

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meal Times First Seating Breakfast: 8:00-8:40am Lunch: 11:45am-12:25pm Supper: 4:45 – 5:25pm Second Seating Breakfast: 8:50-9:30 am Lunch: 12:35-1:15 pm Supper: 5:35-6:15 pm	10:00 am Fun & Fitness (201) 11:00 am Christmas Word Games (DR) 1:15 pm Bible Reading (104) 2:00 pm 1-1 Visits 3:00 pm Karaoke (DR) 4:00 pm Board Games (301) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	2 3:00 pm Christmas Choir Practice (301) 4:00 pm Hallway Walk (4th Floor) 4:00 pm Seated Yoga (201) 6:15 pm Hot Chocolate Social (DR) 7:15 pm Yahtzee (104) 7:15 pm Ripleys Believe it or Not (DR)	3 10:00 am Meditative Colouring (104) 2:00pm Card Games (301) 3:00 pm Library (DR) 4:00 pm 1-1 Visits 6:15pm Music Appreciation (DR) 7:15pm Spot The Difference (DR)	4 1:15 pm Mad Libs (DR) 2:00 pm Americas Funniest Home Videos (DR) 3:30 pm Water Colour Painting (104) 6:15 pm Puzzling (301) 7:15 pm Calm Your Mind (104)	5 1:15pm Devotions (104) 2:00 pm Ring Toss (201) 3:00 pm Christmas Name That Tune (DR) 4:00 pm Junk Drawer Detective (301) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	6 LEGEND DR - Dining Room L - Lobby O – Outside 104, 201 301 - Rooms
7 1:15 pm Spiritual Reflections (104) 2:00 pm Crib (DR) 3:00 pm Sing a long – ABBA (DR) 4:00 pm Axe Throw (201) 6:15 pm Documentary (DR) 7:15 pm 1-1 Visits	8 10:00am Meditative Colouring (104) 1:15pm Fun & Fitness (201) 3:00pm Christmas Craft (301) 3:30pm Non-Denominational Church Service (DR) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	9 10:00 am Bible Reading (104) 11:00 am Remove Window Paint 1:00 pm Window Painting 3:00 pm Christmas Choir Practice (301) 4:00 pm Word Games (301) 4:00 pm 1-1 Visits 6:15 pm Board Games (301) 7:15 pm Mens Group (DR)	10 10:00 am Virtual Catholic Mass (DR) 11:00 am Dice Games (301) 1:15pm Music Appreciation (DR) 2:30 pm Your Voice Home Quality Resident Council Meeting (DR) 3:30 pm Trivia (301) 	11 10:00 am Devotions (104) 1:30 pm Tuck Shop (DR) 3:00 pm Karaoke (DR) 4:00 pm Who?What?When? Why? (DR)	12 10:00 am Do You Hear What I hear? (301) 11:00 am Manicures (301) 1:15 pm Christmas Sing a long (DR) 2:00 pm Active Engagement Visits 3:00 pm Bingo (DR)	13 1:15 pm Hymn Sing (104) 2:00 pm 1-1 Visits 3:00 pm Billiards (301) 4:00 pm Card Games (DR) 6:15 pm Painting (DR) 7:15 pm Open Activity (DR)
14 1:15 pm Name That Tune (DR) 2:00 pm Ladies Group (301) 3:00 pm Hanukkah Craft (301) 4:00 pm Corn Hole (201) 6:15 pm Documentary (DR) 7:15 pm 1-1 Visits Hanukkah Begins	15 11:00am Fun & Fitness (201) 1:15 pm 1-1 Visits 2:00 pm Crib (DR) 3:00 pm Christmas Choir Practice (301) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	16 10:00 am Board Games (301) 1:15pm Water Colour Painting (301) 2:00 pm Christmas Party (DR) 6:30 pm Christmas Paint Night Social (301) 7:45 pm Active Engagement Visits	17 10:00 am Meditative Colouring (104) 1:15pm Christmas Candy Grams (DR) 2:00 pm Spiritual Reflections (104) 3:00 pm Christmas Card Making (301) 4:00 pm Devotions (104) 6:15pm Karaoke (DR) 7:15pm Funniest Home Videos – Christmas (DR)	18 RESIDENT CHRISTMAS LUNCH (SERVED AT REG. SEATING TIMES) 2:00 pm Word Games (301) 3:30 pm Virtual Christmas Concert (DR) 6:15pm Calm Your Mind (104) 7:15pm Mens Group (DR)	19 1:15pm Hymn Sing (104) 2:00 pm 1-1 Visits 3:00 pm Christmas Stories & Hot Chocolate (DR) 4:00 pm Spot The Difference (DR) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	20 10:00 am Seated Yoga (201) 11:00 am Christmas Bible Readings (104) 1:00 pm Christmas Baking (104) 2:30 pm Music Appreciation (DR) 4:00 pm Open Activity (DR)
21 1:15 pm Christmas Spiritual Reflections (104) 2:00 pm Crib (DR) 3:00 pm Christmas Jeopardy (DR) 4:00 pm Memory Match (104) 6:15 pm Christmas Movie (DR) 7:15 pm Non-Denominational Church Service (DR) Winter Begins	22 1:15pm Puzzling (301) 2:00pm Dice Games (301) 3:00pm Christmas Choir Practice (301) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	23 10:00 am Fun & Fitness (201) 11:00 am Christmas Hymn Sing (104) 1:15 pm Christmas Trivia (DR) 2:00 pm Hot Chocolate Social (DR) 3:00 pm Christmas Choir Performance (DR) 6:15 pm Board Games (301) 7:15 pm Ripleys Believe it or Not (DR)	24 10:00 am Virtual Catholic Mass (DR) 11:00 am Manicures (301) 1:30 pm Tuck Shop (DR) 3:00 pm Christmas Karaoke (DR)	25 	26 	27 1:15 pm Uno (DR) 2:30 pm Music Appreciation (DR) 4:00 pm Water Colour Painting (104) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits
28 1:15 pm Baking (104) 2:00 pm 1-1 Visits 3:00 pm Sing a long – Queen (DR) 4:00 pm Fun & Fitness (201) 6:15 pm Movie Night (DR)	29 1:15pm New Year Craft (301) 2:30pm Devotions (104) 3:30pm Music Appreciation (DR) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	30 1:15 pm Bible Reading (104) 2:00 pm New Year Tea (301) 3:30 pm Karaoke (DR) 6:15 pm Billiards (301) 7:15 pm Mens Group (DR)	31 	December 2025 Sprucewood Place		

Programs are subject to change, please see whiteboards for daily activities.