

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Legend:**  
 LR – Living Room  
 FR – Family Room  
 DR – Dining Room  
 P - Patio  
 W – West  
 E – East  
 (3) – 3<sup>rd</sup> floor  
 (2) – 2<sup>nd</sup> Floor  
 (M) – Main floor

1

**10:00am 1-1 Communion & Blessing Visits**

9:30am 1-1 Visits  
 10:30am Memory Match (M)  
**12:45pm Lent Activity (3)**  
 1:30pm Indoor Walks (M)  
**2:15pm Bingo (2)**  
 3:30pm Triva (3)



Purim Begins

2

9:30am Good 'OI Days (M)  
 10:30am Watercolour Painting (2)  
 12:45pm Seated Yoga (3)  
 1:00pm Dancercise (2)  
 1:30pm 1-1 Visits  
**2:15pm Birthday Party (2)**  
 3:30pm Puzzling Group (3)  
 3:30pm Music Appreciation (M)

**6:00pm Bible Study Group (2-DR)**

3

**10:00am Virtual Catholic Mass (M – LR)**

12:45pm Name that Tune (3)  
 1:30pm Junk Drawer Detective (M)  
**2:15pm Birthday Party (3)**  
 3:30pm Balloon Volleyball (2)



4

9:30am Meditative Colouring (3)  
 10:30am Hymn Sing (M)  
 12:45pm Card Games (2)  
 1:30pm Ring Toss (3)  
**2:15pm Birthday Party (M)**  
 3:30pm Virtual Concert (2)  
 5:15pm Music Appreciation (3)  
**6:30pm Bingo (M)**  
 7:30pm 1-1 Visits

5

9:30am Fun & Fitness (3)  
 10:30am Devotions (2)  
 12:45pm News & Views (M)  
 1:30pm Board Games (3)  
 2:15pm Karaoke (2)  
 3:30pm 1-1 Visits



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**10:00am Worship Service (2-DR)**

9:30am Seated Yoga (2)  
 10:30am Dice Games (M)  
 12:45pm International Women's Month Trivia (3)  
**2:00pm Music Therapy (2)**  
 3:30pm Balloon Badminton (M)



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**10:00am 1-1 Communion & Blessing Visits**

9:30am Mind Joggers (3)  
 10:30am Coffee Group (M)  
**12:45pm Lent Activity (2)**  
 1:30pm Short Stories (M)  
**2:15pm Bingo (3)**  
 3:30pm 1-1 Visits

9

9:30am Hymn Sing (M)  
 10:30am Meditative Colouring (2)  
 12:45pm Dice Games (3)  
**2:15pm Ladies Tea Party (2)**  
 3:30pm Virtual Tour (M)



**6:00pm Bible Study Group (2-DR)**

10

9:30am Manicures (M)  
 10:30am Finish the Lyric (3)  
 12:45pm Just for Kicks (2)  
 1:30pm Devotions (M)  
 2:15pm 1-1 Visits  
 3:30pm Seated Yoga (3)

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9:30am Open Activity (2)  
 10:30am Healing Sounds (M)  
 12:45pm Board Games (3)  
 1:30pm Good 'OI Days (M)  
**2:15pm Bingo (2)**  
 3:30pm 1-1 Visits



12

9:30am Fun & Fitness (M)  
 10:30am Memory Match (2)  
 12:45pm Hymns of Faith (M)  
 1:30pm Rock Paper Scissors (3)  
 2:15pm Karaoke (2)  
 3:30pm 1-1 Visits

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**10:00am Worship Service (2-DR)**

9:30am Seated Yoga (3)  
 10:30am Music Appreciation (2)  
 12:45pm Trivia (3)  
**1:30pm Baking Group (M)**  
 3:00pm 1-1 Visits

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**Mealtimes:**  
**Breakfast:**  
 8:30am – 9:30am  
**Lunch:**  
 11:45am – 12:45pm  
**Dinner:**  
 4:45pm – 5:45pm

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**10:00am 1-1 Communion & Blessing Visits**

9:30am Memory Match (2)  
 10:30am 1-1 Visits  
**12:45pm Lent Activity (2)**  
 1:30pm Irish Folk Music (3)  
**2:15pm Bingo (M)**  
 3:30pm Short Stories (3)

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**\*Wear Green\***

9:30am Reminiscing (3)  
 10:30am Bible Reading (2)  
 12:45pm St. Patrick's Trivia (M)  
 1:00pm Just for Kicks (2)  
**St. Patricks' Day Party ft. Matt Grier 2pm (M-DR)**  
 3:30pm 1-1 Visits  
**6:00pm Bible Study Group (2-DR)**  
 St. Patrick's Day



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**10:00am Virtual Catholic Mass (M – LR)**

12:45pm Name that Tune (3)  
 1:30pm Famous Faces (M)  
**2:15pm Shamrock Craft (2)**  
 3:30pm Washer Toss (3)



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9:30am 1-1 Visits  
**10:30am Shamrock Craft (M)**  
 12:45pm Balloon Pass (2)  
 1:30pm Word Searches (3)  
 2:15pm Watercolour Paint (M)  
 3:30pm Ireland Virtual Tour (2)  
 5:15pm Ukulele Playing (M)  
**6:30pm Bingo (3)**  
 7:30pm Hand Massages (2)



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9:30am Fun & Fitness (2)  
 10:30am Dice Games (3)  
 12:45pm 1-1 Visits  
 1:30pm Meditative Colouring (M)  
**2:15pm Shamrock Craft (3)**  
 3:30pm Famous Faces (2)



Spring Begins

20

**10:00am Worship Service (2-DR)**

9:30am Seated Yoga (M)  
 10:30am Manicures (2)  
 12:45pm Memory Match (3)  
**1:30pm Baking Group (2)**  
 3:00pm 1-1 Visits



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Ext. 704 – Rec Therapist  
 Benevolence.rectherapy@ppsl.com  
 Ext. 705 – Rec aide  
 Ext. 706 – Rec aide

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**10:00am 1-1 Communion & Blessing visits**

9:30pm Spring Trivia (3)  
 10:30pm 1-1 Visits  
**12:45pm Lent Activity (M)**  
 1:30pm Flower Arranging (2)  
**2:15pm Bingo (2)**  
 3:00pm Dice Games (3)



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9:30am Devotions (3)  
 10:30am Dancercise (2)  
**1:00pm Elementary School Visit (DR - all floors)**  
 2:15pm Manicures (3)  
 3:30pm Spring Colouring (M)

**6:00pm Bible Study Group (2-DR)**

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9:30am Reminiscence with the Senses (M)  
 10:30am Flower Arranging (3)  
 12:45pm Just for Kicks (2)  
**2:15pm Men's Coffee Group (3)**  
**2:30pm Resident & Family Council Meeting (FR)**  
 3:30pm Open Activity (M)

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**9:30am Spring Decorating & Window Painting (all floors)**

**2:15pm Bingo (M)**  
 3:30pm Music Appreciation (3)



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9:30am Fun & Fitness (3)  
 10:30am Giant Dice Games (M)  
**12:00pm Lunch Club (3-LRW)**  
 12:45pm Snakes and Ladders (2)  
 2:30pm Flower Arranging (M)  
 3:30pm 1-1 Visits



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**10:00am Worship Service (2-DR)**

9:30am Seated Yoga (2)  
 10:30pm Watercolour Painting (M)  
 12:45pm Do You Hear What I Hear? (3)  
 1:30pm Bowling (2)  
**2:30pm Bingo (M)**  
 4:00pm 1-1 Visits

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**10:00am 1-1 Communion & Blessing visits**

9:30am Just for Kicks (3)  
 10:30am Where in the World? (M)  
**12:45pm Lent Activity (2)**  
 1:30pm Music Appreciation (M)  
**2:15pm Bingo (3)**

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9:30am News & Views (3)  
**10:00am Food Committee Meeting (FR)**  
 10:30am Balloon Volleyball (2)  
 12:45pm Short Stories (M)  
**1:30pm Indoor Gardening (2)**



**6:00pm Bible Study Group (2-DR)**

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# March 2026

## Benevolence Care Centre

Programs are subject to change, please see whiteboards for daily programs.