

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

November 2025

SPRUCEWOOD PLACE

November 2025 SPRUCEWOOD PLACE										1:15 pm Hymns of Faith (104) 2:00 pm Ladies Group (104) 3:00 pm Day Of The Dead Water Colour Painting (104) 4:00 pm Axe Throw (201) 6:15 pm Card Games (DR) 7:15 pm Open Activity (DR)
1:15 pm Music Appreciation (DR) 2:30 pm Spiritual Reflections (104) 3:00 pm Yahtzee (104) 4:00 pm Billiards (301) 6:15 pm Movie Night (DR) 7:15 pm Word Games (104) Daylight Saving Time Ends	10:00 am Madlibs (DR) 1:15 pm Crib Group (DR) 2:00 pm 1-1 Visits 3:00 pm Virtual Concert (DR) 4:00 pm Do You Hear What I Hear? (301) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	10:00 am Meditative Colouring (104) 4:00 pm Devotions (104) 4:00 pm Name That Tune (DR) 6:30 pm Hot Chocolate Social (DR) 7:15 pm Board Games (301)	10:00 am Virtual Catholic Church (DR) 1:15 pm Corn Hole (201) 2:00 pm Word Games (301) 3:00 pm Library (DR) 4:00 pm 1-1 Visits 6:15 pm Music Appreciation (DR) 7:15 pm Ripleys Believe it or Not (DR)	11:00 am 1-1 Visits 1:15 pm Fun & Fitness (201) 2:30 pm Your Voice & Home Quality Resident & Family Council Meeting (DR) 3:30 pm Famous Faces (301) 6:15 pm November Craft (301) 7:15 pm Mens Group (DR)	1:15 pm Hallway Walk (2nd Floor) 2:30 pm Karaoke (DR) 3:00 pm Remembrance Day Painting (301) 4:00 pm Remembrance Day Trivia (DR) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	1:15 pm Baking (104) 2:30 pm Trivia (DR) 3:00 pm Seated Yoga (201) 4:00 pm Indigenous Veterans Day Colouring (104) 6:15 pm Memory Matching (104) 7:15 pm Open Activity (DR)				
1:15 pm Ring Toss (201) 2:00 pm Crib Group (DR) 3:00 pm Remembrance Day Craft (301) 4:00 pm Madlibs (DR) 6:15 pm Documentary (DR) 7:15 pm Word Games (104)	10:00 am Remembrance Day Word Games (DR) 11:00 am Hymns of Faith (104) 1:15 pm Fun & Fitness (201) 2:00pm 1-1 Visits 3:00 pm Music Appreciation (DR) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	11  REMEMBRANCE DAY Lest We Forget		10:00 am Famous Faces (DR) 11:00 am Billiards (301) 1:15 pm Bible Readings (104) 2:30 pm Karaoke (DR) 3:30 pm Dice Games (301)	10:00 am 1-1 Visits 11:00 am Manicures (301) 1:30pm Tuck Shop (DR) 2:00 pm Memory Matching (301) 3:00 pm Balloon Badminton (201) 4:00 pm Guided Relaxation (104)	1:15 pm Hallway Walk (4th Floor) 2:00 pm Card Games (301) 3:00 pm Remembrance Day Speaker: Sgt Glenda Gauthier (DR) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	1:15 pm Board Games (301) 2:00 pm Ladies Group (104) 3:00 pm Non-Denominational Church Service (DR) 4:00 pm Balloon Volleyball (201) 6:15 pm Ripleys Believe it or Not (DR) 7:15 pm Open Activity (DR)			
1:15 pm Bowling (201) 2:00 pm 1-1 Visits 2:00 pm Football Trivia (DR) 3:00 pm Grey Cup Party (DR) 4:00 pm Grey Cup Kick Off (DR) 6:15 pm Spiritual Reflections (104) 6:15 pm Name That Tune (DR) 7:15 pm Yahtzee (301) 7:15 pm Documentary (DR)	1:15 pm Do You Hear What I Hear? (301) 2:00 pm Creative Doodles (301) 3:00 pm Card Games (DR) 4:00 pm Seated Yoga (201) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	1:15 pm Hallway Walk (3rd Floor) 1:15 pm Ring Toss (201) 2:00 pm Milestones (DR) 3:30 pm Christmas Choir Practice (301) 6:30 pm Paint Night Social (DR) 7:45 pm 1-1 Visits	10:00 am Virtual Catholic Church (DR) 1:15 pm Meditative Colouring (104) 2:00 pm Active Engagement Visits 3:00 pm Recreation Focus Group (DR) 4:00 pm Madlibs (DR) 6:15 pm Music Appreciation (DR) 7:15 pm International Mens Day Mens Group (DR)	11:00 am 1-1 Visits 1:15 pm Devotions (201) 2:30 pm Karaoke (DR) 3:30 pm Fun & Fitness (201) 6:15 pm Board Games (301) 7:15 pm Ripleys Believe it or Not (DR)	1:15 pm Hymns of Faith (201) 2:00 pm Card Games (301) 3:00 pm Virtual Concert (DR) 4:00 pm Billiards (301) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	1:15 pm Bible Readings (104) 2:00 pm Trivia (DR) 3:00 pm Water Colour Painting (301) 4:00 pm Axe Throw (201) 6:15 pm Uno (DR) 7:15 pm Open Activity (DR)				
1:15 pm Guided Relaxation (104) 2:00 pm Crib Group (DR) 3:00 pm 1-1 Visits 4:00 pm Memory Matching (104) 6:15 pm Movie Night (DR) 7:15 pm Word Games (104)	1:15 pm Bible Readings (104) 2:00 pm Dice Games (301) 3:00 pm Craft (301) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	10:30 am Hot Chocolate Social (DR) 11:00 am 1-1 Visits 1:15 pm Card Games (DR) 1:15 pm Puzzling Group (301) 2:30 pm Non-Denominational Church Service (DR) 3:30pm Christmas Choir Practice (301) 6:15 pm Corn Hole (201) 7:15 pm Yahtzee (DR)	10:00 am Board Games (301) 11:00 am Penny Ante (301) 12:00 pm McDonalds Lunch Group (104) 1:15 pm Fun & Fitness (201) 2:30 pm Karaoke (DR) 3:30 pm Ripleys Believe it or Not (DR)	10:00 am Decorate for Christmas 1:30 pm Tuck Shop (DR) 2:30 pm Billiards (301) 3:30 pm Madlibs (DR) Thanksgiving Day (U.S.)	10:00 am 1-1 Visits 11:00 am Manicures (301) 1:15 pm Hallway Walk (2nd Floor) 2:00 pm Popcorn Palooza (DR) 3:30 pm Music Appreciation (DR) 3:30 pm Balloon Volleyball (201) 6:20 pm Bingo (DR) 7:45 pm Active Engagement Visits	1:15 pm Baking (104) 2:30 pm Seated Yoga (201) 3:00 pm Famous Faces (DR) 4:00 pm Name That Tune (DR) 6:15 pm Hymns of Faith (104) 7:15 pm Open Activity (DR)				
1:15 pm Spiritual Reflections (104) 2:00 pm Memory Matching (104) 3:00 pm Water Colour Painting (301) 4:00 pm Billiards (301) 6:15 pm Movie Night (DR) 7:15 pm Word Games (104)							FIRST SITTING Breakfast 8:00 -8:40 am Lunch 11:45pm-12:25 pm Supper 4:45 - 5:25 pm SECOND SITTING Breakfast 8:50 -9:30 am Lunch 12:35pm-1:15 pm Supper 5:35 - 6:15 pm		LEGEND DR - Dining Room L - Lobby O – Outside 104, 201 301 - Rooms	

Programs are subject to change, please see whiteboards for daily activities.