

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Hilton Villa Care Centre – North

1 10:15 Catholic Communion 10:45 Helping hands 2:45 Bingo-N2 4:00 Room Visits Tu B'Shevat Begins	2 10:15 Chair exercise 11:00 Groundhog Day's Trivia 1:30 Walking Club 2:30 Montessori-N1 2:30 Sing along-N2 Groundhog Day	3 10:15 OLGC sing along w/Mary-N1 10:45 OLGC sing along w/Mary- N2 1:45 Movie 3:00 Creative Arts-N1 3:00 Manicure-N2	4 10:30 Resident & Family Council Meeting 10:30 Chair Exercise N1 11:00 News & Views 1:45 Manicure-N1 1:45 Creative Arts-N2 3:30 Helping Hands Décor.	5 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 1:30 Movie 1:45 Helping Hands Décor. 3:45 Room Visits	6 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Kirtan Prayer-N2 1:30 Walking Club 2:30 Trivia-N1 3:30 Aromatherapy-N1 2:30 Montessori-N2 3:30 Room Visits	7 10:15 Chair Exercise-N2 11:00 Therapeutic Nurturing-N2 2:30 Bingo-N1 3:45 Trivia-N1
8 10:15 Catholic Communion 10:45 Kirtan Prayer 2:45 Karaoke-N2 3:45 Therapeutic Nurturing-N1	9 10:15 Chair exercise 11:00 Kirtan Prayer 1:30 Walking Club 2:30 Montessori-N1 2:30 Bingo-N2	10 10:15 Bowling-N1 10:45 Bowling-N2 2:00 Junk Drawer Detective N1 2:00 Creative Arts 3:45 Room Visits	11 10:15 Kickball-N1 10:45 Kickball-N2 2:00 Birthday Party-N2 w/Jared 3:30 Brain Games	12 10:15 Chair exercise-N1 11:00 Trivia-N1 10:15 Music w/Jeff-N2 2:00 Valentine's Day Celebration-SB w/Shawn 3:30 Table Games	13 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Kirtan Prayer-N2 1:30 Walking Club 2:30 Bingo-N1 2:30 Montessori-N2 3:45 Room Visits	14 10:15 Balloon Toss-N2 11:00 Therapeutic Nurturing-N2 1:30 Walking Club-N 3:00 Valentine's Day Music w/Brendan-N1 Valentine's Day
15 10:15 Catholic Communion 10:45 Helping Hands Décor removal 2:45 Bingo-N2 3:45 Therapeutic Nurturing-N1	16 10:15 Chair exercise 11:00 Kirtan Prayer 1:30 Walking Club 3:00 Family Day Music w/Brendan-N2 3:30 Montesssori-N1 3:30 Table Games-N2 Presidents' Day (U.S.)	17 10:15 Helping Hands Décor Removal 2:00 Mardi Gras Party-N1 w/Shawn 3:30 Room Visits	18 10:15 Basketball-N1 10:45 Basketball-N2 3:00 Men's Club-N1 3:00 Ladies Club-N2 4:00 Room Visits	19 10:15 Movie-N1 11:00 Music w/Jeff-N2 12:00 Lunch Club-F w/Jared 3:00 Snoezelen	20 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Kirtan Prayer-N2 1:30 Walking Club -N 2:30 Creative Arts-N1 2:30 Montessori-N2 3:45 Room Visits	21 10:15 Chair Exercise-N2 11:00 Therapeutic Nurturing-N2 1:30 Walking Club-N 2:30 Bingo-N1
22 10:15 Catholic Communion 10:45 Word Games 2:45 Sing along-N2 3:45 Therapeutic Nurturing-N1	23 10:15 Chair exercise 11:00 Kirtan Prayer 1:30 Walking Club 2:30 Montessori-N1 2:30 Bingo-N2 3:30 Room Visits	24 10:15 Octaband-N1 10:45 Octaband-N2 2:00 Celebration of Life-N1 3:30 Room Visits	25 10:15 OLGC Mass-F 10:30 Chinese New Year Awareness 2:00 Baking Club 3:30 Table Games-N1 3:30 Manicure-N2	26 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Aromatherapy-N1 11:00 Kirtan Prayer-N2 1:30 Walking Club -N 2:30 Kirtan Prayer-N1 2:30 Montessori-N2 3:45 Room Visits	27 10:15 Music w/Jeff-N2 10:15 Chair exercise-N2 11:00 Kirtan Prayer-N2 1:30 Walking Club -N 2:30 Bingo-N1 3:45 Room Visits	28 10:15 Helping Hands-N2 1:30 Walking Club-N 2:30 Bingo-N1 3:45 Room Visits

N1-1st floor North Building.N2-2nd floor North Building.

F-Family Room Basement North Building.

S1- 1st floor South Building.S2-2nd floor South Building.

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February 2026

Hilton Villa Care Centre – South

10:15 Catholic Communion 10:45 Helping hands 1:30 Walking Club 2:30 Karaoke 3:30 Room Visits Tu B'Shevat Begins	10:15 Chair exercise-S1 11:00 Groundhog Day's Trivia-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1 Groundhog Day	2 10:15 OLGC Mass- S 1:45 Movie 3:00 Men's club 3:00 Ladies' club 5:45 Manicure	3 10:30 Resident & Family Council Meeting-F 10:30 Chair Exercise 2:00 Octaband 3:30 Helping Hands Décor. 5:45 Table Games	4 10:15 Chair exercise-S1 10:45 Chair exercise-S2 1:30 Movie 1:45 Helping Hands Décor. 3:45 Room Visits	5 11:30 Room Visits 2:30 Bingo 3:30 Music w/Jeff-S1 5:45 Montessori	6 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 3:45 Kirtan Prayer 5:45 Junk Drawer Detective	7
10:15 Catholic Communion 10:45 Kirtan Prayer 1:30 Walking Club 2:30 Bingo 3:30 Montessori	8 10:15 Chair exercise-S1 10:45 Chair exercise-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1	9 10:15 Kickball-S1 10:45 Kickball-S2 2:00 Creative Arts 3:30 Room Visits 5:45 Word Games	10 10:15 Balloon Toss-S1 10:45 Balloon Toss-S2 11:00 Sensory Room 2:00 Birthday Party-N2 w/Jared 3:30 Therapeutic Nurturing 5:45 Table Games	11 10:15 Chair exercise-S1 10:45 Chair exercise-S2 2:00 Valentine's Day Celebration-SB w/Shawn 3:30 Montessori 5:45 News & Views	12 11:30 Room Visits 2:30 Creative Arts 3:30 Music w/Jeff-S2 5:45 Montessori	13 11:30 Room Visits 1:30 Walking Club 1:30 Walking Club 2:30 Valentine's Day Music w/Brendan 3:30 Kirtan Prayer 5:45 Reminiscing Valentine's Day	14
10:15 Catholic Communion 10:45 Helping Hands Décor removal 1:30 Walking Club 2:30 Karaoke 3:30 Therapeutic Nurturing	15 10:15 Chair exercise-S1 10:15 Helping Hands Décor removal-N2 11:00 Kirtan Prayer-N1 1:30 Walking Club-N1 2:30 Family Day Music w/Brendan-S1 Presidents' Day (U.S.)	16 10:15 Helping Hands Décor Removal 1:30 Movie 2:00 Mardi Gras Party-N1 w/Shawn 3:30 Room Visits 5:45 Manicure Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17 10:15 Balloon Toss-S1 10:45 Balloon Toss-S2 3:00 Basketball 4:00 Sensory Room 5:45 Table Games	18 10:15 Room Visits 12:00 Lunch Club-F w/Jared 3:00 Snoezelen	19 11:30 Room Visits 2:30 Bingo 3:30 Music w/Jeff-S1	20 11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 3:45 Kirtan Prayer 5:45 Therapeutic Nurturing	21
10:15 Catholic Communion 10:45 Sensory Room 1:30 Walking Club 2:30 Bingo 3:30 Room Visits	22 10:15 Chair exercise-S1 10:45 Chair exercise-S2 2:30 Music w/Jeff-S2 3:15 Music w/Jeff-S1	23 10:15 Chair exercise-S1 10:45 Chair exercise-S2 2:00 Celebration of Life-N1 3:30 Room Visits 5:45 Word Games	24 10:30 Pink Shirt Day Awareness 11:00 Sensory Room 2:00 Baking Club 3:30 Kirtan Prayer 5:45 Table Games	25 10:00 Chinese New Year Celebration w/Anna 3:00 Reading Group	26 11:30 Room Visits 2:30 Kirtan Prayer 3:30 Music w/Jeff-S2 5:45 Montessori	27 11:30 Room Visits 1:30 Walking Club 2:30 Aromatherapy 3:30 Kirtan Prayer 5:45 Helping Hands	28

N1-1st floor North Building.N2-2nd floor North Building.

F-Family Room Basement North Building.

S1- 1st floor South Building.S2-2nd floor South Building.

February Birthdays

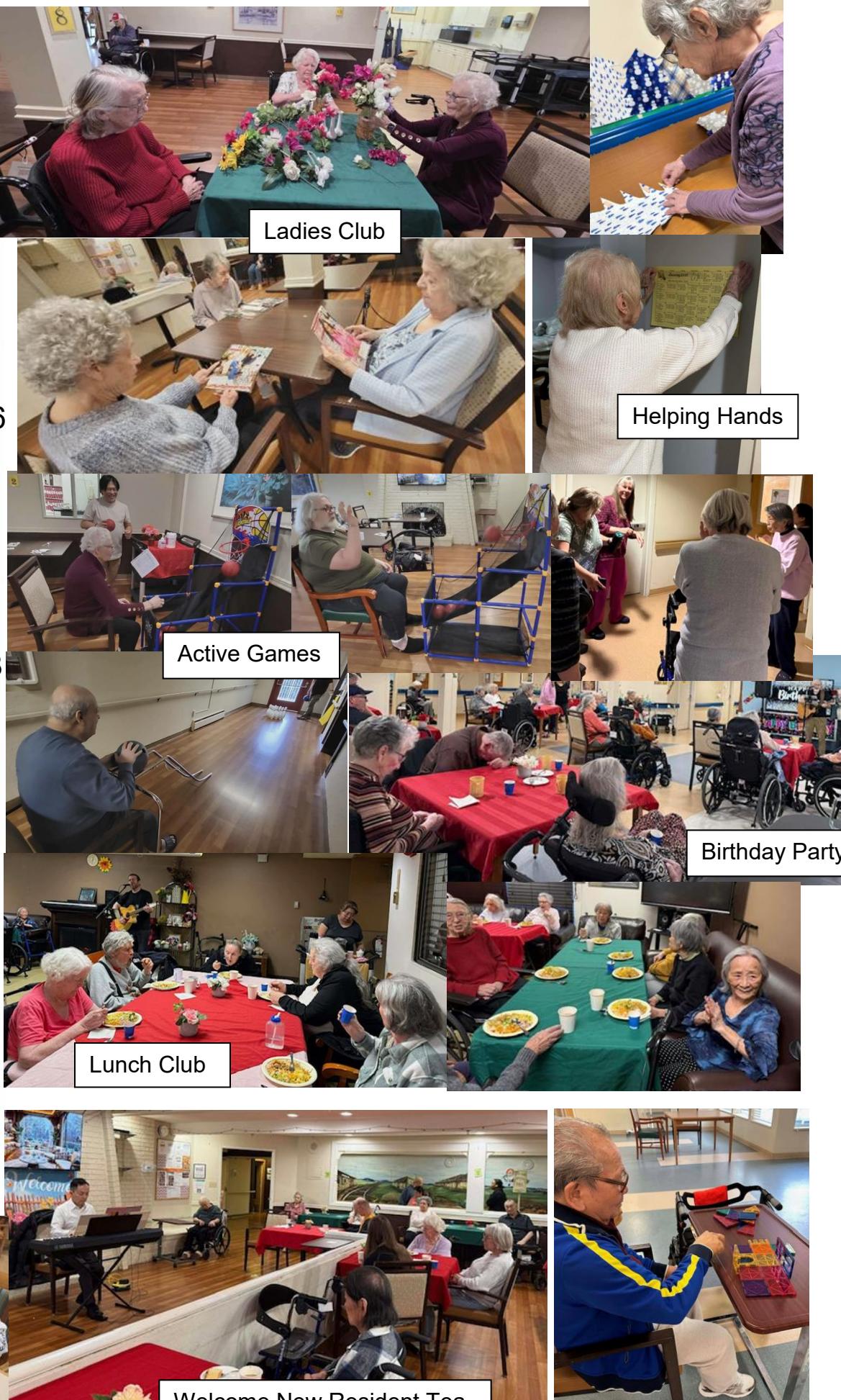
Louise N – Feb. 2
 Linda L - Feb. 6
 Cynthia M - Feb. 14
 Ronald C - Feb. 16
 Vanetta S- Feb. 16
 Vladimira T - Feb. 16
 Robin H- Feb. 20
 Douglas H- Feb. 22
 Donald C- Feb. 22
 Yi S- Feb. 24
 David E- Feb. 24
 Lynda D- Feb. 27
 Winnifred N- Feb. 28
 Stephen N- Feb. 28
 Renate D- Feb. 29

Welcome New Residents

Stefan K.
 Jane B.
 Tung H.
 Gay H.
 Elsa O.
 Rachel V.
 Olga E.



Welcome New Resident Tea



Hilton Villa Seniors Community

February 2026

Celebrating February

OLGC Mass South

Feb. 3rd 10:15 a.m.

Resident & Family Council Meeting

Feb. 4th 10:30 a.m.

Birthday Party

Feb. 11th 2:00 p.m.

Valentine's Party

Feb. 12th 2:00 p.m.

Mardi Gras Party

Feb. 17th 2:00 p.m.

Lunch Club

Feb. 11th 12:00 p.m.

Celebration of Life

Feb. 24th 2:00 p.m.

OLGC Mass North

Feb. 25th 10:30 a.m.

Our Mission: Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision: At Park Place Seniors Living, we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity, respect and empathy.

Our Values: Together we STRIVE for Excellence.



February Moments



Celebration of Life



Kirtan

Catholic Communion

A Message from The Director of Care/Site Leader

We're happy to share that Hilton Villa is upgrading our nurse call and phone system to help our team provide even better care for residents. These improvements will make it faster and easier for staff to respond when help is needed and to stay in touch with each other and with families. The installation has begun and will be completed soon. Staff will receive training to ensure the new systems are used smoothly. We're excited about these upgrades and the positive impact they will have on daily life at our care community.

We also want to provide an update regarding our recent influenza outbreak in North 2. The outbreak has officially been declared over by Public Health as of January 9, 2026. During this outbreak, a total of six residents were affected, and swift action helped to contain the spread and keep everyone safe.

What went well:

- **Rapid response:** Residents showing symptoms were promptly assessed, treated, and isolated.
- **Clear communication:** Affected residents and their families, attending physicians, Public Health, and Fraser Health were notified immediately. Signs posted.
- **Infection control measures:** Staff cohorting, daily hand hygiene, use of personal protective equipment (PPE), and environmental audits were strictly maintained.
- **Education and support:** Fraser Health Infection Prevention and Control visited on January 7, 2026, to provide staff with additional guidance.

Preventing the spread of infections:

Everyone plays a role in keeping our community healthy. You can help by:

- Practicing **good hand hygiene** regularly.
- Wearing **masks and PPE** as recommended.
- Staying home or notifying staff if you are feeling unwell.
- Encouraging vaccinations, including the **seasonal influenza vaccine**, for residents, staff, and visitors.

Thank you to our team for their **dedication, quick action, and professionalism** during the outbreak, and thank you to our families and residents for your continued support. Together, we are creating a **safe, caring, and welcoming home** for everyone at Hilton Villa.



Joann Paler
Site Leader/Director of Care
Email: jpaler@ppsl.com Phone: 604-588-3424 Ext. 109

What's New

Department Updates: Walking Program changed to Friday/Monday for North and Saturday/Sunday for South.

Staff Education: CPR, Health Information Management, Health Information Act, Promotion of Privacy Act and Freedom of Information. Pink Shirt (Anti-Bullying) Day- Feb. 25th

New Staff: RN: Puneet LPN: Gulcharrn HCA: Nabila

Staff Recognition: Recreation Therapy Month. LPN: Jomar for his compassion towards his residents.

Staff Contact Info: PH: 604-588-3424

Marilou: Care Manager Ext. 110
Lady Joan: Care Manager Ext. 115
Caitlyn: Dietitian Ext. 102
Kelly: Support Services Manager Ext.107
Renu/Sana: Social Worker Ext. 105
Komal: Recreation Manager Ext. 106

North 1 Nurse Ext. 201
North 2 Nurse Ext. 205
North 3 Nurse Ext. 210
South A/B Nurse Ext. 214
South C/D Nurst Ext. 220



Monthly Education

Emergency Response Code: Code Blue: Cardia Arrest/ Medical Emergency (Poster located on information Board).

Park Place Seniors Living Brochure:

- #26 Disclosure #27 Resident and/or Family Council
- Hand Hygiene Audit- 100% (December) PPE Donning & Doffing -100% (December)

Nosocomial Infection Report –December: RI 1.3% Influenza OB started late December; UTI 2.6%

Volunteer Opportunities

Are you passionate about spending time with Seniors and giving back to the community? Hilton Villa is seeking enthusiastic volunteers to join our team! If you or someone you know would love to make a difference, please reach out to: *Mong, Recreation Team Lead.*
Email: janevit@excelcarenursingservices.ca