

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Meal TimesFirst Seating

Breakfast: 8:15-8:55
Lunch: 11:45-12:25
Supper: 4:45-5:25

Second Seating

Breakfast: 9:05-9:45
Lunch: 12:35-1:15
Dinner: 5:35-6:15

January 2026

SPRUCEWOOD PLACE0

Legend
L – Lobby
DR – Dining Room
O – Outside
104, 201, 301 -
Rooms



1	1:15pm Spiritual Reflections (104) 2:00pm Fun & Fitness (201) 3:00pm Country Singalong (DR) 4:00pm Water Colour Painting (301) 6:20pm Bingo (DR) 7:45pm Active Engagement Visits	2	1:15pm Axe Throw (201) 2:00pm Virtual Concert (DR) 3:00pm Card Games (301) 4:00pm Junk Drawer Detective (301) 6:15pm Americas Funniest Home Videos (DR) 7:15pm Open Activity (DR)	3
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4	1:15pm Bible Reading (104) 2:00pm Trivia (DR) 3:00pm Crib (DR) 4:00pm Name That Tune (DR) 6:15pm Movie Night (DR) 7:15pm 1-1 Visits	5	1:30pm Board Games (301) 2:30pm Seated Yoga (201) 3:30pm Karaoke (DR) 6:20pm Bingo (DR) 7:45pm Active Engagement Visits	6	10:00am Billiards (301) 11:00am Water Colour Painting (301) 11:00am Word Games (DR) Your Voice Home Quality Resident Council Meeting (DR) 3:30pm Balloon Volleyball (201) 6:15pm Famous Faces (DR) 7:15pm Yahtzee (DR)	7	10:00am Hymns Of Faith (104) 11:00am Ukrainian Christmas Star Craft (301) 2:30pm 1-1 Visits 3:00pm Library Program (DR) 4:00pm Who? What? When? Why?(DR)	8	1:15pm Christmas Take Down Card Games (301) 3:00pm Music Appreciation (DR) 4:00pm Devotions (104) 4:00pm Fun & Fitness (201) 6:15pm Ripleys Believe It Or Not (DR) 7:15pm Men Group (DR)	9	1:15pm Corn Hole (201) 1:15pm 1-1 Visits 6:20pm Bingo (DR) 7:45pm Active Engagement Visits	10	1:30pm Baking (104) 1:15pm Walk & Talk (L) 2:00pm Word Games (DR) 3:00pm Eagles Singalong (DR) 3:00pm Dice Games (301) 4:00pm Manicures (301) 6:15pm Jeopardy (DR) 6:15pm Seated Yoga (201) 7:15pm Spiritual Reflections (104) 7:15pm Open Acitvity (DR)
11	1:15pm Memory Matching (DR) 2:00pm Ladies Group (104) 3:00pm Crib (DR) 4:00pm Hymns Of Faith (104) 6:15pm Documentary (DR) 7:15pm 1-1 Visits	12	Hawaiian Week 10:00am Hawaiian Colouring (104) 11:00am Do You Hear What I Hear? (104) 1:15pm Virtual Tour – Hawaii (DR) 2:00pm Active Engagement Visits 3:00pm Bingo (DR)	13	10:00 Am Devotions (104) 11:00 Am Tropical Word Games (DR) 1:15 PM Fun & Fitness (201) 2:00pm Hot Chocolate Social (DR) 3:00pm Lei Craft (301) 4:00pm Madlibs (DR) 4:00pm 1-1 Visits 6:15pm Board Games (DR) 7:15 PM Ripleys Believe It Or Not (DR)	14	10:00am Virtual Catholic Mass (DR) 11:00am Dice Games (301) 1:15pm 1-1 Visits 2:00pm Junk Drawer Detective (301) 2:00pm Pineapple Upside Down Cake Baking (104) 3:30pm Ring Toss (201) 3:30pm In The Sun Karaoke (DR) 6:15pm Blue Hawaii Movie (DR) 7:15pm Walk & Talk (L)	15	10:00am Card Games (301) 11:00am Manicures (301) 12:00pm Hawaiian Pizza Lunch (104) 1:15pm Seated Yoga (201) 1:15pm Bible Readings (301) 2:00pm 1-1 Visits 3:00pm Aloha Bingo (DR) 6:15pm Hawaiian Craft (301) 7:15pm Yahtzee (DR)	16	1:30pm 1-1 Visits 2:00pm Luau Party With Hula Honey's (DR) 3:30pm Tiki Bird Painting (301) 6:20pm Bingo (DR) 7:45pm Active Engagement Visits	17	1:15pm Fun & Fitness (201) 2:00pm Scattergories (301) 3:00pm Music Appreciation (DR) 4:00pm Word Games (DR) 6:15pm Healing Sounds (104) 7:15pm Open Activity (DR)
18	 11:00am Walk & Talk (L) 1:15pm Puzzling (301) 2:00pm Popcorn Palooza (DR) 3:00pm Spiritual Reflections (104) 3:00pm Crib (DR) 4:00 PM Axe Throw (201) 4:00pm Creative Doodle (301) 6:20pm Bingo (DR) 6:15pm Board Games (301) 7:45pm Active Engagament Visits 7:15pm Junk Drawer Dectective (104) Martin Luther King Jr. Day	19	10:00am Madlibs (DR) 11:00am Calm Your Mind (104) 1:15pm Memory Match (301) 1:15pm Bits & Pieces (DR) 1:15pm Fun & Fitness (201) 2:00pm Milestones (DR) 3:00pm Name That Tune (DR) 3:00pm Bowling (201) 4:00pm Trivia (DR) 4:00pm Word Games (104) 4:00pm Card Games (301) 6:15pm Paint Night Social (DR) 7:15pm 1-1 Visits	20	10:00am Uno (DR) 11:00am Balloon Volleyball (201) 1:15pm Who? What? When? Why? (301) 2:00pm Mind Joggers (DR) 2:00pm You Be The Judge (301) 3:00pm Billiards (301) 3:00pm Karaoke (DR) 4:00pm 1-1 Visits 4:00pm Water Colour Painting (301) 6:15pm Jeopardy (DR) 6:15pm Devotions (104) 7:15pm Virtual Nature Walk (DR) 7:15pm Mens Group (DR)	21	10:00am Meditative Colouring (104) 11:00am Balloon Volleyball (201) 1:15pm Manicures (301) 2:00pm Craft (301) 2:00pm Famous Faces (DR) 3:00pm Card Games (301) 3:00pm Music Appreciation (DR) 4:00pm Seated Yoga (201) 4:00pm Puzzles (301) 6:15pm Arm Chair Travels (301) 6:15pm Ripleys Believe It Or Not (DR) 7:15pm Humour Group (DR) 7:15pm Bible Study (104)	22	11:00am Meditative Colouring (104) 1:15pm Manicures (301) 2:00pm Craft (301) 2:00pm Famous Faces (DR) 3:00pm Card Games (301) 3:00pm Music Appreciation (DR) 4:00pm Seated Yoga (201) 4:00pm Puzzles (301) 6:15pm Arm Chair Travels (301) 6:15pm Ripleys Believe It Or Not (DR) 7:15pm Humour Group (DR) 7:15pm Bible Study (104)	23	1:15pm Madlibs (DR) 1:15pm Dice Games (104) 2:00pm Hot Chocolate Social (DR) 3:30pm Virtual Concert (DR) 3:30pm Hymns Of Faith (104) 3:30pm Word Games (301) 6:15pm Billiards (301) 6:15pm Board Games (104) 6:20pm Bingo (DR) 7:15pm Penne Ante (301) 7:15pm Creative Doodle (104) 7:45pm Active Engagement Visits	24	1:30pm Puzzling (301) 1:30pm Baking (104) 2:00pm Water Colour Painting (104) 2:00pm Jeopardy (DR) 3:00pm Walk & Talk (L) 3:00pm Singalong – Bon Jovi (DR) 3:00pm Word Games (301) 6:15pm Billiards (301) 6:15pm Board Games (104) 6:20pm Bingo (DR) 7:15pm Penne Ante (301) 7:15pm Creative Doodle (104) 7:45pm Active Engagement Visits
25	1:15pm Spiritual Reflections (104) 2:00pm Fun & Fitness (201) 3:00pm Crib (DR) 4:00pm Healing Sounds (104) 6:15pm Movie Night (DR) 7:15pm Scattergories (104)	26	10:00am Board Games (301) 11:00am Walk & Talk (L) 1:15pm Word Games (DR) 2:00pm Active Engagement Visits 3:00pm Bingo (DR) 6:15pm Corn Hole (201) 7:15pm Ripleys Believe It Or Not (DR)	27	10:00am 1-1 Visits 11:00am Manicures (301) 1:30pm Virtual Nature Walk (DR) 2:00pm Meditative Colouring (104) 3:00pm Non-Denominational Church (DR) 3:00pm Madlibs (301) 3:30pm Karaoke (DR) 4:00pm Seated Yoga (201) 6:15pm Corn Hole (201) 7:15pm Ripleys Believe It Or Not (DR)	28	10:00am Virtual Catholic Mass (DR) 11:00am Billiards (301) 2:00pm Ladies Group (104) 3:00pm Music Appreciation (DR) 4:00pm Do You Hear What I Hear? (301)	29	10:00am 1-1 Visits 11:00am Hymns Of Faith (104) 12:00pm Lunch Group – Subway (104) 1:15pm Fun & Fitness (201) 1:30pm Memory Matching (301) 2:00pm Penne Ante (301) 2:30pm Card Games (DR) 2:30pm Junk Drawer Detective (301) 3:00pm Singalong – Elvis (DR) 3:30pm Creative Doodle (301) 3:30pm Balloon Volleyball (201) 6:15pm Hot Chocolate Social (DR) 7:15pm Walk & Talk (L) 7:15pm Bowling (201)	30	1:30pm Devotions (104) 2:30pm Name That Tune (DR) 3:30pm Yahtzee (DR) 6:20pm Bingo (DR) 7:45pm Active Engagement Visits	31	1:15pm Bible Readings (104) 2:00pm Virtual Concert (DR) 3:00pm Word Games (DR) 4:00pm Ring Toss (201) 6:15pm Water Colour Painting (301) 7:15pm Open Activity (DR)

Programs are subject to change, please see whiteboards for daily activities

Subjacent