



December 2025 ~Arbours

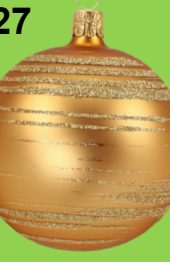


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  10:00 Balloon Volleyball  2:00 Neighbourhood Visits	2  8:15 Morning Greetings 11:15 Catholic Mass  2:00 Serenade Flute & Harp	3  9:30 Walk The Block 10:00 Sit & Dance 2:00 Holiday Bingo 	4  10:00 Mindful Meditation  2:00 Fireside Photo Shoot 	5  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Evergreen Christmas Choir	6 
7  Daily Chronicle 2:00  Sunday Church Pentecostal	8  8:15 Morning Greeting 10:00 Drumming with Mylene 11:00 Prayer Circle 2:00 Word In A Word 	9  8:15 Morning Greetings 10:00 Do you Recall? 2:00 Reindeer Races 	10  8:15 Morning Greetings 10:00 Balloon Volleyball  2:00 Sleigh Ride with Andy	11  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Creative Corner 	12  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Jam Factory Performance  Daily Chronicle	13 
14  Daily Chronicle 2:00  Sunday Church Jesus Is Lord	15  8:15 Morning Greeting 10:00 Student Dance Group 2:00 Christmas In Mexico	16   10:00 Sunrise Waldorf Choir 5:00 Festive Dinner North Ridge & South Ridge	17   2:00 Christmas with the K-Tones 5:00 Festive Dinner Forest Grove & Gentle Grove	18  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Holiday Target Shoot 	19  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 All Saints Choir perform  Daily Chronicle	20 2:00 Brass, Wind & Rhythm
21  Daily Chronicle 2:00  Sunday Church St John's Anglican	22  10:00 Balloon Volleyball  11:00 Prayer Circle Family Day Open House  2-4pm	23  8:15 Morning Greetings 10:00 Memories Of Christmas 2:00 Holiday Bingo  Daily Chronicle	24  8:15 Morning Greetings  10:00  My Favourite Christmas Song 2:00 Elf Visits	25 	26  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Boxing Day Wrap-Up With GoldSwing 	27 
28  Daily Chronicle 2:00 Sunday Church ShareWord Global	29  10:00 Balloon Volleyball  2:00 Bingo Bonanza 	30  10:00 Do you Recall?  2:00 Bocce Ball Daily Chronicle	31  8:15 Morning Greetings 10:00 Year in Review Awards			



December 2025 ~Meadows



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  2:00 Bingo  Bonanza	2  10:00 Chair Yoga 11:15  Catholic Mass	3  2:00  Prairie Tunes with Ken	4  10:00 Chair Yoga 2:00 Coffee Cart	5  10:00 Fun & Fitness In the Fireside 2:00 Crafting Cards	6 
7  2:00  Church Service Lifetree Pentecostal at the Arbours	8  2:00 Target Shoot 	9  Door to Door Morning Visits 	10  10:00 Gentle Stretches 2:00 At the Arbours Andy	11  10:00 Chair Yoga 2:00 Coffee Cart	12  10:00 Fun & Fitness In the Fireside 2:00 Trivia Time	13 
14  2:00  Church Service Jesus Is Lord at the Arbours	15  2:00 Fill In The Blanks 	16  2:00 Circle Of Friends 	17  2:00 Holiday Movie Matinee	18  Festive Open House 6-8pm	19  10:00 Fun & Fitness In the Fireside 2:00 Music Bingo 	20 
21  2:00  Church Service St John's Anglican at the Arbours	22  2:00 Holiday Movie Matinee 	23  10:00 Chair Yoga 2:00 Holiday Bingo 	24  2:00 Holiday Cookies 	25  	26  10:00 Fun & Fitness In the Fireside 2:00 Dice Box 	27 
28  2:00  Church Service ShareWord Global at the Arbours	29  2:00 Word In Word 	30  10:00 Chair Yoga	31  2:00 New Year's Eve Toast	HAPPY NEW YEAR  		