

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1F = 1st Floor
2F = 2nd Floor
3F = 3rd Floor

February 2026

Cartier House Care Community

<p>9:30 Church Service 1F 1 10:45 Church Service 2F 2:30 Movie Matinee 3F 3:30 Hand Massage & Manicure 2F</p> <p>Tu B'Shevat Begins</p>	<p>9:30 Chair Exercise 1F 2 10:30 Hand Therapy w/ Laura 3F 10:30 Communion 2F 2:30 Bingo Club 3F 3:30 Walking Club</p> <p>Groundhog Day</p>	<p>Morning: Valentine's Day 3 & Chinese New Years Decorating 2:30 Birthday & Welcoming Party w/ Live Music by Music Variations 2F</p>	<p>9:30 Chair Exercise 1F 4 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Valentine's Day Cards Making 3F 6:00 Creative Colouring 2F</p>	<p>9:30 Chair Exercise 1F 5 10:30 Catholic Mass 2F 2:30 Valentines Day Cards Making 1F 3:30 Mini Bingo 2F 6:00 Walk & Talk 1F</p>	<p>11:00 Chair Exercise 1F 6 2:30 Armchair Travel: New Orleans for Mardi Gras w/ Grace 3F 4:00 Room Visits 2F 6:00 Snoezelen 3F</p>	<p>11:00 Chair Exercise 1F 7 2:30 Valentine's Day Cards Making 2F 3:30 Scrabble 3F 6:00 Music Video Requests 2F</p>
<p>9:30 Virtual Church Service 1F 8 10:45 Virtual Church Service 2F 2:30 Karaoke 2F 3:30 Hand Massage & Manicure 3F</p>	<p>9:30 Chair Exercise 1F 9 10:30 Hand Therapy w/ Laura 3F 10:30 Communion 2F 2:30 Bingo Club 3F 3:30 Walking Club</p>	<p>9:30 Chair Exercise 1F 10 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Table Games 2F 6:00 Black History Month Discussion 3F</p>	<p>9:30 Chair Exercise 1F 11 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Valentine's Love Songs Concert w/ Peter Tam 2F 6:00 Creative Colouring 2F</p>	<p>9:30 Chair Exercise 1F 12 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Valentine's Cupcakes Decorating & Hot Chocolate Social 3F 6:00 Reminiscing 1F</p>	<p>11:00 Chair Exercise 1F 13 2:30 Table Games 3F 4:00 Room Visits 2F 6:00 Snoezelen 2F</p>	<p>11:00 Chair Exercise 3F 14 2:30 Valentine's Day Treats All Floors 3:30 Love Songs Karaoke 3F 6:00 Puzzle Club 2F Happy Valentine's Day! Wear Red & White Shirts</p>
<p>9:30 Virtual Church Service 1F 15 10:45 Virtual Church Service 2F 2:30 Movie Matinee 2F 3:30 Hand Massage & Manicure 1F</p>	<p>9:30 Chair Exercise 1F 16 10:30 Communion 2F 2:30 Bingo Club 3F 3:30 Walking Club</p> <p>Family Day</p>	<p>9:30 Chair Exercise 1F 17 10:30 Chair Exercise 2F 10:30 Hand Therapy 3F 2:30 Table Games 2F 6:00 Walk & Talk 3F</p> <p>Ramadan Begins, Mardi Gras, Chinese New Year</p>	<p>9:30 Chair Exercise 1F 18 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Table Games 2F 6:00 Creative Colouring 2F</p> <p>Ash Wednesday</p>	<p>9:30 Chair Exercise 1F 19 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Chinese New Year Celebration & Live Music w/ Jared 2F 6:00 Walk & Talk 3F</p>	<p>11:00 Chair Exercise 3F 20 2:30 Resident & Family Council Meeting 3F Lounge 4:00 Room Visits 2F 6:00 Snoezelen 1F</p>	<p>11:00 Chair Exercise 2F 21 2:30 Scrabble 2F 3:30 Puzzle Club 3F 6:00 Reminiscing 1F</p>
<p>9:30 Virtual Church Service 1F 22 10:45 Virtual Church Service 2F 2:30 Karaoke 3F 3:30 Hand Massage & Manicure 2F</p>	<p>9:30 Chair Exercise 1F 23 10:30 Communion 2F 2:30 Bingo Club 3F 3:30 Walking Club</p>	<p>9:30 Chair Exercise 1F 24 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Pink Shirt Day Photoshoot 6:00 Reminiscing 3F</p> <p>Wear a Pink Shirt Day</p>	<p>9:30 Chair Exercise 1F 25 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Table Games 2F 6:00 Creative Colouring 2F</p>	<p>9:30 Chair Exercise 1F 26 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 1:30 Scenic Drive to Belcarra Park 6:00 Reminiscing 1F</p>	<p>11:00 Chair Exercise 1F 27 2:30 Table Games 2F 4:00 Room Visits 2F 6:00 Walk & Talk 3F</p>	<p>11:00 Chair Exercise 1F 28 2:30 Creative Colouring 2F 3:30 Puzzle Club 1F 6:00 Music Video Requests 3F</p>

PLEASE NOTE: Programs subject to change based on staffing/availability/unforeseen circumstances. **Black History Month, Therapeutic Recreation Month**

THE NEIGHBOURHOOD

Cartier House Care Centre

February 2026

1419 Cartier Ave, Coquitlam

BC V3K 2C6 (604) 939-4654



Happy Birthday!

Feb. 8th - Amirali S.
 Feb. 8th - Teresa W.
 Feb. 14th - Rosalie S.
 Feb. 16th - Sheung H.
 Feb. 25th - Maria L.
 Feb. 28th - Anna M.

We wish you all happiness
 and joy on your special days!

February Birthdays & Welcoming Party!

With Live Music
 by Music Variations!

Tuesday February 3rd
 2:30 pm
 2F Dining Room

Valentine's Day Love Songs Concert with Peter Tam!

Wednesday
 February 11th
 2:30 pm
 2F Dining Room

Valentine's Cupcakes Decorating & Hot Chocolate Social

THURSDAY FEBRUARY 12TH
 2:30 PM
 3F DINING ROOM

2026 HAPPY LUNAR NEW YEAR
 YEAR OF THE HORSE

Celebrate with Live Music by
 Jared on February 19th
 at 2:30 pm

Resident & Family Council Meeting

Friday
 February 20th,
 2:30 pm
 3F Lounge



SCENIC DRIVE TO BELCARRA PARK!

February 26th
 1:30 pm
 By Invite



BROCHURES OF THE MONTH

Disclosure	Disclosure	Disclosure
<h2 style="text-align: center;">Disclosure</h2> <ol style="list-style-type: none"> 1 You and your family have the right to make your own decisions about your care. 2 You and your family have the right to participate in decisions and make choices prior to care being given, during care, and after care has been provided. 3 You and your family have the right to know the outcome(s) of that care and that includes disclosure of an unexpected outcome or accident. <p>As an organization Park Place Seniors Living makes every effort to prevent unexpected outcomes or accidents from happening. Should an accident occur our staff will follow the ethical principles of disclosure.</p> <p>This means that you and your family will be informed about the details associated with the accident. This is an important aspect of safe care delivery that we believe is essential to maintaining trust between you and the care team.</p>	 <p>OUR MISSION: Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.</p> <p>OUR VISION: At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "voice and a choice" with dignity, respect and empathy.</p> <p><small>Park Place Seniors Living 1656 West 75 Ave, Vancouver parkplaceseniorsliving.com</small></p> 	<h2 style="text-align: center;">Disclosure</h2>
Disclosure	Our Commitment	Questions?
<h2 style="text-align: center;">What Happens in Disclosure?</h2> <p>Disclosure is the open conversation about an error or an accident that occurred while receiving care in our home. If an accident was to occur it is important that you know we would provide you the opportunity for discussion about what happened. It is very important to us that we provide safe quality care to you and or your family member. It is also important that we have a relationship with you and that we preserve the integrity of that relationship, through respect and honesty.</p> <p>We have written policies that address the management of an error or accident. We also have a blame-free culture that encourages staff to report errors and or accidents without fear of punishment. Most importantly, we understand an error or accident event affects you but an error or accident also affects the health care team.</p>	<h2 style="text-align: center;">Our Commitment</h2> <p>In the case of an error or accident, we complete a thorough investigation in partnership with you and want your honest feedback. Disclosing information about errors or accidents promotes trust. We know that you expect and want timely and full disclosure of what happened if an error or an accident was to occur.</p> <p>WE ALSO UNDERSTAND THAT THIS INCLUDES:</p> <ul style="list-style-type: none"> • An acknowledgement of responsibility • An apology • That we work with you to understand what happened. • That we include you and or your family in a discussion of what is being done to prevent this error or accident from reoccurring. <div style="border: 1px solid black; border-radius: 50%; padding: 5px; width: 30px; margin: 10px auto;">FAST FACT</div> <p>With honest and open communication, residents and their families can make informed decisions about their care and service delivery.</p>	<h2 style="text-align: center;">Questions About Disclosure?</h2> <div style="text-align: center; margin: 10px 0;">  </div> <p style="text-align: center;">If you have any questions about disclosure, please ask your nurse.</p> <p style="text-align: right; font-size: small;"><i>Reviewed by a group of Park Place Family Representatives in April 2022</i></p>
<p>Park Place Seniors Living 1656 West 75th Avenue Vancouver, B.C. V6P 6G2 parkplaceseniorsliving.com</p>		

- Learn more about your rights to **disclosure and why it is important.** With honest and open communication, Residents and their families can make informed decisions about their care and service delivery.

What is a Resident and/or Family Council?

Resident and/or Family Councils are a group of people that include Residents, and may include family members, and friends of the Residents living in a Park Place Seniors Living Home.

The group organize themselves to meet regularly to support each other, share information and educational resources. They also raise concerns or issues they may encounter in the Home, work pro-actively with the Home's staff to resolve any concerns and advocate for Residents with a view to improve the overall quality of the care and/or service delivery.



Resident and/or Family Council

Your voice is important, please join us!



OUR MISSION:

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

OUR VISION:

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "voice and a choice" with dignity, respect and empathy.

Park Place Seniors Living | 1656 West 75 Ave, Vancouver
parkplaceseniorsliving.com



What is the Purpose?

A FAMILY AND/OR RESIDENT COUNCIL'S ROLE IS TO:

- Create a communication channel of the collective voice of Residents and or Families for the Park Place Leadership team to manage issues as they arise but also to gather input on new ideas/ future changes contemplated for each of our homes
- The ideas, suggestions and requests brought to the homes' Leadership team will be investigated with outcomes reported back to the Council
- Residents and/or Family Councils are supported through provincial legislation for Continuing Care in provinces Park Place Seniors Living operates in.
- Fundraise to further enhance and improve the quality of the life for all residents in the home
- Build linkages to the community and facilitate programs that benefit both the residents and community.

Resident or Family Council Process

- 1 The structure, operation and purpose of the group should be established by the Residents and or Families
- 2 Activities of the Resident/Family Council should be independent of staff involvement unless specifically requested by the Residents
- 3 Families and/or Volunteer involvement in Resident/Family Council activities should be encouraged if Residents request or require assistance
- 4 The Resident/Family Council shall have direct access to the Park Place Site Leader or other members of the Home Leadership Team
- 5 Meetings will be held monthly with exception to summer months

Resident or Family Partnership

Membership is open to all Resident's, Family, Friends and Representatives of the Residents of Park Place Homes who wish to participate in decisions affecting the daily lives of our Residents.

A Voice and a Choice

Park Place Seniors Living philosophy includes a "Voice and a Choice" in our Resident/ Family Centred approach to care and service.

Park Place recognizes family and friends that become partners with us, in the care for their Family members enhances the overall experience of the Residents.

Reviewed by a group of Park Place Family Representatives in April 2022



- Read about **Resident and/or family councils**, the purpose behind it, the process, and how to partner with us and have a voice in the decisions made in the care of the Residents which enhances the overall experience of care and life in the community.

CODE OF THE MONTH



EMERGENCY RESPONSE CODE CODE BLUE – CARDIAC ARREST/ MEDICAL EMERGENCY

What does it mean?

Code Blue is the designated phrase to alert personnel and provide clear guidelines and direction on how to respond to any person experiencing an acute medical emergency, airway threat, respiratory and/or cardiac arrest.

What do I do?

- Care employees are responsible to support resuscitation until EMS arrives
- If the medical emergency involves a Resident, identify whether or not to initiate CPR by reviewing the MOST (Medical Order for Scope of Treatment or Goals of Care (if available) to determine the Resident's wishes
- Most common medical emergency in Long Term Care is a choking event
- Know what to do to clear the airway
- Ensure 911 has been called
- Direct EMS to the location of the Resident or individual
- Assist as directed throughout the medical emergency
- Ensure the Resident's records are available for EMS
- Assist other Residents, family, volunteers and or visitors away from area
- Contact the family and attending physician if not already present



Review it before you need it:

- Ensure that designated employees have Basic First Aid know what to do in the event of a medical emergency
- Know how to alert others either by call bell, overhead page, voice, etc.

Learn more about [Code Blue: Medical Emergency](#)

- Refer to your Park Place Emergency Preparedness & Response Manual
- Refer to the Park Place Emergency Response Code Blue Tab 7
- Refer to Resident Centred Care Manual (RCCM) Tab 8 Dining with Dignity for resources

EPRM 09-07-01

Date Created: June 2023
Current Version Date: January 2026
Page 1 of 1

- Read about February's code of the month: [Code Blue – Cardiac Arrest/Medical Emergency](#)

WELCOME TO OUR NEW RESIDENTS!



Khalil



Iva

- *Welcome to your new home!! We're so happy to welcome you to our community! We hope you quickly feel at home, meet new friends, and enjoy the programs! Please don't hesitate to ask if you need anything – we're always here to help. Welcome to the family Khalil & Iva!*

MONTHLY GAZETTE

March 2026

THE MONTHLY GAZETTE

"Spring is when you feel like whistling, even with a shoe full of slush."
—Doug Larson



Monthly Gazette

March 2026

Magical March Mythology

The Month of War

It may seem odd that a month associated with spring's rebirth would be named after Mars, the Roman god of war. However, in ancient times, military campaigns tended to stop during the brutal cold of winter. March, with its more temperate weather, was when armies would return to battle, without the worry of freezing temperatures. This is why the month honors the god of war, in hopes of inspiring his favor—and military success.

The Ides of March

In the Roman lunar calendar, the *ides* signified a month's

first full moon. In March, this usually fell around March 15 and was often accompanied by a new year's festival. Legend has it that the day is unlucky—as in Shakespeare's *Julius Caesar*, when a soothsayer advises Caesar to "beware the ides of March." The warning fails, as Caesar was murdered on March 15, 44 BC.

Borrowing Days

Scottish folklore marks the last three days of March as "borrowing days." These days—borrowed from April—are thought to be extra stormy to serve as March's last hurrah before spring mellows into April.

The Day of Colors

Holi, the Hindu festival of colors, is held at the beginning of spring each year—this year on Wednesday, March 4. Revelers celebrate the triumph of good over evil by dousing each other with water and powdered colors.



March Zodiacs

Pisces (Fish)
March 1–20
Aries (The Ram)
March 21–31

Animal of the Month – Bottlenose Dolphin

Bottlenose dolphins are highly intelligent, social mammals that live in temperate and tropical waters worldwide. These super swimmers can be found in shallow coastal waters as well as deeper water in the Atlantic, Pacific, and Indian oceans. They use echolocation and herding techniques to hunt and gather prey, which includes a range of fish, squid, octopus, and crustaceans. These majestic creatures have gray, streamlined bodies that can grow to between six and 13 feet long and weigh between 330 and 1,430 pounds. Named for their short snouts, they can



swim up to 22 miles per hour and use a complex language of squeaks, whistles, and clicks to communicate. Research has also shown that they can recognize themselves in the mirror. Bottlenose dolphins live between 40 and 60 years. They sleep by resting one side of their brains at a time so that they can keep breathing while they slumber.

Special Days

World Wildlife Day
March 3

International Women's Day
March 8

St. Patrick's Day
March 17

Spring Equinox (Beginning of Spring)
March 20

Palm Sunday
March 29

Doctors' Day
March 30

Flower – Daffodil



While we tend to think primarily of the vibrant yellow trumpeted flower, *daffodil* is actually the official common name for all members of the genus *Narcissus*, a group of spring perennials that includes many shapes of mostly yellow and white flowers. Heralded as the official flower of spring, the daffodil is one of the first flowers of the season. The hearty plant does well in cold weather and can even withstand snow. Daffodils are often given to represent respect, friendship, modesty, rebirth, and good luck.

Birthstone – Aquamarine



March's birthstone is aquamarine. These semiprecious stones are renowned for their striking pale-to-medium-blue color, which can also contain a hint of green. However, the clear blue ones fetch the highest prices. Found in Serbia, the United States, Myanmar, and Brazil, they get their name from the Latin *aqua marina*, meaning "seawater." They are associated with safe passage over water, eternal youth, purity, and protection. Ancient Egyptians put them in tombs to ensure a safe journey to the afterlife.

March hasn't always been the third month of the year. In the ancient Roman calendar, it was the year's first month. Beginning the year in March makes a lot of sense because it is when new growth starts after the "dead" of the winter. March's name comes from *Martius*, the Latin name for the month that means "of Mars"—the Roman god of war. The Anglo-Saxons called the month *hyld monath*, which means "stormy month," and *hraed monath*, meaning "rugged month."

Time To Wake Up

March is when many hibernating animals wake from their long sleep. Here are some cool facts about this winter rest:

- Hibernators include bears, hedgehogs, bats, skunks, bees, frogs, snails, turtles, and mice.
- Many animals have a heart rate of just 10 beats per minute while hibernating.
- Hibernating bats slow their breathing; some species take only one or two breaths an hour.

What's Lucky in March?

Lucky Color: Green
Lucky Animal: Rabbit
Lucky Letters: *R* and *M*
Lucky Day: Saturday
Lucky Plant: Tulips



March Birthdays

Ralph Ellison (writer) – March 1, 1913/1914
Jean Harlow (actress) – March 3, 1911
Eva Mendes (actress) – March 5, 1974
Michelangelo (artist) – March 6, 1475
Bobby Fischer (chess prodigy) – March 9, 1943
James Taylor (singer-songwriter) – March 12, 1948
Diane Arbus (photographer) – March 14, 1923
Ruth Bader Ginsburg (jurist) – March 15, 1933
Nat King Cole (jazz musician) – March 17, 1919
Queen Latifah (entertainer) – March 18, 1970
Do Won Chang (entrepreneur) – March 20, 1954
Reese Witherspoon (actress) – March 22, 1976
Quentin Tarantino (director) – March 27, 1963
Céline Dion (singer) – March 30, 1968

©ActivityConnection

©ActivityConnection

- Read the **Monthly Gazette** to learn more about the animal of the month, the bottlenose dolphin, the flower of the month, daffodil, the birthstone of the month aquamarine, mythology about March, and famous March birthdays.

JANUARY BIRTHDAY CELEBRATIONS!



- Happy Birthday to our January Birthdays! We celebrated with live music with Precious, cake and good friends and family!



ARMCHAIR TRAVEL: ANCHORAGE

ALASKA



- We went on an **armchair travel excursion to Anchorage, Alaska** and learned about what life is like for the local there through pictures, history, fun facts, and discussion questions about our thoughts on living there. Next month we're off to New Orleans for Mardi Gras!

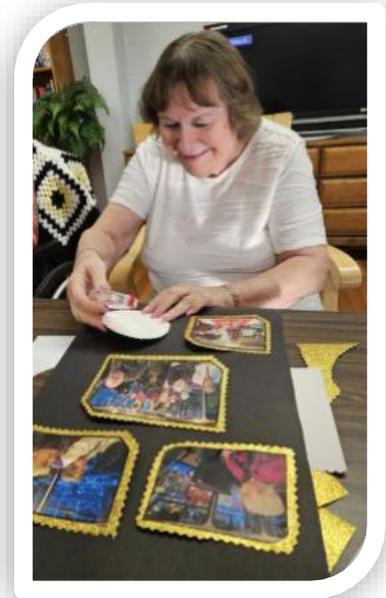
HIGH TEA W/ JOYFUL SINGERS



- The Joyful Singers visited Cartier to share their beautiful singing voices with the Residents during a High Tea program with baked goods, sandwiches and delicious hot tea and coffee.

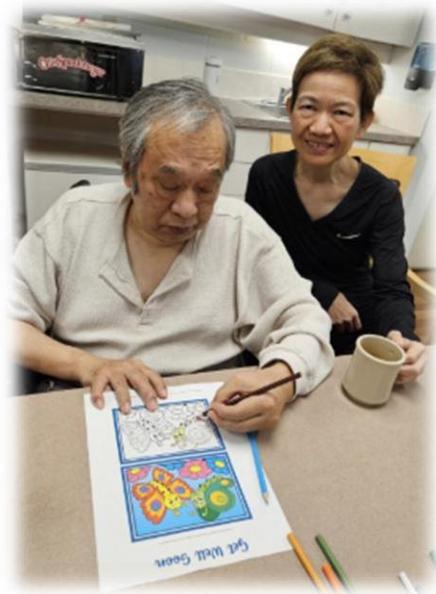


PHOTO ALBUM COLLAGE MAKING



- Our Residents helped to create new photo album collages with updated photos from the recent holiday season to look back on our fond memories together.

GET WELL SOON CARDS MAKING



- When there were individuals feeling under the weather, some of our Residents got together to make Get Well Soon cards for them to bring them a little bit of encouragement and to let them know we were thinking of them.

ACTIVE GAMES



- Staying active is so important and one great way to do that is to play fun active games such as **jumbo throw snakes and ladders**



MESSAGE FROM OUR DIRECTOR OF CARE

As we move on to February, I want to take a moment to reflect on three important themes we are celebrating this month: Recreation Month and Pink Shirt Day/Anti-Bullying Awareness.

February is Recreation Month, a time to recognize the vital role recreation plays in enhancing quality of life, well-being, and connection. Our Recreation team works tirelessly to create meaningful activities that bring joy, purpose, and a sense of community to our home. Whether it's music, games, exercise, creative programs, or simply sharing a laugh, these moments matter - and we are grateful to everyone who participates, supports, and encourages engagement every day.

The month also includes Pink shirt Day, a reminder of the importance of kindness, respect, and standing up against bullying in all its forms. Creating a safe, welcoming, and inclusive environment is a shared responsibility. Whether we are Residents, family members, staff, visitors, the way we treat one another truly makes a difference. A small act of kindness can have a powerful impact.

I encourage everyone to take part in Recreation Month activities and to join us in recognizing Pink Shirt Day by wearing pink and promoting compassion, understanding, and respect throughout our home.

Thank you for being part of our community and for helping make this a place where people feel valued, supported, and cared for.

Kind Regards,
Carol.

Hand Hygiene Audits

2025 - 2026	Audit Result (%)
Q1	100%
Q2	100%
Q3	100%
Q4	

Congratulations on achieving a 100% compliance rate in the recent hand hygiene audit. Please continue adhering to all Infection Prevention and Control (IPC) measures to help ensure everyone remains safe and well.

Keep up the excellent work!

MESSAGES FROM LEADERSHIP TO OUR TEAM



What a fantastic accomplishment for the team at Cartier. You always go above and beyond.

Kathy Nduwayo
VP of Operations

Congratulations Team!

Sharon Cook RN, MA
Chief Nursing Officer & Vice President Quality Assurance

I'm very proud of the team at Cartier for all their hard work and dedication, in the most recent FNW medical advisory committee meeting, the physician leadership announced Cartier House Care Centre as having the lowest ER transfer rate for the last 2 years. T

Regards,
Nahla Fahmy
Medical Director

I am reaching out because my team has been reviewing ED transfer rates across Fraser Health LTC, and your Care Community's consistently low transfer rates truly stand out. I would appreciate the opportunity to learn more about the practices and processes contributing to your success.

Regional Practice Lead, Quality & Research
Fraser Health Lead | BC's Long-Term Care Quality Initiative (LTC-QI): Bridging Research and Practice
[Long-Term Care Quality Initiative – Health Research BC](#)

Thank you to our Physicians - Dr. Fahmy, Dr. Mackie, our hardworking Nurses and Nurse Manager, our Social Worker, and our Allied Health Professionals — and most importantly, our dedicated Care Staff who provide direct care to our Residents and promptly report significant changes to Nursing. Our appreciation also goes to our Clinical Nurse Educator, Marie B. For her time and effort in continuously providing educations aligned to our quality improvement projects.

Your vigilance, teamwork, and timely communication have led to prompt interventions and meaningful goals-of-care conversations, helping to prevent inappropriate and unscheduled transfers to the Emergency Room while respecting residents' and families' wishes and ensuring the provision of comfort and quality care.

These collective efforts have led to the successful achievement of the Quality Improvement project that began two years ago.

Thank you for your continued dedication and commitment to excellence in resident-centered care

Much appreciation,
Carol.

HOW TO GET INVOLVED

Join us for our Resident & Family Council meeting!
The meeting is held monthly, either in person or via
Teams.

This gives both Residents & Families a chance to express concerns,
provide ideas and suggestions, and stay up to date on the workings of
Cartier House.

Teams Link sent via email

Resident & Family Council Meeting Date & Invite to follow – check
your emails! If you don't receive an invite, please email:
cartier.recreation@ppsl.com

VOLUNTEER OPPORTUNITIES

Cartier House is looking for volunteers to join our team!
Do you or anyone you know enjoy spending time with seniors or
want to give back to your community?

If **YES**, kindly email cartier.recreation@ppsl.com or
call **604- 939- 4654 Extension 130** for more information!

Reported By:
Grace Karvonen, Recreation Coordinator

1419 Cartier Ave, Coquitlam, BC V3K 2C6
(604) 939 - 4654

