

Behaviour Safety Plans

When care teams notice unsafe situations or are made aware of a safety concern, they use a standardized screening tool to decide if a Behaviour Safety Plan is needed.

Behaviour Safety Planning is completed in partnership with you and/or your family and includes:

- Ways to help you feel calm and comfortable while receiving care
- Supports for medically explained behaviours
- How to keep everyone safe

The plan remains on your chart for future reference.

The Behaviour Safety Plan will be reviewed regularly.

You and/or your family are encouraged to request a copy.

**SPEAK TO YOUR CARE TEAM
IF YOU BELIEVE A BEHAVIOUR
SAFETY PLAN IS NEEDED.**

Care Teams Use a Purple Dot

- To let each other know a Behaviour Safety Plan is in place.
- The Behaviour Safety Alert (purple dot) is removed when the plan is no longer needed and the environment is safe for you and your care team.



**IF YOU HAVE FURTHER
QUESTIONS, COMMENTS OR
CONCERNS, PLEASE ASK TO
SPEAK WITH A MANAGER OR
CLINICAL LEADER.**

Behaviour Safety Plans



Be a Partner in Your Care

Everyone at Park Place — including Residents, family members, employees, and volunteers — has a right to:

- Be treated with respect
- Be listened to and heard
- A safe physical, emotional and psychological environment
- Be part of a health care team
- Information they need to receive or provide care
- Confidentiality

BY WORKING TOGETHER, WE CAN CREATE EXPERIENCES THAT ARE RESPECTFUL AND SAFE FOR YOU AND YOUR LOVED ONES AS WELL AS YOUR CARE TEAM.

What Matters to You?

Needing Healthcare can be tough.

Let your health care team know what helps you or your loved ones feel comfortable and calm.



HERE ARE SOME EXAMPLES:

- A quiet space/quiet time
- Low lighting
- Rest or alone time
- Cultural or spiritual practices
- Activities such as music, reading, writing, drawing or watching TV
- Talking with others
- Nicotine Replacement Therapy
- Medications

Safe Care – Together

Sometimes people needing health care services have responses or behaviours that are unsafe for themselves or others.

Unsafe behaviours are rarely intentional. Often the person isn't aware of them or won't remember them after. They can happen when someone is:

- Scared, confused or overwhelmed
- Reacting to medications or substances
- Experiencing unmanageable pain
- Not thinking clearly because of a physical or mental illness
- Living with a cognitive impairment

At Park Place, we are committed to providing quality care that is safe for all.

Behaviour Safety Plans are one way we do this.

Reviewed by a group of Park Place Family Representatives

