
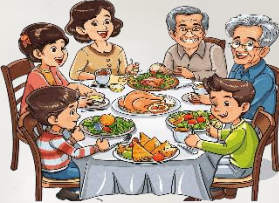



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 1	Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 13	Daily Horoscope 9:30 Residents Council Meeting 10:30 Arts & Craft 11:00 Painting Nails 2:00 1	Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 2	Daily Horoscope 9:30 Musical Exercise 10:00 CT Holy Mass by Fr. Joseph 10:30 Monthly Birthday Celebration 2:00 3	Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 4	Scavenger Hunt (All DAY)  CT Book Club Time 10:30 5
7 Meditation & Quiet Prayer 10:30 am 6	Daily Horoscope 9:30 Trivia 10:30 Fun Games 11:00 Bingo 2:00 7	Daily Horoscope 9:30 Preparation for the Outing 10:00 Walmart Outing 10:30 Arts & Craft 2:00 8	Daily Horoscope 9:30 Trivia 10:30 Fun Games 11:00 Bingo 2:00 9	Daily Horoscope 9:30 My Voice Meeting 10:30 Arts & Craft 11:00 Board Games 2:00 10	 12 Preparation for the party 11:00 Family & Residents Xmas Dinner 5:00 11	Scavenger Hunt (All DAY)  CT Book Club Time 10:30 12
14 Hymn Sing with Grace 😊 6:00 pm 13	Daily Horoscope 9:30 Trivia 10:30 Fun Games 11:00 Bingo 2:00 1	Daily Horoscope 9:30 Board Games 10:30 Arts & Craft 11:00 Christmas Card Making 2:00 2	Daily Horoscope 9:30 Life Enrichment Meeting 10:30 Fun Games 11:00 Bingo 2:00 3	Daily Horoscope 9:30 Arts & Craft 10:30 Board Games 11:00 Movie & Pop Corn Day 1:30 4	 19 Preparation for the party 11:00 Residents Christmas Party 5:00 5	Scavenger Hunt (All DAY)  CT Book Club 10:30 6
21 Free Day 7	Daily Horoscope 9:30 Trivia 10:30 Fun Games 11:00 Bingo 2:00 8	Daily Horoscope 9:30 Board Games 10:30 Arts & Craft 11:00 Ginger Bread Making 2:00 9	Daily Horoscope 9:30 Trivia 10:30 Fun Games 10:30 Bingo 2:00 10	25 NO ACTIVITY merry Christmas 11	Daily Horoscope 9:30 Fun Games 10:00 Dining Committee Meeting 10:30 Bingo 2:00 12	Scavenger Hunt (All DAY)  CT Book Club 10:30 13
28 Hymn Sing with Grace 😊 6:00 pm 1	Daily Horoscope 9:30 Trivia 10:30 Fun Games 11:00 Bingo 2:00 2	Daily Horoscope 9:30 Board Games 10:30 Arts & Craft 10:30 Karaoke Day 2:00 3	Daily Horoscope 9:30 Trivia 10:30 Preparation for the party 11:00 Resident's New Year's Celebration Party 2:00 4	December Calendar Courtyard Terrace		



DECEMBER 2025



# Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: [www.parkplaceseniorsliving.com](http://www.parkplaceseniorsliving.com) T: 604 437 6262

Dear Resident, Family and Staff,

We will be hosting our Resident and Family Christmas Dinner on December 12<sup>th</sup>, 2025 at 5:00pm. Mar and Roxanne will surely put on a fabulous feast. Tickets are \$15.00/person. Please let myself or Cathy know if you will be joining us by December 5<sup>th</sup>.

## In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved

## NEW AND NOTEWORTHY

On December 4<sup>th</sup> from 8:00am to 10:00am, Brownlee Electrical will be onsite to make the final connections to our generator. This means there will be a power disruption to the building. We will be running on emergency generator power for a few hours in the morning. There should be no interruptions to care services for our residents.



## IMPORTANT DATES

DATE – December 4, 2025

Monthly Birthday Celebration

DATE – December 12, 2025

Family & Residents Christmas Dinner

DATE – December 19, 2025

Residents Christmas Party

DATE – December 31, 2025

Residents New Years Day Party

## Our Mission

### What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

## Our Vision

### Why We Exist

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity respect and empathy.

# COURTYARD TERRACE SNAP SHOTS

NOVEMBER 2025 Happenings at Courtyard Terrace

## Monthly Birthday Celebration



## Daily Exercises



## Talent Show



## Bingo Day





DID YOU KNOW...





## Upcoming Events

### Resident's Council Meeting

Tuesday, December 2, 2025  
(Lounge -10:30 am)

### CT Holy Mass by Fr. Joseph

Thursday, December 4, 2025  
(Lounge, 10:30 am)

### Monthly Birthday Celebration

Thursday, December 4, 2025  
(Lounge - 2:00 pm)

### Walmart Outing

Tuesday, December 9, 2025  
(Departure 10:30am - Arrival 2:30 pm)

### My Voice Meeting w/ Michelle

Thursday, December 11, 2025  
(Dining Area - 10:30 am)

### Family & Residents Christmas Dinner

Friday, December 12, 2025  
(Lounge - 5:00 pm)

### Life Enrichment Committee Meeting

Wednesday, December 17, 2025  
(Dining Area - 10:30 am)

### Residents Christmas Party

Friday, December 19, 2025  
(Lounge - 5:00 pm)

### Christmas Day

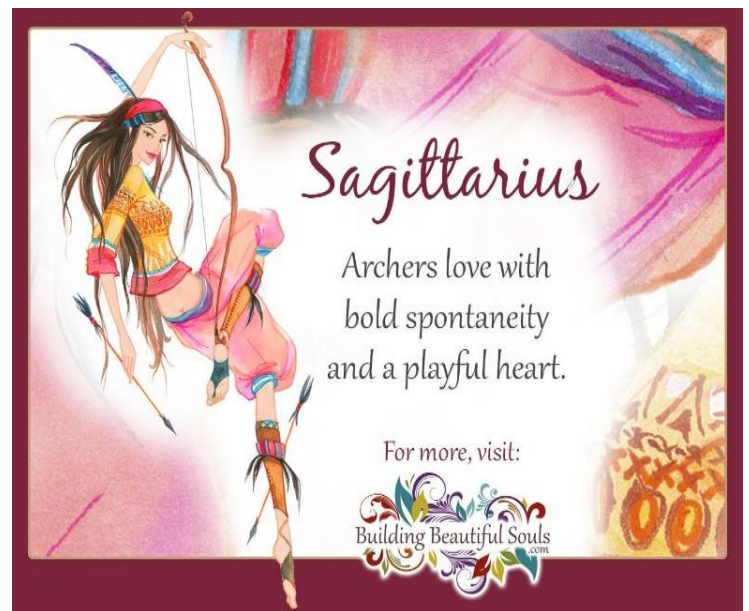
(Thursday, December 25, 2025  
(Enjoy your day 😊))

### CT Dining Committee Meeting

(Friday, December 26, 2025  
(Dining Area - 10:30 am)

### Residents New Year's Day Party

Wednesday, December 31, 2025  
(Lounge - 2:00 pm)



## Courtyard Business Corner

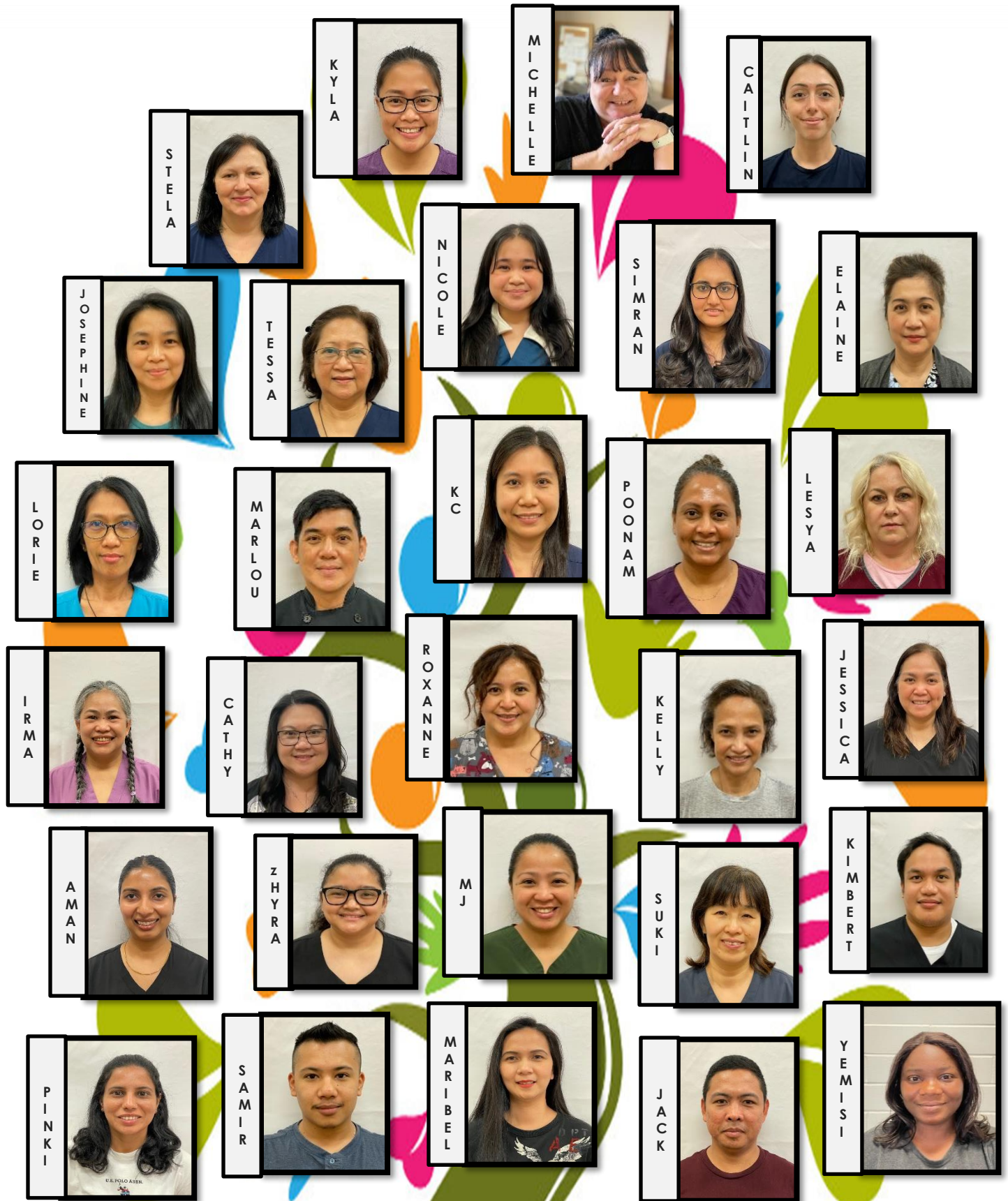
**Request:** Let's start to keep ourselves busy and enjoy the fall/winter seasons. If you have in mind to try something new this season, please feel free to go the REC office and tell me what is it, and I will be delighted to hear your new ideas.

**CT Store:** Available between the hours **9:00 - 4:30 pm Monday - Friday**. Recreation will be glad to assist you.

**Items Available:** Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels, Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

**Thank you and Always Stay Healthy with a SMILE 😊**

## MEET THE TEAM:







Tessa – 4<sup>th</sup>



Stela – 15<sup>th</sup>



Jessica – 25<sup>th</sup>



A big thank you to Roxanne, who is stepping in for Cathy while she takes a much-needed vacation!

## How to Reach Us

Michelle 604 437 6262 ex 1 or  
[MBragg@Simpeq.ca](mailto:MBragg@Simpeq.ca).

Cathy: 604 437 6262 ex 5 or  
[rec.ct@Simpeq.ca](mailto:rec.ct@Simpeq.ca)

Jessica 604 437 6262 ex 2 or  
[ctreception@Simpeq.ca](mailto:ctreception@Simpeq.ca)

Marlou: 604 437 6262 ex 3

## Shout Outs



## DECEMBER BIRTHSTONE & BIRTHFLOWER

### December Birthstones

Blue Zircon • Tanzanite • Turquoise



Since the Middle Ages, **Blue Zircon** has been believed to aid in spiritual growth and to promote wisdom. Those who wear blue zircon, it is said, will find beauty and peace.



As a relatively new gemstone, **Tanzanite** does not have any mythical or mysterious powers associated with it. But what it lacks in history, it compensates with beauty in its deep blue and purple tones.



**Turquoise** attracts money, success and love. Its powers include protection, healing, courage, friendship, and luck. It relaxes the mind, and eases mental tension.



## December

Narcissus flower signifies achievement, good wishes, character, festivity and wealth. You like to achieve all your dreams in life as you are too focused on your goals. You believe in true love and you are loyal in love. Love of your Family plays an important part in your life.

[www.wishafriend.com](http://www.wishafriend.com)

## BIRTHDAYS THIS MONTH

DECEMBER 2025



Li Chu – 5<sup>th</sup>



Sandra – 6<sup>th</sup>



Shamim – 7<sup>th</sup>



Hassanali – 12<sup>th</sup>



Rick – 14<sup>th</sup>



Norma – 17<sup>th</sup>



Janise – 19<sup>th</sup>





# RESIDENTS CORNER

## CT Library

From the Library....

The Book Club is choosing a new book to read! Come along on Saturday at 10:30 am and find out what exciting new adventure we will be exploring.

The Authors Series will be continuing in the new year. Keep your eyes peeled!

This is cold season! If you are feeling under the weather, taking it easy in your room, and would like to read some good books to pass the time, call on the Mobile Library. Just tell the staff and the Courtyard Terrace Library will be at your door with a selection of books from which you can choose!

The Library is looking to start a Creative Writing group. Tell Shea what you think!

Happy Reading! 



## Garden Club

From the Garden...

There are flowers still blooming their little hearts out in both the Dogwood Haven and Serenity Garden Courtyards: Spiderwort (which was a surprise), Clematis, Honeysuckle, Lithadora, and Tea Roses.

If any of our family and friends who have garden tools that are in good shape, which you no longer use, the Garden Club would be happy to use them! Let us know if you would like to donate your garden tools to the Garden club.

We have collected so many flower seeds this year: Echinacea, Black-eyed Susan, Bee Balm, Marigold, Calla Lily, Liatris, Garlic, Snap Dragon and more. If anyone is interested in planting new flower seeds in your garden, you can contact reception, Cathy, or Shea. All we ask is a small cash donation to the Garden Club.

Happy Gardening! 





# Infection Prevention and Control Corner

## Audit Findings

The following audits were completed in November with no actionable items:

Declutter Audit  
Soiled Utility Audit  
Weekly Housekeeping Audit  
Safety and Sanitation Audit  
Communication Audit  
Meal Care Audit  
Kitchen Cleanliness Audit  
Hand Hygiene Audit  
Environmental Marker Audit  
Donning and Doffing audit

Copies of the audits will be placed on the What We Are Up To Quality Board located in the east hallway by the entrance to the dining room.

## Department Updates

The Recreation department is in full swing for the holiday season. Be sure to join us for,

Monthly Birthday Celebration – December 4, 2025

Family & Residents Christmas Dinner – December 12, 2025

Residents Christmas Party – December 19, 2025

Residents New Years Day Party – December 31, 2025

## Policy Updates



We are working towards accreditation in June 2026.





# OUR FOUR STRATEGIC IMPERATIVES

## 1. Care Complexity

1. Education and Training
2. Risk Management
3. Care Collaboration and Planning

## 2. Staffing Stability

1. Retention and Recruitment
2. Education and Training
3. Collaboration with Stakeholders

## 3. Supportive Infrastructure

1. Procurement Planning
2. Capital and IT Planning
3. Preventative Maintenance

These are the new strategic imperatives.

More to come.



## 4. Enhanced Communication

1. Task and Time Efficiencies
2. Internal Communication
3. Resident and Family Satisfaction
4. Technology Utilization

Do you think we are doing a great job? Why not leave us a Google review. QR codes available at reception.






# HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

1. Talk with the staff on-shift about how your loved one is doing and update them on changes you see.
2. Join or attend a committee or council meeting. Please come and join us.
3. Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
4. Provide **recreation ideas** that your family would enjoy! Email Cathy at [rec.ct@Simpeq.ca](mailto:rec.ct@Simpeq.ca)
5. **Volunteer**. Your help matters and is always truly appreciated!
6. **Submit your ideas and suggestions** on forms available at the What We Are Up To board. We welcome your ideas and suggestions.



**PARK PLACE**  
SENIORS LIVING  
*Enriching Lives of Seniors*

## Our Values

Together we STRIVE for Excellence

**S** **Safety & Quality**  
By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.


**T** **Teamwork & Partnerships**  
By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

**R** **Responsibility & Stewardship**  
By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

**I** **Innovation & Creativity**  
By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

**V** **Voices that are Respected**  
By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

**E** **Empathy & Trust**  
By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.



[WWW.PARKPLACESENIORSLIVING.COM](http://WWW.PARKPLACESENIORSLIVING.COM)

## Monthly Meetings

The Resident Council meets on the first Tuesday of every month at 10:30am in the dining room.

The My Voice Meeting is held on the second Thursday of the month at 10:30am in the dining room.

The Courtyard Terrace Dining Committee meeting are held on the last Friday of the month at 10:30am in the dining room.

Life Enrichment Committee meeting is held on the third Wednesday of the month at 10:30am in the dining room.

## Useful Numbers

Foot Care: Sole Provider Foot Care  
Tyffany 604 341 7087

## Meet your Resident Council



**Co-chair Shea**

## Meet your Resident Council



**Co-chair Michael**