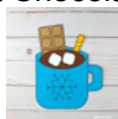
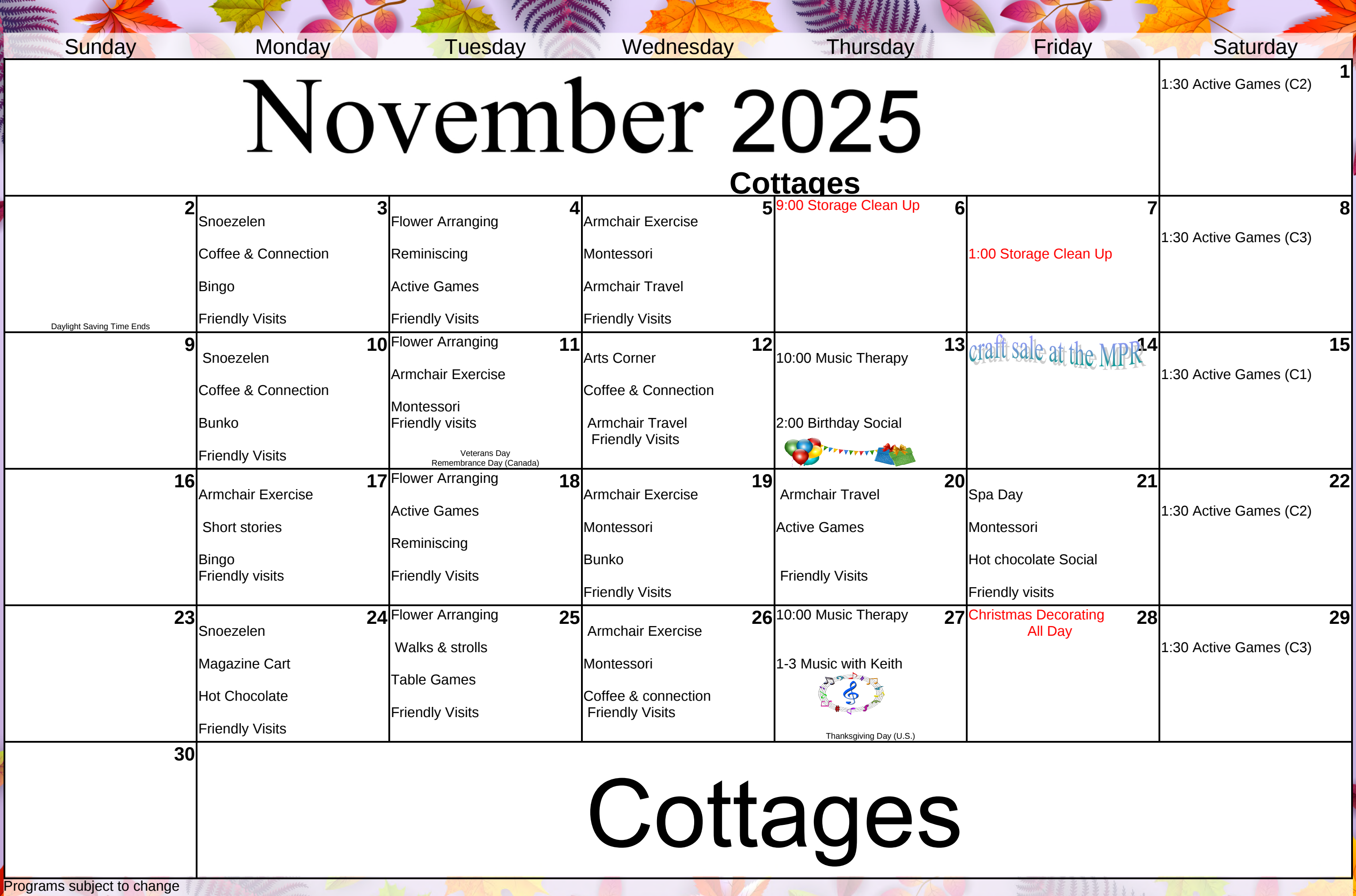


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 WEXFORD CREEK						1 11:00 Daily Chronicle 2:30 Bingo
2 Daylight Saving Time Ends	10:00 Poppies (1st, 2nd) 1:30 Reminiscing 3:00 Friendly Visits	3 10:00 Chair Exercise 11:00 Daily Chronicle 2:00 Sing Along 3:00 Billiards 4:00 Flower Arranging	4 10:00 Bingo (MPR)  1:30 JW Meeting 1:30 Brain Games 3:00 Armchair Travel	5 All Day Storage Clean Up 10:00 Music Therapy	6 10:00 Daily Chronicle 10:30 Music with Otto (MPR)  1:00 Storage Clean Up	7 11:00 Daily Chronicle 2:30 Bingo
9	11:00 Armchair Travel 2:00 Hot Chocolate Social  3:00 Tuck Shop	10 10:00 Chair Exercise 11:00 Daily Chronicle 2:00 Spot of Tea for Vets  4:00 Flower Arranging Veterans Day Remembrance Day (Canada)	11 10:00 Bingo (MPR)  1:30 JW Meeting 1:30 Brain Games 3:00 Armchair Travel	12 10:00 Catholic Mass 10:15 Chair Exercise 4:00 Daily Chronicle	13 craft sale at the MPR 3:00 Coffee and Connection 4:00 Daily Chronicle	15 11:00 Daily Chronicle 2:30 Bingo
16	11:00 Chair Chi 2:30 Friendly Visits	17 10:00 Chair Exercise 11:00 Daily Chronicle 2:00 Sing Along 3:00 Billiards 4:00 Flower Arranging	18 10:00 Bingo (MPR)  1:30 JW Meeting 1:30 Brain Games 3:00 Armchair Travel	19 10:00 Music Therapy 10:00 Resident Councils' Meeting 11:00 Card Games 2:00 Birthday Social  4:00 Daily Chronicle	20 10:00 Active Games 11:00 Daily Chronicle 3:30 Spa Day	22 11:00 Daily Chronicle 2:30 Bingo
23	10:00 Cards/Snowflakes (1st,2nd) 1:30 Hot Chocolate Social  2:30 Friendly Visits	24 10:00 Chair Exercise 11:00 Daily Chronicle 2:00 Sing Along 3:00 Billiards 4:00 Flower Arranging	25 10:00 Bingo (MPR)  1:30 JW Meeting 1:30 Brain Games 3:00 Armchair Travel	26 10:15 Chair Exercise 11:15 Friendly Visits 2:00 Baking  4:00 Daily Chronicle Thanksgiving Day (U.S.)	27 All Day Christmas Decorating	29 11:00 Daily Chronicle 2:30 Bingo
30	FIRST FLOOR 					

Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 Wexford Creek 2nd Floor						1 10:00 Sing Along 4:00 Daily Chronicle
2 10:00 Making Poppies (1st, 2nd)  1:30 Sing Along 2:45 Friendly Visits Daylight Saving Time Ends	3 10:00 Chair Exercise 10:45 Brain Games 11:00 Friendly Visits	4 10:00 Bingo  11:30 Friendly Visits 1:30 JW Meeting 2:30 Tuck Shop	5 9:00 Clean out Rm 150	6 9:00 Clean out Rm 150	7 1:00 100th Birthday 	8 10:00 Sing Along 4:00 Daily Chronicle
9 10:00 Baking Chocolate Chip Cookies  1:00 Hot Chocolate Social 1:30 Painting 2:45 Friendly	10 10:45 Armchair Travel 11:00 Friendly Visits Veterans Day Remembrance Day (Canada)	11 10:00 Bingo  11:30 Friendly Visits 1:30 JW Meeting 2:30 Tuck Shop	12 10:00 Catholic Mass 10:15 Bingo 11:15 Exercise 12:50 Rehab	13 10:00 Gift and Craft Sale (MPR) 10:00 Otto (1st floor) 10:30 Balloons & Tunes 11:15 Friendly Visits	14 10:00 Sing Along 4:00 Daily Chronicle	15
16 10:00 Active Games 11:00 Montessori 1:30 2:00 Birthday Social  2:45 Friendly Visits	17 10:00 Chair Exercises 10:45 Brain Games 11:00 Friendly Visits	18 10:00 Bingo  11:30 Friendly Visits 1:30 JW Meeting 2:30 Tuck Shop	19 10:00 Exercise 11:00 Resident's Council 11:00 Music Therapy 12:50 Rehab	20 10:00 Snoezelen 11:00 Tuck Shop 2:00 Music with Rick 	21 10:00 Sing Along 4:00 Daily Chronicle	22
23 10:00 Cards/Snowflakes (1st, 2nd) 1:30 Hot Chocolate Social  2:25 Friendly Visits	24 10:00 Chair Exercises 10:45 Armchair Travel 11:00 Friendly Visits	25 10:00 Bingo  11:30 Friendly Visits 1:30 JW Meeting 2:30 Tuck Shop	26 10:15 Bingo 11:00 Chair Chi 12:50 Rehab Thanksgiving Day (U.S.)	27 10:00 Christmas Decorations	28 10:00 Sing Along 4:00 Daily Chronicle	29
30	Wexford Creek 2nd Floor 					

*** Programs subject to change. ***



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

November 2025

Cottages

November 2025										1:30 Active Games (C2)	1		
Cottages													
2	Snoezelen Coffee & Connection Bingo Friendly Visits Daylight Saving Time Ends	3	Flower Arranging Reminiscing Active Games Friendly Visits	4	Armchair Exercise Montessori Armchair Travel Friendly Visits	5	9:00 Storage Clean Up	6		7	1:30 Active Games (C3)	8	
9	Snoezelen Coffee & Connection Bunko Friendly Visits	10	Flower Arranging Armchair Exercise Montessori Friendly visits Veterans Day Remembrance Day (Canada)	11	Arts Corner Coffee & Connection Armchair Travel Friendly Visits	12	10:00 Music Therapy 2:00 Birthday Social 	13	craft sale at the MPR		14	1:30 Active Games (C1)	15
16	Armchair Exercise Short stories Bingo Friendly visits	17	Flower Arranging Active Games Reminiscing Friendly Visits	18	Armchair Exercise Montessori Bunko Friendly Visits	19	Armchair Travel Active Games Friendly Visits	20	Spa Day Montessori Hot chocolate Social Friendly visits	21	1:30 Active Games (C2)	22	
23	Snoezelen Magazine Cart Hot Chocolate Friendly Visits	24	Flower Arranging Walks & strolls Table Games Friendly Visits	25	Armchair Exercise Montessori Coffee & connection Friendly Visits	26	10:00 Music Therapy 1-3 Music with Keith  Thanksgiving Day (U.S.)	27	Christmas Decorating All Day		28	1:30 Active Games (C3)	29
30	Cottages												

Cottages

Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2025 Independent Living						Saturday Ideas To Do ↓
2 	3 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor	4 11:15 - Lunch Outing to Black Bear Pub *Sign up list at reception 1:30- Stitch 'n B*tch - 2nd Floor	5 10:30 – Fitness with Bev – 2nd Floor 2:00pm – Resident Town Hall Meeting & Hot Chocolate - Dining Room	6 10am - Food Committee Meeting-Dining Room 1:30- Shopping Trip to Woodgrove Center *Sign up list at reception	7 10:15 – News & Views with Shawn – 2nd Floor 2pm- Happy Hour☺ - Dining Room	8 LIBRARY PUZZLES
9 2:30- CRIB & CARDS - PDR	10 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor	11 	12 10:30–Fitness with Bev – 2nd Floor 2pm – Birthday Tea with Keith- Dining Room 	13 10:15 – Brain Games - PDR 1:15 Trip to the Military Museum *Sign up list at reception	14 10am-2pm Wexford Craft & Artisan Bazaar	15 CARDS SCRABBLE
16 2:30- 112th Grey Cup 	17 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor	18 10:15 – Brain Games - PDR 2pm – Giant Crossword - PDR	19 10:30 – Fitness with Bev – 2nd Floor 2pm – History Chat- 2nd Floor 2pm- Brechin Hymn Sing -Chapel	20 10:15 Trivia - 2nd Floor 1:30pm Crib Tournament Dining Room	21 9:45- Cedar/Yellow Point Artisan Self-Guided Tour *Sign up list at reception 2:30pm- Bean Bag Toss - 2nd Floor	22 WALKS CANUCKS HOCKEY
23 2:30- CRIB & CARDS - PDR	24 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor	25 10:15 – Brain Games - PDR	26 10:30 – Fitness with Bev – 2nd Floor 2pm Christmas Decorating – 2nd Floor	27 1:30- Vimy Ridge Presentation -Dining Room 4:15 – Dinner Outing to Alexandra's Bistro *Sign up list at reception Thanksgiving Day (U.S.)	28 10:15 – News & Views with Shawn – 2nd Floor 2pm- Happy Hour☺ - Dining Room	29 
30 2:30- CRIB & CARDS - PDR						