10:45 Bowling-N2 1:45 Creative Arts 3:00 Snoezelen-F	25 10:15 Octaband-N1 10:45 Octaband-N2 2:00 Happy Hour-N2 w/Evan 3:30 Aromatherapy	26 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 1:45 Manicure 3:00 Word Games-N1 3:00 Trivia-N2	27 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits-N2 1:30 Walking Club 2:30 Table Games-N1 2:30 Montessori-N2	28 10:15 Therapeutic Nurturing-N2 10:30 Movie 2:30 Bingo-N1
29 10:15 Catholic Communion N1 & N2 10:45 Brain Games-N2 2:30 Bingo-N2 3:45 Therapeutic Nurturing-N1 <small>Palm Sunday</small>	30 10:15 Chair exercise 11:00 Room Visits 1:30 Walking Club 2:30 Montessori-N1 2:30 Junk Drawer Detective-N2	31 10:15 Balloon toss 11:00 Therapeutic Nurturing 2:00 Helping hands 3:00 Movie	 <h1 style="font-family: cursive;">March 2026</h1> <p>Hilton Villa Care Centre – North</p>			

N1 – 1st floor North Building.

N2 – 2nd floor North Building.

F – Family Room Basement North Building.

S1 – 1st floor South Building.

S2- 2nd floor South Building.

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1 10:15 Catholic Communion 10:45 Helping hands 1:30 Walking Club 2:30 Movie 3:45 Room Visits	2 10:15 Chair exercise-S1 11:00 Purim history & Trivia 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 <small>Purim Begins</small>	3 10:15 OLGC Mass 1:30 Movie 3:00 Bingo 4:00 Room Visits 5:45 Junk Drawer Detective	4 10:15 Resident & Family Council Meeting-F 1:45 Men's Club 1:45 Ladies' Club 3:00 Bowling 5:45 Word Games	5 10:15 Chair exercise-S2 10:45 Sensory room 2:00 Baking Club-N2 3:30 Kirtan Prayer	6 11:30 Room Visits 2:30 Aromatherapy 3:30 Music w/Jeff-S1 5:45 Trivia	7 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Movie
8 10:15 Catholic Communion 10:45 Sensory room 1:30 Walking Club 2:30 Karaoke <small>Daylight Saving Time Begins</small>	9 10:15 Chair exercise-S1 10:45 Chair exercise-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1	10 10:15 Chair exercise-S1 10:45 Balloon Toss-S2 2:00 South Resident Birthday Social w/Shawn- SB 3:30 Kirtan Prayer 5:45 Table Games	11 10:15 Kickball-S1 10:45 Chair exercise-S2 1:45 Helping hands Décor 3:00 Room Visits 5:45 Montessori	12 10:15 Chair exercise-S1 10:15 Kickball-S2 2:00 Bingo 3:15 Kirtan Prayer 5:45 Movie	13 11:30 Room Visits 2:30 Sensory room 3:30 Music w/Jeff-S2 5:45 Word Games	14 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Table Games
15 10:15 Catholic Communion 10:45 Room Visits 1:30 Walking Club 2:30 Bingo 3:45 Room Visits	16 10:15 Balloon toss-S1 10:45 Chair exercise-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1	17 10:15 Chair exercise 2:00 St. Patrick's Day Celebration-SB w/Evan 3:30 Helping Hands 5:45 Trivia <small>St. Patrick's Day</small>	18 10:15 Chair exercise-S1 10:45 Balloon toss-S2 2:00 Room Visits	19 10:15 Montessori 12:00 Lunch club-F w/Jared 2:00 Manicure 3:15 Movie	20 11:30 Room Visits 2:30 Kirtan Prayer 3:30 Music w/Jeff-S1 5:45 Word Games <small>Spring Begins</small>	21 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Table Games
22 10:15 Catholic Communion 10:45 Kirtan Prayer 2:30 Sing along 3:45 Therapeutic Nurturing	23 10:15 Bowling-S1 10:45 Bowling-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1	24 10:15 Octaband-S1 10:45 Octaband-S2 2:00 Montessori 3:00 Snoezelen-F	25 10:15 Bowling-S1 10:45 Bowling-S2 2:00 Happy Hour-N2 w/Evan 3:30 Kirtan Prayer 5:45 Word Games	26 10:15 Kickball-S1 10:45 Kickball-S2 1:45 Manicure 3:00 Helping Hands 5:45 Trivia	27 11:30 Room Visits 2:30 Montessori 3:30 Music w/Jeff-S2 5:45 Table Games	28 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Montessori
29 10:15 Catholic Communion 10:45 Kirtan Prayer 2:30 Bingo 3:45 Therapeutic Nurturing <small>Palm Sunday</small>	30 10:15 Chair exercise-S1 10:45 Kickball-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1	31 10:15 Kickball-S1 10:45 Balloon toss-S2 2:00 Helping hands 5:45 Aromatherapy				

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March Birthdays

- Carl B – March 1
- Jaspal B – March 1
- Amarjit S – March 2
- Mathea P – March 4
- Roderick R- March 7
- Sonja R – March 8
- Isabell J- March 10
- Astrid P- March 14
- Florence G- March 20
- Brian M- March 20
- Christa P- March 22
- Walter T- March 24
- Leigh S- March 25
- Chanan J- March 26
- Brigida S - March 30

Welcome New Residents

- Gerry C.
- Jack B.
- Jan Z.
- Alma B.



Happy Family Day



Tai Chi with Helen



Doll Therapy



Catholic Communion



Celebration of Life



Chinese New Year Dance

Hilton Villa Seniors Community

March 2026

Celebrating March

OLGC Mass South
March. 3rd 10:15 a.m.

Resident & Family Council Meeting
March. 4th 10:30 a.m.

South Birthday Party
March. 10th 2:00 p.m.

North Birthday Party
March. 12th 2:00 p.m.

St. Patrick's Celebration
March. 17th 2:00 p.m.

Lunch Club
March. 19th 12:00 p.m.

Happy Hour
March. 25th 2:00 p.m.

OLGC Mass North
March. 25th 10:30 a.m.

Our Mission: Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision: At Park Place Seniors Living, we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity, respect and empathy.

Our Values: Together we STRIVE for Excellence.

February Moments



Valentine's Day Party



Flower Arrangement



Reminiscing



A Message from The Director of Care/Site Leader

We recently completed our annual Resident and Family Satisfaction Survey, and I am pleased to share the results with you. A total of **51 respondents** participated, with **19% representing family members** and the remainder being residents. Respondents' length of stay varied: 10% have been with us for 5 years or more, 50% for 1-5 years, and 40% less than 1 year.

Our Strengths

I am proud to report that the survey highlighted many areas of excellence in our home:

- **Quality of Care from Nursing Staff:** 49 respondents expressed satisfaction
- **Care from Health Care Aides:** 48 respondents expressed satisfaction
- **Overall Quality of Care:** 48 respondents expressed satisfaction
- **Communication from Leadership:** 48 respondents expressed satisfaction
- **Timely Response to Concerns:** 47 respondents expressed satisfaction

These results reflect the dedication, compassion, and professionalism of our staff, and we are grateful for the trust you place in us.

Opportunities for Improvement

While the overall feedback was very positive, the survey also identified areas where we can enhance the resident and family experience:

- **Meal Temperature:** Some respondents noted food and beverages were not always served at the ideal temperature
- **Updates About Changes in Care:** Some respondents requested more consistent communication
- **Recreation Programs:** Some residents wanted more input into both the variety and timing of programs
- **PT/OT Services:** Some respondents highlighted opportunities for improvement in therapy care

Our Action Plan

To address these areas, we are taking several steps to enhance the resident experience. The Support Services Manager will review meal and beverage serving practices, including the potential use of heated carts, to ensure proper temperature. The Care Manager will strengthen communication about changes in care by reviewing processes with staff, providing documentation refreshers, and performing random checks in PCC to ensure residents and families are consistently informed. The Recreation Lead will gather resident feedback to adjust both the variety and timing of programs, ensuring activities better meet residents' interests and schedules. Finally, PT and the Director of Care will collect feedback from residents to guide improvements in therapy services, ensuring care is responsive and effective.

We take your feedback seriously and are committed to continuous improvement. Your insights help us make meaningful changes that enhance daily life, care, and enjoyment in our home. Thank you to everyone who took the time to complete the survey.

Joann Palar
 Site Leader/Director of Care
 Email: jpalar@ppsl.com Phone: 604-588-3424 Ext. 109



March is Nutrition Month!

Nutrition Month in our long-term care home is a time to celebrate healthy eating, and the important role nutrition plays in overall well-being. To make it fun and engaging, our dietitian will be hosting a Smoothie Day for residents, featuring delicious and nutritious blended drinks. It's a refreshing way to promote healthy choices while bringing everyone together.

Staff Contact Info: PH: 604-588-3424

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|---|--------------------------|
| Marilou: Care Manager Ext. 110 | North 1 Nurse Ext. 201 |
| Lady Joan: Care Manager Ext. 115 | North 2 Nurse Ext. 205 |
| Caitlyn: Dietitian Ext. 102 | North 3 Nurse Ext. 210 |
| Kelly: Support Services Manager Ext.107 | South A/B Nurse Ext. 214 |
| Renu/Sana: Social Worker Ext. 105 | South C/D Nurst Ext. 220 |
| Komal: Recreation Manager Ext. 106 | |

Pink Shirt (Anti-Bullying) Day!



We Thank our Recreation Team during February's Therapeutic Recreation Month. Your dedication brings joy and meaningful engagement to our residents every day.



What's New

Department Updates: 6 PN Student from CDI will join Recreation March 16th - March 27th
Staff Education: Care of Residents with Dementia, Resident Centred Care, Personal Directives, Enduring Power of Attorney, Guardianship and Trusteeship.
Family Education: Metro Vancouver Crime Stoppers Seniors Safety Presentation on March 6th
New Staff: Kari: Occupational Therapist (Temporary).
Staff Recognition: *Ritche M.* (Recreation Assistant) is recognized for bringing joy to residents through her singing, helping them feel comfortable and at ease. *Emmanuel R. (LPN)* is recognized for his professionalism and for being supportive and helpful to family members who required assistance. *Rose C. (SS)* is recognized for her hard work and dedication.
Monthly Recognition: National Social Work Month/ Nutrition Month/ International Women's Day. Al and Jenny Jina CEO Directors of Park Place are recipients for 2025 Ed Helfrich Long-Service Excellence Award.

Monthly Education

Emergency Response Code: Code Orange: Mass Casualty Incident (Poster located on information Board).
Park Place Seniors Living Brochure:

- #25 Residents Bill of Rights #28 Resident and Family Centred Care.
- Hand Hygiene Audit- 100% (January) PPE Donning & Doffing -100% (January)

Nosocomial Infection Report – January RI 2.6% another Influenza OB started Jan. 16th OB debrief UTI 2%.

Volunteer Opportunities

Are you passionate about spending time with Seniors and giving back to the community? Hilton Villa is seeking enthusiastic volunteers to join our team! If you or someone you know would love to make a difference, please reach out to: *Mong, Recreation Team Lead.*
 Email: janevit@excelcarenursing services.ca