



September 2025 ~Arbours



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  8:15 Morning Greeting 10:00 Balloon Volleyball  2:00 Neighbourhood Visits Daily Chronicle	2  8:15 Morning Greetings 11:15 Catholic Mass  2:00 Name Game 	3  8:15 Morning Greetings 9:30 Walk The Block 10:00 Sit & Dance 2:00 Jam Factory 	4  8:15 Morning Greetings 10:00 Resident Council Meeting 2:00 Sign Language 	5  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Music   Appreciation Daily Chronicle	6 
7  Daily Chronicle 2:00  Sunday Church Jesus Is Lord	8  8:15 Morning Greeting 10:00 Balloon Volleyball  2:00 Neighbourhood Visits Daily Chronicle	9  8:15 Morning Greetings 10:00 Do you Recall? 2:00 Bingo Bonanza  Daily Chronicle	10  8:15 Morning Greetings 9:30 Walk The Block 10:00 Sit & Dance 2:00 Retro TV Shows 	11  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Creative Corner 	12  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Jukebox Favourites  Daily Chronicle	13 
14 Daily Chronicle 2:00  Sunday Church Church Of God	15  8:15 Morning Greeting 10:00 Balloon Volleyball  2:00 Language Arts 	16  8:15 Morning Greetings 10:00 News &Views 2:00 Bocce Ball  Daily Chronicle	17  8:15 Morning Greetings 9:30 Walk The Block 10:00 Sit & Dance 2:00 Just Jim Jamboree 	18  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Fireside Photo Shoot 	19  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Islanders  Coast to Coast  Daily Chronicle	20 
21  Daily Chronicle 2:00  Sunday Church Brae Rd Gospel	22  8:15 Morning Greeting 10:00 Balloon Volleyball  2:00 Sweden Travelogue 	23  8:15 Morning Greetings 10:00 Do you Recall? 2:00 Bingo Bonanza  Daily Chronicle	24  8:15 Morning Greetings 9:30 Walk The Block 10:00 Sit & Dance 2:00 Fall Fun Fair In the Fireside	25  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Target Shoot 	26  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Evergreen  Choir perform  Daily Chronicle	27 
28 Daily Chronicle 2:00 Sunday Church ShareWord Global	29  10:00 Balloon Volleyball  2:00 Family Q & A Resource Hour	30 10:30 Harmonica Band  2:00 Let's Create				



September 2025 ~Meadows



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  Labour Day  2:00 Do-Re-Mi Word Game	2  11:15 Catholic Mass @ Arbours	3  2:00 Jam Factory At the Arbours 	4 12:00-2:00 Sweet Soles Shoe Shop 	5  10:00 Fun & Fitness at the Arbours 2:00 Dice  Box	6 
7  2:00  Church Service Jesus Is Lord at the Arbours	8  10:00 Fun & Fitness at the Arbours 2:00 Bingo  Bonanza	9  2:00  Meadowlark Choir	10   2:00  Karaoke Singalong 	11  2:00  Tai Chi with Dave 4th Floor	12  10:00 Fun & Fitness at the Arbours 2:00 Word In A Word 	13 
14  2:00  Church Service Church Of God at the Arbours	15   2:00 Horse Racing	16  9:30 Breakfast Bonanza 	17   2:00  Just Jim At the Arbours	18  6:30 MOVIE NIGHT	19  10:00 Fun & Fitness at the Arbours 2:00  Circle of Friends	20 
21  2:00  Church Service Brae Rd Gospel at the Arbours	22  10:00 Fun & Fitness at the Arbours 2:00 Bingo  Bonanza	23  2:00  Meadowlark Choir	24   2:00 Jan Matthews & Banana Splits	25  2:00  Tai Chi with Dave 4th Floor	26  10:00 Fun & Fitness at the Arbours  2:00 Play My Song ...Please	27 
28  2:00  Church Service ShareWord Global at the Arbours	29  2:00  Ice Cream Floats	30  Harvest BBQ 2:00 Tenant Meeting				31 