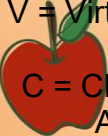


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|--|
| Program Venue  M = Maple Court W = Willow Place  V = Virtual GR = Great Room C = Cherry Lane A = Alder Way | Labor Day 1 10 Calendar & Newsletter Distribution 11 Outdoor Walks 1:30 Active Game GR 3:30 Bingo C <small>Labor Day</small> | 2 10 Drum Fit 11 Willow Connection 1:30 Resident and Family Council Meeting GR 3:30 Fall Coloring | 3 10 Gentle Exercise GR 11 Willow Connection 1:30 Prayer Group GR 3:30 Leisure Trolley | 4 10 Bean Bag Toss 11 Gentle Connection GR 1:30 Woodworking GR 3:30 Bingo C | 5 11 Communion Service St. Nicholas Church A 1:30 Ice Cream Social A 3:15 Music with Ravensong A | 6 10 Balloon Volleyball GR 11 Gentle Connection GR 1:30 Read a Book Day GR 3:30 Tuck Cart |
| Grandparents Day 7 10 Craft Morning - Wood Staining GR 2:00 Church Service Evangelical A 3:30 Puzzle Mania GR <small>Grandparents Day</small> | 8 10 Coffee in Paris M 11 Active Game GR 1:30 Nail Spa GR 3:30 Bingo C | 9 10 School Days Trivia 11 Gentle Stretch GR 1:30 Sing along with Christine A 3:30 Afternoon Walks | 10 10 Morning Stretch 11 Short Stories GR 1:30 Active Game GR 3:30 Card Game | 11 10 Lavender Festival A 1:30 Spot the Difference GR 3:30 Bingo C | 12 10 Outdoor Walks 1:30 Sing Along GR 3:30 Creative Arts GR | 13 10 Bocce GR 11 Visits with Sparky 1:30 Sing Along GR 3:30 Tuck Cart |
| Walk for Terry Fox 14 10 Terry Fox Walk 1:30 Church Service Living Waters A 3:30 Card Game | 15 10 Ball Fit GR 11 Gentle Connection 1:30 Manicure and Hand Massage GR 3:30 Bingo C | 16 10 Ball Toss GR 11 Willow Connection 1:30 Visits with Sparky 3:30 Sing Along GR | 17 10 Outdoor Walks 1:30 Prayer Group GR 3:30 Balloon Badminton | 18 10 Indoor Bocce Ball 11 Visit with Sparky & Friends (Robotic Animal) 1:30 Name That Tune GR 3:30 Bingo C | 19 11 Legion of Mary Rosary – St. Nicholas 1:30 Bean Bag Toss GR 3:30 Leisure Trolley | Oktoberfest Begins 20 10 Curling GR 11 Leisure Trolley 1:30 Bird Trivia 3:30 Tuck Cart <small>Oktoberfest Begins</small> |
| 21 10 Arts & Crafts “Pumpkin Painting Vase” GR 2:00 Church Service Evangelical A 3:30 Creative Coloring: (Fall) | First Day of Autumn 22 10 Balloon Toss GR 11 Gentle Connection GR 1:45 Birthday Party with Gregg A 3:30 Helping Hands GR <small>Rosh Hashanah Begins Autumn Begins</small> | 23 10 Chair Zumba GR 11 Sensory Stimulation 1:30 Active Game GR 3:30 Short Stories GR | 24 10 Drum Fit GR 11 Willow Connection 1:30 Nail Spa GR 3:30 Sing Along GR | 25 10 Morning Stretch GR 11 General Knowledge Trivia GR 1:30 Active Game GR 3:30 Bingo C | 26 10 Pretzels and Root Beer Social 1:30 Sing Along GR 3:30 Helping Hands GR | 27 10 Arts & Crafts GR 1:30 What’s inside the Box? GR 3:30 Tuck Cart |
| 28 10 Coffee & Donut Social GR 1:30 Hymn Sing A 3:30 Never Have I Ever Game GR | 29 10 Chair Dance GR 11 Gentle Connection GR 1:30 Manicure and Hand Massage GR 3:30 Bingo C | National Day for Truth and Reconciliation 30 10 Armchair Travel Canda GR 1:30 Sing along with Christine A 3:30 Spot the Difference GR |  <h1>September 2025</h1> <p>Maple Court & Willow Place</p> | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|--|---|
| Program Venue  M = Maple Court W = Willow Place  V = Virtual GR = Great Room C = Cherry Lane A = Alder Way | Labor Day 1 10 Calendar & Newsletter Distribution 1:30 Aroma Therapy A 3:30 Bingo C <small>Labor Day</small> | 2 10 Coffee Chatter A 1:30 Resident and Family Council Meeting GR 1:30 Aroma Therapy C 3:30 Card Game C | 3 10 Active Game C 11 Laughter is the Best Medicine A 1:30 Prayer Group GR 3:30 Creative Corner - Lavander Flowers C | 4 10 Get Fit & Re-Hydrate A 11 Nail Spa C 1:30 Creative Corner – Lavander Sachets A 3:30 Bingo C | 5 11 <i>Communion Service St. Nicholas Church A</i> 1:30 Ice Cream Social A 3:15 Music with Ravensong A | 6 10 Morning Exercises A 11 School Days Trivia 1:30 Card Game C 3:30 Tuck Cart |
| Grandparents Day 7 10 Craft Morning - Wood Staining GR 2:00 Church Service Evangelical A 3:30 Card Game C <small>Grandparents Day</small> | 8 10 Get Fit & Re-Hydrate A 11 Nail Spa A 1:30 Aroma Therapy A 3:30 Bingo C | 9 10 Coffee Chatter C 1:30 Sing along with Christine A 3:30 Card Game C | 10 10 Active Game A 11 Name that Tune C 1:30 Decorating for Lavander Festival C | 11 10 Lavander Festival A 1:30 Gentle Connection A 3:30 Bingo C | 12 10 Seated Yoga and Tea C 11 Gentle Connection A 1:30 Sing Along A 3:30 Card Game – Uno C | 13 10 Morning Stretch A 11 General knowledge Trivia 1:30 Card Game C 3:30 Tuck Cart |
| Walk for Terry Fox 14 10 Terry Fox Walk 1:30 Church Service Living Waters A 3:30 Card Game C | 15 10 Baking- Cinnamon Sugar Apple Cake C 1:30 Active Game A 3:30 Bingo C | 16 10 Coffee Chatter A 1:30 Gentle Hand Massage A 3:30 Card Game C | 17 10 Curling C 11 Trivia A 1:30 Prayer Group GR 3:30 LCR Dice Game C | 18 10 Get Fit & Re-Hydrate C 11 Gentle Hand Massage A 1:30 Puzzle A 3:30 Bingo C | 19 11 <i>Legion of Mary Rosary – St. Nicholas</i> 1:30 Sing Along A 3:30 Card Game | Oktoberfest Begins 20 10 Seated Yoga – If I have A Hammer A 11 Laughter is the best Medicine C 1:30 Nail Spa C 3:30 Tuck Cart <small>Oktoberfest Begins</small> |
| 21 10 Morning Exercises 11 Crossword Puzzle 2:00 Church Service Evangelical A 3:30 Card Game C | First Day of Autumn 22 10 Morning Stretch A 11 Autumn Trivia C 1:45 Birthday Party with Gregg A 3:30 Bingo C <small>Rosh Hashanah Begins Autumn Begins</small> | 23 10 Coffee Chatter C 1:30 Gentle Hand Massage A 3:30 Card Game C | 24 10 Balloon Ball C 11 Trivia 1:30 Sing Along with Suzie Q A 3:30 Sentimental Journey Game C | 25 10 Morning Fitness A 11 1-1's 1:30 Reading Club C 3:30 Bingo C | 26 10 Pretzels and Root Beer Social 1:30 Sing Along A 3:30 Card Game – Uno C | 27 10 Fun with Balloons A 11 Laughter is the Best Medicine C 1:30 Aroma Therapy A 3:30 Tuck Cart |
| 28 10 Morning Stretch 11 Old Wives Tales 1:30 Hymn Sing A 3:30 Card Game C | 29 10 Baking C 1:30 50's and 60's One Hit Wonders A 3:30 Bingo C | National Day for Truth and Reconciliation 30 10 Armchair Travel Canada GR 1:30 Sing along with Christine A 3:30 Card Game C |  <div> <h1>September 2025</h1> <p>Alder Way & Cherry Lane</p> </div> | | | |

The Scoop

Fort Langley Seniors Community



September 2025

By Mikayla Vander Helm, Recreation Manager BTR



WHAT'S NEW

TAKE A LOOK INSIDE

For updates in the community

UPCOMING EVENTS & PHOTOS

Upcoming events and check
out photos!

SITE LEADER CORNER

Check-in from our Site Leader
- Erick

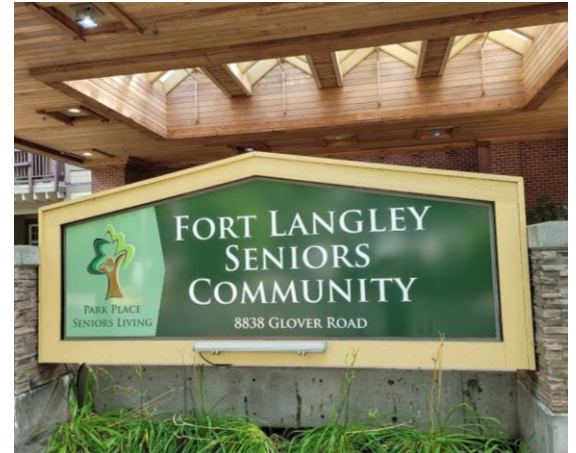
Table of Contents

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Our Mission

What We Do

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a “voice and a choice” for everyone we serve.

Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: fortlangley.rectherapy@ppsl.com

Upcoming Events:

For the month

- ❖ **Resident & Family Council Meeting** – Tuesday Sept 2 at 1:30pm See page 5 for more details).
- ❖ Friday Sept 5 and 19 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Friday Sept 5 at 3:15 – **Music with Ravensong**
- ❖ Tuesday September 9 and 30 at 1:30 – **Sing Along with Christine**
- ❖ Sunday September 14 – **Walk for Terry Fox**
- ❖ Sunday Sept 7, 14 and 21 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Monday September 22 at 1:45pm– **Monthly Birthday Party with Gregg Gorrie** (See page 8 for more details)

Please check the daily activity board in each neighborhood

Programs are subject to change.

Pictures of FLSC



Home Updates

Resident & Family Council Meeting



Resident & Family Champion

We are looking for our first resident and or family member to join our resident & family champion program here at FLSC.

What is a Resident & Family Champion?

- A current resident or family member who helps to welcome new residents and their families
- Answer their questions
- Show them around
- Help them feel more comfortable!

Family Monthly Education

Park Place Seniors Living Brochure:

1. Good Handwashing Practice
2. Flue or Cold?
3. Infection Prevention and Control

(Brochures located in Lobby)



Code of the Month: September – Purple – Hostage/Weapons

Site Leaders Corner

September brings new opportunities for connection, celebration, and community spirit at Fort Langley Seniors Community.

We're excited to resume our Resident and Family Council on September 2, providing a welcoming space for open dialogue, collaboration, and shared ideas. This council is an important way for residents and families to stay engaged and have a voice in our community life.

Our month will be filled with meaningful gatherings and celebrations. On September 11, we'll enjoy the calming beauty of the Lavender Festival, a time to take in the sights, scents, and serenity that nature offers. Just a few days later, on September 14, we will come together for our Terry Fox Walk—a special event honoring Terry's legacy of hope, courage, and determination.

Of course, no month is complete without celebrating our residents' milestones. On September 22, we will host our Monthly Birthday Party, sharing cake, music, and laughter as we recognize and celebrate our September birthdays.

Meanwhile, our clinical team continues their strong focus on dementia care. A dedicated group of care aides is participating in U-First training, deepening their skills in understanding and supporting residents with Behavioral and Psychological Symptoms of Dementia. These person-centered, non-medication approaches align with our broader efforts in antipsychotic reduction and reinforce our commitment to compassionate, individualized care.

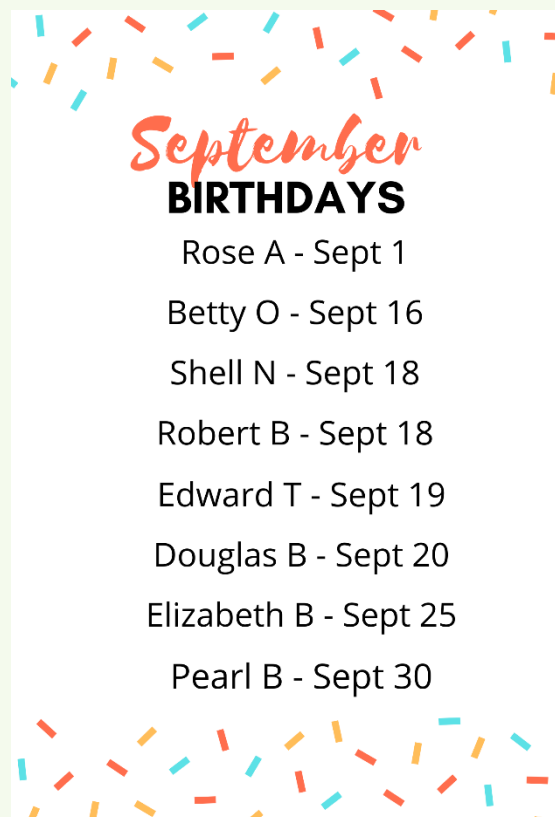
As we step into this new season, we warmly invite families and loved ones to join us for these upcoming events. Your presence makes every celebration that much more special.

Erick Bautista, *Site Leader*

Contact Information *Fort Langley Seniors Community 604.888.0711*

| | | | |
|---|------------------------------------|--|--|
| <i>Site Leader</i> | Erick Bautista | Ext. 121 | ebautista@ppsl.com |
| <i>Maintenance</i> | Mike Harnden | Ext. 124 | fortlangley.maintenance@ppsl.com |
| <i>Support Services</i> | Jag Pahal | Ext. 125 | jpahal@ppsl.com |
| <i>Admin Assistant</i> | Lynn Harrie | Ext. 100 | lharrie@ppsl.com |
| <i>Care – Coordinator</i> | Amber Develder | Ext. 132 | fortlangley.care-coordinator@ppsl.com |
| <i>HR Coordinator</i> | | Ext. 123 | fortlangley.hr@ppsl.com |
| <i>Recreation & Volunteer Manager</i> | Mikayla Vander Helm | Ext. 126 | fortlangley.rectherapy@ppsl.com |
| <i>Care Aide Liaison</i> | Lois Black | Ext. 127 | lblack@ppsl.com |
| <i>Social Worker</i> | Jean Tuyisenge | Ext. 131 | fortlangley.socialworker@ppsl.com Onsite Monday, Thursday, and Fridays |
| <i>Dietitian</i> | Caitlyn McNeil | Ext. 131 | Fortlangley.dietitian@ppsl.com Onsite Tuesday, Wednesday, and Thursdays |
| <i>Occupational Therapist</i> | Jane Chang | Ext. 129 | Jane.chang@saliusrehab.ca Onsite Tuesdays and Thursdays |
| <i>Physiotherapist Temp</i> | Janki Jariwala | Ext. 129 | janki.jariwala@saliusrehab.ca Onsite Monday and Friday |
| <i>Nurse 1</i> <i>Nurse 2</i> | Alder Cherry Willow Maple | Ext. 128 Ext. 160 Ext. 170 Ext. 221 | Please call the extension for the correct neighborhood. |

Fun Corner & Other



Staff Events

Bottle Returns: For staff appreciation.
More information on the flyer below:

BOTTLE RETURNS FOR STAFF APPRECIATION AND EVENTS!



Support our staff and upcoming
events by recycling your bottles!

How It Works:



- Return bottles at any Return It depot.
- Use the number **604-888-0711** to print labels for your bags.
- No sorting needed—just print the label and apply it to your bag.

Need Help?

Drop off your bags at our facility, and we can handle them for you.



Thank you for
your support!



Appreciation

Employee of the Month: July, Prabhjot



Other

Recreation Department Wishlist

Individually pre-wrapped snack sized chocolate – For Bingo Prizes

Take a look at our Amazon Wishlist & order right from Amazon:

https://www.amazon.ca/hz/wishlist/ls/3HY45HMBVT89J?ref_=wl_share

- *Thank you*



Reminder – Purchase Your Meal Tickets in Advance!

Pre-buy meal tickets from Admin. Must provide ticket to receive meal. More details below:

FAMILY AND FRIENDS MEAL TICKETS

PRE-BUY MEAL TICKETS FROM ADMIN - LYNN MONDAY TO FRIDAY. TO RECEIVE MEAL GIVE TICKET TO NURSE AT MEALTIME

| FORT LANGLEY SENIORS COMMUNITY |

PRICE

**\$8 -
LUNCH
\$10 -
DINNER**