

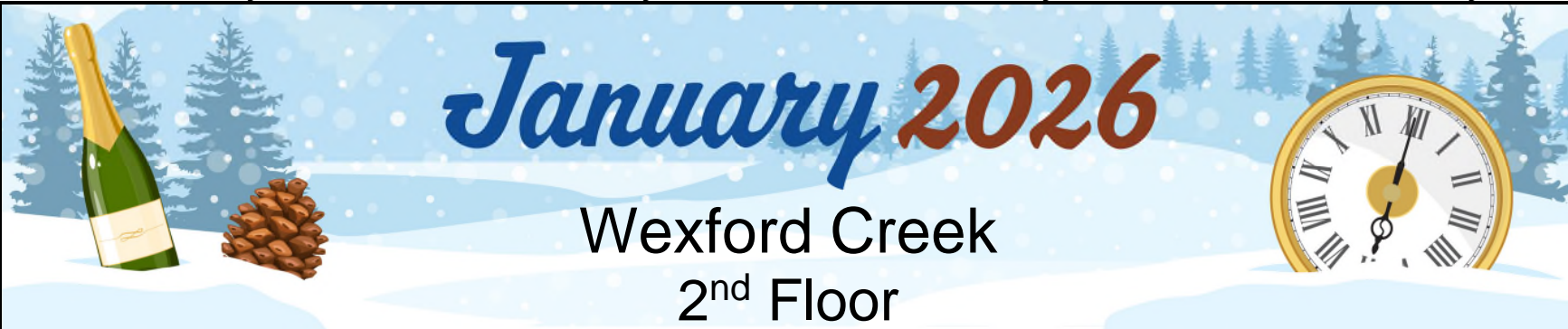














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>January 2026</h1> <h2>Wexford Creek 1<sup>st</sup> Floor</h2> </div>				<div> 10:00 new year's goals &amp; resolutions <b>1</b>  11:00 news in the go  3:00 Stories by the Fireside  <div>New Year's Day</div> </div>	<div> 10:00 sing along <b>2</b>  11:00 news in the go  3:00 Discovery Box </div>	<div> 11:00 news in the go <b>3</b>  3:00 Bingo </div>
<div> 2:30 Bingo <b>4</b> </div>	<div> 10:00 Chair Exercise <b>5</b>  3:00 Tuck Shop Visits </div>	<div> 10:00 sing along <b>6</b>  11:00 news in the go  1:15 chair exercises  2:00 Birthday Party  4:00 beading and knot tying  4:00 flower arranging </div>	<div> DE-Decorating Christmas décor all floors and all cottages <b>7</b> </div>	<div> 10:00 Catholic Mass <b>8</b>  11:00 news in the go  1:30 Birthday Party </div>	<div> 10:00 sing along <b>9</b>  11:00 news in the go  2:00 Music with Marty </div>	<div> 11:00 news in the go <b>10</b>  1:30 Bingo </div>
<div> 2:30 Bingo <b>11</b> </div>	<div> 10:15 Balloons &amp; Tunes <b>12</b>  11:15 News on the Go </div>	<div> <b>13</b>  11:00 news in the go  2:00 FBC Hymn Sing  3:00 Montessori  4:00 Flower Arranging </div>	<div> 10:15 Bingo <b>14</b>  11:00 news in the go  1:30 visits to the tuck shop  3:00 stories by the fireplace  4:00 Billiards </div>	<div> 10:30 Resident's Council <b>15</b>  11:00 news in the go  1:30 tea social </div>	<div> 10:00 sing along <b>16</b>  11:00 news in the go  2:00 Magazine Art </div>	<div> 11:00 news in the go <b>17</b>  1:30 Bingo </div>
<div> 2:30 Bingo <b>18</b> </div>	<div> 10:00 Chair Exercise <b>19</b>  11:00 News on the Go  <div>Martin Luther King Jr. Day</div> </div>	<div> 10:00 sing along <b>20</b>  11:00 news in the go  1:15 chair exercises  4:00 Canadian Flag ID  4:00 Flower Arranging </div>	<div> 10:15 Bingo <b>21</b>  11:00 news in the go  1:30 JW meeting  1:30 active games  3:00 one to one family visit  4:00 </div>	<div> 10:00 Active Games balloon volleyball <b>22</b>  11:00 news in the go  4:00 visits to the tuck shop </div>	<div> 10:00 sing along <b>23</b>  11:00 news in the go  3:00 Balloon Volleyball </div>	<div> 11:00 news in the go <b>24</b>  1:30 Bingo </div>
<div> 2:30 Bingo <b>25</b> </div>	<div> 10:15 Reminiscing <b>26</b>  11:15 News on the Go  1:30 Bread Tasting Social    3:00 Friendly Visits  <div>Australia Day (Observed)</div> </div>	<div> 10:00 sing along <b>27</b>  11:00 news in the go  1:30 Alphabet Pasta Sort  3:00 Chair Exercises  4:00 Flower Arranging </div>	<div> 10:15 Bingo <b>28</b>  11:00 news in the go  1:30 Sensory Box Making  3:00 Active Games  4:00 spa day </div>	<div> 10:00 Armchair travel <b>29</b>  11:00 news in the go  1:30 spa day </div>	<div> 10:00 sing along <b>30</b>  11:00 news in the go  3:00 Billiards </div>	<div> 11:00 news in the go <b>31</b>  1:30 Montessori </div>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  </div>				<div> <div> 10:00 Remove decorations  10:15 Getting to Know You  11:30 News on the Go  12:00 Calendar distribution   12:50 Rehab  2:00 Spa Day   New Year's Day </div> <div>1</div> </div>	<div> <div> 10:15 Winter Social     11:30 Tuck Shop  1:30 Reminiscing </div> <div>2</div> </div>	<div> <div> 10:15 Bingo     1:30 Montessori </div> <div>3</div> </div>
<div> <div> 10:00 Hymn Sing </div> <div>4</div> </div>	<div> <div> 10:00 Reminiscing  11:15 News on the Go   1:30 Bread Tasting Social    3:00 Friendly Visits </div> <div>5</div> </div>	<div> <div> 11:15 news on the go   2:15 word games   4:30 flower arranges </div> <div>6</div> </div>	<div> <div> 10:00 Remove Christmas Trees and decorations   11:15 Friendly Visits </div> <div>7</div> </div>	<div> <div> 10:00 Balloons &amp; Tunes  10:00 Catholic Mass   12:50 Rehab   3:00 stories by the fireside </div> <div>8</div> </div>	<div> <div> 10:15 Chair Chi   11:30 Tuck Shop   3:00 walks and friendly visits </div> <div>9</div> </div>	<div> <div> 10:15 Bingo     3:00 Painting </div> <div>10</div> </div>
<div> <div> 10:00 Hymn Sing </div> <div>11</div> </div>	<div> <div> 10:00 Sing Along   2:00 <b>102<sup>nd</sup></b> Birthday Party (G&amp;M)    3:30 Friendly Visits </div> <div>12</div> </div>	<div> <div> 11:15 news on the go   2:15 cookie baking   4:30 flower arranges </div> <div>13</div> </div>	<div> <div> 10:00 Bingo     11:15 Friendly Visits </div> <div>14</div> </div>	<div> <div> 10:15 Reminiscing  11:00 Music Therapy  11:00 Resident's Council   12:50 Rehab   4:00 News on the go </div> <div>15</div> </div>	<div> <div> 10:15 Brain Games     11:30 Tuck Shop  3:00 hot chocolate social </div> <div>16</div> </div>	<div> <div> 10:15 Bingo     3:00 hot chocolate social </div> <div>17</div> </div>
<div> <div> 10:00 Hymn Sing </div> <div>18</div> </div>	<div> <div> 10:15 Chair Chi   2:00 Birthday Party    Martin Luther King Jr. Day </div> <div>19</div> </div>	<div> <div> 11:15 news on the go   2:15 walks   4:30 flower arranges </div> <div>20</div> </div>	<div> <div> 10:00 Bingo     11:15 Friendly Visits </div> <div>21</div> </div>	<div> <div> 10:00 Balloons &amp; Tunes   12:50 Rehab   3:00 Spa Day </div> <div>22</div> </div>	<div> <div> 10:00 Snoezelen  11:30 Tuck Shop   2:00 Music with Peter   </div> <div>23</div> </div>	<div> <div> 10:15 Bingo     3:00 walking and friendly visits </div> <div>24</div> </div>
<div> <div> Robbie Burns   10:00 Hymn Sing </div> <div>25</div> </div>	<div> <div> 10:00 Sing Along   4:00 Friendly Visits   Australia Day (Observed) </div> <div>26</div> </div>	<div> <div> 11:15 news on the go   2:15 chair exercises   4:30 flower arranges </div> <div>27</div> </div>	<div> <div> 10:00 Bingo     11:15 Friendly Visits </div> <div>28</div> </div>	<div> <div> 10:00 Name that Tune    12:50 Rehab   3:00 Crafts </div> <div>29</div> </div>	<div> <div> 10:15 Balloons &amp; Tunes   11:00 Tuck Shop   2:00 Music Trivia </div> <div>30</div> </div>	<div> <div> 10:15 Bingo     3:00 Remeincing </div> <div>31</div> </div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> 	<div>2</div> <a href="#">Shawn's Away Today</a>  2pm – Games Hour - 2 <sup>nd</sup> Floor	<div>3</div> Saturday Ideas To Do  
<div>4</div> 2:30- CRIB & CARDS - PDR	<div>5</div> 10:30 – Sit & Be Fit – 2 <sup>nd</sup> Floor  2pm – BINGO! – 2 <sup>nd</sup> Floor	<div>6</div> 10:15 – Brain Games - PDR  1:30pm – Crib Tournament - Dining Room	<div>7</div> 10:30 – Fitness with Bev – 2 <sup>nd</sup> Floor  2pm – Resident Town Hall Meeting & Hot Chocolate Social - Dining Room	<div>8</div> 10am - Food Committee Meeting-Dining Room  1:30- Shopping Trip to Woodgrove Center *Sign up list at reception	<div>9</div> 10:15 – News & Views with Shawn – 2 <sup>nd</sup> Floor  2pm- Happy Hour☺ - Dining Room	<div>10</div> LIBRARY  PUZZLES
<div>11</div> 2:30- CRIB & CARDS - PDR	<div>12</div> 10:30 – Sit & Be Fit – 2 <sup>nd</sup> Floor  2pm – BINGO! – 2 <sup>nd</sup> Floor	<div>13</div> 11:15 - Lunch Outing to “Off the Hook” *Sign up list at reception	<div>14</div> 10:30–Fitness with Bev – 2 <sup>nd</sup> Floor 2pm – Birthday Tea with Greg - Dining Room 	<div>15</div> 2pm – Senior Scam Awareness Presentation - Dining Room	<div>16</div> 10:15 Trivia - 2 <sup>nd</sup> Floor  2pm - Bean Bag Toss - 2 <sup>nd</sup> Floor	<div>17</div> CARDS  SCRABBLE
<div>18</div> 2:30- CRIB & CARDS - PDR	<div>19</div> 10:30 – Sit & Be Fit – 2 <sup>nd</sup> Floor  2pm – BINGO! – 2 <sup>nd</sup> Floor  Martin Luther King Jr. Day	<div>20</div> 9:45-2:30 Legion Social Bus Trip -Coffee, Games, Lunch & Guest Speaker *Sign up list at reception	<div>21</div> 10:30 – Fitness with Bev – 2 <sup>nd</sup> Floor  2pm- Brechin Hymn Sing -Chapel	<div>22</div> 10:15 – Winter Walk with Shawn  2:00 – Rick Steve’s “Scotland” - Dining Room	<div>23</div> 10:15 – Brain Games - PDR  2pm- Happy Hour☺ - Dining Room	<div>24</div> WALKS  CANUCKS HOCKEY
<div>25</div> <a href="#">Robbie Burns Day</a>  	<div>26</div> 10:30 – Sit & Be Fit – 2 <sup>nd</sup> Floor  2pm – BINGO! – 2 <sup>nd</sup> Floor  Australia Day (Observed)	<div>27</div> 10:15 – Brain Games - PDR  2pm- Horseracing - 2 <sup>nd</sup> Floor	<div>28</div> 10:30 – Fitness with Bev – 2 <sup>nd</sup> Floor  2pm – Book Club with a Twist - PDR	<div>29</div> 2pm Giant Crossword - PDR  4:30 Dinner Outing To The Bold Knight *Sign up list at reception	<div>30</div> 10:15 – News & Views with Shawn – 2 <sup>nd</sup> Floor  2pm – Nanaimo History - Chat – 2 <sup>nd</sup> Floor	<div>31</div> 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>11:00 New Years Drink</div> <div></div> <div>4:00 balloon volleyball</div>	<div>11:00 Cars</div> <div>4:00 News on the Go</div>	<div>Bingo</div> <div>Sing Along</div> <div>Daily Chronicle Discussion</div> <div>Snoezelen</div>
<div>Snoezelen</div>	<div>Afternoon Sing Along</div> <div>Daily Chronicle Discussion</div> <div>Friendly Visits</div>	<div>Flower Arranging</div> <div>Armchair Travel</div> <div>Short Stories</div> <div>Friendly Visits</div>	<div>De-decorating Christmas</div> <div>decor</div> <div>Chair Exercise</div> <div>Sing Along</div> <div>Evening Movie</div>	<div>11:00 Balloons &amp; Tunes</div> <div>10:00 Music Therapy</div> <div>4:00 News on the go</div>	<div>11:00 Stories</div> <div>1:00 news on the go</div>	<div>Bingo</div> <div>Sing Along</div> <div>Daily Chronicle Discussion</div> <div>Snoezelen</div>
<div>Snoezelen</div>	<div>Daily Chronicle Discussion</div> <div>Friendly Visits</div>	<div>Flower Arranging</div> <div>Armchair Travel</div> <div>Short Stories</div> <div>Friendly Visits</div>	<div>Chair Exercise</div> <div>Staff Office Hour</div> <div>Sing Along</div> <div>Evening Movie</div>	<div>11:00 Bunko</div> <div>4:00 Art &amp; Painting</div>	<div>11:00 Balloons &amp; Tunes</div> <div>1:15 news on the go</div>	<div>Bingo</div> <div>Sing Along</div> <div>Daily Chronicle Discussion</div> <div>Snoezelen</div>
<div>Snoezelen</div>	<div>Daily Chronicle Discussion</div> <div>Friendly Visits</div>	<div>Flower Arranging</div> <div>Armchair Travel</div> <div>Birthday Social</div>	<div>Chair Exercise</div> <div>Staff Office Hour</div> <div>Sing Along</div> <div>Evening Movie</div>	<div>11:00 Cars</div> <div>10:00 Music Therapy</div> <div>1:00 Music with Keith</div>	<div>11:00 Bunko</div> <div>1:00 news on the go</div>	<div>Bingo</div> <div>Sing Along</div> <div>Daily Chronicle Discussion</div> <div>Snoezelen</div>
<div>Robbie Burns</div> <div>Snoezelen</div>	<div>Afternoon Sing Along</div> <div>Daily Chronicle Discussion</div> <div>Friendly Visits</div>	<div>Flower Arranging</div> <div>Armchair Travel</div> <div>Short Stories</div> <div>Friendly Visits</div>	<div>Chair Exercise</div> <div>Staff Office Hour</div> <div>Sing Along</div> <div>Evening Movie</div>	<div>11:00 Reminiscing</div> <div>4:00 News on the go</div>	<div>11:00 Reminiscing</div> <div>1:15 news on the go</div>	<div>Bingo</div> <div>Sing Along</div> <div>Daily Chronicle Discussion</div> <div>Snoezelen</div>

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