

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>January 2026</h1> <h2>Wexford Creek 1st Floor</h2>		10:00 new year's goals & resolutions 11:00 news in the go 3:00 Stories by the Fireside	10:00 sing along 11:00 news in the go 3:00 Discovery Box	10:00 sing along 11:00 news in the go 3:00 Bingo	11:00 news in the go 3:00 Bingo
4 2:30 Bingo	5 10:00 Chair Exercise 3:00 Tuck Shop Visits	6 10:00 sing along 11:00 news in the go 1:15 chair exercises 2:00 Birthday Party 4:00 beading and knot tying 4:00 flower arranging	7 DE-Decorating Christmas décor all floors and all cottages	7 10:00 Catholic Mass 11:00 news in the go 1:30 Birthday Party	8 10:00 sing along 11:00 news in the go 2:00 Music with Marty	9 11:00 news in the go 1:30 Bingo
11 2:30 Bingo	12 10:15 Balloons & Tunes 11:15 News on the Go	13 11:00 news in the go 2:00 FBC Hymn Sing 3:00 Montessori 4:00 Flower Arranging	14 10:15 Bingo 11:00 news in the go 1:30 visits to the tuck shop 3:00 stories by the fireplace 4:00 Billiards	14 10:30 Resident's Council 11:00 news in the go 1:30 tea social	15 10:00 sing along 11:00 news in the go 2:00 Magazine Art	16 11:00 news in the go 1:30 Bingo
18 2:30 Bingo	19 10:00 Chair Exercise 11:00 News on the Go	20 10:00 sing along 11:00 news in the go 1:15 chair exercises 4:00 Canadian Flag ID 4:00 Flower Arranging	21 10:15 Bingo 11:00 news in the go 1:30 JW meeting 1:30 active games 3:00 one to one family visit 4:00	21 10:00 Active Games balloon volleyball 11:00 news in the go 4:00 visits to the tuck shop	22 10:00 sing along 11:00 news in the go 3:00 Balloon Volleyball	23 11:00 news in the go 1:30 Bingo
25 2:30 Bingo	26 10:15 Reminiscing 11:15 News on the Go 1:30 Bread Tasting Social 3:00 Friendly Visits	27 10:00 sing along 11:00 news in the go 1:30 Alphabet Pasta Sort 3:00 Chair Exercises 4:00 Flower Arranging	28 10:15 Bingo 11:00 news in the go 1:30 Sensory Box Making 3:00 Active Games 4:00 spa day	28 10:00 Armchair travel 11:00 news in the go 1:30 spa day	29 10:00 sing along 11:00 news in the go 3:00 Billiards	30 11:00 news in the go 1:30 Montessori
Australia Day (Observed)						

**Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 2:30- CRIB & CARDS - PDR	5 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor	6 10:15 – Brain Games - PDR 1:30pm – Crib Tournament - Dining Room	7 10:30 – Fitness with Bev – 2nd Floor 2pm – Resident Town Hall Meeting & Hot Chocolate Social - Dining Room *Sign up list at reception	8 10am - Food Committee Meeting-Dining Room 1:30- Shopping Trip to Woodgrove Center *Sign up list at reception	9 10:15 – News & Views with Shawn – 2nd Floor 2pm- Happy Hour☺ - Dining Room	10 LIBRARY PUZZLES
11 2:30- CRIB & CARDS - PDR	12 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor	13 11:15 - Lunch Outing to "Off the Hook" *Sign up list at reception	14 10:30 – Fitness with Bev – 2nd Floor 2pm – Birthday Tea with Greg - Dining Room 	15 2pm – Senior Scam Awareness Presentation - Dining Room	16 10:15 Trivia - 2nd Floor 2pm - Bean Bag Toss - 2nd Floor	17 CARDS SCRABBLE
18 2:30- CRIB & CARDS - PDR	19 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor <small>Martin Luther King Jr. Day</small>	20 9:45-2:30 Legion Social Bus Trip -Coffee, Games, Lunch & Guest Speaker *Sign up list at reception	21 10:30 – Fitness with Bev – 2nd Floor 2pm- Brechin Hymn Sing -Chapel	22 10:15 – Winter Walk with Shawn 2:00 – Rick Steve's "Scotland" - Dining Room	23 10:15 – Brain Games - PDR 2pm- Happy Hour☺ - Dining Room	24 WALKS CANUCKS HOCKEY
25 <u>Robbie Burns Day</u> 	26 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor <small>Australia Day (Observed)</small>	27 10:15 – Brain Games - PDR 2pm- Horseracing - 2nd Floor	28 10:30 – Fitness with Bev – 2nd Floor 2pm – Book Club with a Twist - PDR	29 2pm Giant Crossword - PDR 4:30 Dinner Outing To The Bold Knight *Sign up list at reception	30 10:15 – News & Views with Shawn – 2nd Floor 2pm – Nanaimo History - Chat – 2nd Floor	31 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>January 2026</h1> <h2>COTTAGES</h2>				1 11:00 New Years Drink 4:00 balloon volleyball	2 11:00 Cars 4:00 News on the Go
Snoezelen	4 Afternoon Sing Along Daily Chronicle Discussion Friendly Visits	5 Flower Arranging Armchair Travel Short Stories Friendly Visits	6 De-decorating Christmas decor Chair Exercise Sing Along Evening Movie	7 11:00 Balloons & Tunes 10:00 Music Therapy 4:00 News on the go	8 11:00 Stories 1:00 news on the go	9 11:00 Stories 1:00 news on the go
Snoezelen	11 Daily Chronicle Discussion Friendly Visits	12 Flower Arranging Armchair Travel Short Stories Friendly Visits	13 Chair Exercise Staff Office Hour Sing Along Evening Movie	14 11:00 Bunko 4:00 Art & Painting	15 11:00 Balloons & Tunes 1:15 news on the go	16 11:00 Balloons & Tunes 1:15 news on the go
Snoezelen	18 Daily Chronicle Discussion Friendly Visits	19 Flower Arranging Armchair Travel Birthday Social	20 Chair Exercise Staff Office Hour Sing Along Evening Movie	21 11:00 Cars 10:00 Music Therapy 1:00 Music with Keith	22 11:00 Bunko 1:00 news on the go	23 11:00 Bunko 1:00 news on the go
Robbie Burns Snoezelen	25 Afternoon Sing Along Daily Chronicle Discussion Friendly Visits	26 Flower Arranging Armchair Travel Short Stories Friendly Visits	27 Chair Exercise Staff Office Hour Sing Along Evening Movie	28 11:00 Reminiscing 4:00 News on the go	29 11:00 Reminiscing 1:15 news on the go	30 11:00 Reminiscing 1:15 news on the go
Australia Day (Observed)						

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