

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Resident & Family Council Meeting-F 10:30 Pet Therapy 1:30 Walking Club 2:30 Baking Club-N2 Yom Kippur Begins	2 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 11:00 Reminiscing-N1 1:30 Movie 3:00 Helping Hands	3 10:15 Music w/Jeff-N1 10:30 Room Visits-N2 11:00 Reminiscing-N2 1:30 Walking Club 3:00 Helping Hands Décor.-N1 3:00 Montessori-N2	4 10:15 Movie-N1 10:15 Music Program-N2 11:00 Therapeutic Nurturing-N2 2:00 Bingo-N1 3:30 Room Visits
5 10:15 Catholic Communion 11:00 Room Visits 2:00 Karaoke 3:15 Helping Hands Décor.-N2	6 10:15 Chair exercise 11:00 Room Visits 1:30 Walking Club 2:30 Montessori-N1 2:30 Bingo-N2 Sukkot Begins	7 10:15 OLGC Choir w/Mary -N1 & N2 1:30 Movie 3:00 Walking Club 4:00 Room Visits	8 10:15 Helping Hands Décor. 10:30 Pet Therapy 1:30 Walking Club 2:30 Armchair Travel	9 09:30 Scenic Drive 10:15 Music w/Jeff-N2 2:30 Birthday Party w/Shawn-N2 4:00 Room Visits	10 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits 1:30 Walking Club 2:30 Junk Drawer Detectives-N1 2:30 Montessori-N2	11 10:15 Movie-N1 10:15 Music Program-N2 11:00 Therapeutic Nurturing-N2 2:00 Bingo-N1 3:30 Room Visits-N1
12 10:15 Catholic Communion 11:00 Room Visits 2:00 Montessori 3:30 Therapeutic Nurturing	13 10:15 Thanksgiving Reminiscing 11:00 Room Visits 1:30 Walking Club 2:30 Piano Music w/Brendan-N1 & N2 Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 10:15 Chair exercise 11:00 Room Visits 1:30 Walking Club 2:30 Bowling Simchat Torah Begins	15 10:15 Chair exercise 10:30 Pet Therapy 11:00 Helping Hands Décor.(Diwali) 2:30 Diwali Celebration 3:15 Walking Club	16 10:15 Music w/Jeff-N2 12:00 Lunch Club-F w/Jared 3:00 Helping Hands Décor.(Halloween)	17 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Room Visits 1:30 Walking Club 2:30 Manicure-N1 2:30 Bingo-N2	18 10:15 Movie-N1 10:15 Music Program-N2 11:00 Therapeutic Nurturing-N2 2:00 Bingo-N1 3:30 Room Visits
19 10:15 Catholic Communion 11:00 Therapeutic Nurturing 2:00 Karaoke-N2 3:15 Manicure	20 10:15 Chair exercise 11:00 Reminiscing 1:30 Walking Club 2:30 Montessori-N1 2:30 Bingo-N2	21 10:15 Basketball 11:00 Reminiscing 1:30 Walking Club 2:30 Helping Hands Décor.(Halloween)	22 10:15 Helping Hands Décor.(Halloween) 10:30 Pet Therapy 1:30 Movie 3:15 Walking Club 4:00 Room Visits	23 10:15 Chair exercise-N1 10:15 Music w/Jeff-N2 11:00 Therapeutic Nurturing-N1 1:30 Room Visits 2:30 Celebration of Life	24 10:15 Music w/Jeff-N1 10:15 Chair exercise-N2 11:00 Reminiscing-N2 1:30 Walking Club 2:30 Manicure-N1 2:30 Montessori-N2	25 10:15 Movie-N1 10:15 Music Program-N2 11:00 Therapeutic Nurturing-N2 2:00 Bingo-N1
26 10:15 Catholic Communion 11:00 Room Visits 2:00 Bingo-N2 3:30 Aromatherapy	27 10:15 Chair exercise 11:00 Reminiscing 1:30 Walking Club 2:30 Montessori-N1 2:30 Creative Arts-N2	28 10:15 Chai exercise 11:00 Reminiscing 1:30 Walking Club 2:30 Rodeo Party w/Jared -S	29 10:30 OLGC Mass-F 10:30 Pet Therapy 1:30 Movie 3:00 Walking Club 4:00 Kirtan Prayer	30 10:15 Music w/Jeff-N2 1:30 Halloween Parade 2:30 Halloween Party w/Jared-N1	31 10:15 Music w/Jeff-N1 10:30 Trick or Treat-N2 1:30 Walking Club 2:30 Room Visits Halloween	

N1-1st floor North Building.

N2-2nd floor North Building.

F-Family Room Basement.

S- South Building.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Pet Therapy 10:30 Resident & Family Council Meeting-F 1:30 Walking Club 2:30 Baking Club-N2 5:45 Trivia Yom Kippur Begins	2 10:15 Basketball -S1 10:45 Basketball -S2 1:30 Helping hands 5:45 Room Visits	3 11:30 Room visits 1:30 Walking Club 2:30 Manicure 3:30 Music w/Jeff-S1 5:45 Word Games	4 11:30 Room Visits 2:00 Creative Arts 3:15 Manicure 5:45 Table Games
5 10:15 Catholic Communion 11:00 Room Visits 2:00 Bingo 3:30 Reminiscing	6 10:15 Chair exercise-S1 11:00 Room Visits 1:30 Walking Club 2:30 Music w/ Jeff Sukkot Begins	7 10:15 OLGC Mass 1:30 Movie 3:00 Walking Club 3:45 Room Visits	8 10:00 Pet Therapy 10:15 Montessori 11:00 Helping Hands Décor. 1:30 Walking Club 2:30 Helping Hands Décor. 5:45 Trivia	9 09:30 Scenic Drive 10:00 Room Visits 2:30 Birthday Party w/Shawn-N2 4:00 Therapeutic Nurturing	10 11:30 Room visits 1:30 Walking Club 2:30 Aromatherapy 3:30 Music w/Jeff-S2 5:45 Helping Hands Décor.	11 11:30 Room Visits 2:00 Creative Arts 3:15 Junk Drawer Detectives 5:45 Table Games
12 10:15 Catholic Communion 11:00 Room Visits 2:00 karaoke 3:30 Therapeutic Nurturing	13 10:15 Thanksgiving Reminiscing 11:00 Room Visits 1:30 Walking Club 2:30 Creative Arts Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 10:15 Chair exercise-S1 11:00 Room Visits 1:30 Walking Club 2:30 Octaband 5:45 Word Games Simchat Torah Begins	15 10:00 Pet Therapy 10:15 Montessori 11:00 Helping Hands Décor 2:00 Diwali Celebration-SB 3:15 Walking Club 5:45 Trivia	16 10:15 Room Visits 12:00 Lunch Club-F w/Jared 3:00 Helping Hands Décor.(Halloween)	17 11:30 Room visits 1:30 Walking Club 2:30 Sensory room 3:30 Music w/Jeff-S1 5:45 Table Games	18 11:30 Room Visits 2:00 Bingo 3:15 Montessori 5:45 Aromatherapy
19 10:15 Catholic Communion 11:00 Room Visits 2:00 Bingo 3:15 Manicure	20 10:15 Chair exercise-S2 11:00 Reminiscing 1:30 Walking Club 2:30 Music w/Jeff	21 10:15 Chair exercise-S1 11:00 Reminiscing 1:30 Walking Club 2:30 Helping Hands Décor.(Halloween) 5:45 Word Games	22 10:00 Pet Therapy 1:30 Movie 3:15 Walking Club 4:00 Room Visits 5:45 Helping Hands Décor.(Halloween)	23 10:15 Basketball-S1 10:45 Basketball-S2 11:00 Reminiscing 1:30 Room Visits 2:30 Celebration of Life 5:45 Helping Hands Décor.(Halloween)	24 11:30 Room visits 1:30 Walking Club 2:30 Kirtan Prayer 3:30 Music w/Jeff-S2 5:45 Trivia	25 11:30 Room Visits 2:00 Bingo 3:15 Manicure 5:45 Table Games
26 10:15 Catholic Communion 11:00 Room Visits 2:00 Karaoke 3:30 Aromatherapy	27 10:15 Chair exercise-S2 11:00 Reminiscing 1:30 Walking Club 2:30 Music w/Jeff	28 10:15 Chai exercise-S1 11:00 Helping hands 1:30 Walking Club 2:30 Rodeo Party w/Jared -S 5:45 Table Games	29 10:00 Pet Therapy 10:15 Montessori 1:30 Movie 3:00 Walking Club 4:00 Kirtan Prayer 5:45 Trivia	30 10:15 Octaband 11:00 Reminiscing 1:30 Halloween Parade 2:30 Halloween Party w/Jared-N1	31 10:30 Trick or Treat 1:30 Walking Club 2:30 Room Visits 3:30 Music w/Jeff-S1 Halloween	

N1-1st floor North Building.

N2-2nd floor North Building.

F-Family Room Basement.

S-South Building.

October Birthdays

Nguyet D – Oct. 1
 Russell G – Oct. 1
 Gulbanu D - Oct. 2
 Brook H – Oct 4
 Ben Shan Z- Oct 6
 Shelley B - Oct 9
 Edward M- Oct 11
 Belinda G - Oct 12
 Mohinder B- Oct 15
 Edith W- Oct 16
 Ronald P – Oct 18
 Frances C- Oct 18
 Balwinder S- Oct 23
 Peter V – Oct 24
 Ernesto V- Oct 25
 Joanne S – Oct 27
 Ruth D – Oct 29
 Norman D – Oct 29
 Norman H – Oct 31

Welcome New Residents

Helen W.
 Mahinder S.
 Dora D.
 James K.
 Suleiman E.



Volunteer Appreciation



Scenic Drive



Joyful Singers



Welcome New Residents Tea



Hilton Villa Seniors Community

October 2025

Celebrating October

Resident & Family Council Meeting

Oct. 1st 10:30 a.m.

Rodeo Party

Oct. 8th 2:30 p.m.

Birthday Party

Oct. 9th 2:30 p.m.

Thanksgiving Piano

Oct. 13th 2:30 p.m.

Diwali Celebration

Oct. 15th 2:00p.m.

Lunch Club

Oct.16th 12:00p.m.

Celebration of Life

Oct. 23rd 2:30p.m.

Halloween Parade & Party

Oct. 30th 1:30p.m.

Trick or Treat

Oct. 31st 10 a.m.

Our Mission: Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision: At Park Place Seniors Living, we are known for our unwavering commitment to enriching the lives of those we serve by providing a "Voice and a Choice" with dignity, respect and empathy.

Our Values: Together we STRIVE for Excellence.

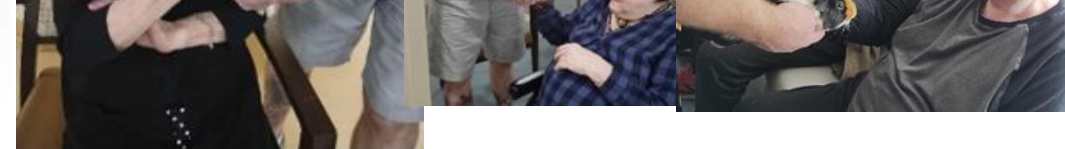
September Moments



Rock 'N' Roll



Mike's Critters



A Message from The Director of Care/Site Leader

This month, we are excited to share updates on some of our ongoing quality improvement initiatives:

Planetary Health Initiative: We are committed to promoting sustainable practices within our community, from reducing waste to mindful energy use. Small changes by all of us help protect our environment and contribute to a healthier planet for future generations.

Appropriate Use of Antipsychotics (AUA) Initiative: Our team continues to carefully review medication practices to ensure antipsychotics are used appropriately, only when necessary, and with close monitoring. This initiative helps maintain resident safety, minimize side effects, and support overall quality of life.

In addition to these initiatives, we encourage residents to participate in fall-themed activities and continue enjoying social engagement, outdoor walks, and cozy indoor gatherings. These efforts, combined with our ongoing focus on resident safety, health, and comfort, help make our community vibrant and supportive.

Thank you for your continued collaboration as we work together to provide high-quality care while fostering a safe, engaging, and environmentally conscious community.

Joann Paler
Site Leader/Director of Care
Email: jpaler@ppsl.com Phone: 604-588-3424 Ext. 109

Staff Contact Info: PH: 604-588-3424

Marilou: Care Manager Ext. 110	North 1 Nurse Ext. 201
Caitlyn: Dietitian Ext. 102	North 2 Nurse Ext. 205
Kelly: Support Services Manager Ext.107	North 3 Nurse Ext. 210
Renu/Sana: Social Worker Ext. 105	South A/B Nurse Ext. 214
Komal: Recreation Manager Ext. 106	South C/D Nurst Ext. 220
Rehab Department Ext. 131	

Industry Leadership

Updates from Resident & Family Council Meeting:

- Volunteer Appreciation was held on Sept. 13th
- On Friday, October 31st at 10am, family members, friends, and staff are welcome to bring their little ones for an adventure of trick-or-treating with our seniors. Please rsvp with our recreation team.
- Fall menu will be used in September/October.

Resident & Family Champion: Janis B. & Sheila C.

What's New

Department Updates: Capital projects completed- Kitchen renovation, resident room, exterior painting of South building.

Staff Education: Workplace Bullying and Harassment

Staff Recognition: Occupational Therapy Month/Food Services Week/ Pharmacy Week/ Workplace Bullying Awareness Week

New Staff: Sana (Social Worker) D’kara (LPN) Emmanuel (LPN) Ashlina (LPN) Marcus (LPN) Carmjeet (HK) Sandeep (HK)



Housekeeping, Laundry & Maintenance Services Week

Monthly Education

Emergency Response Code: Code White: Violence/ Aggression (Poster located on information Board).

Park Place Seniors Living Brochure:

- #18 Safety First- I Have a Safety Concern
- #34 Bed Rail Safety

Hand Hygiene Audit- 100% (August)
PPE Donning & Doffing -100% (August)
Nosocomial Infection Report –August: 2 cases of UTI, wound/skin and 1 case of special skin

Volunteer Opportunities

Are you passionate about spending time with Seniors and giving back to the community? Hilton Villa is seeking enthusiastic volunteers to join our team! If you or someone you know would love to make a difference, please reach out to:

Mong, Recreation Team Lead.
janevit@excelcarenursingservices.ca 604-588 3424 extension 106