

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

CALENDAR OF ACTIVITIES

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| <p>Do Re Mi Game 10:00 AM (PS) 11:00 AM (HS)</p> <p>Tu B'Shevat Begins</p> | <p>1 Tabletop Snowman 2 Bowling 10:00 AM (SP) 11:00 AM (BS) Spring or Snow 2:00 PM (NS) 3:00 PM (EW)</p> <p>Groundhog Day</p> | <p>3 Bird Visits (2nd FL) 10:00 AM – 11:30 AM</p> <p>Finish The Song Lyric 2:00 PM (OB) 3:00 PM (HS)</p> | <p>4 Getting to the Bottom of the Swiss Alps 10:00 AM (PS) 11:00 AM (BS)</p> <p>2:00 PM Bingo (HH)</p> | <p>5 Catholic Mass 11:00 AM Valentine Dice Game 2:00 PM (SP) 3:00 PM (EW)</p> <p>6:30 PM Hymn Sing with the Stone Family (NS)</p> | <p>6 1:45 PM Movie Matinee: My Big Fat Greek Wedding (HH)</p> | <p>7 Travelogue: Italy 10:00 AM (NS) 11:00 AM (HS)</p> <p>Card Bingo 2:00 PM (OB) 3:00 PM (EW)</p> |
| <p>10:00 AM Televised Mass (BS)</p> <p>11:00 AM Hymn Sing by the Piano (2nd FL)</p> <p>1:30 PM Televised Mass (PS)</p> <p>2:30 PM Hymn Sing by the Piano (1st FL)</p> | <p>8 10:00 AM Televised Mass (BS)</p> <p>11:00 AM Hymn Sing by the Piano (2nd FL)</p> <p>1:30 PM Televised Mass (PS)</p> <p>2:30 PM Hymn Sing by the Piano (1st FL)</p> <p>Boston Pizza Bus Outing 11:00 AM – 2:00 PM</p> | <p>9 10:00 AM Televised Mass (BS)</p> <p>11:00 AM Hymn Sing by the Piano (2nd FL)</p> <p>1:30 PM Televised Mass (PS)</p> <p>2:30 PM Hymn Sing by the Piano (1st FL)</p> | <p>10 No Recreation Programs</p> | <p>11 Winter Olympic Workout 10:00 AM (SP) 11:00 AM (HS)</p> <p>2:00 PM Bingo (HH)</p> | <p>12 Aim At My Heart 10:00 AM (NS) 11:00 AM (BS)</p> <p>One on One Visits 1:30 PM -3:30 PM</p> | <p>13 Name That Heart Tune 10:00 AM (OB) 11:00 AM (EW)</p> <p>Craft: Fun Fan 1:30 PM (PS) 2:30 PM (HS)</p> <p>2:00 PM Worship Service with Cabalsa Family (HH)</p> <p>Valentine's Day</p> |
| <p>15 Whiteboard Games 10:00 AM (SP) 11:00 AM (BS)</p> | <p>16 No Recreation Programs</p> <p>HAPPY Family Day</p> | <p>17 Bird Visits (1st FL) 10:00 AM – 11:30 AM</p> <p>Are You A Horse? 2:00 PM (NS) 3:00 PM (EW)</p> <p>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p> | <p>18 Mardi Gras Zydeco Dance 10:00 AM (OB) 11:00 AM (HS)</p> <p>10:30 AM Resident and Family Council (HH)</p> <p>2:00 PM Bingo (HH)</p> | <p>19 10:30 AM Bible Study with Pastor Sieg (HH)</p> <p>2:00 PM Monthly Birthday Party with Rob Mann (1st FL Dining)</p> | <p>20 2:00 PM Social Shake & Bake (HH)</p> | <p>21 Travelogue: Singapore 10:00 AM (PS) 11:00 AM (BS)</p> <p>Tic Tac Toe 2:00 PM (SP) 3:00 PM (EW)</p> |
| <p>22 10:00 AM Televised Mass (HS)</p> <p>11:00 AM Hymn Sing by the Piano (2nd FL)</p> <p>1:30 PM Televised Mass (NS)</p> <p>2:30 PM Hymn Sing by the Piano (1st FL)</p> | <p>23 Heart Categories 10:00 AM (OB) 11:00 AM (BS)</p> <p>2:00 PM Ladies Tea by Invite (Captain's Galley)</p> <p>2:00 PM Shuffleboard (HH)</p> | <p>24 Creative Connections: Mola Painting (HH) 10:00 AM- 11:00 AM</p> <p>Brain Fitness 2:00 PM (PS) 3:00 PM (EW)</p> | <p>25 Seated Tai Chi 10:00 AM (SP) 11:00 AM (HS)</p> <p>2:00 PM Jackpot Bingo (HH)</p> | <p>26 One on One Visits 10:00 AM -11:30 AM</p> <p>Hand Massages & Manicures 2:00 PM (NS) 3:00 PM (BS)</p> | <p>27 Calendar Delivery AM</p> <p>2:00 PM Karaoke (HH)</p> | <p>28 Floor Curling 10:00 AM (OB) 11:00 AM (EW)</p> |

PROGRAMS ARE SUBJECT TO CHANGE. PLEASE SEE WHITEBOARDS FOR CHANGES.



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  |  |  |  |  | | |
| 4:00 PM Guess the Sound <small>Tu B'Shevat Begins</small> | 1 4:00 PM Tabletop Snowman Bowling <small>Groundhog Day</small> | 2 4:00 PM Music Appreciation | 3 4:00 PM Getting to the Bottom of the Swiss Alps | 4 Catholic Mass 11:00 AM (HH) 4:00 PM Hand Massages | 5 4:00 PM Millie's Memory | 6 4:00 PM Travelogue: Italy |
| 3:45 PM Eldercare Worship Service | 8 Boston Pizza Bus Outing 11:00 AM – 2:00 PM 4:00 PM Aim at my Heart | 9 No Recreation Programs | 10 4:00 PM Winter Olympic Workout | 11 4:00 PM Bird Visit | 12 4:00 PM Craft: Fun Fan | 13 2:00 PM Worship Service with Cabalsa Family (HH) 4:00 PM Balloon Volleyball <small>Valentine's Day</small> |
| 4:00 PM House of Memories | 15 No Recreation Programs  | 16 10:00 AM – 11:30 AM 4:00 PM Sing Along <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small> | 17 Bird Visits (1 st FL) 4:00 PM Mardi Gras Zydeco Dance | 18 10:30 Resident and Family Council Meeting (HH) 4:00 PM Mardi Gras Zydeco Dance | 19 10:30 AM Bible Study with Pastor Sieg (HH) 2:00 PM Monthly Birthday Party with Rob Mann (1 st FL Dining) 4:00 PM Hand Massages & Manicures | 20 4:00 PM Millie's Memories |
| 3:45 PM Eldercare Worship Service | 22 4:00 PM Music Appreciation: John Williams | 23 4:00 PM Sensory Stimulation | 24 4:00 PM Seated Tai Chi | 25 4:00 PM Bird Visit | 26 4:00 PM Adult Colouring | 27 4:00 PM Dice Game |

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