

SEPTEMBER

2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

Labor Day

8:15 Greetings

10:00 Balloon Badminton

2:00 Bocce

2

8:15 Greetings

10:00 Monkey Ball

2:00 Harpist

3:30 Wilma on Piano

3

8:15 Greetings

10:00 Morning Stretching

2:00 Bingo

2:30 Tuck Cart

4

8:15 Greetings

10:00 Corn Hole

2:00 Back to school

3:30 Wilma on Piano

5

8:15 Greetings

10:00 Walk around the block

2:00 History of Johnny Appleseed

6

8:15 Greetings

10:00 Did you know?

1:30 Movie

3:30 Wilma on Piano

7

Grandparents Day

8:15 Greetings

10:00 Bury the hatchet

2:00 Sing Along

8

8:15 Greetings

10:00 Walk around the block



2:00 Nocked Up

9

8:15 Greeting

10:00 Ladder Ball

2:00 Words of the wise

3:30 Wilma on Piano

10

8:15 Greetings

10:00 Morning Movements

2:00 Bingo

2:30 Ice Cream cart

11

8:15 Greetings

10:00 BGC visit

2:00 Old wise men

3:30 Wilma on Piano

12

8:15 Greetings

10:00 Morning Stretching



2:00 Coffee and conversation

13

8:15 Greetings

10:00 One to one

1:30 Hymn Sing

3:30 Wilma on Piano

14

8:15 Greetings

10:45 St. Mary's Church Service (4th)

2:00 Bingo

15

8:15 Greetings

10:00 Sing Along



2:00 The Rollin' Stones

16

8:15 Greetings

10:00 Hillbilly Golf

2:00 Craft: Sun Catcher

3:30 Wilma on Piano

17

8:15 Greetings

2:00 Bingo

2:30 Tuck Cart



18

Milkshake Day

8:15 Greetings

10:00 Happy Hands

2:00 Happy Hour with Andy

3:30 Wilma on Piano

19

8:15 Greetings

10:00 Walk around the block

2:00 Word up

20

8:15 Greetings

10:00 Music Memory: Country Classic

1:30 Coloring

3:30 Wilma on Piano

21

World Alzheimer's Day

8:15 Greetings

10:00 Shuffleboard

2:00 Bethel Church Service (4th)

22

HELLO FALL

8:15 Greetings

10:00 Walk around the block

2:00 Bocce



23

8:15 Greetings

10:00 Rope and Balls

2:00 Cards of Care

3:30 Wilma on Piano

24

8:15 Greetings

10:00 Creative arts

2:00 Bingo



2:00 Ice Cream Cart

25

8:15 Greetings

10:00 Resident Council Meeting

2:00 Birthday Social with Lou and Donna

3:30 Wilma on Piano

26

8:15 Greetings

10:00 Morning Stretching

2:00 Coffee and conversation

27

8:15 Greetings

10:00 Armchair Travel: Oktoberfest

2:00 Color Bliss

3:30 Wilma on Piano

28

8:15 Greetings

10:00 Balloon Fit

2:00 Sing Along

29

8:15 Greetings

10:00 Axe throwing



2:00 Perfect Aim

30

National Day for Truth and Reconciliation

8:15 Greetings

10:00 Ladder Golf

2:00 Hang man

3:30 Wilma on Piano



Oyster Harbour

3rd floor - Seahaven

ALL ACTIVITIES SUBJECT TO CHANGE



SEPTEMBER

2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Labor Day 1 8:15 Greetings 10:00 Walk around the block 2:00 Noodle Fit 3:30 Wilma on Piano	2 8:15 Greeting 10:00 Target Toss 2:00 Fun in the sun: Trivia	3 8:15 Greetings 10:00 Lawn Bowling 2:00 Bingo 2:30 Tuck cart 3:30 Wilma on Piano	4 8:15 Greetings 10:00 Ladder Ball 2:00 Craft Suncatchers	5 8:15 Greetings 10:00 Morning Stretching 2:00 Coffee and Conversation 3:30 Wilma on Piano	6 8:15 Greetings 9:30 Movie 2:00 Crossword	
Grandparents Day 7 8:15 Greetings 10:00 The paper crew 2:00 Bingo	8 8:15 Greetings 10:00 Mind Stretchers 2:00 Oodles of Noodles 3:30 Wilma on Piano	9 8:15 Greeting 10:00 Bean Bag Toss 2:00 word game	10 8:15 Greetings 10:00 Creative Arts 2:00 Bingo 2:30 Ice Cream cart 3:30 Wilma on Piano	11 8:15 Greetings 10:00 BGC visit 2:00 Happy Hands	12 8:15 Greetings 10:00 Walk around the block 2:00 Word up 3:30 Wilma on Piano	
14 8:15 Greetings 10:45 St. Mary's Church Service 2:00 Bingo	15 8:15 Greetings 10:00 walk around the block 2:00 Balloons Noodles 3:30 Wilma on Piano	16 8:15 Greeting 10:00 Game of the Throws 2:00 Harpist	17 8:15 Greetings 2:00 Bingo 2:30 Tuck Cart 3:30 Wilma on Piano	Milkshake Day 18 8:15 Greetings 10:00 Old wise men 2:00 Happy Hour with Andy 3:30 Wilma on Piano	19 8:15 Greetings 10:00 Morning Stretching 2:00 Coffee and conversation 3:30 Wilma on Piano	
World Alzheimer's Day 21 8:15 Greetings 10:00 The Paper Crew 2:00 Bethel Church Service	HELLO FALL 22 8:15 Greetings 10:00 Bean Bag toss 2:00 Oodles of Noodles 3:30 Wilma on Piano	23 8:15 Greeting 10:00 Bean Bag Toss 2:00 Words of the wise	24 8:15 Greetings 10:00 Morning Movements 2:00 Bingo 2:30 Ice Cream cart 3:30 Wilma on Piano	25 8:15 Greetings 10:00 Resident Council Meeting 2:00 Birthday Social with Lou and Donna 3:30 Wilma on Piano	26 8:15 Greetings 10:00 Walk around the block 2:00 History of Johnny Appleseed 3:30 Wilma on Piano	
28 8:15 Greetings 10:00 The Paper Crew 2:00 Bingo	29 8:15 Greetings 10:00 Walk around the block 2:00 Balloon Fit 3:30 Wilma on Piano	National Day for Truth and Reconciliation 30 8:15 Greeting 10:00 Fun Bags 2:00 Cards of Care	Oyster Harbour 4th floor - Cormorant ALL ACTIVITIES SUBJECT TO CHANGE			27 8:15 Greetings 10:00 Coloring 2:00 Armchair Travel: Oktoberfest

Sunday

SEPTMBER

2025

Monday

Labor Day 1

8:15 Greetings
11:00 Wilma on Piano
2:00 Noodle Fit (4th)

Tuesday

2

8:15 Greeting
10:00 Fun Games

Wednesday

3

8:15 Greetings
10:00 Busy hands
2:00 Bingo (4th)
2:30 Tuck cart

Thursday

4

8:15 Greetings
10:00 Sensation

Friday

5

8:15 Greetings
10:00 Wilma on Piano

Saturday

6

8:15 Greetings
9:30 Movie
2:00 Crossword

Grandparents Day 7

8:15 Greetings
2:00 Bingo (4th)
3:30 Wilma on Piano

8

8:15 Greetings
10:00 Wilma on Piano
2:00 Oodles of Noodles (4th)

9

8:15 Greeting
10:00 Fun Games

10

8:15 Greetings
10:00 Busy hands
2:00 Bingo (4th)
2:30 Ice Cream cart

11

8:15 Greetings
10:00 BGC visit (4th)
2:00 Happy Hands (4th)

12

8:15 Greetings
10:00 Wilma on Piano
2:00 Word up (4th)

13

8:15 Greetings
10:00 One to one
2:30 Hymn Sing

14

8:15 Greetings
11:00 St. Mary's Church Service (4th)
2:00 Bingo (4th)
3:30 Wilma on Piano

15

8:15 Greetings
10:00 Wilma on Piano
2:00 Balloons Noodles (4th)

16

8:15 Greeting
10:00 Fun Games

17

8:15 Greetings
2:00 Bingo (4th)
2:30 Tuck Cart
3:30 Wilma on Piano

Milkshake Day 18

8:15 Greetings
10:00 Sensation
2:00 Happy Hour with Andy (4th)

19

8:15 Greetings
10:00 Wilma on Piano
2:00 Coffee and conversation (4Th)

20

8:15 Greetings
9:30 Coloring
2:00 Music Memory: Country Classic

World Alzheimer's Day 21

8:15 Greetings
2:00 Bethel Church Service (4th)
3:30 Wilma on Piano

HELLO FALL 22

8:15 Greetings
10:00 Wilma on Piano
2:00 Oodles of Noodles (4th)

23

8:15 Greeting
10:00 Fun Games

24

8:15 Greetings
10:00 Busy hands
2:00 Bingo (4th)
2:30 Ice Cream cart

25

8:15 Greetings
10:00 Sensation
2:00 Birthday Social with Lou and Donna (4th)

26

8:15 Greetings
10:00 Wilma on Piano
2:00 History of Johnny Appleseed (4th)

27

8:15 Greetings
10:00 Coloring
2:00 Armchair Travel: Oktoberfest

28

8:15 Greetings
2:00 Bingo (4th)
3:30 Wilma on Piano

29

8:15 Greetings
10:00 Wilma on Piano
2:00 Balloon Fit (4th)

National Day for Truth and Reconciliation 30

8:15 Greeting
10:00 Fun Games
2:00 Harpist

Oyster Harbour
2nd floor - Sandpiper/Tidewater

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