




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Program Venue M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way	1 10 Coffee in Paris M 11 Willow Connection W 1:30 Active Game GR 3:30 Bingo C	2 10 Balloon Toss GR 11 Aromatherapy GR 1:30 Christmas Decorating GR	3 10 Ball Fitness GR 11 Gentle Connection GR 1:30 Prayer Group GR/V 3:30 Christmas Decorating	4 10 Exercise GR 11 Gentle Connection 1:30 Nail Spa GR 3:30 Leisure Trolley	RED & GREEN DAY 5 11 Communion Service St. Nicholas Church A 1:30 Sing Along GR 3:30 Creative Corner	6 10 Trivia GR 11 Aroma Therapy GR 1:30 Visits with Sparky & Friends (Robotic Pets) 3:30 Tuck Cart
7 10 Target Toss GR 11 Willow Connection 1:30 Crafternoon GR	8 10 Fitness Fun GR 11 Trivia GR 1:30 Nail Spa GR 3:30 Bingo C	9 10 Exercise GR 11 Gentle Connection GR 1:30 Christmas Carols with Christine A 3:30 Triva GR	10 10 Rudolph Newspaper Race GR 1:45 Christmas Movie Afternoon A	11 10 Christmas Balloon Toss GR 1:30 Christmas Dice Roll Game GR 3:30 Bingo C	12 XMAS HAT/HEADBAND DAY 10 Christmas Bowling 11 Gentle Connection 1:30 Manicure and Hand Massage GR 3:15 Music with Ravensong A	13 10 Christmas Spa Day GR 1:30 Match the Christmas Tree Ornament GR 3:30 Tuck Cart
14 10 Baking Cookies for Bake Sale GR 1:30 Church Service Living Waters A 3:30 Christmas Story <small>Hanukkah Begins</small>	15 10 Exercise GR 11 Gentle Connection GR 1:30 Christmas Sing Along GR 3:30 Bingo C	16 Christmas Market! 10 Morning Exercise GR 12:30 Christmas Lunch 3:30 Crazy 8's GR	17 10 Gentle Connection GR 11 Puzzle GR 1:30 Prayer Group GR/V 3:30 Christmas Coloring GR	18 10 Holiday Photo Shoot 1:30 Poke A Present & Trivia GR 3:30 Bingo C	19 XMAS SCRUBS/SWEATER DAY 11 Legion of Mary Rosary – St. Nicholas 1:30 Christmas Story GR 3:15 Music with The Golden Dayz A	20 10 Zumba GR 11 Gentle Connection GR 1:30 Christmas Card Handout & Kid Visits 3:15 Ukulele School Performance A
21 10 Tea & Baking Cookies GR 2:00 Church Service Evangelical A 3:30 LCR Dice Game GR <small>Winter Begins</small>	22 10 Coffee in Paris M 11 Willow Connection W 1:30 Active Game GR 3:30 Bingo C	23 10 Drum Fit GR 11 Making Snowflakes 1:30 Christmas Carols with Christine A 3:30 Crazy 8's GR	24 10 Fitness Fun GR 11 Christmas Traditions Around the World GR 1:30 Christmas Movie "The Grinch" GR	Merry Christmas 25 Gift Delivery!  Christmas Dinner <small>Christmas</small>	Boxing Day 26 10 Hot Chocolate Social GR 1:30 Boxing Day Bingo C 3:30 Friendly Visits <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 10 Baking Cookie & Tea Social GR 1:30 Snowball Minute To Win It GR 3:30 Tuck Cart
28 10 Name that Tune GR 11 Aroma Therapy GR 1:30 Hymn Sing A 3:30 Bingo C	29 10 Christmas Trivia GR 11 Willow Connection 1:45 Birthday Party With Gregg Gorrie A 3:30 Friendly Visits	30 10 Exercise GR 11 Guess the Christmas Song GR 1:30 Active Game GR 3:30 Friendly Visits	New Years Eve 31 10 Hot Chocolate Social and New Years Around the World GR 1:30 Music & Dance with the Cutie Pies A 3:30 Cookies and Coffee GR <small>New Years Eve</small>	 <h1>December 2025</h1> <p>Maple Court & Willow Place.</p>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Program Venue M = Maple Court W = Willow Place V = Virtual GR = Great Room C = Cherry Lane A = Alder Way	1 10 Calendar & Newsletter Handout 1:30 Trivia C 3:30 Bingo C	2 10 December Coloring C 11 Aroma Therapy C 1:30 Name That Tune (Old is Gold) 3:30 Helping Hands - Christmas Decorating	3 10 Puzzles C 11 Aroma Therapy A 1:30 Prayer Group GR/V 3:30 Helping Hands - Christmas Decorating	4 10 Arts & Crafts (Christmas Edition) C 1:30 Nail Spa A 3:30 Bingo C	RED & GREEN DAY 5 11 Communion Service St. Nicholas Church A 1:30 Guess that Christmas Song A 3:30 Card Game C	6 10 Exercise A 11 Hot Chocolate Social 1:30 Making Snowflakes 1:30 Tuck Cart
7 10 Christmas Tree Decorating Exercise A 11 Gentle Connection C 1:30 Hymn Sing A 3:30 Christmas Bazaar Craft (terracotta Elves) C	8 10 Coffee Chatter C 1:30 Robotic Pet Visits A 3:30 Bingo C	9 10 Morning Exercise C 11 Trivia A 1:30 <i>Christmas Carols with Christine A</i> 3:30 Christmas Decorations	10 10 Rudolph Newspaper Race GR 1:45 Afternoon Christmas Movie A	11 10 Exercise A 11 Christmas Trivia C 1:30 Nail Spa A 3:30 Bingo C	XMAS HAT/HEADBAND DAY 12 10 Christmas Baking C 1:30 Christmas Traditions Around the World C 3:15 Music with Ravensong A	13 10 Exercise A 11 Hot Chocolate Social 1:30 Card Game C 3:30 Tuck Cart
14 10 Curling A 11 Christmas Short Stories C 1:30 <i>Church Service Living Waters A</i> 3:30 LCR Dice Game C <small>Hanukkah Begins</small>	15 10 Bocce C 11 Leisure Trolley 1:30 Christmas Trivia Game A 3:30 Bingo C	Christmas Market! 16 10 Active Game A 12:00 Christmas Lunch 3:30 Crazy 8's GR 3:30 LCR Dice Game C	17 10 Coffee Chatter 1:30 Prayer Group GR/V 3:30 Arts & Craft	18 10 Holiday Photo Shoot 1:30 Trivia – Idiomatic Expressions A 3:30 Bingo C	XMAS SCRUBS/SWEATER DAY 19 10 Gentle Connection 11 <i>Legion of Mary Rosary – St. Nicholas A</i> 3:15 Music with The Golden Dayz A	20 10 Christmas Baking 1:30 Christmas Card Handout & Kid Visits 3:15 Ukulele School Performance A
21 10 Target Toss A 11 Christmas Penny Ante C 2:00 <i>Church Service Evangelical A</i> 3:30 LCR Dice Game C <small>Winter Begins</small>	22 10 Coffee Chatter C 1:30 Searching for December A 3:30 Bingo C	23 10 Active Game A 11 Aroma Therapy C 1:30 <i>Christmas Carols with Christine A</i> 3:30 Crazy 8's GR 3:30 LCR Dice Game C	24 10 Hand Massage A&C 1:30 Christmas Karaoke A 3:30 LCR Dice Game C	Merry Christmas 25 Gift Delivery!  Christmas Dinner <small>Christmas</small>	Boxing Day 26 10 Hot Chocolate Social GR 1:30 Boxing Day Bingo C 3:30 Helping Hands <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 10 Exercise C 11 Winter Messages A 1:30 Card Game C 3:30 Tuck Cart
28 10 Hot Chocolate and Fresh Cookies Social 1:30 Hymn Sing A 3:30 Bingo C	29 10 Exercise C 11 Helping Hands - Birthday Décor A 1:45 Birthday Party With Gregg Gorrie A 3:30 Friendly Visits	30 10 Coffee Chatter A 1:30 LCR C 3:30 New Years Resolution Discussion Group A	New Years Eve 31 10 New Year's Fit A 11 Puzzle C 1:30 Music & Dance with the Cutie Pies A 3:30 Sing Along C <small>New Year's Eve</small>	 <h1>December 2025</h1> <p>Alder Way & Cherry Lane.</p>		

The Scoop

Fort Langley Seniors Community



December 2025

By Mikayla Vander Helm, Recreation Manager BTR



WHAT'S NEW

TAKE A LOOK INSIDE

For updates in the community

UPCOMING EVENTS & PHOTOS

Upcoming events and check
out photos!

SITE LEADER CORNER

Check-in from our Site Leader
- Erick

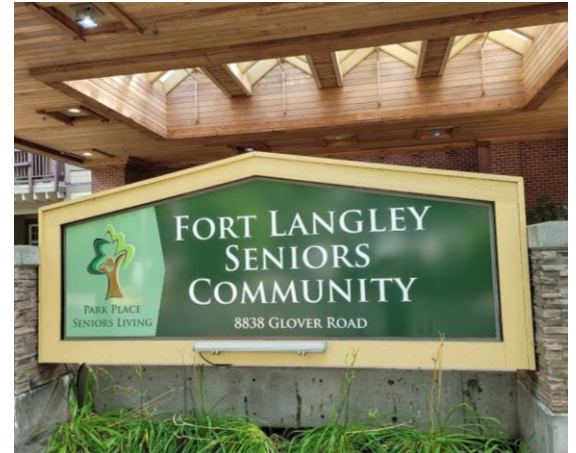
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Our Mission

What We Do

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a “voice and a choice” for everyone we serve.

Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: fortlangley.rectherapy@ppsl.com

Upcoming Events:

For the month

- ❖ **Resident & Family Council Meeting** – No December meeting. See you all in 2026!
- ❖ Friday Dec 5 & 19 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Friday Dec 12 at 3:15 – **Music with Ravensong**
- ❖ Tuesday Dec 9 & 23 – **Christmas Carols with Christine**
- ❖ Friday Dec 19 at 3:15 – **Music with the Golden Dayz**
- ❖ Sunday Dec 14 and 21 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Saturday Dec 20 – **Christmas Card and Visits at 1:30. 3:15 Ukulele School Performance**
- ❖ Thursday Dec 25 – **Christmas Day. Gift delivery & Christmas Dinner**
- ❖ Monday Dec 29 at 1:45pm– **Monthly Birthday Party with Gregg Gorrie** (See page 8 for more details)

Please check the daily activity board in each neighborhood

Programs are subject to change.

Pictures of FLSC



Home Updates

Resident & Family Council Meeting

Join us for our monthly resident and family council meeting.

No December Meeting! See everyone in 2026!

Family Monthly Education

Park Place Seniors Living Brochure:

1. Finding Balance: Falls Management
2. Hip Protectors are On Your Side
3. Getting a Good Night Sleep
4. Sleeping Pills

(Brochures located in Lobby)

Code of the Month: December – Black –
Bomb Threat or Suspicious Item



**EMERGENCY RESPONSE CODE BLACK:
BOMB THREAT OR SUSPICIOUS ITEM**

EMERGENCY RESPONSE CODE BLACK BOMB THREAT OR SUSPICIOUS ITEM

What does these mean?

- Code Black is the designated phrase used to alert employees of a bomb threat or discovery of a suspicious item
- This item may have been identified by an anonymous phone caller threatening the Home with a bomb or found by someone walking about the Home
- The Suspicious Item Emergency Response Plan details the actions to be taken by all employees to ensure the safety and security of themselves, Residents and visitors in the event a suspicious item, letter or package is discovered

What do I do if I answer the phone and the person on the other end tells me there is a bomb in the Home?

- Remain Calm
- Get as much information from the caller as possible (using the Park Place Bomb Threat Report (Form #700633))
- To notify your Site Leader or designate
- The Site Leader or designate will call 911 to contact the police immediately and then announce **Code Black** 3 times by the overhead paging or employee messenger
- The police will determine next steps. Any searches will be at the direction of the police. All employees will search their immediate areas and report the location of any suspicious package

What do I do if I find a suspicious package?

- DO NOT TOUCH a suspicious letter or package
- Report finding any suspicious package to the Site Leader or designate

Learn more about Code Black (Bomb Threat or Suspicious Items)

- Refer to your Park Place Emergency Preparedness & Response Manual
- Review the Park Place Code Black Response Procedure Tab



Flu & Covid Vaccine Update

We're pleased to share that our recent flu and COVID vaccine clinic was a success! **84% of residents received their flu shot, and 64% received the COVID vaccine.** A few residents had their COVID vaccine postponed due to recent illness in October, but they are scheduled to receive it in January. We also want to recognize the incredible teamwork during the recent COVID enhanced monitoring period. Thanks to everyone's efforts, the infection was contained primarily to one unit and resolved within just two weeks. Great job, team!

Amber Develder, Care-Coordinator

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Site Leaders Corner

As we step into December and the holiday spirit begins to warm our halls, we look back on November with gratitude and appreciation. Our Remembrance Day Ceremony on Alder was a heartfelt opportunity to honor those who have served, and we were touched by the support of residents, families, and staff who joined us in reflection. Now, with the festive season upon us, December promises to be a month filled with joy, celebration, and community.

We are excited to highlight our Christmas Lunch on December 16th, a cherished annual tradition where residents, families, and staff come together to share a delicious meal and create new holiday memories. On the same day, we will also be hosting our Annual Christmas Market, featuring handmade crafts and baked goods lovingly created by our residents. It's a wonderful chance to pick up unique, heartfelt gifts while supporting the creativity and talents within our community.

On Christmas Day, our team will once again be delivering gifts to residents, spreading warmth and cheer throughout the building. A special thank you goes out to London Drugs Stocking Stuffers for Seniors for their continued generosity your kindness brings joy to so many and truly brightens the season.

As the year draws to a close, we invite everyone to embrace the spirit of togetherness, kindness, and celebration. December is a time to slow down, appreciate one another, and find joy in moments both big and small.

Erick Bautista, *Site Leader*

New Maintenance Manager – Fort Langley Seniors Community **Donald Fleming**

Donald brings over 28 years of experience as a Red Seal Electrician, specializing in electrical equipment maintenance, fault finding, and testing. He also holds a 4th Class Power Engineering diploma and is skilled in plumbing repairs, including leaks and faucet fixes.

Donald will be covering the Maintenance Manager role while Mike is away on medical leave. With his extensive background in troubleshooting and hands-on repair work, he is committed to ensuring the highest standards of maintenance and reliability during this period.

Contact Information *Fort Langley Seniors Community 604.888.0711*

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Donald Fleming	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>	Darlene Dela Cruz	Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation & Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	fortlangley.socialworker@ppsl.com Onsite Monday, Thursday, and Fridays
<i>Dietitian</i>	Caitlyn McNeil		Fortlangley.dietitian@ppsl.com Onsite Tuesday, Wednesday, and alternate Thursdays
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca Onsite Tuesdays and Thursdays
<i>Physiotherapist Temp</i>	Janki Jariwala	Ext. 129	janki.jariwala@saliusrehab.ca Onsite Tuesdays and Fridays
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	Please call the extension for the correct neighborhood.

Fun Corner & Other

FORT LANGLEY SENIORS COMMUNITY



JOIN US FOR A
Christmas lunch
TUESDAY DEC 16, 2025
1ST FLOOR LUNCH WILL BE SERVED AT 12:00
2ND FLOOR LUNCH WILL BE SERVED AT 12:30

**\$20 PER GUEST & \$15 PER CHILD
MAX 2 TICKETS PER RESIDENT**
MORE TICKETS MAY BECOME AVAILABLE CLOSER
TO EVENT DATE

RSVP BY DEC 9TH
CONTACT LYNN 604-888-0711
LHARRIE@PPSL.COM

Let's celebrate together!

***Cash Only* Provide to Lynn (Admin)**

FORT LANGLEY SENIORS COMMUNITY



Christmas lunch menu
TUESDAY DEC 16, 2025

MIXED GREEN SALAD WITH
FRESH STRAWBERRY,
CANDIDED WALNUTS,
FETA CHEESE
RASPBERRY VINAIGRETTE
DRESSING
PRIME RIB WITH BEEF GRAVY
HORSERADISH SAUCE
YORKDHIRE PUDDING
YUKON MASHED POTATOES
TUXEDO CAKE

December

BIRTHDAYS

Bernice M - Dec 6
Anita P - Dec 10
Moirra S - Dec 15
Renee P - Dec 18
Manfred S - Dec 24
Jeanette K - Dec 24
Walter B - Dec 26
Shirley C - Dec 26



DECEMBER
Birthday
PARTY

Monday Dec 29 at
1:45 with Gregg
Gorrie in Alder



Christmas
MARKET
FOOD & GIFTS
DECEMBER 16, 2025
FROM 11 AM TO 3PM

ALL ITEMS ARE MADE BY THE RESIDENTS
AT FLSC. ALL PROCEEDS OF THE MARKET
WILL GO TOWARDS RECREATION
ACTIVITIES.

8838 GLOVER ROAD, FORT
LANGLEY

CASH ONLY ON THE DAY OF THE MARKET

Staff Events

Bottle Returns: For staff appreciation.
More information on the flyer below:

BOTTLE RETURNS FOR STAFF APPRECIATION AND EVENTS!



Support our staff and upcoming events by
recycling your bottles!



How it Works:

- Return bottles at any Return It Depot.
- Use the number **604-374-3542** to print labels for your bags
- No sorting needed - just print the label and apply it to your bag.

Need Help?

Drop off your bags at our facility, and we can handle them for you!

Thank you for
your Support!



Appreciation

Employee of the Month: October – Dixie



Other

Recreation Department Wishlist

- Individually pre-wrapped snack sized chocolate – For Bingo Prizes
- **Indoor Christmas lights, for Christmas trees!**
- Christmas gift bags, wrapping paper and tissue paper

Take a look at our Amazon Wishlist & order right from Amazon:
https://www.amazon.ca/hz/wishlist/ls/3HY45HMBVT89J?ref_=wl_share

- Thank you



Reminder – Purchase Your Meal Tickets in Advance!

Pre-buy meal tickets from Admin. Must provide ticket to receive meal. More details below:

FAMILY AND FRIENDS MEAL TICKETS

PRE-BUY MEAL TICKETS FROM ADMIN - LYNN MONDAY TO FRIDAY. TO RECEIVE MEAL GIVE TICKET TO NURSE AT MEALTIME

| FORT LANGLEY SENIORS COMMUNITY |

PRICE

**\$8 -
LUNCH
\$10 -
DINNER**