Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1F= 1st Floor 2F= 2nd Floor 3F= 3rd Floor September is World Alzheimer's Month Housekeeping & Maintenance Week	9:30 Chair Exercise 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Bingo Club 2F 3:30 Walking Club 2F	9:30 Chair Exercise 2F 10:30 Hand Therapy w/ Laura 11:00 Chair Exercise 1F 2:00 Pet Therapy 3:00 Trivia 2F 6:00 1:1 Visit	2 9:30 Chair Exercise 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Birthday & Welcoming Party W Music Variation 2F 4:00 Gardin Care 6:00 Room Visit 1:1	10:00 Church Service 2F 11:00 Chair Exercise 3F 2:30 Mini Bingo 1F 4:00 Table Games 3F 6:00 Room Visits 1:1	4 11:00 Chair Exercise 2:30 Art 1 4:00 Room Visit 1:1 6:00 Visits patio (Garden)	11:00 Chair Exercise 2:30 Table Games 4:00 Room Visit 1:1 6:00 Visit Patio (Garden)
9:30 Virtual Church Service 7 1F 10:45 Virtual Church service 2:00 Helping Hands 3:30 Room Visits Grandparents Day	10:30 Hand Therapy w/	8 9:30 Chair Exercise 1F 10:30 Chair Exercise 11:00 Chair Exercise 1F 2:00 Pet Therapy 3:00 Trivia 2F 6:00 1:1 Visit	9:30 Chair Exercise 1F 10:30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:30 Tea Party 4:00 Gardin Care 6:00 Room Visit 1:1	10:30 Church Service 2F 1 11:00 Chair Exercise 3F 2:30 Mini Bingo 1F 4:00 Table Games 3F 6:00 Room Visit 1:1	11 11:00 Chair Exercise 2:30 Art 2 4:00 Room Visit 1:1 6:00 Visits patio (Garden)	2 11:00 Chair Exercise 2:30 Table Games 4:00 Room Visit 1:1 6:00 Visit Patio (Garden)
9:30 Virtual Church Servic 4 4 1F 10:45 Virtual Church service 2F 2:00 karaoke 2F 3:30 Room Visit	10:30 Hand Therapy w/	15 9:30 Chair Exercise 1F 10:30 Chair Exercise 11:00 Chair Exercise 1F 2:00 Pet Therapy 3:00 Trivia 2F 6:00 1:1 Visit	16 9:30 Chair Exercise 1F 1':30 Chair Exercise 2F 11:00 Chair Exercise 3F 2:00 Bus Outing to Rocky Point Park 6:00 Room Visit 1:1	7 10:00 Church Service 2F 1 11:00 Chair Exercise 3F 2:00 Happy Hour w/ Jared 2Fand Alzheimer's Month / Purple Shirts Day 4:00 Table Games 3F 6:00 Room Visit 1:1	8 11:00 Chair Exercise 2:30 Art 2 4:00 Room Visit 1:1 6:00 Visits patio (Garden)	11:00 Chair Exercise 20 2:30 Table Games 4:00 Room Visit 1:1 6:00 Visit Patio (Garden)
9:30 Virtual Church Servic 21 1F 10:45 Virtual Church service 2F 2:00 Helping Hands 3F 3:30 Room Visit	9:30 Chair Exercise 2F 10:30 Hand Therapy w/ Laura 11:00 Chair Exercise 1F 2:30 Bingo Club 2F 3:30 Walking Club 2F	9:30 Chair Exercise 1F 10:30 Chair Exercise 11:00 Chair Exercise 1F 2:00 Pet Therapy 3:00 Trivia 2F 6:00 1:1 Visit	23 9:30 Chair Exercise 1F 12:00 Lunch Club 2F 3:30 Active Games 3F 6:00 Room Visit 1:1	10:00 Church Service 2F 2 11:00 Chair Exercise 3F 1:30 Resident Council Meeting 3F 4:00 Table Games 3F 6:00 Room Visit 1:1	11:00 Chair Exercise 2:30 Art 1 4:00 Room Visit 1:1 6:00 Visits patio (Garden)	11:00 Chair Exercise 27 2:30 Table Games 4:00 Room Visit 1:1 6:00 Visits Patio (Garden)
9:30 Virtual Church Servic 28 1F 10:45 Virtual Church service 2:00 Snoezelen Therapy 1f 3:30 Room Visit	3	9:30 Chair Exercise 1F 10:30 Chair Exercise 11:00 Chair Exercise 1F 2:00 Pet Therapy 3:00 Trivia 2F w/ Grace 6:00 1:1 Visit National Day for Truth &	30	Sept	ember	

National Day for Truth & Reconciliation (orange Shirt Day) Please Note: Programs are subject to change without notice due to staffing/availability. 2025
Cartier House Senior Community

