























# Mountain Lake Seniors Community Life Enrichment Calendar ~ Long Term Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 9:30 Alpine Visits 11:00 Outing: <i>Mall</i>  2:00 Workshop	<b>2</b> 9:30 Beachview Bingo  <b>2:00 United Church</b> <b>3:00 Threshold Singers</b>	<b>3</b> 10:30 Floor Hockey 10:30 Art Therapy <b>2:00 Steve Quatrocci entertains!</b> 6:00 Gingerbread Houses with the Air Cadets	<b>4</b> 11:00 Music Therapy  1:00 Art Therapy 2:15 Alpine Music Therapy 3:00 Bingo	<b>5</b> 10:30 Chair Yoga  <b>1:30 Rosa Good entertains!</b>	<b>6</b>
<b>7</b>	<b>8</b> 9:30 Alpine Visits <b>11:30 ML Crooners perform at the Mall!</b>  <b>2:00 David's Deep Sea Diving Adventures</b>	<b>9</b> 9:30 Beachview Bingo  <b>1:00 Library Visit</b> <b>2:00 Anglican Church</b>	<b>10</b>  10:00 Holiday Baking 10:30 Art Therapy 2:00 Here We Come a Carolling!	<b>11</b>  11:00 Music Therapy <b>2:00 Armchair Travel to Cambodia!</b> 2:15 Alpine Music Therapy <b>5:30 Christmas Light Tour with Jubilee Manor</b>	<b>12</b>  <b>11:00 Celebration of Life Service</b> <b>2:00 Birthday Social with The Jubilakers!</b>	<b>13</b>
<b>14</b>  <b>Happy Hanukkah</b>	<b>15</b> 9:30 Alpine Visits 11:00 Outing: <i>Adventure Hotel</i> 2:00 Workshop	<b>16</b> 9:30 Beachview Bingo  <b>2:00 Steve &amp; Kim entertain!</b>	<b>17</b> 10:30 Floor Hockey <b>2:00 Todd Stevenson entertains!</b> 6:00 Movie Night	<b>18</b> 11:00 Music Therapy 1:30 Manicures 2:15 Alpine Music Therapy 3:00 Bingo	<b>19</b>  <b>1:30 Catholic Mass</b> <b>2:30 Philip Seagram entertains!</b>	<b>20</b>
<b>21</b>  <b>WINTER SOLSTICE</b>	<b>22</b> 9:30 Alpine Visits <i>Workshop Workers Luncheon!</i> 2:00 Workshop	<b>23</b>  <b>2:00 Mountain Lake Holiday Variety Show!</b>	<b>24</b> 10:00 Holiday Baking 2:00 Christmas Memories	<b>25</b> 1:00 Travelling Holiday Tunes on Vinyl with Kelsie 3:00 Bingo <i>Merry Christmas</i>	<b>26</b> 10:30 Chair Yoga 1:30 Crossword Puzzle	<b>27</b>  <b>HAPPY KWANZAA</b>
<b>28</b>	<b>29</b> 9:30 Alpine Visits 11:00 Outing: <i>Mall</i>  2:00 Workshop	<b>30</b> 9:30 Beachview Bingo  2:00 Trivia & Word Games	<b>31</b>  10:30 Floor Hockey <b>2:00 Happy New Year Happy Hour!</b>	<h1>December 2025</h1>		



# Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 11:00 Outing: <i>Mall</i> 2:00 Workshop	<b>2</b> 11:00 Exercises <b>2:00 United Church</b> <b>3:00 Threshold Singers</b>	<b>3</b> <b>2:00 Steve Quatrocci entertains!</b> 6:00 Gingerbread Houses with the Air Cadets 	<b>4</b> 11:00 Exercises 1:00 Music Therapy	<b>5</b> 10:30 Chair Yoga ~RR <b>1:30 Rosa Good entertains!</b> 3:00 Bingo	<b>6</b>
<b>7</b>	<b>8</b> <b>11:30 ML Crooners perform at the Mall!</b>  <b>2:00 David's Deep Sea Adventures ~RR</b>	<b>9</b> 11:00 Exercises <b>1:00 Library Visit</b> <b>2:00 Anglican Church</b> 2:30 Bingo	<b>10</b>  10:00 Holiday Baking 1:00 Art Therapy 2:00 Here We Come a Carolling! ~RR	<b>11</b> 11:00 Exercises 1:00 Music Therapy <b>2:00 Armchair Travel to Cambodia!</b> 2:30 Bingo  <b>5:30 Christmas Light Tour with Jubilee Manor</b>	<b>12</b> <b>11:00 Celebration of Life Service</b>  <b>12:30 General Store</b> <b>2:00 Birthday Social with The Jubilakers!</b>	<b>13</b>
<b>14</b>  <b>Happy Hanukkah</b>	<b>15</b> 11:00 Outing: <i>Adventure Hotel</i> 2:00 Workshop 3:00 Bingo	<b>16</b> 11:00 Exercises <b>2:00 Steve &amp; Kim entertain!</b>	<b>17</b> <b>2:00 Todd Stevenson entertains!</b> 6:00 Movie Night ~RR	<b>18</b> 11:00 Exercises 1:00 Music Therapy	<b>19</b> 10:30 Manicures <b>1:30 Catholic Mass</b> <b>2:30 Philip Seagram entertains!</b>	<b>20</b>
<b>21</b>  <b>WINTER SOLSTICE</b>	<b>22</b> <i>Workshop Workers Luncheon!</i> 2:00 Workshop	<b>23</b> 11:00 Exercises ★★★★★ <b>2:00 Mountain Lake Holiday Variety Show!</b>	<b>24</b> 10:00 Holiday Baking 2:00 Christmas Memories ~RR	<b>25</b> 2:00 Holiday Tunes on Vinyl with Kelsie <i>Merry Christmas</i>	<b>26</b> 10:30 Chair Yoga ~RR <b>12:30 General Store</b> 1:30 Crossword Puzzle 3:00 Bingo	<b>27</b>  <b>HAPPY KWANZAA</b>
<b>28</b>	<b>29</b> 11:00 Outing: <i>Mall</i> 2:00 Workshop 3:00 Bingo	<b>30</b> 11:00 Exercises 2:00 Trivia & Word Games ~RR	<b>31</b> <b>2:00 Happy New Year Happy Hour!</b> 	<b>December 2025</b>		

